

Green Cleaning Resources

Resources for additional green cleaning recipes

- www.cleanmama.net includes labels you can print yourself for green cleaning containers.
- www.apartmenttherapy.com/20-diy-green-cleaning-recipes-141129
- www.keeperofthehome.org/2013/06/homemade-all-natural-cleaning-recipes.html
- www.cleanmama.net/2013/08/cleaning-with-castile-soap-11-simple-recipes.html

Printable handouts or books online:

- www.keene.edu/sustain/greenclean.pdf
- www.davidsuzuki.org/publications/downloads/2011/QueenOfGreen-Green-cleaning-recipes.pdf
- www.dcr.virginia.gov/virginia_naturally/documents/GreenAlternativesRecipeBook.pdf
- http://library.oregonmetro.gov/files/green_cleaners_brochure_2012.pdf
- <http://www2.ca.uky.edu/HES/FCS/FACTSHTS/green-cleaning-recipe-cards.pdf>
- www.uaex.edu/publications/pdf/MP492.pdf
- www.chemicalnation.com/downloads/chemerical-cookbook-sample.pdf

Resources for choosing healthier products in the store

- How to Choose Safer Products: <http://lhwmp.org/home/Health/alternatives.aspx>
- Avoid products that say **DANGER, POISON, CAUTION, WARNING**
The safest products do not have any of these words.
<http://lhwmp.org/home/HHW/hazard-product-list.aspx>
- Household Hazards Product List: Learn what the health hazards are for these products:
<http://lhwmp.org/home/hhw/list.aspx>



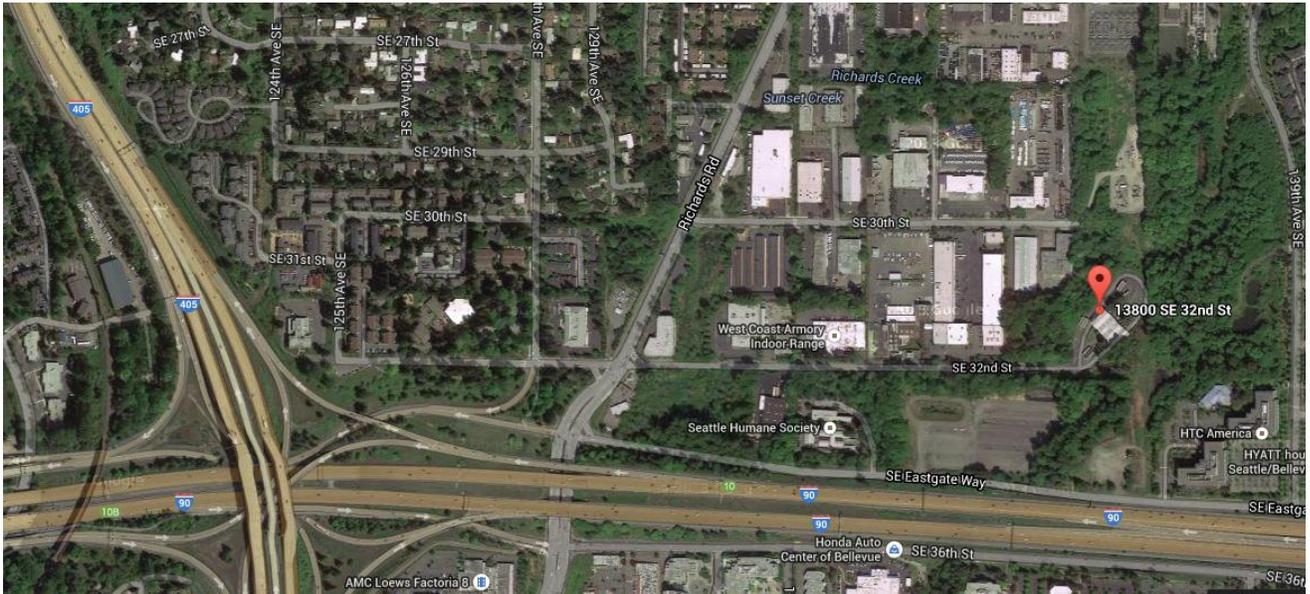
Build a green cleaning kit:

- White vinegar
- Bucket
- Scrubby sponge
- Empty spray bottle
- Zip It drain cleaner
- Baking soda
- Castile Soap



How to dispose of hazardous products safely in Bellevue:

- Factoria Household Hazardous Waste Facility
 - Location: 13800 SE 32nd St, Bellevue
 - Hours: Tuesday-Friday, 8:00 a.m.-4:00 p.m., Saturday and Sunday, 9:00 a.m-5:00 p.m.
 - Contact: (206) 296-4692 or toll free at 1-888-869-4233
 - More information: <http://www.lhwmp.org/home/HHW/disposal-locations.aspx#factoria>



Helpful Sites and Numbers:

- Chemerical Documentary (we watch a clip in class) www.chemicalnation.com
- Cosmetics: Cosmeticdatabase.com learn which cosmetics are healthier than others.
- Prevent Accidental Poisonings: Washington Poison Center 1-800-222-1222
- Reduce Your Family's Pesticide Exposure: Call the Garden Hotline for information on safer choices for bug and weed killers: 206-633-0224
- Household Hazards Line: 206-296-4692 or 1-888-TOXIC-ED or visit lhwmp.org
- Local Hazardous Waste Management Program for King County: <http://lhwmp.org/home/hhw/hhw.aspx>
- Washington Toxics Coalition: <http://watoxics.org>
- Green Cleaning Books: There are a variety of books available at your library, local bookstores and even kindle versions on Amazon.

