Aquatics

AQUATICS

Bellevue Aquatic Center
Phone: 425-452-4444
Fax: 425-452-6100
Physical Address: 601 - 143rd Avenue NE
Mailing Address: PO Box 90012, Bellevue, WA 98009-9012

NOTE: PRICE INCREASE WILL BE EFFECTIVE MARCH 1, 2009 FOR AQUATIC CENTER PROGRAMS, SERVICES, AND FACILITY USE.

SWIM RATES

Drop-In Fees
Adult: $5.50
Youth (12 yrs. and younger): $4.50
Deep Water Exercise Class: $6.50
Master Swim Class: $6.50
Discounted Swim (Mon-Sat before 10am when available): $4.00
Shower only: $2 *(Blue Lagoon locker rooms)*
Contract rate for pool use by businesses; contact Scott Armstrong at 425-452-4444 for more information.

Membership Cards
(12 visits for the price of 10, no expiration date)
Adult: $54.96
Youth: $45.00
Deep Water Exercise: $65.04
Masters Swim: $65.04
Discounted Swim: $39.96

3 Month Membership Cards
(For Lap, Open, and Rehab Swims)
Adult: $138
Youth: $92
Family: $220
Single Parent Family: $173

SPECIAL SCHEDULE

No lessons April 6-12
No lessons May 23, 24, 25.

PARTIES AT THE POOL

Pool Rentals
Available on Saturdays, 3-7pm
And Sundays, 3-5pm
Blue Lagoon or Warm Springs Pool
1 - 25 guests: $185 per hour
26-60 guests: $223.50 per hour
61-90 guests: $257.50 per hour
91-120 guests: $294 per hour
121 + guests: $367.50 per hour
Cost includes staff and use of pool toys.

Party Room Rentals
Available during pool rentals or open swims. $55 per hour. Take out own garbage. Accommodates groups of 18+. This room ***is not*** wheelchair accessible.

OTHER ACTIVITIES AVAILABLE AT THE BELLEVUE AQUATIC CENTER

Aquarobics Class - Professionally trained instructors will inspire you - promoting muscle tone and a vigorous cardiovascular workout. Reduce the risk of injury and impact to your joints. Swimming skills not req'd and all fitness levels welcome. Registration: 425-894-0045 /www.aquarobics.net (Want AM class? Ask.)

Ai Chi - Flowing Aquatic Energy. Let the soothing waters strengthen your body and caress your spirit! Flowing yet powerful progression. Combines deep breathing with slow, broad movements of arms, legs, and torso. For registration information, contact Community Integration Services at 425-830-7746 or visit www.cisaquatics.com.

Body Tune-Up - Stretch, strengthen, and tone your muscles. This exercise program will help you to improve balance, range of motion and flexibility. Register with Community Integration Services at 425-830-7746 or visit www.cisaquatics.com.

Chinook Aquatic Club - Private USS youth swim team. For more information, email chinookswimming@hotmail.com.

Group Swim Lessons - See the schedule and registration form enclosed. Call the Bellevue Aquatic Center for more information or register online at http://www.myparksandrecreation.com.

MS Association – Multiple Sclerosis Exercise, other disabilities are welcome. For more information call 206-633-2606.

ORCA Swim School - Swim company that offers private and semi-private lessons. Call the ORCA Swim School at 425-793-9870 for more information or to register.

Private and Semi-Private Swim Lessons - Offered at several different times. Call the Bellevue Aquatic Center, 425-452-4444, for more information, or register online at http://www.myparksandrecreation.com.

Silent World - SCUBA diving company that uses the Blue Lagoon pool for lessons. Contact Silent World at 425-747-8842 for more information.

Special Olympics - Swim team for physically- and developmentally-disabled participants. Practices are on Saturday mornings. Contact Patience Russi at 425-392-6864 for more information.

Deep Water Exercise Class - Deep water aerobics workout that uses an aqua-jogging belt. High energy instructors provide specific exercise routine. Class meets on Monday, Wednesday, and Friday afternoons, Saturday mornings, as well as Monday and Wednesday evenings. Pay with an exercise pass, or on a drop-in basis.

Masters Swim Program – Offers a low-key approach to competitive swimming for individuals age 19 and older. Workouts are based on ability levels and goals. Meets Monday, Wednesday, Thursday, and Friday, 12-1pm. For more information, contact Scott at 425-452-4444.

WaterMotion Class - Group warm-water therapy for those with arthritis, fibromyalgia, joint replacement, back issues and pre & post surgery. Increase strength, flexibility and balance using full range of motion exercises. Get In. Get Fit. Registration: 425-894-0045/www.aquarobics.net

Therapy Groups - Several companies rent pool time for their water therapy programs. Please contact them specifically to see if you can get involved. The therapy groups are Bel-Red Physical Therapy, Kindering Center, MS Society, Overlake Hospital Physical Therapy, Suzette Madson, PT, Bear Creek Children Therapies, Community Integration, Mercer Island School District, NW Pediatrics Therapy, Therapeutic Associates, and Wave Therapies. Contact Scott Armstrong at 425-452-4444 to find out more about how your company can rent pool time.

LEARN TO SWIM PROGRAMS

Note: Registration forms are processed in the order received. 10-day preference for Bellevue residents.

HELP! At the Bellevue Aquatic Center, our goal is to provide high quality, productive swim lessons for your children. Enrolling students in classes with others of similar abilities is vital in achieving this goal. To ensure that your child is enrolled in the best class for him/her, please retain your progress cards or ask for a placement test if they have not been in BAC lessons for 3 months. **Children signed up at the incorrect level may be removed from the class.**

Placement Testing: Unsure of the level in which to register? Placement testing is required for students who have not taken lessons at Bellevue Aquatic Center within the past three months.

Registering for Multiple Sessions? You may register for any or all of the sessions on the schedule. Remember to:
1) Assume that the participant will complete each level twice before advancing.
2) Pay for all sessions at the time of registration.

Space is limited. Registration is on a first come, first served basis.

Withdrawal and Change Policy - *NO EXCEPTIONS*

All withdrawals are subject to a $10 administrative fee for each class, including private lessons. Please review complete registration policies adjacent to registration form prior to registering for a class.

Minimum Class Size: Each class has a minimum class size requirement. The Bellevue Aquatic Center has the right to cancel classes when registration demand does not meet the requirement. Accommodations will be made for the registered participants whenever possible.

PRIVATE SWIM LESSONS

Learn to swim, one on one. The Bellevue Aquatic Center will be offering private swim lessons throughout this quarter. Lessons are offered Fridays and are for all ages and abilities, dependent on instructor availability. Each 30 minute session is $34.50. Withdrawal from a class is subject to a $10 administrative fee. Please see **Withdrawal and Change Policy**. For lesson availability, please visit http://www.myparksandrecreation.com and search for "Private Swim Lessons," or contact the Bellevue Aquatic Center at 425-452-4444.

PARENT/TOT LEVEL CLASSES

Ages: 6 months to 3 years
Instructors provide parents with information and techniques to help their infant become comfortable in the water.

Parent/Tot (6 months - 3 years) – Gum Drop

PRESCHOOL LEVEL CLASSES

Ages: 3-5 years

Preschool 1 – Starrs

Beginning level; focus on water adjustment, safety, and introduction to basic swimming skills.

Preschool 2 – Get-A-Long

For children who are comfortable going under the water. Focus on reach and pull arm stroke, gliding, and independent floating.

Preschool 3 – Gecko

Students will begin to develop a coordinated crawl stroke and deep water adjustment.

Preschool 4 – Gammy

Advanced classes. Children will practice crawl stroke with side breathing, elementary backstroke, and begin to learn breaststroke and backstroke.

Preschool 5 – Cola

Advanced classes. Children will develop strength while improving crawl stroke with side breathing, breaststroke, and backstrokes. Sidestroke and diving will be introduced.

YOUTH LEVEL CLASSES

Ages: 6-13 years

Youth 1 – Kitchiwank

Beginning level; focus on water adjustment, safety, and introduce basic strokes.

Youth 2 – Smudge

Students will begin arm stroke on front and back, with kick for 20 feet.

Youth 3 – Klaus

Students will learn how to breathe while performing the crawl stroke, and begin learning the backstroke.

Youth 4 – Raimee

Advanced classes. Children will improve crawl stroke with side breathing, backstrokes, and breaststroke. Sidestroke and diving will be introduced.

Youth 5– Bumpy Gee

Advanced classes. Children will develop endurance while practicing crawl stroke with side breathing, backstrokes, breaststroke, and diving. Introduction to butterfly stroke.

Youth 6 – Cisco

These upper-level classes will develop endurance and technique. Students will learn the butterfly stroke and flip turns.

Pre-Competition

Advanced stroke development and endurance. For those interested in preparing for swim team/competition. Must have completed Youth 6.

ADULT LEVEL CLASSES

Ages: 13 years & up

Adult Introduction

For those with little or no water exposure or fear of water. Focus is on learning breath control, how to float, and an introduction to basic skills.

Adult Intermediate/Advanced

Class held in both Warm Springs and Blue Lagoon pools. Further develop strokes to increase endurance and confidence. Focus on crawl, breast, and back strokes. Work on individual goals.

Junior Lifeguard Training

Red Cross Junior Lifeguard program. Gain knowledge, attitudes, and skills in preparation for future lifeguarding certification. Call the Aquatic Center for more information.

Lifeguard Training

American Red Cross Lifeguard certification course. Program offers certification in lifeguard training, first aid, and CPR for the professional rescuer. Gain skills required to be a lifeguard. Participants must pass a pre-course test prior to enrollment and be at least 15 years of age by the end of the course. Call the Aquatic Center for more information.

Blue Lagoon Lap Pool

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 9:00am	Aquarobics and Lap Swim *Discount*	Lap Swim Discount	Aquarobics and Lap Swim *Discount*	Lap Swim Discount	Aquarobics and Lap Swim *Discount*	Lap Swim Discounted Special Olympics 8 - 10 am	
9:00 11:30am	Open & Lap Swim Discounted (before 10 am)					Lessons 9:00-12 pm	Lessons 9:00 AM Noon
11:30am 1:00:pm	Lap Swim (2 lanes) *Deep Wtr Ex* *12 - 1 pm* *Masters* *12 - 1 pm* *4 lanes*	Lap Swim	Lap Swim (2 lanes) *Deep Wtr Ex* *12 - 1 pm* *Masters* *12 - 1 pm* *4 lanes*	Lap Swim (2 lanes) *Masters* *12 - 1 pm* *4 lanes*	Lap Swim (2 lanes) *Deep Wtr Ex* *12 - 1 pm* *Masters* *12 - 1 pm* *4 lanes*	*Deep Wtr Ex.* *10 - 11 am* *Lap Swim* *(3 lanes)* 10-12 pm	Lap Swim 9am-noon (3 lanes)
1:00:pm 3:00:pm	Open & Lap Swim	MS Society 1-2 pm Lap Swim Open Swim 2 - 3 pm	Open & Lap Swim	Open & Lap Swim	Little School	12:00 - 3:00 pm Open Swim	
3:00pm 4:30pm	Open Discount Swim	Open Discount Swim	Open Discount Swim	Open Discount Swim	Open Discount Swim	3:00 - 7:00 Pool Rentals	3:00 - 5:00 Pool Rentals
4:00pm	Lessons	Lessons	Lessons	Lessons	Lessons		
5:00 7:00 PM	Lessons *Chinook* Swim Team	Lessons *Chinook* Aquarobics *6-7 pm*	Lessons *Chinook* Swim Team	Lessons *Chinook* Aquarobics *6-7 pm*	*Chinook* Swim Team		
7:00 8:00	*Open Swim*	*Open Swim*	*Open Swim*	*Discount Open*	*Open Swim*		
8:00 9:00 PM	Lap Swim *Deep Wtr Ex*	Lap Swim	Lap Swim *Deep Wtr Ex*	*Discount* Lap Swim			
9:00 10:30pm		Silent World Scuba		Silent World Scuba			

Blue Lagoon (Lap Pool):
During Gray shaded times, pools are open only for those participating in the activites listed. Children under the age of 6 or under 48" in height, must be accompanied by an adult and be within an arm's length distance at all times. One adult may accompany a maximum of two children.

Warm Springs Therapy Pool

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 9:00am	Water Motion Class	THERAPY REHAB Discounted	Water Motion Class	THERAPY REHAB Discounted	Water Motion Class	THERAPY REHAB Discounted	
9:00 10:00am	Water Motion Class	9-11 am Open & Therapy	Water Motion Class	9-11 am Open & Therapy	Water Motion Class	*Lessons* 9:00 AM Noon	*Lessons* 9:00 AM Noon
10:00am 11:30am	*Lessons* *10-11:30am* THERAPY REHAB	Discounted before 10 THERAPY REHAB 11 - 2:30 (shallow end only 12 - 1)	*Lessons* *10-11:30am* THERAPY REHAB	Discounted before 10 *Ai Chi* *11-12 pm*	THERAPY REHAB 10 - 1 pm		
11:30am 12:30pm	Water Motion 11:30-12:30		Water Motion 11:30-12:30	*Open &* THERAPY 12 - 1 pm		12:00 - 3:00 pm Open & Therapy	
12:30 2:30pm	Open & Therapy	Body Tune-up 12 - 1 pm	Open & Therapy	THERAPY REHAB 1-2:30pm	Open & Therapy 1 - 2:30pm		
2:30 4:00pm	THERAPY REHAB & Overlake	Open & Therapy	THERAPY REHAB	Open & Therapy	THERAPY REHAB & Overlake *Privates*	3:00 - 7:00 Pool Rentals	3:00 - 5:00 Pool Rentals
4:00 7:00pm	*LESSONS*				Highland Center 4 - 5 pm		
7:00 8:00pm	Open & Therapy			*Discounted* Open & Therapy	*Open & Therapy* *5 - 9 PM*		
8:00 9:00pm	Therapy Rehab			Discounted Therapy	*Private Lessons* *3 - 7 pm*		

Warm Springs (Warm Therapy Pool):
Children must be accompanied by an adult in the water and be within an arm's length distance at all times. One adult may accompany a maximum of two children. The general public may use the pool during Open Rehab swims, but Therapy patients have priority: you may be asked to relocate to the Blue Lagoon pool. During shaded times the pool is open only for those participating in the activities listed. Lanes will not be sectioned off during "Open & Rehab" times, except for private lessons. *Therapy Rehab is available for adults, therapy patients, and private lessons.

Bellevue Aquatic Center
Spring 2009 Schedule

Valid March 1 through June 28, 2009

ADULT INTER - ADV SWIM LESSONS

39356	6:20- 6:50pm	Mon, Wed	Apr 20-May 13	$66.00
39357	9:35-10:35am	Sat	Apr 25-Jun 06	$74.25
39359	6:20- 6:50pm	Mon, Wed	May 18-Jun 10	$57.75

ADULT INTRODUCTION SWIM LESSONS

39371	6:20- 6:50pm	Tue, Thu	Apr 21-May 14	$66.00
39374	9-10am	Sun	Apr 26-Jun 07	$74.25
39376	6:20- 6:50pm	Tue, Thu	May 19-Jun 11	$66.00

PARENT/TOT SWIM LESSONS

39046	11-11:30am	Mon, Wed	Apr 20-May 13	$62.80
39047	6:20- 6:50pm	Mon, Wed	Apr 20-May 13	$62.80
39048	6:20- 6:50pm	Tue, Thu	Apr 21-May 14	$62.80
39043	11:20-11:50am	Sat	Apr 25-Jun 06	$47.10
39049	10:45-11:15am	Sat	Apr 25-Jun 06	$47.10
39044	11:20-11:50am	Sun	Apr 26-Jun 07	$47.10
39045	11-11:30am	Mon, Wed	May 18-Jun 10	$54.95
39050	6:20- 6:50pm	Mon, Wed	May 18-Jun 10	$54.95
39051	6:20- 6:50pm	Tue, Thu	May 19-Jun 11	$62.80

PRESCHOOL 1 SWIM LESSONS

39403	5:10- 5:40pm	Mon, Wed	Apr 20-May 13	$70.00
39409	4- 4:30pm	Mon, Wed	Apr 20-May 13	$70.00
39414	10-10:30am	Mon, Wed	Apr 20-May 13	$70.00
39404	4:35- 5:05pm	Tue, Thu	Apr 21-May 14	$70.00
39405	5:10- 5:40pm	Tue, Thu	Apr 21-May 14	$70.00
39410	5:45- 6:15pm	Tue, Thu	Apr 21-May 14	$70.00
39399	9:35-10:05am	Sat	Apr 25-Jun 06	$52.50
39411	11:20-11:50am	Sat	Apr 25-Jun 06	$52.50
39415	10:45-11:15am	Sat	Apr 25-Jun 06	$52.50
39400	10:10-10:40am	Sun	Apr 26-Jun 07	$52.50
39401	11:20-11:50am	Sun	Apr 26-Jun 07	$52.50
39406	9- 9:30am	Sun	Apr 26-Jun 07	$52.50
39397	4- 4:30pm	Mon, Wed	May 18-Jun 10	$61.25
39398	10-10:30am	Mon, Wed	May 18-Jun 10	$61.25
39412	5:10- 5:40pm	Mon, Wed	May 18-Jun 10	$61.25
39402	5:10- 5:40pm	Tue, Thu	May 19-Jun 11	$70.00
39407	5:45- 6:15pm	Tue, Thu	May 19-Jun 11	$70.00
39408	4- 4:30pm	Tue, Thu	May 19-Jun 11	$70.00

PRESCHOOL 2 SWIM LESSONS

39424	10:30-11am	Mon, Wed	Apr 20-May 13	$70.00
39432	4:35- 5:05pm	Mon, Wed	Apr 20-May 13	$70.00
39433	4- 4:30pm	Tue, Thu	Apr 21-May 14	$70.00
39434	5:10- 5:40pm	Tue, Thu	Apr 21-May 14	$70.00
39418	9- 9:30am	Sat	Apr 25-Jun 06	$52.50
39420	10:10-10:40am	Sat	Apr 25-Jun 06	$52.50
39427	11:20-11:50am	Sat	Apr 25-Jun 06	$52.50
39421	10:45-11:15am	Sun	Apr 26-Jun 07	$52.50
39428	9:35-10:05am	Sun	Apr 26-Jun 07	$52.50
39422	10:30-11am	Mon, Wed	May 18-Jun 10	$61.25
39429	4- 4:30pm	Mon, Wed	May 18-Jun 10	$61.25
39425	5:10- 5:40pm	Tue, Thu	May 19-Jun 11	$70.00
39426	6:20- 6:50pm	Tue, Thu	May 19-Jun 11	$70.00
39430	4:35- 5:05pm	Tue, Thu	May 19-Jun 11	$70.00

PRESCHOOL 3 SWIM LESSONS

39440	4:35- 5:05pm	Mon, Wed	Apr 20-May 13	$70.00
39446	5:45- 6:15pm	Tue, Thu	Apr 21-May 14	$70.00
39451	4:35- 5:05pm	Tue, Thu	Apr 21-May 14	$70.00
39444	10:45-11:15am	Sat	Apr 25-Jun 06	$52.50
39447	9:35-10:05am	Sat	Apr 25-Jun 06	$52.50
39438	11:20-11:50am	Sun	Apr 26-Jun 07	$52.50
39441	10:10-10:40am	Sun	Apr 26-Jun 07	$52.50
39439	5:45- 6:15pm	Mon, Wed	May 18-Jun 10	$61.25
39448	5:45- 6:15pm	Tue, Thu	May 19-Jun 11	$70.00

PRESCHOOL 4 SWIM LESSONS

39456	4- 4:30pm	Mon, Wed	Apr 20-May 13	$70.00
39457	4- 4:30pm	Tue, Thu	Apr 21-May 14	$70.00
39453	10:10-10:40am	Sat	Apr 25-Jun 06	$52.50
39454	9- 9:30am	Sat	Apr 25-Jun 06	$52.50
39455	9:35-10:05am	Sun	Apr 26-Jun 07	$52.50
39458	10:45-11:15am	Sun	Apr 26-Jun 07	$52.50
39461	4- 4:30pm	Mon, Wed	May 18-Jun 10	$61.25
39462	4- 4:30pm	Tue, Thu	May 19-Jun 11	$70.00

PRESCHOOL 5 SWIM LESSONS

39463	5:45- 6:15pm	Mon, Wed	Apr 20-May 13	$70.00
39464	4:35- 5:05pm	Tue, Thu	Apr 21-May 14	$70.00
39465	9:35-10:05am	Sat	Apr 25-Jun 06	$52.50
39466	9- 9:30am	Sun	Apr 26-Jun 07	$52.50
39467	10:10-10:40am	Sun	Apr 26-Jun 07	$52.50
39468	4:35- 5:05pm	Mon, Wed	May 18-Jun 10	$61.25
39469	4:35- 5:05pm	Tue, Thu	May 19-Jun 11	$70.00

YOUTH LEVEL 1 SWIM LESSONS

39476	5:10- 5:40pm	Mon, Wed	Apr 20-May 13	$70.00
39472	5:10- 5:40pm	Tue, Thu	Apr 21-May 14	$70.00
39471	9- 9:30am	Sat	Apr 25-Jun 06	$52.50
39473	10:10-10:40am	Sat	Apr 25-Jun 06	$52.50
39474	9:35-10:05am	Sun	Apr 26-Jun 07	$52.50
39479	5:10- 5:40pm	Mon, Wed	May 18-Jun 10	$61.25
39477	5:10- 5:40pm	Tue, Thu	May 19-Jun 11	$70.00

YOUTH LEVEL 2 SWIM LESSON

39933	5:45- 6:15pm	Mon, Wed	Apr 20-May 13	$66.00
39936	4:35- 5:05pm	Tue, Thu	Apr 21-May 14	$66.00
39940	10:10-10:40am	Sat	Apr 25-Jun 06	$49.50
39942	9- 9:30am	Sat	Apr 25-Jun 06	$49.50
39932	10:10-10:40am	Sun	Apr 26-Jun 07	$49.50
39939	9- 9:30am	Sun	Apr 26-Jun 07	$49.50
39934	4:35- 5:05pm	Mon, Wed	May 18-Jun 10	$57.75
39937	4- 4:30pm	Tue, Thu	May 19-Jun 11	$66.00
39941	5:45- 6:15pm	Tue, Thu	May 19-Jun 11	$66.00

YOUTH LEVEL 3 SWIM LESSON

39951	4- 4:30pm	Mon, Wed	Apr 20-May 13	$66.00
39945	4- 4:30pm	Tue, Thu	Apr 21-May 14	$66.00
39947	5:45- 6:15pm	Tue, Thu	Apr 21-May 14	$66.00
39949	9:35-10:05am	Sat	Apr 25-Jun 06	$49.50
39950	11:20-11:50am	Sat	Apr 25-Jun 06	$49.50
39952	10:45-11:15am	Sun	Apr 26-Jun 07	$49.50
39955	9:35-10:05am	Sun	Apr 26-Jun 07	$49.50
39948	5:10- 5:40pm	Mon, Wed	May 18-Jun 10	$57.75
39944	4- 4:30pm	Tue, Thu	May 19-Jun 11	$66.00
39946	4:35- 5:05pm	Tue, Thu	May 19-Jun 11	$66.00

YOUTH LEVEL 4 SWIM LESSON

39965	4:35- 5:05pm	Mon, Wed	Apr 20-May 13	$66.00
39964	4- 4:30pm	Tue, Thu	Apr 21-May 14	$66.00
39959	10:45-11:15am	Sat	Apr 25-Jun 06	$49.50
39957	9- 9:30am	Sun	Apr 26-Jun 07	$49.50
39958	11:20-11:50am	Sun	Apr 26-Jun 07	$49.50
39960	4:35- 5:05pm	Mon, Wed	May 18-Jun 10	$57.75
39961	4:35- 5:05pm	Tue, Thu	May 19-Jun 11	$66.00

YOUTH LEVEL 5 SWIM LESSON

39970	5:10- 5:40pm	Mon, Wed	Apr 20-May 13	$66.00
39971	6:20- 6:50pm	Tue, Thu	Apr 21-May 14	$66.00
39974	11:20-11:50am	Sat	Apr 25-Jun 06	$49.50
39975	10:45-11:15am	Sun	Apr 26-Jun 07	$49.50
39976	11:20-11:50am	Sun	Apr 26-Jun 07	$49.50
39977	5:45- 6:15pm	Mon, Wed	May 18-Jun 10	$57.75
39972	5:45- 6:15pm	Tue, Thu	May 19-Jun 11	$66.00

YOUTH LEVEL 6 SWIM LESSON

39980	6:20- 6:50pm	Mon, Wed	Apr 20-May 13	$66.00
39981	6:20- 6:50pm	Tue, Thu	Apr 21-May 14	$66.00
39982	10:45-11:15am	Sat	Apr 25-Jun 06	$49.50
39983	10:10-10:40am	Sun	Apr 26-Jun 07	$49.50
39984	6:20- 6:50pm	Mon, Wed	May 18-Jun 10	$57.75
39985	6:20- 6:50pm	Tue, Thu	May 19-Jun 11	$66.00

LIFEGUARD TRAINING

39986	9:30am- 5pm	Sat-Wed	Apr 04-12

PRE-COMPETITION SWIM

39386	5:45- 6:15pm	Mon, Wed	Apr 20-May 13	$66.00
39387	5:10- 5:40pm	Tue, Thu	Apr 21-May 14	$66.00
39388	9- 9:30am	Sat	Apr 25-Jun 06	$49.50
39389	10:45-11:15am	Sun	Apr 26-Jun 07	$49.50
39390	5:45- 6:15pm	Mon, Wed	May 18-Jun 10	$57.75
39391	5:10- 5:40pm	Tue, Thu	May 19-Jun 11	$66.00