

youth in motion

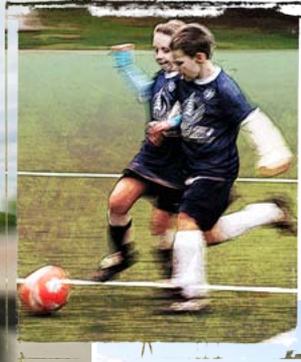


SUMMER DAY CAMPS

June–August 2012



Skater: Hendry - Issuu/John F. Kelly
Photo: J. McMillan/Pew



Soccer Camps With Michael Smith/Soccer Tech

Dribbling, passing and scoring goals will be developed while participating in technique activities and small sided games. Campers will be divided into groups according to age and ability level.

Monday - Thursday

Ages 4 & 5 9am-10:30am

Resident \$56

Non Resident \$68

#65636

July 9 – 12

Robinswood Park

#65638

July 16 – 19

Newport Hills Park

#65640

August 6 – 9

Robinswood Park

#65643

August 13 – 16

Lewis Creek Park

Ages 6-10 9am-Noon

Resident \$95

Non Resident \$ 114

#65637

July 9 – 12

Robinswood Park

#65639

July 16 – 19

Newport Hills Park

#65641

August 6 – 9

Robinswood Park

#65642

August 13 – 16

Lewis Creek Park

UK International Soccer Camp

UK British soccer coaches will instruct your child. Daily schedule includes warm up, skills, fundamentals, small sided games, technical session, tournaments and awards.

Ages 4-14 9am - Noon

Resident \$115

Non Resident \$138

#65630

July 23 - 27

Ivanhoe Park

#65632

July 30 – August 3

Wilburton Park

#65635

August 20 - 24

Ivanhoe Park

Ages 7-14 9am - 3pm

Resident \$181

Non Resident \$217

#65631

July 23 - 27

Ivanhoe Park

#65633

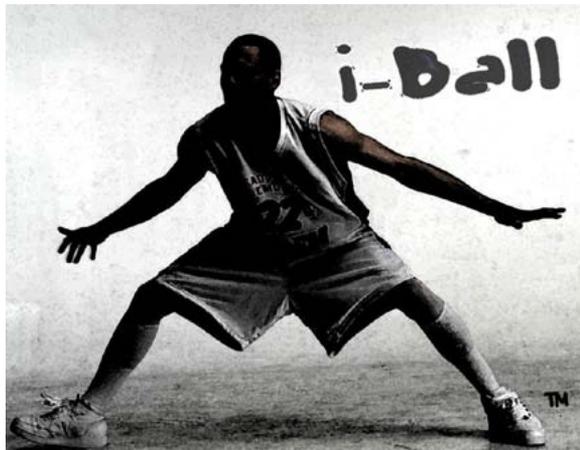
July 30 – August 3

Wilburton Park

#65634

August 20 - 24

Ivanhoe Park



i-Ball Summer Break Skills Camps (Ages: 6-15)

i-Ball is ran and coached by professional basketball player and former Globetrotter's Harlem All-Star, Kyle Keyes along with i-Ball staff. Players will have a fun and exciting experience learning a wide array of basketball skills, developing sportsmanship and playing games at i-Ball Skills Camps. Players will be drilled throughout camp on the proper form and technique that it takes to be both confident and successful in real games.

Crossroads Community Center

Resident \$164 **Non Resident** \$197
#65669 9am-3pm July 2 – 3 & 5 - 6

International High School

Resident \$205 **Non Resident** \$246
#65670 9am-3pm July 30 – August 3

Crossroads Community Center

Resident \$205 **Non Resident** \$246
#65675 9am-3pm August 27 - 31

Pro Baseball Summer Camp (Ages 8-13)

Quality baseball instruction - hitting, throwing, fielding, games, scrimmages and more! This baseball camp is well suited for all players. From the aspiring to the elite. Taught by Steve Goucher and his staff. Steve is a former professional baseball player, and an Atlanta Braves scout who has coached baseball at all levels.

Newport Hills Park

Resident: \$139 **Non Resident:** \$167
#65676 10am – 1pm July 23 - 26
#65677 10am – 1pm August 20 - 23

SEREVI Youth Rugby Summer Camp (Ages 7–18)

Participants will have a fun and exciting experience learning and improving such skills as agility, fitness, passing, catching, kicking, decision making. Safety, teamwork and sportsmanship will be emphasized through several skill games like rugby golf, rugby soccer, rugby tennis, and rugby football, along with team and individual competitions. Experienced players will have the opportunity to participate in contact-based drills and games with an emphasis on safety, teamwork and fun at all times. Players of all skill levels are welcome and will be grouped accordingly.

Robinswood Park

July 23 - 27
#65678 Full Day (9am – 3pm) **Resident:** \$200 **Non Resident:** \$240
#65679 Half Day (9am – 12pm) **Resident:** \$115 **Non Resident:** \$138
#65680 Half Day (12pm – 3pm) **Resident:** \$115 **Non Resident:** \$138

YOUTH SPORTS & FITNESS PROGRAMS

i-Ball Basketball Clinics (Ages 7–14)

Consistent training is the main aspect that helps to greatly accelerate learning and retention for young players. Players will learn all aspects of basketball development of core fundamentals along with offensive & defensive techniques, shooting techniques, ball handling and court awareness. Players of ALL skill levels are welcome and will be grouped accordingly.

Highland Community Center

Resident: \$79	Non Resident: \$ 95
Mondays	5:50pm – 7pm
#64091	June 18 – July 9
#64092	July 16 – August 6
#64093	August 13 – September 10

SEREVI Olympic Flag Rugby (Ages 7–14)

Youth rugby is one of the fastest growing sports in the United States and mimics Rugby 7s, the newest Olympic game. Teamwork and sportsmanship are key elements to success and are emphasized. Emphasis will be on safety and fun at all times, and the use of flags limits physical contact. Skill emphasis is on running, passing, ball handling catching skills and small sided games.

Robinswood Sports Field

Resident: \$66	Non Resident: \$79
Mondays	4:30pm – 5:45pm
#65766	June 11 – July 16
#65767	July 30 – September 10

~ *Serevi Olympic Flag Rugby II* available for ages 10–18. Visit MyParksandRecreation.com for more information.

Self Defense/Hapkido (Beginning) (Ages 6-12)

This co-ed course helps young people develop coordination, balance, focus, strength, self-esteem, group interaction, communication skills and discipline, while teaching personal safety/self-defense in a safe, friendly environment. In addition to lots of conditioning exercises, students will learn a basic kicks, strikes, throws, evasion and grappling.

Highland Community Center

Resident \$46	Non-Resident \$55
Mondays & Wednesdays	5-5:55pm
#64172	June 4 - 27
#64173	July 2 - 30
#64174	August 1 - 29

~ *Intermediat/Advance Self Defense Hapkido* available for ages 13 & up. Prerequisite required to register. Visit MyParksandRecreation.com for more information.

Kendo ~ *Intermediat/Advance Kendo* available. Prerequisite required to register. Visit MyParksandRecreation.com for more information.

BELLEVUE SKATE PARK SUMMER CAMPS

Summer Skateboard Camps (Ages 8–15)

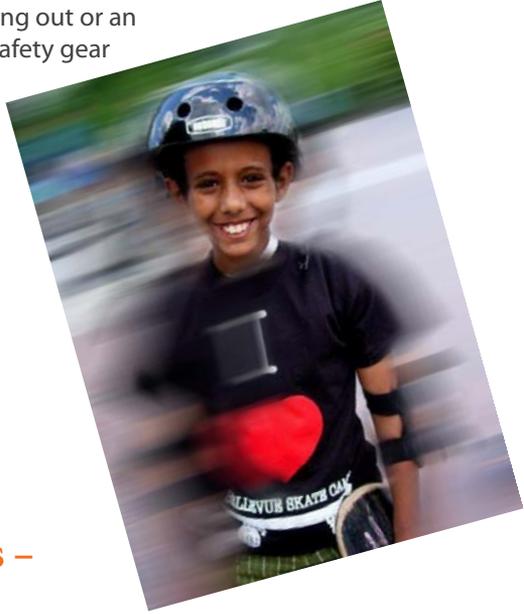
Skaters now have the opportunity to experience the best of both worlds from ramp skating in the incredible, all new indoor park or street skating at the nationally recognized skate plaza. The camp includes park safety, trick tips, skate games, a contest, and a pizza party, all with an emphasis on friends and fun. Whether you're just starting out or an experienced skater this camp is for you. Safety gear and skateboards are available if needed.

Bellevue Skate Park

Resident: \$150 **Non Resident:** \$160

9am – 12pm

#66000	June 25-29
#66001	July 2-6
#66002	July 9-13
#66003	July 16-20
#66004	July 23-27
#66005	July 30-Aug 3
#66006	August 6-10
#66007	August 13-17
#66008	August 20-24
#66009	August 27-31



Summer Skateboard Camps – Biddy Boarders (Ages 4 -7)

A skateboard camp for the little shredders! This camp is designed to get the little ones standing up and rolling on their boards safely. This fun camp also includes ramp riding skills, falling correctly, taking turns and skate park etiquette. Parents are encouraged to attend. Safety gear and skateboards are available if needed.

Bellevue Skate Park

Resident: \$105 **Non Resident:** \$120

1 – 2:15pm

#64334	July 9-13
#64335	July 30 – Aug 3
#66025	Aug 20-24
#66026	Aug 27-31

Skaters In The Woods (Ages 13–17)

Skaters in the woods, is a three day, two night back-packing skateboard adventure on the magnificent Orcas Island. Participants will skate the 22000 sq' skate park and learn valuable outdoor skills including shelter, effective packing, no-trace hiking/camping, outdoor cooking ,and of course the fun stuff swimming, skating and just having a blast outside.

Bellevue Skate Park

Resident: \$198 **Non Resident:** \$208

#66023 June 27-29 Wednesday, 7am – Friday, 5pm (Two night overnight)

TRACKS

TRACKS is a Bellevue Parks & Community Services initiative promoting outdoor adventure, youth leadership, and environmental stewardship. TRACKS' mission is to encourage outdoor opportunities for all ages, abilities, and income levels – opportunities that develop life skills and knowledge for a healthy community.

Teaching

Recreation

Adventure

Competency

Knowledge

Stewardship

High Adventure Camp (Ages 12–17)

Camp in the Cascades, canoe the slough, and test your limits on a high ropes course. Guides will teach essential outdoor skills and help everybody conquer a one night overnight backpacking trip in the mountains. Outdoor gear is available, and meals are provided for the overnight trip. Build confidence, leadership skills and solid friendships on this weeklong adventure!

Highland Community Center

Resident: \$280 **Non Resident:** \$310

Monday–Wednesday 9am – 4pm & overnight Thursday 9am–Friday 4pm

#65763 July 16–20

#65764 July 27–23

#65765 August 6–10

#65772 August 13–17

This information will be provided in alternate formats for individuals with disabilities upon request. We invite everyone's participation. Please provide two weeks advance notice for accommodation requests. Assistance for the Deaf/Hard of hearing can be provided through the 711 Telecommunications Relay Service.



YOUTH SPORTS SUMMER DAY CAMPS

(Ages 7 – 12)

Our sports camps are designed for your children's growth and entertainment. Your children will be introduced to a variety of sports, including all their favorites like soccer, baseball, basketball, while also exploring new activities (ie. hiking, lacrosse, dodgeball and much, MUCH more!) Coaches provide an incredibly fun week of activities, improving the skills of the campers, while maintaining a safe and educational environment. Campers will have the opportunity to make new life-long friends, become physically fit, and explore new and exciting places. All camps will participate in a weekly field trip to local attractions. No matter what your child's interest may be, we have the right camp for them!

Camp Hours: 9:30am – 3:00pm

Weekly Camp Fees: Resident \$165 weekly rate Non-resident \$198 weekly rate

Extended Care Hours: 7:30 – 5:30pm

Extended Care Fees: Resident \$44 weekly rate Non-resident \$53 weekly rate

Location: Crossroads Community Center

Water Sports Extravaganza

#66327 June 25–June 29 ~ #66340 Extended Care

Basketball

#66328 July 9–13 ~ #66341 Extended Care

SCORE Sports

#66329 July 16–20 ~ #66347 Extended Care

Wet n' Wild

#66330 July 23–27 ~ #66353 Extended Care

Multi-Sport Extravaganza

#66331 July 30–August 3 ~ #66359 Extended Care

Water, Water & More Water

#66332 August 6–10 ~ #66365 Extended Care

Sports FANatic

#66333 August 13–17 ~ #66371 Extended Care

Land & Water Sports

#66334 August 20-24 ~ #66377 Extended Care

For a more detailed description of each camp, visit MyParksandRecreation.com

YOUTH HEALTH & FITNESS

Youth Health & Fitness programs - Bellevue Skate Parks, Youth Sports & Fitness and the TRACKS Outdoor Initiative, provides opportunities for children, youth and teens to improve their health, reduce their risk of obesity, expand their knowledge of the environment and develop athletic and social skills through participation in indoor and outdoor activities. These introductory non-competitive activities are offered through a full spectrum of camps, clinics, leagues and drop-in activities.

Mini Sports Stars Summer Day Camp (Ages 4-6)

Mini Sports Stars Summer Day Camp helps children explore the fun sports of t-ball, basketball, soccer, arts and crafts and much more in a day camp program setting. This summer camp is specially designed to develop basic motor skills, teaching age appropriate fundamentals and teamwork. Coaching staff are trained to meet the special needs of young children and are committed to helping children start off on the right foot in their first steps as athletes.

Hidden Valley House/Park

9am - Noon

Resident \$100	Non Resident \$120
#65619	June 25 – 29
#65620	July 2 – 3 & 5 - 6
<i>(This course only: Resident \$80 Non Resident \$96)</i>	
#65621	July 9 – 13
#65622	July 16 – 20
#65623	July 23 – 27
#65624	August 30 – August 3
#65625	August 6 – 10
#65626	August 13 – 17
#65627	August 20 – 24
#65628	August 27 - 31



Register today

425.452.6885

or

MyParksandRecreation.com

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