

City of Bellevue & Cascade Bicycle Club Present **BICYCLE MAINTENANCE SERIES**

Become a master of bicycle repairs and start saving time and money. Cascade Bicycle Club professionals will teach the intricacies of bicycle mechanics and train participants to tackle all repairs efficiently on their own. Taught in a three-part series. Pick the course you need, or enroll in all three at a discount price. Necessary supplies and helpful handouts provided.

South Bellevue Community Center
Ages 15 and up

Enroll in all three courses and save!
46004 \$120

Fix a Flat

Learn basic maintenance techniques, including efficient flat tire repairs and everyday adjustments.

46006 \$45 6:30-9:00pm Mon Nov 2



Chains and Derailleurs

Sync up those spueaky gears and bring your bike up to speed. This course will focus on the mechanics of shifting and turn you into a gear repair expert.

46007 \$45 6:30-9:00pm Mon Nov 16



Brakes

Coaster? Disk? Pad? Don't let technical braking mechanics keep you from obtaining premium braking power and safety. This course will focus on repairing braking systems so they are as stron and quiet as when you bought the bike!

46008 \$45 6:30-9:00pm Mon Nov 23



For more information:
425-452-6885
www.MyParksAndRecreation.com



mc9402.10/09.ind

This information will be provided in alternate formats for individuals with disabilities upon request. We invite everyone's participation, please provide two weeks notice for special needs requests. Assistance for the Deaf and Hard of Hearing can be provided through the 711 Telecommunications Relay Service.

bicycle club
Cascade

