CLASSES:

Barre
Boot Camp with Karie
Indoor Cycling
Parkour
Pilates
Purna Yoga
Post-Rehab Strength & Conditioning
Strong & Fit
Total Body Fitness
Yang Style Tai Chi
ZUMBA®
Many other classes also available

Bellevue Parks & Community Services

MyParksandRecreation.com

Wheelchair accessible. American Sign Language (ASL) or other interpretation available upon request. Assisted listening devices available. Call at least 48 hours in advance for any request. 425-452-6884 or Relay Service 711.

City of Bellevue
Parks & Community Services
PO Box 90012
Bellevue, WA 98009-9012

Boot Camp, Indoor Cycling, Parkour, Pilates, Purna Yoga, Strong & Fit, ZUMBA® classes, and more…

Fitness Classes

SOUTH BELLEVUE
COMMUNITY CENTER

a partnership for a healthy community

BOYS & GIRLS CLUBS OF BELLEVUE

14509 SE Newport Way
Bellevue, WA 98006
425-452-4240
www.bellevuewa.gov
www.myparksandrecreation.com

BEST BUY!

Session/Monthly Rates

Signing up for classes by the session or month is always the best value. Register online at myparksandrecreation.com or in person. View the Connections brochure at www.bellevuewa.gov.

NEED SOME FLEXIBILITY?

Flex Card Rates

Designed for participants needing more flexibility. Purchase a 5-class pass valid for the trimester.

(Jan-Apr, May-Aug, Sept-Dec)

Class	Resident	Non-Resident
Barre	$72	$86
Boot Camp	$60	$72
Cycle/Stretch	$42	$51
Indoor Cycling	$40	$48
Pilates	$63	$76
Purna Yoga (all)	$72	$86
Strong & Fit	$41	$50
Total Body Fitness	$52	$63
ZUMBA®	$40	$48

Drop-In Rates

Many of our fitness classes can be attended on a drop-in, space available basis for maximum flexibility.

Class	Resident	Non-Resident
Boot Camp	$13	$15.50
Cycle/Stretch	$9	$10.50
Indoor Cycling	$9	$10.50
Pilates	$14	$16.50
Purna Yoga (all)	$15.50	$18.50
Strong & Fit	$9	$10.50
Total Body Fitness	$11.50	$14
Yang Style Tai Chi	$13	$15.50
ZUMBA®	$9	$10.50

ENHANCED BENEFITS!

ePass (Monthly EFT*) & Annual Fitness Center Pass Holders Enjoy the Following:

1. Free Sample Pass ($95.50 value) to attend: Boot Camp, Indoor Cycling, Pilates, Purna Yoga, Strong & Fit, Total Body Fitness, Yoga for Adults 50+ and ZUMBA® once for free.
2. 25% off the session price for the 8 classes listed.

FREE FOR ALL

Try these classes free your first time:

Barre, Cycle/Stretch, Indoor Cycling, Parkour, Post-Rehab Strength & Conditioning, Total Body Fitness, ZUMBA®

** Electronic Funds Transfer*

ENJOY EXERCISING WITH A FRIEND?

Bring-a-Friend Discount

Get a friend to register with you for any of the 8 fitness classes listed in the enhanced benefits section and receive a 25% discount on your next session. Details available at the front desk.

See the Connections brochure and South Bellevue Community Center website at www.bellevuewa.gov for information on additional class offerings.