

# SuperStix Girls Lacrosse Clinic

**AGES 6-12**

**THURSDAYS: Sept 22-Oct 27**

Lacrosse is the fastest growing sport in the nation. Consistent training is the main aspect that helps to greatly accelerate learning and retention for young players. Skills developed are: agility and evasive running, ball handling, cradling, catching and shooting in a fun friendly environment. Team work and sportsmanship are fundamental to this program. Emphasis will be on safety and fun at all times, and physical contact is limited. Min 8/

Max 30

Robinswood Park  
Resident: \$125.00

Non-resident: \$150.00  
#106026 4:30-5:45 p.m.

**EQUIPMENT NEEDED:** Mouth Guard, Lacrosse Goggles, Lacrosse Stick Cleats recommended. Some goggles and sticks available to borrow. Available at cost from SuperStix.

For more information go to  
[http://www.bellevuewa.gov/youth\\_sports.htm](http://www.bellevuewa.gov/youth_sports.htm)

**REGISTER TODAY**  
[parksreg.bellevuewa.gov](http://parksreg.bellevuewa.gov)  
425-452-6885

This information will be provided in alternate formats for individuals with disabilities upon request. We invite everyone's participation, please provide two weeks notice for special needs requests. Assistance for the Deaf and Hard of Hearing can be provided through the 711 Telecommunications Relay Service.

