



Tactical Trauma Training

November 5, 2012

Bellevue Police Department

Bellevue, WA 98009

Course Overview

Tactical Trauma Training (T3) is a self-aid/buddy-aid course of instruction based on current military medical training. Law enforcement is a dangerous and dynamic business. Due to the unpredictable nature of police work, law enforcement officers often sustain serious injuries while working in the line of duty. Whether an officer is involved in a devastating car wreck, suffers a gunshot wound, is stabbed, or experiences other types of traumatic injuries, they often find themselves waiting for paramedics to arrive to treat their wounds. This "wait period" can literally be a matter of life or death for an injured officer. Now more than ever law enforcement officers need to be able to take care of themselves and each other. The ideas/methods presented in this class are basic and easy to remember.

Based on military combat casualty care guidelines, T3 covers the 3 treatable causes of mortality on the battlefield: Bleeding; Airway Obstruction; Penetrating chest trauma

Case studies will be presented where officers suffered severe injuries in the line of duty. These officers received immediate tactical trauma treatment, which was credited with saving their lives.

In addition to tactical trauma training, officers will receive instruction on the importance of having a "survival mindset". Preparing the mind to survive during times of stress can help an officer deal with a traumatic injury in a calm manner. Instead of an officer saying, "I can't believe this happening," he or she will train the mind to say, "I knew this would happen one day, and I'm ready for it".

This training course was designed by a police officer, for police officers. The techniques and methods presented in this course can better prepare police officers to save their own lives, or the lives of an injured officer. By exposing law enforcement officers to Tactical Trauma Training today, they will be better prepared to survive tomorrow.

Registration Fee:

The cost of this 1 day training course is \$125 per officer. A discounted rate of \$100 per officer will apply if 5 or more officers register at the same time. For registration assistance contact Carolyn Boston at Carolyn.boston@pletraining.com or 281-639-8893.

www.pletraining.com

Topics Covered

- Bleeding control- bandages and tourniquets
- Recognition and treatment of "sucking chest wounds"
- Methods for opening an airway
- Signs and symptoms of shock
- The Golden Hour
- The Platinum 10 Minutes
- Medical planning
- Medical equipment considerations
- Transport considerations
- Survival Mindset

