

NBCC Lunch Program—AUGUST 2015

Monday	Tuesday	Wednesday	Thursday	Friday
			NO Lunch served on Thursday's	
3 CHICKEN FAJITAS Pinto Beans Mexican Rice Flour Tortilla Peaches	4 BBQ CHICKEN Macaroni Salad Baby Carrots Roll Apple Slices	5 SALMON FILET Green Salad Wild Rice Broccoli Wheat Roll & Peaches	Lunch is served at 12/Noon M/T/W/F	7 BEEF STEW Biscuit Green Salad Peaches Orange Juice
10 CHICKEN MARGARITA Creamy Noodles Green Salad Breadstick Apple & Orange Juice	11 HUNGARIAN GOULASH Over Flat Noodles Broccoli Strawberry Short Cake	12 MINISTRONE SOUP Egg Salad Sandwich Green Salad Mixed Berries	LUNCH FEES 60+; \$3.00 <i>suggested donation</i> Under 60; \$6.00	14 SWEET & SOUR MEATBALLS Rice Broccoli Pineapple Chunks Jello cup
17 MEXICAN BAKED COD Rice Black Beans Corn Tortilla Orange	18 ORANGE GLAZED FISH Rice Pilaf Asparagus Dinner roll Oranges	19 VEGETABLE SOUP Ham Croissant Apple		21 PINEAPPLE CHICKEN Brown Rice Peas Pineapple chunks Roll & Fortune Cookie
24 SPANISH BEEF Flour Tortilla Green Salad Potato Soup Apple	25 SMOKED TURKEY WRAP Mediterranean Pasta Salad Mixed Berries	26 SPECIAL EVENT End of Summer Picnic 11:30am-2pm By Reservation Only (Sorry, SOLD OUT)		28 DILL FISH Pasta Salad Sugar Cookie Mandarin Orange
31 Sincronizadas De Queso with veggies Spanish Rice Banana				

For information please call 425-452-7681. North Bellevue Community Center 4063-148th Ave NE, Bellevue, WA 98007.

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.
Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.