



**CITY OF BELLEVUE  
PARKS & COMMUNITY SERVICES DEPARTMENT  
VOLLEYBALL LEAGUE RULES**

All matches will be played under current USAV Rules, except as modified by the following Bellevue Parks & Community Services league rules.

**I. REGULATIONS**

1. Games will begin promptly at scheduled times.
  - a. Forfeiture of the first game will occur ten minutes after the designated game time. The second game will be forfeited fifteen minutes after the designated game time, twenty minutes following game time the third game will be forfeited, thus the match will be officially called.
  - b. A game may not be started with less than five players on either side.
  - c. If a team forfeits matches during a season, that team is still expected to show up for additional matches in the current season. If a team will not be able to field players for additional matches, please contact the league administrator. Teams that forfeit three matches will be dropped from the current season and may not sign up for any succeeding seasons. There will be no refunds given.
2. Six players shall make up a team. Players must be at least 18 years of age. There are no players on multiple teams within the same division.
3. A team roster shall be turned in to the Bellevue Parks/Athletics Office at the time of registration.
  - a. Twelve players will be allowed on each team roster
  - b. Team rosters will be officially frozen after the third league game. Additions to the roster after this game must be granted by the league director. Use "add/drop" form.
  - c. Players must sign the roster/liability form before participating.
4. All teams are required to officiate league games. Teams will be assigned officiating duties on the league schedule. Each team must provide on 2 officials per assignment. The officials must arrive on time, and have a whistle. Failure to do so will result in four losses for the assigned officiating team.
  - a. Officials are responsible for keeping accurate records of the game scores.
  - b. Teams that fail to provide officials for two or more of their scheduled matches may be restricted from signing up for additional seasons.
5. Regulation U.S.A.V. Rules will prevail with the exception of special league rules.
6. Protests – A game may not be protested on a judgement call by the official. Rule clarification calls are the only means of protest. All protests must be handed in to the Athletics Office within 48 hours following the game, in writing along with a \$25.00 deposit.
  - a. Protests will be reviewed by the Bellevue Parks/Athletic staff for a decision.
  - b. Ruling in favor of the protest shall have the deposit refunded.
7. Alcohol is not permitted at any games. Players who are believed to be intoxicated will be asked to leave the gym. Continued alcohol use prior to, during, or following play will result in the team's ejection from the league.

8. No dunking or hanging on basketball rims. This will result in automatic forfeiture of the match. The violating team will receive 5 losses.
9. Team managers are responsible for the conduct of their team members & spectators.

## II. PLAYING RULES

### 1. The Players

- a. The Players will be responsible for knowing the rules and calling their own faults.
  - (1) A team may rotate in players if it is done in an orderly manner, and only when the ball is dead.
  - (2) A team may substitute players according to the current year's U.S.A.V. Rules.
  - (3) No Libero player.
- b. The rotation order may be changed between sets.
- c. Players will rotate in a clockwise direction.

### 2. Rules of Play

- a. Starting service and sides are to be determined by a coin toss or "even-odd" win.
  - (1) "Time Out" may be granted by the referee only when the ball is dead.
  - (2) Each team may take two "Time Outs" per game, each limited to 30 seconds. No "Time Outs" will be allowed within the last 5 minutes of the match.
- b. Ceiling Balls
  - (1) Are playable if team has hits left on the ball.
  - (2) Are dead when ball passes over the net after contacting the ceiling.
- c. Length of Match and Scoring
  - (1) Each match will end one hour and twenty-five minutes from the scheduled starting time.
  - (2) A game is played to 25 points, rally scoring, 1<sup>st</sup> team to 25 points winning. The last game will count only if the winning team is ahead by 2 points after 8 points.
  - (3) The total games per match that will count toward league standings will be a maximum of 4 games. **A forfeited match will count as 4 games to the winning team**
  - (4) The league standings will be based on the percentage of games won out of the total games played. **In the even of identical records, the tie-breaker will be based on head-to-head matches, win-loss, then point differential. A forfeit automatically eliminates the forfeiting team.**
- d. Striking the Ball During the Game
  - (1) The ball may be struck by any part of the body.
  - (2) A player who touches the ball, or is touched by it, is considered to have played the ball.

- (3) When a ball rests momentarily between the hands or arms of a player, it is considered to be held. The ball must be cleanly struck; if it is followed, lifted, pushed, or carried, it shall be considered to be held.
  - (4) Four Hit Rule – The blocking of a spiked ball does not constitute a hit. In other words, when a team attempts to block the ball, that team still has the right to three more contacts with the ball.
  - (5) If two opposing players simultaneously strike the ball above the net, the team in the court in to which the ball falls has again the right to three hits
- e. Play at the Net
- (1) It is illegal to block or spike a served ball.
- f. Hands Passing Over the Net
- (1) During blocking, the passing of the hands over the net and contacting the ball over the opponent's court, is allowed, provided the opponent contacts the ball first.
- g. Co-ed Rule
- (1) One back court player may also block when there is only one male player in the front line. When there are two or more male players in the front line, this rule will not apply.
3. Derogatory Remarks or Acts
- a. The referee shall have the power to warn, declare side-out, point, or disqualify for the game or match, any player substitute, coach, or manager who commits, in the referee's opinion, any of the following gross violations of sportsmanship.
    - (1) Persistently address the officials in regard to decisions.
    - (2) Makes derogatory remarks to or about the officials.
    - (3) Commits acts derogatory to the officials or teams tending to influence their decisions or to deceive them.
    - (4) Make personal and derogatory remarks about or to opponents.
    - (6) Any player physically laying a hand on an official or indicating intent to do so will automatically be dropped from the league.
  - b. A team refusing to play following the decision of the referee shall forfeit the game.
  - c. **Each team manager is responsible for the conduct of their players and spectators before, during, and after all games, as well as for picking up their bench area prior to departing the facility.**
4. Additional League Rules
- a. An "overlap" in this recreation league is any player out of proper rotation order before play is started.
  - b. A ball hitting any part of the basketball fixture or other foreign objects will be replayed.
  - c. The winning team in each division is required to advance one division upward to play in the next season. A team may not move down if the team's standing is at least 50%. The team placing last in the division has the option to move to the next division lower for the next season. Management reserves the right to place teams in any division.

III. Miscellaneous

1. New teams are recommended to start in the B Division unless you can give proof of the team's ability.
2. **Snow Policy**
  - a. **In the event of snow, the league will follow the Bellevue School District Snow Policy. If Bellevue schools are closed, games will be rescheduled. Bellevue School District hotline: (425) 456-4111**
  - b. **After 2:00 of the day, call 425-452-4479 for game changes.**

**CITY OF BELLEVUE  
PARKS & COMMUNITY SERVICES DEPARTMENT  
ADULT VOLLEYBALL LEAGUE**

**RULES**

I, \_\_\_\_\_, the manager of, \_\_\_\_\_,  
(Managers Name) (Team Name)

understand and agree to the rules of the City of Bellevue Adult Volleyball League for the Fall   
Winter  Spring  Year [ ] season. By my signature, I acknowledge that I have read and  
agree to the rules and conditions of play as provided.

\_\_\_\_\_  
(Managers Signature)

\_\_\_\_\_  
(Date)

response by email

Read, sign, and indicate if you are returning by email.

Email back or submit to the scorekeeper at your first scheduled game.