

洪拳功夫

Hung Gar Kung Fu



- Training with a Purpose!
- Learn strong stances that generate power!
- Learn hand and weapon forms!
- Learn the history and cultural aspects!
- Earn certificates of completion!

Monthly sessions at South Bellevue Community Center:

2-Day option: Mon/Wed, 5:30-6:45pm \$60 (Res) \$72 (Non-res)

3-Day option: Mon/Wed/Fri 5:30-6:45pm \$75 (Res) \$90 (Non-res)

All levels welcome (Ages 10+)



A popular martial art from southern China, Hung Gar Kung Fu is a fun way to develop better physical fitness, concentration and coordination. This is a great class for families and individuals of all levels. **Register now at Front Desk or at www.ParksReg.CityofBellevue.org**



Bellevue Parks & Community Services