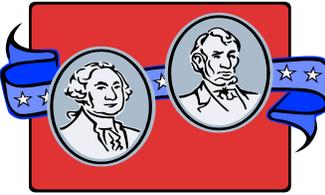


# Senior Nutrition Program FEBRUARY 2012

Mon	Tue	Wed	Thu	Fri
		<b>1 Turkey Noodle Soup</b> Pineapple Carrot Slaw Orange Peanut butter Cookie		<b>3 Macaroni &amp; Cheese</b> Brussels Sprouts Wheat Roll Fruit Cocktail
<b>6 Chipotle Meatballs</b> Rice Vegetable Blend Roll	<b>7 Baked Fish</b> Scalloped Potato Broccoli Tropical Fruit	<b>8 Lentil Soup</b>  Ham Sandwich Grapes		<b>10 Mesquite Chicken</b> Roasted Potato Broccoli, Cornbread Mixed Fruit
<b>13 Enchilada Suiza</b> Garden Rice, Zucchini - Salad, Chips Strawberries & Cream	<b>14 Chicken Margarita</b> Creamy Noodles Green Salad Roll Oranges	No Lunch Served Volunteer Recognition Luncheon– Invitation Only	<b>No Lunch            Served on            Thursdays</b>	<b>17 Salmon Patty</b>  Wild Rice Broccoli, Wheat Roll Cookie, Fruit
<b>20 Presidents Day</b>  <b>Closed</b>	<b>21 Hot Turkey Sandwich</b> Mashed Potato & Gravy  Green Bean Cranberry Sauce	<b>22 Vegetable Soup</b>  Roast Beef Sandwich  Mixed Fruit	<b>Lunch Fees:</b> <b>60+: \$3 Suggested            Donation</b>	<b>24 BBQ Pork Sandwich</b>  Baked Beans  Apple Coleslaw
<b>27 Mexican Meatloaf</b> Mashed Potatoes Green Salad Roll, Fruit	<b>28 Beef Macaroni</b> Italian Vegetable Apricots Chocolate Pudding	<b>29 Bean Soup</b> Spinach Bacon Salad  Roll Baked Apple		

**For information please call 425-452-7681. North Bellevue Community Center 4063 148 Ave NE, Bellevue WA 98007.**

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.

Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.