

January through
April 2012

CONNECTIONS



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**Bellevue Parks &
Community Services**
425-452-6885



MyParksAndRecreation.com
a service of cityofbwa.net



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FACILITY ADDRESSES AND PHONE NUMBERS QUICK FIND

RECREATION REGISTRATION 425-452-6885

FACILITY & FIELD RENTALS..... 425-452-6914

ADULT SPORTS LEAGUES, Bellevue City Hall, 450 - 110th Ave NE 425-452-4479

BELLEVUE AQUATIC CENTER, 601 - 143rd Ave NE 425-452-4444

BELLEVUE BOTANICAL GARDEN, 12001 Main ST..... 425-452-2750

BELLEVUE GOLF COURSE, 5450—140th Ave NE..... 425-452-7250

BELLEVUE YOUTH THEATRE, 16661 Northup WY 425-452-7155

COMMUNITY GARDENS, SE 16th ST near 156th Ave SE..... 425-452-7225

CROSSROADS COMMUNITY CENTER, 16000 NE 10th ST..... 425-452-4874

CROSSROADS GOLF COURSE, 15801 NE 15th ST 425-452-4873

HIGHLAND COMMUNITY CENTER AND PARK, 14224 NE Bel-Red RD
Adaptive recreation for people with disabilities and general programs..... 425-452-7686

KELSEY CREEK COMMUNITY FARM PARK, 410 - 130th PI SE..... 425-452-7688

LAKE HILLS GREENBELT RANGER STATION, 15416 SE 16th ST 425-452-7225

LEWIS CREEK VISITOR CENTER, 5808 Lakemont BLVD..... 425-452-4195

MERCER SLOUGH ENVIRONMENTAL EDUCATION CENTER, 1625 118th Ave SE..... 425-452-2565

Pacific Science Center 425-450-0207

NORTH BELLEVUE COMMUNITY CENTER, AGING SERVICES, 4063—148th Ave NE
General Programs/Rental Inquiries 425-452-7681

NORTHWEST ARTS CENTER, 9825 NE 24th ST
Program Registration & Information 425-452-6046
Rental Information 425-452-7150
Community Events Office 425-452-4106

PARKS ADMINISTRATION, Bellevue City Hall, 450 - 110th Ave NE..... 425-452-6885

ROBINSWOOD HOUSE 425-452-7850

ROBINSWOOD TENNIS CENTER, 2400—151st PL SE..... 425-452-7690

SKATE PARK, 14224 NE Bel-Red Rd 425-452-2722

SOUTH BELLEVUE COMMUNITY CENTER, 14509 SE Newport Way 425-452-4240

TEEN SERVICES, City Hall, 450 - 110th Ave NE..... 425-452-2846

WINTERS HOUSE, 2102 Bellevue Way SE..... 425-452-2752

YOUTH SPORTS, Bellevue City Hall, 450 - 110th Ave NE..... 425-452-6885



Bellevue Parks & Community Services

PO Box 90012
Bellevue, WA 98009-9012

Bellevue City Council

Don Davidson, Mayor

Conrad Lee, Deputy Mayor
John Chelminiak
Jennifer Robertson

Claudia Balducci
Grant Degginger
Kevin Wallace

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Sherry Grindelund, Vice Chair
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Faith Roland
Kathy George
John Stokes
Mark Van Hollebeke



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FOOD & REFRESHMENTS

Programs listed in this brochure may include a food or beverage refreshment. Please contact the your Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

CITY OF BELLEVUE TAX ID NUMBER: 91-6007020

This information will be provided in alternate formats for individuals with disabilities upon request. We invite everyone's participation. Please provide two weeks advance notice for special needs requests. Assistance for the Deaf and Hard of Hearing can be provided through the 711 Telecommunications Relay Service.



On the Cover: Annie enjoys a snow day, photo by Colin Walker. **Photographers:** Judi Hagen, Colin Walker, Dot Long. **Editor:** Colin Walker.



QUESTIONS OR COMMENTS?

Every effort is made to ensure that the information in this catalog is accurate at the time of publication. Because policies, personnel, and funding can change, Bellevue Parks & Community Services reserves the right to add or withdraw programs and to amend, revise, or modify any provision printed in this brochure.

You are encouraged to visit www.myparksandrecreation.com for the most up-to-date information. We're always interested in knowing how we can make this publication better — contact Colin Walker, cwalker@bellevuewa.gov, or call 425-452-6885.

INCLEMENT WEATHER POLICY

In the event of inclement weather the City of Bellevue Parks & Community Services Department will make every effort to clearly communicate the status of facilities and programs, scheduled special events, and rentals. Administration will make an operational decision based upon the safety of participants and employees and the ability to appropriately staff programs and facilities.

As a general rule, if the Bellevue School District is closed due to a weather event all Parks & Community Services Department classes and programs will be cancelled for the entire day. If the Bellevue School District is on a delayed schedule, then call the facility for an updated status report. Select facilities may be open for drop-in activities at a modified level.

If you are unable to reach the facility, then call the Parks & Community Services Department general information number at 425-452-6885. Inclement weather can effect park use and trail conditions. Please use caution when visiting parksites during poor weather as trails and other park facilities may become wet and slippery. Park trails may also be closed.

YOUR GOAL: EXPLORE, LEARN, PLAY OUR GOAL: MAKE IT EASY!



**SAME GREAT CLASSES,
OR NEW OPPORTUNITIES
— YOU CHOOSE!**

On one easy-to-use website, you can now find the same great class you took last time, search for new classes, or explore all of our region's parks and trails.

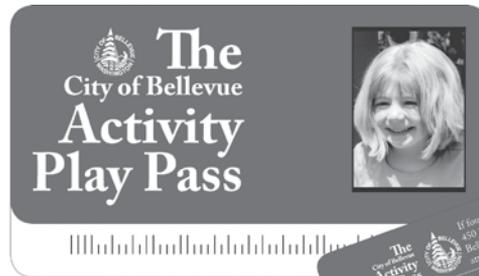
This site has it ALL!

MyParksandRecreation.com

Over 3000 recreation programs,
300 parks, 9 local cities, ONE website

MyParksandRecreation.com

Things to Do: Register for Classes Places to Go: Parks Information



Your pass to all your favorite drop-in activities.

*Play what you want
where you want.*



For more information contact
parksweb@bellevuewa.gov
425-452-6885

Special Events



SPECIAL EVENT VOLUNTEERS NEEDED:

KELSEY CREEK SHEEP SHEARING

Saturday, April 28 • 10am-5pm

We are seeking energetic, fun teens to assist with children's activities at this annual Kelsey Creek Farm special event. Volunteers must be able to follow directions, be comfortable in crowds and be on your feet in all types of weather. This is a great way to earn your community service hours. Volunteers must pre-register for course #59850. No day of event registrations will be accepted. Volunteers must be 14 years old & must be enrolled in high school date of event. Questions? E-mail kelseycreekfarm@bellevuewa.gov, or call the Farm Office at 425-452-7688.

HILLTOP HOLIDAY CRAFTS FAIR

Volunteers are needed for Hilltop Craft Fair. This is a great way to earn community service hours or just want to gain experience in working an event. Volunteers are a valuable aspect of the crafts show as they assist the event supervisor at the completion of the fair. All volunteers must be at least 14 years of age. All volunteers must pre-register for course #59255. Questions? Email nwac@bellevuewa.gov or call 425-452-4106.

SPECIAL EVENTS

KELSEY CREEK SHEEP SHEARING

Watch the sheep being shorn of their winter coats. Enjoy spinning demonstrations, children's crafts and activities, tractor/wagon rides, pony rides, food, animal viewing areas and more. Please note: no pets allowed in the barnyard areas. For more information, call 425-452-7688 or email kelseycreekfarm@bellevuewa.gov. Seeking event volunteers. Email kelseycreekfarm@bellevuewa.gov or call 425-452-7688.
WHEN: Saturday, April 28, 11am-4pm

WHERE: Kelsey Creek Farm Park
410 - 130th PL SE
Free shuttle service available
Wilburton Park & Ride
720-114th Ave SE
Bannerwood Sports Park
1630 132nd Ave SE

AGES: All

COST: No entrance fee. Costs vary for food & activities. (Sorry, no ATM on site & we cannot accept charge cards.)

MARCH MANIA PLANT SALE

March 10, 10 am– 2 pm, at Bellevue Botanical Garden Visitor Center, 12001 Main Street, Bellevue. This unique sale kicks off the local plant sale season. The show has evolved from its humble beginnings nine years ago into a successful event with a long line of gardeners waiting for the sale to begin. The sale is known for its unique specialties, spring ephemerals and treasures not readily found elsewhere. Admission is free. For more information, visit www.n-p-a.org

HUA YUAN CHINESE FLORAL ART EXHIBIT

The exquisite floral arrangements created by members of the Hua Yuan School of Chinese Floral Art will be on display at the Bellevue Botanical Garden Visitor center. For more information, call 425-452-2750.

WHEN: April 21-22, 10am-4pm

WHERE: Bellevue Botanical Garden,
12001 Main Street

AGES: All

COST: FREE

More events listed on the
Bellevue Parks & Community
Services Online Events Calendar

Visit www.bellevuewa.gov/COBCalendar/
or
http://www.bellevuewa.gov/recreation_events_intro.htm for more information.



March Mania Plant Sale

Lift your holiday spirit at these exciting holiday events!



Garden d'Lights at the Bellevue Botanical Garden
See page 60 or visit www.GardenDLights.org for more information.



Hilltop Holiday Crafts Fair

Northwest Arts Center • November 29-December 3

Many new vendors this year! Lift your holiday spirit — come and enjoy a delightful, unique, whimsical, one-of-a-kind craft show featuring thousands of hand-crafted items from over 80 selected Northwest crafters. It's not your ordinary craft show.

For crafter application or information, call 360-668-1987 or email hilltop.crafts@frontier.com. You can also contact Northwest Arts Center at 425-452-4106 or email NWAC@bellevuewa.gov.

Crossroads Holiday Events

Crossroads Community Center will host a number of holiday events for our neighbors in need. Call 425-452-4874 for more info.

Thanksgiving Dinner • November 22

A free Thanksgiving dinner is provided for our neighbors in need. Come early to enjoy holiday arts and crafts at 5:30pm. Dinner is served at 6pm. This event is co-sponsored by the Aldersgate Methodist Church.

Holiday Party • December 13

Bellevue infants, youth, and teens in need can visit Santa and Mrs. Claus! Enjoy entertainment and refreshments and receive a gift. Must be present to receive a gift. Must be in high school if 18. Free event for Bellevue families in need.

KidsCare Coat Drive

Contact Patrick Alina, PALina@bellevuewa.gov, or 425-452-5254, for more information on this event.



Seattle Civic Christmas Ships

Join us on shore to welcome the Seattle Civic Christmas Ship this December. There will be a beach fire at Newcastle and Meydenbauer Beaches.

Newcastle Beach Park: December 2, 8:50pm

Meydenbauer Beach Park: December 20, 7:45pm



Courtesy Seattle Municipal Archives - 133488

BELLEVUE AQUATIC CENTER

Pool Schedule • Valid January 2 through February 29, 2012

Contact Bellevue Aquatic Schedule for most current schedule. All times subject to change.



Blue Lagoon Lap Pool

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00-9:00	Aquarobics Lap Swim	Lap Swim	Aquarobics Lap Swim	Lap Swim	Aquarobics Lap Swim	Special Olympics Lap Swim	
9:00-12:00	Open & Lap Swim					Lessons 9:00-Noon	Lessons 9:00-Noon
12:00-1:00	Lap Swim Deep Wtr Ex Masters (4 lanes)	Lap Swim	Lap Swim Deep Wtr Ex Masters (4 lanes)	Lap Swim Masters (4 lanes)	Lap Swim Deep Wtr Ex Masters (4 lanes)	Lap swim 8:00-12:00 Deep Wtr Ex 10 - 11 am	Lap Swim 9:00-Noon
1:00-3:00	Open & Lap Swim	MS Assoc 1-2pm Lap Swim	Open & Lap Swim	Open & Lap Swim	Open (except 4th Friday of month)	12:00-2:00 Open Swim	
3:00-5:00	High School Swim Team practice BAC Lessons						
5:00-7:00	Lessons Chinook Deep Wtr Ex 6-7 pm	Lessons Chinook Aquarobics 6-7 pm	Lessons Chinook Deep Wtr Ex 6-7 pm	Lessons Chinook Aquarobics 6-7 pm	Chinook		
7:00-8:00	Open & Lap swim	Open Laps(1 Lane) Scuba (1 Lane)	Open & Lap swim	Open Laps(1 Lane) Scuba (1 Lane)	Open & Lap Swim	2:00-4:00 Pool Rentals	2:00-4:00 Pool Rentals

Discount swim times Monday through Saturday before 10am and Wednesdays 7-8pm

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00-9:00	Water Motion Class	Adult & Therapy	Water Motion Class	Adult & Therapy	Water Motion Class	Adult & Therapy	
9:00-10:00	Water Motion Class	Open & Therapy 9 - 11 am	Water Motion Class	Open & Therapy 9 - 11 am	Water Motion Class	Lessons 9:00 AM Noon	Lessons 9:00 AM Noon
10:00-11:30	Lessons Adult & Therapy	Adult & Therapy 11 - 2:30	Lessons Adult & Therapy	Ai Chi 11-12 pm	Adult & Therapy 10 - 1 PM		
11:30-12:30	Water Motion	Body Tune-up	Water Motion	Adult & Therapy		12:00-2:00 Open & Therapy	
12:30-2:30	Open & Therapy	12-1 Deep End	Open & Therapy	12-2:30	Open & Therapy		
2:30-4:00	Adult & Therapy	Open & Therapy	Adult & Therapy	Open & Therapy	Adult & Therapy		
4:00-7:00	Swim Lessons					Highland 4-5 pm	
7:00-8:00	Open & Therapy	Adult & Therapy	Open & Therapy	Adult & Therapy	Therapy 5:00-8:00		

Warm Springs Therapy Pool

Blue Lagoon (Lap Pool):

During Gray shaded times, pools are open only for those participating in the activities listed. Children under the age of 6 or under 48" in height, must be accompanied by an adult and be within an arm's length distance at all times.

Warm Springs (Warm Therapy Pool):

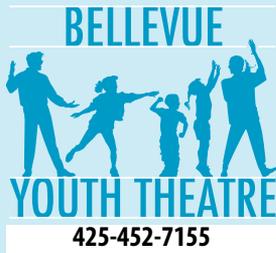
Children must be accompanied by an adult in the water and be within an arm's length distance at all times. One adult may accompany a maximum of two children. The general public may use the pool during Open Rehab swims, but Therapy patients have priority: you may be asked to relocate to the Blue Lagoon pool. During shaded times the pool is open only for those participating in the activities listed. Lanes will not be sectioned off during "Open & Rehab" times, except for City of Bellevue private lessons. *Therapy Rehab is available for adults, therapy patients, and private lessons.

Important Aquatic Center Information



Celebrating 20 Years

The Bellevue Youth Theatre program was founded in 1990 in the Crossroads area of Bellevue as an outreach program for disenfranchised youth. With proud roots as a recreational performing arts center, it has grown to serve youth, families, persons with disabilities and seniors not only in Bel-



levue but in other Eastside communities as well.

The theatre presents 10 performances throughout the year, offering opportunities targeted for youth ages 11 to 19, while including other community members of all ages. Separate workshop and day camp programs are also offered.

Annual involvement in the program has grown to include more than 900 individuals and more than 10,000 performance attendees.

Today the Bellevue Youth Theatre is a place where skills are learned, talents are discovered, creativity is expressed and community is strengthened. Most importantly, it is a place where everyone has a role.

The Frog Prince - Performs at BYT

This is a charming story about an unlikely romance between an enchanted frog and a princess. Hilarity ensues as the frog races against a curse to win the heart of a reluctant princess. This show is appropriate for all ages.

Friday, November 11 & 18	7pm
Saturday, November 12 & 19	7pm
Saturday, November 19	2pm
Sunday, November 13 & 20	2pm

A Christmas Carol - Performs at Meydenbauer

A traditional retelling of A Christmas Carol by Charles Dickens, BYT style. We follow Ebenezer Scrooge as he is unwillingly taken through his past, present and potential future. An ultimately uplifting tale with music and dance that will leave you ready for the holiday season.

Friday, November 25	7pm
Saturday, November 26	2pm and 7pm
Sunday, November 27	2pm

How the Penguins Saved Santa Claus

Performs at BYT

Come and share the magic and laughter of the holiday season as a group of misfit penguins race against the clock to save Santa. The whole family will enjoy this offbeat tale of Santa who needs some big help from some little friends. Fun for everyone and appropriate for all ages.

Friday, December 2 & 9	7pm
Saturday, December 3 & 10	7pm
Saturday, December 10	2pm
Sunday, December 4 & 11	2pm

Merry Fairy Tales

Performs at BYT

\$10 advanced/\$12 beginning March 19/
Saturday matinee price: \$5

An irreverent look at the classic fairy tales told in this original fun script. Classic characters from different fairy tales find themselves all mixed up in this delightful story. It brings fun and happiness to the whole family.

Friday, March 23 & 30	7pm
Saturday, March 24 & 31	7pm
Saturday, March 31	2pm
Sunday, March 25 & April 1	2pm

Grease, Jr.

Performs at Meydenbauer

\$12 advanced/\$14 beginning April 16
This is the Broadway musical that is suitable for the entire family. All the great songs that you know performed by the talented youth of the Bellevue Youth Theatre. Come enjoy this Broadway musical in the comfort of the Theatre at Meydenbauer.

Thursday, April 19	7pm
Saturday, April 21	2pm & 7pm

TICKET PRICES

	Performs At... BYT	Meydenbauer
Advance Purchase	\$10	\$12
Week of Show Open	\$12	\$14
Saturday Matinee	\$5	\$5

No \$5 tickets for *Grease* or *Grease, Jr.*

BYT Ticket FAQs

Do I need to purchase a ticket for my baby/toddler?

You do not need to purchase a ticket for your baby/toddler if you are planning to hold him/her in your lap. If you need a seat for your child, you will be required to purchase a ticket.

Do you offer group discounts?

Yes. Tickets will be reduced by \$2 per ticket for groups of 10 or more. You must purchase the tickets for the same performance in order to qualify for a group discount. Note: you cannot exchange these tickets for another show date unless you exchange ALL of them at one time. For example, you cannot exchange two tickets for another date and keep eight for the original show date. In order to get the group discount, all 10 or more tickets must be for the same date and time. Not group discounts available for \$5 tickets.

What is your refund/exchange policy?

There are no refunds once purchased. All sales are final. You may exchange your tickets, pending availability, for another performance of the same show. We will exchange your tickets at no charge to you. Exchanges must be made in person (with the tickets to be exchanged), and must be made at least 24 hours before the performance date. There can be no exchanges on the day of the show. The Box Office does not buy back unused tickets or refund tickets.

Do you offer senior/child discounts?

No. All tickets are the same price regardless of age.

My friend bought tickets for a show. Can I be seated next to her?

Seating is assigned unless otherwise indicated. In order to be seated with your friends/family, tickets must be purchased together. We will make every attempt to seat you near your friend's seats.

Donating your tickets.

If you cannot attend your performance and do not wish to exchange your tickets, you may donate them for tax credit. Simply return your tickets in person or by mail to the BYT Ticket Office before the scheduled performance.

What if I am late to a performance?

Late seating is often disruptive to audience members; therefore, we cannot seat you once the show has started. You will be seated during intermission. If your seating assignment is easily accessible, we may attempt to seat you during a scene break. Seating after the show has started is at the discretion of the Box Office.

Inclement Weather Policy

If a performance takes place, despite weather conditions, Bellevue Youth Theatre will not issue refunds to patrons who did not attend. When in doubt, call 425-452-7155 to confirm a performance.

Winter weather storms can hit at any time.

Prepare **before** storm disasters occur by getting winter weather ready **now**. Be prepared to take care of yourself and those around you for **at least three days**. Use this checklist as a guide to get started. Visit www.TakeWinterByStorm.org for more information, checklists and how-to guides.



Courtesy of
**Bellevue Office of
Emergency Management**

Build a three-day emergency preparedness kit with essentials for family and pets — kits should be portable and ready to go in the case of evacuation

- | | |
|--|---|
| <input type="checkbox"/> Water: one gallon of water per person, per day, for at least three days (for drinking and sanitation) | <input type="checkbox"/> Rain ponchos for each family member |
| <input type="checkbox"/> Food: at least a three-day supply of non-perishable, ready to eat food and a can opener | <input type="checkbox"/> Personal hygiene supplies (toothbrush, paste, sanitary napkins, soap, towel...) |
| <input type="checkbox"/> Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both | <input type="checkbox"/> Copies of important documents, placed in a water proof container/bag <ul style="list-style-type: none">• Copy of your drivers license and/or birth certificate• Bank account information• Insurance cards/policy numbers/insurer contact information |
| <input type="checkbox"/> Flashlight and extra batteries | <input type="checkbox"/> Cash (bank machines may not be functional) |
| <input type="checkbox"/> First aid kit | <input type="checkbox"/> Extra set of house keys |
| <input type="checkbox"/> Emergency Contact Card | <input type="checkbox"/> Prescription medications (seven-day supply suggested) |
| <input type="checkbox"/> Multi-purpose tool | <input type="checkbox"/> Pet supplies (food, water, blanket, medications) |
| <input type="checkbox"/> Whistle to signal for help | <input type="checkbox"/> Children/baby supplies (coloring book/crayons, diapers/wipes, formula, baby food) |
| <input type="checkbox"/> Antiseptic towelettes, garbage bags and plastic ties for personal sanitation | |
| <input type="checkbox"/> Dust mask, to help filter contaminated air | |
| <input type="checkbox"/> Cell phone with chargers (car charger recommended in the event of power outages) | |
| <input type="checkbox"/> Thermal emergency blankets | |

** Always double-check expiration dates and update your emergency preparedness kit every 6 months. Use daylight savings dates as a reminder to double-check your kit.*

Other items to have on hand at your home or place of work or school

- | | |
|--|---|
| <input type="checkbox"/> Emergency Contact Card | <input type="checkbox"/> Snow shovel and salt to remove snow and ice from pathways for your safety and the safety of others |
| <input type="checkbox"/> Instructions and tools to turn off gas, electricity and water | <input type="checkbox"/> Outdoor faucet covers and/or insulation to wrap outdoor faucets to protect them from freezing |
| <input type="checkbox"/> Plastic sheeting and duct tape to shelter-in-place | <input type="checkbox"/> Camping stove and fuel (for outdoor use only) |
| <input type="checkbox"/> Warm blankets | <input type="checkbox"/> Firewood and water-proof matches (for outdoor use only) |
| <input type="checkbox"/> Fire extinguisher | <input type="checkbox"/> Water purification equipment |
| <input type="checkbox"/> Carbon monoxide detector | <input type="checkbox"/> Medical supplies (hearing aids with extra batteries, glasses, contact lenses and solution, syringes, cane) |
| <input type="checkbox"/> Utilities contact information easily accessible in case of downed power line or flood water | <input type="checkbox"/> Two-way radios and extra batteries |
| <input type="checkbox"/> Rake to remove fallen leaves and debris away from storm drains to prevent street flooding | |

Specific items to include in your vehicle

- | | |
|---|--|
| <input type="checkbox"/> Emergency Contact Card | <input type="checkbox"/> Preparedness kit with first aid supplies |
| <input type="checkbox"/> Flares | <input type="checkbox"/> Small shovel and traction aides (sand, litter, chains) when freezing weather and snow is forecasted |
| <input type="checkbox"/> Warm clothing and sturdy walking shoes | <input type="checkbox"/> Local maps with pre-determined evacuation routes identified |
| <input type="checkbox"/> Warm blankets | |
| <input type="checkbox"/> Rain ponchos | |





10-day Registration Preference for Bellevue Residents • Registration Begins November 7, 2011

MAIL-IN/FAX/WALK-IN REGISTRATION

Mail completed registration forms to:
Bellevue Parks Registration; PO Box 90012; Bellevue, WA 98009-9012
or FAX to 425-452-2910.

Registration forms may be dropped off at Bellevue City Hall or any recreation facility during normal business hours. *Walk-in registration forms will be placed in queue.*

Non-resident registrations are not accepted prior to the first day of non-resident registration. Registrations received from non-Bellevue residents will be accepted, beginning November 16, 2011.

PHONE-IN

Telephone
Registration
begins
November 21,
2011.

Registration Policies

Registration Priority: The City of Bellevue is committed to providing a wide range of recreation activities for Bellevue residents. Therefore, the City gives a ten calendar day registration preference for those residing within the Bellevue city limits. Non-residents are welcome to take part in recreation programs on a space-available basis. Non-resident registrations are not accepted prior to the first day of non-resident registration. On this day, mailed and faxed registrations will be accepted Monday-Friday 8-5 at Bellevue City Hall, online at MyParksAndRecreation.com, or during normal operating hours at other program sites.

Due to an interlocal agreement with King County, all registrations for programs at South Bellevue Community Center are processed in the order received.

Registration Confirmation: Confirmation notices are mailed after registration has been processed.

Payment: Payment is accepted in Cash, checks, or Visa/MasterCard only. Payment for all programs except day camps is due in full at the time of registration. **Scholarship application is required prior to registration.**

General Recreation Programs and Mini-Camps: Payment is due at the time of registration. Scholarship application is required prior to registration if paying with scholarship.

Day Camps: Each Day Camp requires a \$35 non-refundable deposit, per participant, per camp, at the time of registration, and will be applied toward the final amount due. Payment in full is due for the first two (2) camps at the time of registration. Payments for subsequent camps are due fourteen (14) calendar days prior to the first day of the session.

Credit Card: Include credit card number and expiration date on registration form.

LARGE PRINT: *Copies of the Connections are available upon two business days request at Bellevue Parks & Community Services Office.*

Adaptive Recreation Programs - 425-452-7686

Registration Form is found on pages 53. Please use this form when registering for Specialized Recreation classes.

Audio-tape: A loan copy will be available upon request within 48 hours notice from the Bellevue Parks & Community Services Office. We advise individuals to request specific sections of the Community Services Brochure so that information will be functional to the listener.

Readers: Are available over the phone or in person from any program area. Call the appropriate program office and a staff person will read the requested sections.

ADA: The City will provide reasonable accommodations. This information will be provided in alternate formats for individuals with disabilities upon request. We invite everyone's participation, please provide two weeks advance notice for special needs requests. Assistance for the Deaf and Hard of Hearing can be provided through the 711 Telecommunications Relay Service. For Bellevue Parks & Community Services programs please contact Kim Indurkar, Inclusion Coordinator 425-452-7686.

RESIDENT DEFINITION:

A resident is defined as anyone living within the jurisdictional boundary of the City of Bellevue as determined by City records. If you have any question as to whether you are within the jurisdictional boundary of the City of Bellevue, please contact the Development Services Department's Land Use Division at 425-452-4188.

EQUAL OPPORTUNITY STATEMENT:

The U.S. Department of the Interior strictly prohibits discrimination on the basis of race, color, national origin, age or handicap in its federally-assisted programs and activities. If anyone believes he or she has been discriminated against in a Bellevue Parks & Community Services program, activity or facility, he or she may file a complaint alleging discrimination with Bellevue Parks & Community Services or the Office for Equal Opportunity, U.S. Department of the Interior, Washington, D.C., 20240.

The City of Bellevue prohibits sex discrimination in the operation or administration of community athletics programs for youth or adults. Third parties who receive leases or permits from the City of Bellevue for a community athletic program are also prohibited from discriminating on the basis of sex. In addition, the City of Bellevue does not discriminate on any other basis provided by Federal or State law. If you have questions or wish to file a complaint, contact Jon Wilson at JWilson@bellevuewa.gov, or 425-452-4278.



10-day Registration Preference for Bellevue Residents • Registration Begins November 7, 2011

For more information please call 425-452-6885 • FAX: 425-452-2910

See **Registration Steps** Page 9.

Mail completed form to: Bellevue Parks Registration ; PO Box 90012; Bellevue, WA 98009-9012 • Make checks payable to City of Bellevue

Please Print

Adult Last Name _____ First _____ Date of Birth _____

Street Address _____ City _____ State _____ ZIP _____

E-Mail Address _____

I do not wish to receive updates from Bellevue Parks & Community Services via email.
NOTE: If you check this box, you will not be notified of future registration opportunities by email.

(_____) (_____) _____

Work Phone _____ Home Phone _____



Sign up to receive e-alerts via email!

Visit www.bellevuewa.gov and click on the e-Alerts icon for options and available lists.

Participant's Name	Use Scholarship?*	Date of Birth	M/F	Class Number	Class Title	Fee	Alternate Class No.
	<input type="checkbox"/>					\$	
	<input type="checkbox"/>					\$	
	<input type="checkbox"/>					\$	
	<input type="checkbox"/>					\$	
	<input type="checkbox"/>					\$	

Donation \$ _____ Designated area: _____ (we will contact you for clarification if needed)

Request for Accommodations: _____

*For scholarship information, call 425-452-6885, or see page 11.
Scholarship applications must be approved prior to registration.

Payment Details Payment due in full at time of registration

Payment Method

Check D.D.D. (send to Highland)

Credit Card Total Fee: \$ _____



Card Number _____

Expiration Date _____

Non-resident registrations are not accepted prior to the first day of non-resident registration. Registrations received from non-Bellevue residents will be accepted, beginning November 16, 2011.

Mail completed form to:

Bellevue Parks Registration; P.O. Box 90012; Bellevue, WA 98009-9012

CAUTION! PLEASE READ CAREFULLY. WAIVER OF LIABILITY/RELEASE.

To the extent provided by law, in consideration of myself and/or my child(ren) being allowed to use City of Bellevue Parks & Community Services facilities and/or participate in City-sponsored activities, I assume all risks, including risk of injury or death, associated with my or my child(ren)'s use of said facilities and/or participation in said activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to waive and release any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facilities or participation in City-sponsored activities. I acknowledge that I have carefully read this Waiver of Liability and fully understand that I am waiving any right that I may have to bring a legal action to assert a claim against the City of Bellevue for negligence.

PHOTO/VIDEO RELEASE: I give my permission to have photos and/or video recordings taken of me or my child(ren) for publicity purposes during City of Bellevue activities even though we will not receive compensation of any kind for appearing in such photos or video recordings. I have read, understood, and voluntarily accepted the conditions of the Waiver of Liability/Release and the Photo Release printed above. If you wish to waive the photo release, please contact the main office at 425-452-6885 or Parksweb@bellevuewa.gov.

Participant or Parent/Guardian Signature _____ Date _____

Printed Name: _____

Registration NOT VALID without signed waiver.



It is the policy of Bellevue Parks & Community Services to make program opportunities available to all interested people, regardless of income. We provide scholarships to those who might not otherwise be able to participate. Scholarships may be granted for the entire class fee or may provide a percentage discount, depending on individual circumstances. All information will remain confidential.

To be eligible for a scholarship **you must reside within the city limits of Bellevue** and meet the family size/yearly income requirements. Applicants meeting the eligibility guidelines are awarded up to \$350 per person, per year. Eligible residents will be **required to provide proof of identification, residency, and income.** Copies of your original income and residency verification documents should be attached to the completed application, and will not be returned. Scholarship applications must be approved prior to registration.

ACCEPTABLE FORMS OF BACK-UP INFORMATION — ATTACH TO SCHOLARSHIP APPLICATION:

Proof of identity: driver's license, ID card, or passport. **Proof of residency:** utility bill or rental lease agreement.

Proof of income: most current tax return, most current paycheck stub, DSHS check stubs, SSI statement.

A scholarship application alone does not register the participant, nor does it reserve space in a program. Registrations are processed in the order received. You will be notified once your application for scholarship has been reviewed.

Parent/Guardian First Name	Parent/Guardian Last Name	Date of Birth	Male/Female
Family Member First Name	Family Member Last Name	Date of Birth	Male/Female

Address: _____
 City: _____ State: _____ ZIP Code: _____
 Phone: (Work) _____ (Home) _____
 E-Mail Address: _____

Please Indicate:
 Family Size: _____

Yearly Income (Before Taxes):
 \$ _____

HOUSEHOLD SIZE	1	2	3	4	5	6	7	8
Full Scholarship	\$14,157	\$19,123	\$24,089	\$29,055	\$34,021	\$38,987	\$43,953	\$48,919
3/4 Scholarship	\$17,152	\$23,162	\$29,185	\$35,202	\$41,218	\$47,235	\$53,251	\$59,268
1/2 Scholarship	\$20,147	\$27,214	\$34,281	\$41,348	\$48,415	\$55,482	\$62,549	\$69,616

Example: If your family size is two and your income is \$19,123 or less you are eligible for a full scholarship.

Source: USDA Food & Nutrition Services Child Nutrition Programs - Income Eligibility Guidelines.

If your income exceeds these guidelines please briefly describe your personal circumstances:

I certify that the above information is correct to the best of my knowledge. I reside within the city limits of Bellevue, and I understand that any additional fees (i.e., supply fees, late fees for Day Camp Programs) are my own responsibility.

Signature: _____ Date: _____

Office Use Only: Date _____ Yr _____	Approved By (Print): _____ Initial: _____
<input type="checkbox"/> Approved <input type="checkbox"/> Denied <input type="checkbox"/> Exception	Comments: _____
Circle One: 50% 75% 100%	_____
Staff: _____	_____ <input type="checkbox"/> ID <input type="checkbox"/> RES <input type="checkbox"/> INC

AQUATICS

Bellevue Aquatic Center

Phone: 425-452-4444

Fax: 425-452-6100

Physical Address: 601 - 143rd Avenue NE

Mailing Address: PO Box 90012,

Bellevue, WA 98009-9012

SWIM RATES

Drop-In Fees

Adult: \$6

Youth (12 yrs. and younger): \$5

Deep Water Exercise Class: \$7.25

Master Swim Class: \$7.25

Discounted Swim (Mon-Sat before 10am when available): \$4.25

Shower only: \$2 (*Blue Lagoon locker rooms*)

Contract rate for pool use by businesses;

contact Scott Armstrong at 425-452-4444 for more information.

Swim Pass Cards

(12 visits for the price of 10, no expiration date)

Adult: \$60

Youth: \$50.04

Deep Water Exercise: \$72.48

Masters Swim: \$72.48

Discounted Swim: \$42.48

3 Month Swim Pass Cards

(For Lap, Open, and Rehab Swims)

Adult: \$151

Youth: \$100

Family: \$242.50

PARTIES AT THE POOL

Pool Rentals

Available on Saturdays, 2-4pm

And Sundays, 2-4pm

Blue Lagoon Pool

1 - 25 guests: \$204 per hour

26-60 guests: \$246.25 per hour

61-90 guests: \$273 per hour

91-120 guests: \$324.25 per hour

121 + guests: \$405.50 per hour

Cost includes staff and use of pool toys.



FOLLOW US ON FACEBOOK!

Become a fan of **Bellevue Parks & Community Services** on Facebook to learn about unique events, activities, and fun ways to use Bellevue's park and open space system.

Party Room Rentals

Available during pool rentals or open swims. \$60.75 per hour. Accommodates groups of under 20. This room *is not* wheelchair accessible.

SPECIAL EVENTS/SPECIAL SCHEDULE

November 24 - Fit for the Feast Masters Workout, 9-11am

November 25 - Youth Appreciation Day, 12-2pm

Pool Closed December 25. Special events only on November 24-25.

OTHER ACTIVITIES AVAILABLE AT THE BELLEVUE AQUATIC CENTER

Aquarobics Class - Professionally trained instructors will inspire you - promoting muscle tone and a vigorous cardiovascular workout. Reduce the risk of injury and impact to your joints. Swimming skills not req'd and all fitness levels welcome. Registration: 425-894-0045 /www.aquarobics.net.

Aquarobics Deep Water Fitness - Monday/Wednesday 6-7pm

Deep Water: Burn Calories, Build Strong Muscles & Strengthen your Core! No Impact! The Deep Water is constant resistance to get results! Professionally trained instructors. Work-at-Your-Own-Pace. Beginners to Advanced Welcome! Registration: 425-894-0045.

WaterMotion Class - Group warm-water therapy for those with arthritis, fibromyalgia, joint replacement, back issues and pre & post surgery. Increase strength, flexibility and balance using full range of motion exercises. Get In. Get Fit. Registration: 425-894-0045/www.aquarobics.net

Ai Chi - Flowing Aquatic Energy. Let the soothing waters strengthen your body and caress your spirit! Flowing yet powerful progression. Combines deep breathing with slow, broad movements of arms, legs, and torso. For registration information, contact Community Integration Services at 425-830-7746 or visit www.cisaquatics.com.

Body Tune-Up - Stretch, strengthen, and tone your muscles. This exercise program will help you to improve balance, range of motion and flexibility. Register with Community Integration Services at 425-830-7746 or visit www.cisaquatics.com.

Chinook Aquatic Club - Private USS youth swim team. For more information, email chinookswimming@hotmail.com.

National Multiple Sclerosis Society - For more information please call 1-800-344-4867 (Press option 1)

ORCA Swim School - Swim company that offers private and semi-private lessons. Call the ORCA Swim School at 425-793-9870 for more information or to register.

Silent World - SCUBA diving company that uses the Blue Lagoon pool for lessons. Contact Silent World at 425-747-8842 for more information.

Special Olympics - Swim team for physically- and developmentally-disabled participants. Practices are on Saturday mornings. Contact Patience Russi at 425-277-3659 for more information.

Deep Water Exercise Class - Deep water aerobics workout that uses an aqua-jogging belt. High energy instructors provide specific exercise routine.

Masters Swim Program - Offers a low-key approach to competitive swimming for individuals age 19 and older. Workouts are based on ability levels and goals. For more information, contact Scott at 425-452-2806.

Therapy Groups - Contracted space is available. Contact Scott Armstrong at 425-452-4444 for more information.

LEARN TO SWIM PROGRAMS

Note: Registration forms are processed in the order received. 10-day preference for Bellevue residents.

HELP! At the Bellevue Aquatic Center, our goal is to provide high quality, productive swim lessons for your children. Enrolling students in classes with others of similar abilities is vital in achieving this goal. To ensure that your child is enrolled in the best class for him/her, please retain your progress cards or ask for a placement test if they have not been in BAC lessons for 3 months. **Children signed up at the incorrect level may be removed from the class.**



Registration Dates:

Programs listed in BLACK:

Resident: November 7 / Non-Resident: November 16

Programs listed in PURPLE:

Resident: January 30 / Non-Resident: February 8

Placement Testing: Unsure of the level in which to register? Placement testing is required for students who have not taken lessons at Bellevue Aquatic Center within the past three months.

Registering for Multiple Sessions? You may register for any or all of the sessions on the schedule. Remember to:

- 1) Assume that the participant will complete each level twice before advancing.
- 2) Pay for all sessions at the time of registration.

Space is limited. Registration is on a first come, first served basis.

Withdrawal and Change Policy - NO EXCEPTIONS
See refund/credit policies on page 9. No refunds will be issued after a class has started.

Minimum Class Size: Each class has a minimum class size requirement. The Bellevue Aquatic Center has the right to cancel classes when registration demand does not meet the requirement. Accommodations will be made for the registered participants whenever possible.

PRIVATE/SEMI-PRIVATE SWIM LESSONS

For lesson availability, please visit <http://www.myparksandrecreation.com> and search for "Private Swim Lessons."

PARENT/TOT LEVEL CLASSES

Ages: 6 months to 3 years

Gum Drop

Instructors provide parents with information and techniques to help their infant become comfortable in the water.

PRESCHOOL LEVEL CLASSES

Preschool lessons are for children 3 years of age up until they turn 6 years of age.

PRE 1: Beginning level, focus on water adjustment and water safety.

PRE 2: Floating, gliding, kicking, and reach and pull armstroke.

PRE 3: Crawlstroke with side breathing. Introduction to elementary backstroke.

PRE 4: Crawlstroke, backstroke, elementary backstroke, and breaststroke.

PRE 5: Refining the crawlstroke, backstroke, elementary backstroke, & breaststroke and building endurance.

YOUTH LEVEL CLASSES

Youth lessons are for children 6 years of age and up.

YOUTH 1: Beginning level, focus on water adjustment and water safety.

YOUTH 2: Floating, gliding, kicking, and crawlstroke.

YOUTH 3: Crawlstroke with side breathing. Introduction to elementary backstroke, backstroke, and breaststroke.

YOUTH 4: Refining the strokes and introduction to sidestroke.

YOUTH 5: Refining the strokes, building endurance, and introduction to butterfly.

YOUTH 6: Mastering the four competitive strokes and introduction to flip turns.

PRE-COMPETITIVE: An endurance building class preparing students for swim team.

ADULT LEVEL CLASSES

Adult classes are for students 13 years of age and up.

ADULT INTRODUCTION: Beginning level for adults with little or no swimming background.

ADULT INTERMEDIATE/ADVANCED: Continued development as you get comfortable in the water.

Lifeguard Training

Program offers American Red Cross certification in lifeguard training, first aid, and CPR for the professional rescuer. Participants must pass a pre-course test prior to enrollment and be at least 15 years of age by the end of the course.

ADULT INTRODUCTION SWIM LESSONS

61177	6:20-6:50pm	Tue, Thu	Jan 10-Feb 02	\$78.00
61179	9:35-10:35am	Sun	Jan 15-Feb 19	\$117.00
61180	6:20-6:50pm	Tue, Thu	Feb 07-Mar 08	\$78.00
61181	9-9:30am	Sat	Mar 03-Apr 07	\$117.00
61182	9:35-10:35am	Sun	Mar 04-Apr 08	\$117.00
61183	6:20-6:50pm	Tue, Thu	Mar 13-Apr 05	\$78.00

ADULT INTER - ADV SWIM LESSONS

61158	6:20-6:50pm	Mon, Wed	Jan 09-Feb 01	\$78.00
61159	10:45-11:45am	Sat	Jan 14-Feb 18	\$117.00
61160	6:20-6:50pm	Mon, Wed	Feb 06-Mar 07	\$78.00
61161	10:45-11:45am	Sat	Mar 03-Apr 14	\$117.00
61162	6:20-6:50pm	Mon, Wed	Mar 12-Apr 04	\$74.00

PARENT/TOT SWIM LESSONS

61210	11-11:30am	Mon, Wed	Jan 09-Feb 01	\$70.00
61221	10:10-10:40am	Sat	Jan 14-Feb 18	\$52.50
61222	11:20-11:50am	Sat	Jan 14-Feb 18	\$52.50
61237	5:45-6:15pm	Tue, Thu	Jan 10-Feb 02	\$70.00
61223	11:20-11:50am	Sun	Jan 15-Feb 19	\$52.50
61224	5:45-6:15pm	Tue, Thu	Feb 07-Mar 08	\$70.00
61242	11-11:30am	Mon, Wed	Feb 06-Mar 07	\$70.00
61225	10:10-10:40am	Sat	Mar 03-Apr 07	\$52.50
61226	11:20-11:50am	Sat	Mar 03-Apr 07	\$52.50
61227	11:20-11:50am	Sun	Mar 04-Apr 08	\$52.50
61228	11-11:30am	Mon, Wed	Mar 12-Apr 04	\$70.00
61229	5:45-6:15pm	Tue, Thu	Mar 13-Apr 05	\$70.00

PRESCHOOL 1 SWIM LESSONS

61300	4:35-5:05pm	Tue, Thu	Jan 10-Feb 02	\$82.00
61301	10-10:30am	Mon, Wed	Jan 09-Feb 01	\$82.00
61302	4-4:30pm	Mon, Wed	Jan 09-Feb 01	\$82.00
61303	4-4:30pm	Tue, Thu	Jan 10-Feb 02	\$82.00
61304	6:20-6:50pm	Tue, Thu	Jan 10-Feb 02	\$82.00
61306	4:35-5:05pm	Mon, Wed	Jan 09-Feb 01	\$82.00
61307	9-9:30am	Sat	Jan 14-Feb 18	\$61.50
61308	9:35-10:05am	Sat	Jan 14-Feb 18	\$61.50
61309	9:35-10:05am	Sun	Jan 15-Feb 19	\$61.50
61310	10:45-11:15am	Sun	Jan 15-Feb 19	\$61.50
61305	4:35-5:05pm	Mon, Wed	Feb 06-Mar 07	\$82.00
61311	10-10:30am	Mon, Wed	Feb 06-Mar 07	\$82.00
61312	4-4:30pm	Mon, Wed	Feb 06-Mar 07	\$82.00
61313	4:35-5:05pm	Tue, Thu	Feb 07-Mar 08	\$82.00
61314	6:20-6:50pm	Tue, Thu	Feb 07-Mar 08	\$82.00
61316	9-9:30am	Sat	Mar 03-Apr 07	\$61.50
61317	9:35-10:05am	Sat	Mar 03-Apr 07	\$61.50
61318	10:10-10:40am	Sat	Mar 03-Apr 07	\$61.50
61319	9:35-10:05am	Sun	Mar 04-Apr 08	\$61.50
61320	10:10-10:45am	Sun	Mar 04-Apr 08	\$61.50
61328	10:45-11:15am	Sun	Mar 04-Apr 08	\$61.50
61321	10-10:30am	Mon, Wed	Mar 12-Apr 04	\$82.00
61322	4-4:30pm	Mon, Wed	Mar 12-Apr 04	\$82.00
61323	5:10-5:40pm	Mon, Wed	Mar 12-Apr 04	\$82.00
61324	4:35-5:05pm	Tue, Thu	Mar 13-Apr 05	\$82.00
61325	6:20-6:50pm	Tue, Thu	Mar 13-Apr 12	\$82.00

PRESCHOOL 2 SWIM LESSONS

61438	5:10-5:40pm	Mon, Wed	Jan 09-Feb 01	\$82.00
61439	5:45-6:15pm	Mon, Wed	Jan 09-Feb 01	\$82.00
61440	10:30-11am	Mon, Wed	Jan 09-Feb 01	\$82.00
61441	4-4:30pm	Tue, Thu	Jan 10-Feb 02	\$82.00
61442	5:10-5:40pm	Tue, Thu	Jan 10-Feb 02	\$82.00
61443	9:35-10:05am	Sat	Jan 14-Feb 18	\$61.50
61444	10:45-11:15am	Sat	Jan 14-Feb 18	\$61.50
61460	4:35-5:05pm	Mon, Wed	Jan 09-Feb 01	\$82.00
61461	6:20-6:50pm	Tue, Thu	Jan 10-Feb 02	\$82.00
61445	9-9:30am	Sun	Jan 15-Feb 19	\$61.50
61446	9:35-10:05am	Sun	Jan 15-Feb 19	\$61.50
61447	10:10-10:40am	Sun	Jan 15-Feb 19	\$61.50
61437	4-4:30pm	Mon, Wed	Feb 06-Mar 07	\$82.00
61448	10:30-11am	Mon, Wed	Feb 06-Mar 07	\$82.00
61462	5:45-6:15pm	Mon, Wed	Feb 06-Mar 07	\$82.00
61476	5:10-5:40pm	Tue, Thu	Feb 07-Mar 08	\$82.00
61502	4:35-5:05pm	Tue, Thu	Feb 07-Mar 08	\$82.00
61449	9:35-10:05am	Sat	Mar 03-Apr 07	\$61.50
61450	10:45-11:15am	Sat	Mar 03-Apr 07	\$61.50
61477	11:20-11:50am	Sat	Mar 03-Apr 07	\$61.50
61451	9-9:30pm	Sun	Mar 04-Apr 08	\$61.50
61452	10:10-10:40am	Sun	Mar 04-Apr 08	\$61.50
61453	9:35-10:05am	Sun	Mar 04-Apr 08	\$61.50
61454	10:30-11am	Mon, Wed	Mar 12-Apr 04	\$82.00
61455	4:35-5:05pm	Mon, Wed	Mar 12-Apr 04	\$82.00
61456	5:45-6:15pm	Mon, Wed	Mar 12-Apr 04	\$82.00
61457	4:35-5:05pm	Tue, Thu	Mar 13-Apr 05	\$82.00
61459	6:20-6:50pm	Tue, Thu	Mar 13-Apr 05	\$82.00
61478	5:10-5:40pm	Mon, Wed	Mar 12-Apr 04	\$82.00
61541	5:10-5:40pm	Tue, Thu	Mar 13-Apr 05	\$82.00

Registration Dates:

Programs listed in BLACK:

Resident: November 7 / Non-Resident: November 16

Programs listed in PURPLE:

Resident: January 30 / Non-Resident: February 8

PRESCHOOL 3 SWIM LESSONS

61552	4-4:30pm	Mon, Wed	Jan 09-Feb 01	\$82.00
61553	5:10-5:40pm	Tue, Thu	Jan 10-Feb 02	\$82.00
61554	9-9:30am	Sat	Jan 14-Feb 18	\$61.50
61555	10:45-11:15am	Sat	Jan 14-Feb 18	\$61.50
61556	9-9:30am	Sun	Jan 15-Feb 19	\$61.50
61557	10:10-10:40am	Sun	Jan 15-Feb 19	\$61.50
61558	10:45-11:15am	Sun	Jan 15-Feb 19	\$61.50
61559	4-4:30pm	Tue, Thu	Feb 07-Mar 08	\$82.00
61560	6:20-6:50pm	Tue, Thu	Feb 07-Mar 08	\$82.00
61561	5:45-6:15pm	Mon, Wed	Feb 06-Mar 07	\$82.00
61562	9-9:30am	Sat	Mar 03-Apr 07	\$61.50
61564	10:45-11:15am	Sat	Mar 03-Apr 07	\$61.50
61565	9-9:30am	Sun	Mar 04-Apr 08	\$61.50
61566	10:10-10:40am	Sun	Mar 04-Apr 08	\$61.50
61567	10:45-11:15am	Sun	Mar 04-Apr 08	\$61.50
61568	5:45-6:15pm	Mon, Wed	Mar 12-Apr 04	\$82.00
61569	4-4:30pm	Tue, Thu	Mar 13-Apr 05	\$82.00

PRESCHOOL 4 SWIM LESSONS

61617	4-4:30pm	Mon, Wed	Jan 09-Feb 01	\$82.00
61618	4-4:30pm	Tue, Thu	Jan 10-Feb 02	\$82.00
61619	4:35-5:05pm	Tue, Thu	Jan 10-Feb 02	\$82.00
61620	10:10-10:40am	Sat	Jan 14-Feb 18	\$61.50
61621	9:35-10:05am	Sun	Jan 15-Feb 19	\$61.50
61622	4:35-5:05pm	Mon, Wed	Feb 06-Mar 07	\$82.00
61623	4-4:30pm	Tue, Thu	Feb 07-Mar 08	\$82.00
61624	5:10-5:40pm	Tue, Thu	Feb 07-Mar 08	\$82.00
61625	10:10-10:40am	Sat	Mar 03-Apr 07	\$61.50
61626	10:45-11:15am	Sun	Mar 04-Apr 08	\$61.50
61628	4-4:30pm	Tue, Thu	Mar 13-Apr 05	\$82.00
61629	5:10-5:40pm	Tue, Thu	Mar 13-Apr 05	\$82.00

PRESCHOOL 5 SWIM LESSONS

61676	5:45-6:15pm	Tue, Thu	Jan 10-Feb 02	\$82.00
61677	11:20-11:50am	Sat	Jan 14-Feb 18	\$61.50
61701	9:35-10:05am	Sat	Jan 14-Feb 18	\$61.50
61678	10:10-10:40am	Sun	Jan 15-Feb 19	\$61.50
61679	5:10-5:40pm	Mon, Wed	Feb 06-Mar 07	\$82.00
61680	4:35-5:05pm	Tue, Thu	Feb 07-Mar 08	\$82.00
61684	4:35-5:05pm	Mon, Wed	Mar 12-Apr 04	\$82.00

YOUTH LEVEL 1 SWIM LESSONS

63006	5:45-6:15pm	Mon, Wed	Jan 09-Feb 01	\$82.00
63008	6:20-6:50pm	Mon, Wed	Jan 09-Feb 01	\$82.00
63009	4:35-5:05pm	Tue, Thu	Jan 10-Feb 02	\$82.00
63010	9-9:30am	Sat	Jan 14-Feb 18	\$61.50
63011	9:35-10:05am	Sat	Jan 14-Feb 18	\$61.50
63012	9-9:30am	Sun	Jan 15-Feb 19	\$61.50
63030	11:20-11:50am	Sun	Jan 15-Feb 19	\$61.50
63007	5:45-6:15pm	Tue, Thu	Feb 07-Mar 08	\$82.00
63013	4:35-5:05pm	Mon, Wed	Feb 06-Mar 07	\$82.00
63014	4-4:30pm	Tue, Thu	Feb 07-Mar 08	\$82.00
63003	9:35-10:05am	Sat	Mar 03-Apr 07	\$61.50
63016	9-9:30am	Sat	Mar 03-Apr 07	\$61.50
63031	9-9:30am	Sun	Mar 04-Apr 08	\$61.50
63004	5:45-6:15pm	Tue, Thu	Mar 13-Apr 05	\$82.00
63005	4:35-5:05pm	Tue, Thu	Mar 13-Apr 05	\$82.00
63032	6:20-6:50pm	Mon, Wed	Mar 12-Apr 04	\$82.00

YOUTH LEVEL 2 SWIM LESSONS

63069	4:35-5:05pm	Mon, Wed	Jan 09-Feb 01	\$82.00
63070	4:35-5:05pm	Tue, Thu	Jan 10-Feb 02	\$82.00
63071	10:45-11:15am	Sat	Jan 14-Feb 18	\$58.50
63072	9-9:30am	Sat	Jan 14-Feb 18	\$58.50
63073	9:35-10:05am	Sun	Jan 15-Feb 19	\$58.50
63075	10:45-11:15am	Sun	Jan 15-Feb 19	\$58.50
63076	6:20-6:50pm	Mon, Wed	Feb 06-Mar 07	\$78.00
63077	5:45-6:15pm	Tue, Thu	Feb 07-Mar 08	\$78.00
63086	4:35-5:05pm	Tue, Thu	Feb 07-Mar 08	\$78.00
63078	9-9:30am	Sat	Mar 03-Apr 07	\$58.50
63080	9:35-10:05am	Sun	Mar 04-Apr 08	\$58.50
63081	10:45-11:15am	Sun	Mar 04-Apr 08	\$58.50
63082	11:20-11:50am	Sun	Mar 04-Apr 08	\$58.50
63079	5:45-6:15pm	Mon, Wed	Mar 12-Apr 04	\$78.00
63083	5:45-6:15pm	Tue, Thu	Mar 13-Apr 05	\$78.00
63084	5:10-5:40pm	Tue, Thu	Mar 13-Apr 05	\$78.00
63085	6:20-6:50pm	Tue, Thu	Mar 13-Apr 05	\$78.00

YOUTH LEVEL 3 SWIM LESSONS

63144	5:10-5:40pm	Mon, Wed	Jan 09-Feb 01	\$78.00
63145	4-4:30pm	Tue, Thu	Jan 10-Feb 02	\$78.00
63146	5:45-6:15pm	Tue, Thu	Jan 10-Feb 02	\$78.00
63147	9-9:30am	Sat	Jan 14-Feb 18	\$58.50
63148	9:35-10:05am	Sat	Jan 14-Feb 18	\$58.50
63149	11:20-11:50am	Sun	Jan 15-Feb 19	\$58.50
63158	9-9:30am	Sun	Jan 15-Feb 19	\$58.50
63151	4-4:30pm	Mon, Wed	Feb 06-Mar 07	\$78.00
63152	4-4:30pm	Tue, Thu	Feb 07-Mar 08	\$78.00
63150	9:35-10:05am	Sat	Mar 03-Apr 07	\$58.50
63153	10:45-11:15am	Sat	Mar 03-Apr 07	\$58.50
63154	9-9:30am	Sun	Mar 04-Apr 08	\$58.50
63155	11:20-11:50am	Sun	Mar 04-Apr 08	\$58.50
63156	4-4:30pm	Mon, Wed	Mar 12-Apr 04	\$78.00
63157	4-4:30pm	Tue, Thu	Mar 13-Apr 05	\$78.00

YOUTH LEVEL 4 SWIM LESSONS

63208	6:20-6:50pm	Mon, Wed	Jan 09-Feb 01	\$78.00
63209	10:10-10:40am	Sat	Jan 14-Feb 18	\$58.50
63223	6:20-6:50pm	Tue, Thu	Jan 10-Feb 02	\$78.00
63210	10:10-10:40am	Sun	Jan 15-Feb 19	\$58.50
63213	10:45-11:15am	Sun	Jan 15-Feb 19	\$58.50
63205	5:45-6:15pm	Mon, Wed	Feb 06-Mar 07	\$78.00
63211	5:10-5:40pm	Tue, Thu	Feb 07-Mar 08	\$78.00
63212	6:20-6:50pm	Tue, Thu	Feb 07-Mar 08	\$78.00
63214	10:10-10:40am	Sat	Mar 03-Apr 07	\$58.50
63215	9-9:30am	Sun	Mar 04-Apr 08	\$58.50
63216	10:10-10:40am	Sun	Mar 04-Apr 08	\$58.50
63217	4-4:30pm	Mon, Wed	Mar 12-Apr 04	\$78.00
63218	4:35-5:05pm	Tue, Thu	Mar 13-Apr 05	\$78.00

YOUTH LEVEL 5 SWIM LESSONS

63261	5:45-6:15pm	Mon, Wed	Jan 09-Feb 01	\$78.00
63262	10:45-11:15am	Sat	Jan 14-Feb 18	\$58.50
63263	11:20-11:50am	Sat	Jan 14-Feb 18	\$58.50
63268	5:10-5:40pm	Tue, Thu	Jan 10-Feb 02	\$78.00
63264	9-9:30am	Sun	Jan 15-Feb 19	\$58.50
63265	11:20-11:50am	Sun	Jan 15-Feb 19	\$58.50
63258	5:10-5:40pm	Mon, Wed	Feb 06-Mar 07	\$78.00
63266	10:45-11:15am	Sat	Mar 03-Apr 07	\$58.50
63253	9:35-10:05am	Sun	Mar 04-Apr 08	\$58.50
63254	11:20-11:50am	Sun	Mar 04-Apr 08	\$58.50
63255	4:35-5:05pm	Mon, Wed	Mar 12-Apr 04	\$78.00
63256	4-4:30pm	Tue, Thu	Mar 13-Apr 05	\$78.00

YOUTH LEVEL 6 SWIM LESSONS

63305	5:10-5:40pm	Mon, Wed	Jan 09-Feb 01	\$78.00
63306	5:45-6:15pm	Tue, Thu	Jan 10-Feb 02	\$78.00
63307	11:20-11:50am	Sat	Jan 14-Feb 18	\$58.50
63308	10:45-11:15am	Sun	Jan 15-Feb 19	\$58.50
63312	5:45-6:15pm	Tue, Thu	Feb 07-Mar 08	\$78.00
63313	11:20-11:50am	Sat	Mar 03-Apr 07	\$58.50
63328	10:45-11:15am	Sun	Mar 04-Apr 08	\$58.50
63309	6:20-6:50pm	Mon, Wed	Mar 12-Apr 04	\$78.00
63310	5:45-6:15pm	Tue, Thu	Mar 13-Apr 05	\$78.00

PRE-COMPETITION SWIM LESSONS

61269	5:10-5:40pm	Tue, Thu	Jan 10-Feb 02	\$78.00
61272	10:10-10:40am	Sat	Jan 14-Feb 18	\$58.50
61273	11:20-11:50am	Sun	Jan 15-Feb 19	\$58.50
61270	5:10-5:40pm	Mon, Wed	Feb 06-Mar 07	\$78.00
61271	5:10-5:40pm	Tue, Thu	Feb 07-Mar 08	\$78.00
61274	10:10-10:40am	Sat	Mar 03-Apr 07	\$58.50
61275	11:20-11:50am	Sun	Mar 04-Apr 08	\$58.50
61276	5:10-5:40pm	Mon, Wed	Mar 12-Apr 04	\$78.00
61277	5:10-5:40pm	Tue, Thu	Mar 13-Apr 05	\$78.00

After-School Programs

KID-ZONE GAMES DROP-IN

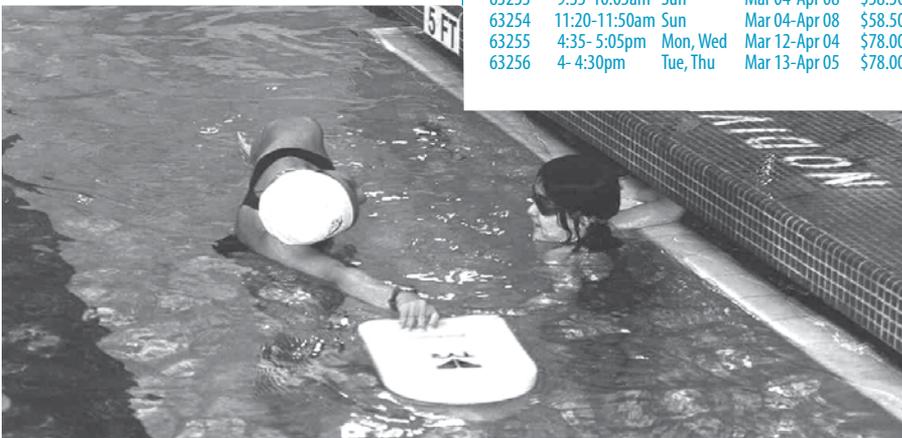
This is a drop-in after-school program for youth and teens at Crossroads Community Center. Join the fun in our games room! Activities include: table tennis, billiards, air hockey, foosball, and other games. All kids under 7 need to be accompanied by an adult. All teens must still be in high school. Does not require registration.

FREE Age: 7Y - 18Y
Crossroads Community Center
2:30-5:30pm Mon-Fri Ongoing
1-5:30pm Wed

CREATIVE KIDS AFTER SCHOOL PROGRAM

Enhance your child's creativity at the Northwest Arts Center. Activities include active games, art and clay arts in our own pottery studio; nature study & outdoor play. Staff will provide safe walking transportation from Clyde Hill Elem. to the Northwest Arts Center. School bus transportation available from Medina Elem. For more information call 425 452-4106. Min 15/Max 25

Northwest Arts Center
\$175(R) \$210(N) Age: 6Y - 11Y
60960 12:30am-3:30pm Wed Jan 04-Feb 15
\$150(R) \$180(N) Age: 6Y - 11Y
60961 12:30-3:30pm Wed Feb 29-Apr 04
\$200(R) \$240(N) Age: 6Y - 11Y
60962 12:30-3:30pm Wed Apr 18-Jun 06





Day Camps

WINTERFEST DAY CAMP

The Kelsey Creek Barn provides a cozy environment for crafts, songs, and games. Each day your child will have an opportunity to run and play in a safe environment. Our caring and enthusiastic staff will help your child enjoy this fun-filled camp. Please bring lunch and a beverage. No extended care. Min 12/Max 20
 Kelsey Creek Community Park
 \$155(R) \$186(N) Age: 5Y - 10Y
 58667 9:30am-3pm Mon-Fri Dec 19-23

BYT DAY CAMPS: THE BRAVE LITTLE TAILOR

This camp is perfect for the child with little or no acting experience. Children will get the full theatre experience from auditions to performance. Your child will rehearse, participate in arts & crafts and recreational activities. This camp will build your child's self esteem, confidence, teamwork, and basic memorization skills. Children are cast into a role that is appropriate for their age and development level. Bellevue Youth Theatre emphasizes positive experience and growth of the child over stage time and role size. Enjoy this charming tale of a boastful tailor. Actors will play a role in the tailor's journey from zero to hero.
 Min 15/Max 25

Ivanhoe Park Site
 \$174(R) \$210(N) Age: 5Y - 12Y
 64305 9:30am-3pm Mon-Fri Apr 09-13

Extended Care

\$45(R) \$52(N) Age: 5Y - 12Y
 64309 7:30am-5:30pm Mon-Fri Apr 09-13

FENCING CAMP (PLAYING WITH SWORDS)

Anyone for a duel? Join the Washington Fencing Academy for 'fitness with an edge' and some fun! Campers will learn the Olympic style of competitive fencing including equipment, technique, learning to 'bout', and a mini-tournament. Fencing is a fast, energetic sport that uses mind and body. Boys and girls of any fitness level are welcome and no prior experience is required. Wear athletic shoes and sweatpants (no jeans). Bring a water bottle and snack.
 Min 8/Max 20

South Bellevue Community Center
 \$150(R) \$180(N) Age: 8Y - 16Y
 60666 12:45-3:45pm Mon-Fri Feb 20-24
 60667 12:45-3:45pm Mon-Fri Apr 09-13

I-BALL SKILLS CAMP

The City of Bellevue and i-Ball have partnered to offer Pro Basketball Camps for kids, ages 6-14. i-Ball is ran and coached by professional basketball player and former Globetrotter's Harlem All-Star, Kyle Keyes along with i-Ball staff. Players will have a fun and exciting experience learning a wide array of basketball skills, developing sportsmanship and playing games at i-Ball Skills Camps. Players will be drilled throughout camp on the proper form and technique that it takes to be both confident and successful in real games. Players will gain a wealth of basketball knowledge at i-Ball Camps.

Newport High School
 \$164(R) \$197(N) Age: 6Y - 14Y

Mid-Winter Break
 64841 9am-3pm Tue-Fri Feb 21-24

Spring Break
 64149 9am-3pm Mon-Thu Apr 09-12

CREATIVE KIDS DAY CAMPS

Enhance your child's creativity while enjoying the beautiful setting of the Northwest Arts Center. Camp activities compliment the season and include a combination of indoor and outdoor activities. Children explore a variety of art and craft mediums, clay arts in our own pottery studio, and more. Min 15/Max 30
 Northwest Arts Center

Mid-Winter Break
 \$160(R) \$192(N) Age: 6Y - 11Y
 60970 9am-3pm Tue-Fri Feb 21-24

Spring Break
 \$200(R) \$240(N) Age: 6Y - 11Y
 60973 9am-3pm Mon-Fri Apr 09-13

SKATEBOARD CAMP - BIDDY BOARDERS

Finally a skateboard camp for the little shredders. This camp is designed to get the little ones standing up and rolling on thier boards safely. This fun camp also includes ramp riding skills, falling correctly, taking turns and skatepark etiquette. Parents are encouraged to attend. Safety gear and skateboards are available if needed. Min 5/Max 8

Highland Community Center
 \$100(R) \$120(N) Age: 4Y - 7Y

Mid-Winter Break
 64332 1-2:30pm Mon-Fri Feb 20-24

Spring Break
 64333 1-2:30pm Mon-Fri Apr 09-13

YOUTH SPORTS CAMPS

A week of fast paced action where kids will have a blast!! Campers will receive instruction and participate in a variety of sports including basketball, dodgeball, volleyball, indoor soccer and floor-hockey. Outdoor activities will take place as weather allows. Field trip to local recreational attraction is included in the price of camp. Min 10/Max 40
 Crossroads Community Center

Mid-Winter Break
 \$140(R) \$168(N) Age: 7Y - 12Y
 64148 8am-4pm Tue-Fri Feb 21-24

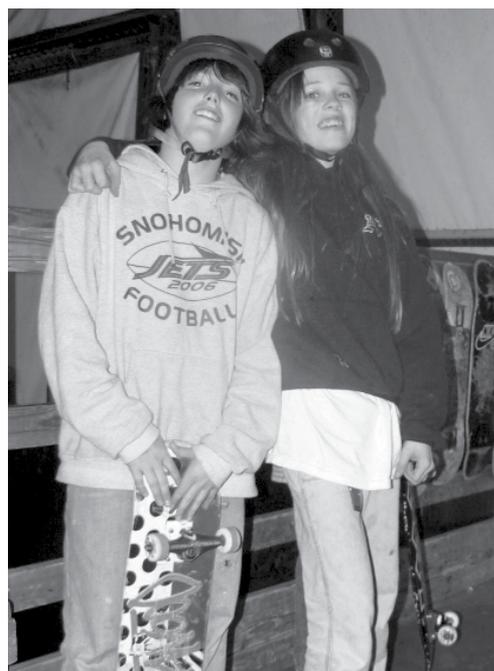
Spring Break
 \$165(R) \$198(N) Age: 7Y - 12Y
 64150 8am-4pm Mon-Fri Apr 09-13

SKATEBOARD CAMPS

Our expert staff have years of experience from helping beginners for the very first time to showing secret techniques to advanced skaters. The camp includes park safety, trick tips, skate games, a contest, and a pizza party, all with an emphasis on friends and fun. Whether you're just starting out or an experienced skater this camp is for you. Min 6/Max 15
 Highland Community Center

Mid-Winter Break
 \$140(R) \$160(N) Age: 8Y - 15Y
 64315 9am-12pm Mon-Fri Feb 20-24

Spring Break
 \$140(R) \$160(N) Age: 8Y - 15Y
 64317 9am-12pm Mon-Fri Apr 02-06
 64316 9am-12pm Mon-Fri Apr 09-13





Art & Craft Programs for Adults

ROCK CLIMB - SPRING BREAK CAMP

Get a jump start on your rock climbing skills in a safe and fun climbing environment on SBCC's 33 foot indoor climbing wall. There will be climbing routes and fun, but challenging games for every level of ability from beginner to expert. On Thursday and Friday, campers meet at South Bellevue Community Center daily at 9:00 AM and return by 4:00PM. All climbing equipment is provided. Campers need to bring a pack with lunch, sunscreen and a hat. Climbing shoes are recommended but are not required. Min 4/Max 12 South Bellevue Community Center \$245(R) \$290(N) Age: 8Y - 13Y
64570 9am-12:30pm Mon-Wed Apr 09-13
9am-4pm Thu-Fri

UK INTERNATIONAL SOCCER CAMP

We have partnered with UK International Soccer Camps (UKISC) to bring you the best of UK soccer. UK British soccer coaches will instruct your child. Exciting new camp schedule includes ball mastery section at start and end of every day, fundamentals of the game, small sided games, tournaments and awards plus NEW online ranking system available. Min 10/Max 75 Robinswood Community Park **UK International Soccer Camp - Half Day** \$110(R) \$132(N) Age: 4Y - 14Y
64151 9am-12pm Mon-Fri Apr 09-13
UK International Soccer Camp - Full Day \$172(R) \$206(N) Age: 7Y - 13Y
64152 9am-3pm Mon-Fri Apr 09-13

HIGH ADVENTURE MID-WINTER CAMP

The snow makes everything better! Join our expert staff as we spend three adventurous days enjoying the bounty of winter. From snowshoeing in the mountains to preparing a winter meal to building a snow-shelter this day camp is for you. Snowshoes provided and limited winter gear is available upon request. Min 6/Max 12 Highland Community Center \$130(R) \$150(N) Age: 12Y - 17Y
64389 9am-4pm Mon-Wed Feb 20-22

HIGH ADVENTURE SPRING BREAK CAMP

What appeals to your sense of a spring break adventure? If it is summiting local peaks, building snow shelters, or hanging with friends outdoors, then join City of Bellevue expert guides for three action-packed days of outdoor thrills. We will spend each day in a different location, developing new skills and exploring fresh terrain. All technical gear and transportation provided! Min 5/Max 12 Highland Community Center \$130(R) \$150(N) Age: 11Y - 17Y
64370 9am-4pm Mon-Wed Apr 09-11

ACTING FOR TELEVISION AND FILM

In this fundamental acting class, your child will learn improvisation, comedic timing, imagination work, character development and on-camera work. We will rehearse and video tape scenes from your favorite movies and TV shows. Please bring your creativity! Min 8/Max 10 Northwest Arts Center \$155(R) \$185(N) Age: 8Y - 12Y
60893 4-5:30pm Mon Jan 30-Mar 26

GARDEN D'LIGHTS WORK PARTIES

If you've participated in one or more Garden d'Lights classes, you are invited to come help this fall with preparations for our annual Garden d'Lights celebration at the Bellevue Botanical Garden. Participants will help make and repair flowers and/or critters to be placed in the garden in November and December. Call 425-451-3755 to sign up or visit Bellevuebotanical.org for more information and a schedule.

GARDEN D'LIGHTS CLASSES

Are you interested in learning the secrets of these incredible flower creations? Register for a class at www.bellevuebotanical.org or call the Bellevue Botanical Garden Society office at 425-451-3755. All flowers created in classes are added to the Garden d'Lights display. Classes are ongoing, March through September.

ART IN NATURE EXHIBITS

The ability to interpret nature through art is an extraordinary talent. These exhibits will display artists' work in the Visitor Center. New artwork will be featured throughout the year. Come, be inspired.

WHEN: Daily

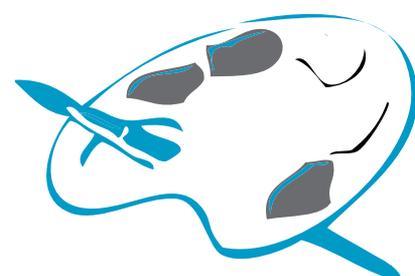
10am - 4pm

WHERE: Mercer Slough Environmental Education Center Visitor Center

COST: Free

DROP-IN PAINTING

Bring your watercolor or other painting project and visit with others in this friendly drop-in atmosphere. Bring your own supplies. Min 2/Max 20 North Bellevue Community Center FREE Age: 18Y and up
59677 1-3pm Thu Jan 12-Apr 26





GLASS FUSION

Combine the elements of 'Fire and Ice' to create fabulous jewel-like art pieces. Through step-by-step instruction, learn the basics of glass art. Projects include small jewelry pieces, plates, platters, candle holders and much more. Materials included. Accommodations provided for people with disabilities. Min 8/Max 10

Northwest Arts Center
 \$180(R) \$214(N) Age: 18Y and up
 60872 10-11:30am Thu Jan 12-Mar 01
 60873 10-11:30am Thu Mar 22-May 24

SUMI PAINTING GROUP

Join others as they practice the Art of Sumi Painting. Sumi means 'ink painting' in Japanese and is an art medium that dates back some six thousand years. New to Sumi? Others will be happy to share their knowledge and love of the art form. Other water-based mediums are also welcome to join. Min 5/Max 10

South Bellevue Community Center
 \$15.50(R) \$18.50(N) Age: 18Y and up
 63730 10am-1pm Mon Jan 09-30
 63731 10am-1pm Mon Feb 06-27
 \$20.50(R) \$24.50(N) Age: 18Y and up
 63732 10am-1pm Mon Mar 05-26
 63733 10am-1pm Mon Apr 02-30

STONEWARE CREATIONS

An introduction to beginning & intermediate hand-building and wheel throwing stoneware. Various and seasonal subject matter included as design inspirations for practical and decorative art work. Class fee includes supplies and firing. Accommodations provided for people with disabilities. Min 6/Max 8

Northwest Arts Center
 \$175(R) \$204(N) Age: 18Y and up
 60877 1-3pm Thu Jan 12-Mar 01
 60878 1-3pm Thu Mar 22-May 24

SOUTH BELLEVUE STITCHERS

Crochet or knit a project of your own or one for charity in a fun group. Learn a new craft or increase your skill level. Min 4/Max 20

South Bellevue Community Center
 FREE Age: 50Y and up
 60817 10am-12pm Fri Jan 06-Apr 27

RED CROSS KNITTING GROUP

Join this fun group of Red Cross volunteers who knit items for donation to local hospitals and Eastside Baby Corner. Patterns and yarn provided. Min 3/Max 8

North Bellevue Community Center
 FREE Age: 18Y and up
 64043 11am-3pm Wed Jan 11-Apr 25

IKEBANA

Ikebana is a three-dimensional artistic expression composed of flower and plant material arranged in a container. It is one of the unique cultural arts of Japan. Students will learn the basic techniques that will enable them to create this floral art anytime and any where with any available materials and be familiarized with the concepts of lines, space, balance, movement and harmony. Min 5/Max 10

South Bellevue Community Center
 Supply fee- \$55 paid to instructor at the first class.
 \$80(R) \$100(N) Age: 18Y and up
 63699 6:30- 8:30pm Thu Jan 12-Feb 09
 63700 6:30- 8:30pm Thu Feb 23-Mar 22
 63701 6:30- 8:30pm Thu Mar 29-Apr 26

North Bellevue Community Center
 \$50 payable to the instructor.
 \$80(R) \$100(N) Age: 18Y and up
 63858 6- 8pm Wed Jan 11-Feb 08
 63855 10am-12pm Thu Jan 12-Feb 09
 63859 6- 8pm Wed Feb 22-Mar 21
 63856 10am-12pm Thu Feb 23-Mar 22
 63860 6- 8pm Wed Apr 04-May 02
 63857 10am-12pm Thu Apr 05-May 03

Art & Craft Programs for Families, Youth, & Teens

TIME TRAVELER JOURNEYS THROUGH ART

This class provides an introduction to art basics, while enjoying the benefits of learning art history specifically aimed to the young artist. Basic drawing techniques are offered and watercolor the medium to add color to your child's artwork. Travel through time exploring the classical art of Greece and Rome, portraiture from European artists and join the modern world with impressionism and contemporary art. All materials provided. Min 8/Max 12

Northwest Arts Center
 \$157(R) \$179(N) Age: 7Y - 11Y
 60889 4- 5:30pm Mon Feb 06-Apr 02
 60892 4- 5:30pm Mon Apr 16-Jun 04

ART FOR KIDS SCHOOL

Kids will get to create and complete several finished projects in this course. Art for Kids School is a fine art, multi-media program that allows children to explore that creativity using different techniques in a supportive program that reinforces self-esteem. All supplies are furnished and they include a pen and ink, charcoal, soft and oil pastels, and acrylics. Dress for mess! Min 10/Max 15

Northwest Arts Center
 \$133(R) \$156(N) Age: 5Y - 8Y
 60840 10-11am Sat Feb 04-Mar 31
 60841 10-11am Sat Apr 21-Jun 16
 \$133(R) \$156(N) Age: 9Y - 12Y
 60846 11:15am-12:15pm Sat Feb 04-Mar 31
 60847 11:15am-12:15pm Sat Apr 21-Jun 16

THE KNITTING STUDIO

Beginning techniques introduced or expand your knitting knowledge with creative color patterns, cables, lace, bobble, purl patterns, and embellish your project with beads, felting and more. A discussion of various types of fibers, yarns and other helpful tools will be covered as well as supplies the first class meeting. Supply list will be discussed the first class meeting. Participants, ages 6-15 must be accompanied by a parent or caregiver. Min 8/Max 10

Northwest Arts Center
 \$132(R) \$146(N) Age: 6Y and up
 Add'l Family Member: \$20(R) \$25(N)
 60859 6:30- 8pm Thu Jan 26-Mar 22
 60860 6:30- 8pm Thu Apr 19-Jun 14

CHILDREN'S POTTERY STUDIO

In a fun and supportive environment, the young potter will learn the ancient art of pottery. The possibilities of turning clay into a piece of treasured art is limitless! Hand and wheel building, sculpting, coil construction and glazing will be introduced. Supply and firing fee included in price of class. Min 8/Max 10

Northwest Arts Center
 \$170(R) \$204(N) Age: 6Y - 11Y
 60863 4- 5:30pm Thu Feb 02-Mar 29
 60871 4- 5:30pm Thu Apr 19-Jun 14

ARTS DROP IN

Creative fun group invites you to join us for an evening of a creating art. Different medium each week. Adult supervision required for children under 18 years of age. Drop in fee payable at the door. Purchase the Play Pass for additional savings. Min 1/Max 40

North Bellevue Community Center
 \$3 \$4 Age: 10Y and up
 59675 6- 8:30pm Tue Jan 10-Apr 24



Get Fit and Get Healthy

ENHANCEFITNESS **SHAPE UP!**

This low impact aerobics class is designed to give you the maximum amount of cardiovascular exercise with a minimum amount of wear and tear on your body. This class is offered in conjunction with Group Health Advantage. If you belong to Group Health Medicare Advantage, there is no charge for this class. All you need to do is sign in each day you attend. Ask us for details. Min 10/Max 30

North Bellevue Community Center
 \$33(R) \$40(N) Age: 55Y and up
 59696 9-10am Thu-Fri, Tue Jan 19-Feb 21
 59697 9-10am Thu-Fri, Tue Feb 23-Mar 27
 59698 9-10am Thu-Fri, Tue Mar 29-May 01

STANDING UP TO STROKES

Strokes are the third leading cause of death in the United States however there have been significant advances in treatment approaches. Overlake Hospital Stroke Coordinator will discuss the risk factors, detection and treatment of strokes and offer ideas of how to reduce your risk of a stroke. Min 6/Max 40

North Bellevue Community Center
 \$7(R) \$8(N) Age: 18Y and up
 63890 1-2:30pm Mon Apr 23

COLORECTAL CANCER- IT CAN BE BEAT!

Colorectal cancer is preventable through regular testing and the risk factors can be greatly reduced by making healthy life choices. An Overlake Physician will discuss prevention, detection and treatment options. Min 6/Max 40

North Bellevue Community Center
 \$7(R) \$8(N) Age: 18Y and up
 63893 1-2:30pm Mon Mar 26

TURN ON THE LIGHTS, I CAN'T SEE!

Around the age of 50, most people notice changes in their vision. Older eyes are at greater risk for cataracts, macular degeneration, and glaucoma. An Overlake Ophthalmologist will review what changes are normal and which are signs of problems. Min 6/Max 40

North Bellevue Community Center
 \$7(R) \$8(N) Age: 18Y and up
 63889 1-2:30pm Mon Feb 27



DRAWING & PAINTING : REGGIO EMILIA

Give your child the tools to see the world in different ways! Students learn basic drawing skills through value studies, perspective, line and sketching techniques, as well as learning how to mix and use color in their artwork, inspired by the Reggio Emilia approach. Still life scenes, three dimensional building with clay are some of the tools introduced to broaden your child's visual awareness. Supplies included. www.sandmuseum.com/mclaughlin Min 8/Max 12

Northwest Arts Center
 \$157(R) \$179(N) Age: 6Y - 11Y
 59710 4-5:30pm Thu Feb 02-Mar 29
 59711 4-5:30pm Thu Apr 19-Jun 14

KIDS ART WITH BETH

In this class your child will gain confidence as an artist by exploring different mediums such as collage, paint, pencils, water color, clay, pastels, and more. Students will create cartoons, portraits, landscapes, and more. This class is all about exploration and creativity so dress to get messy! Min 6/Max 10

Crossroads Community Center
 \$90(R) \$108(N) Age: 4Y - 5Y
 64018 4-5pm Tue Jan 10-Feb 07
 64019 4-5pm Tue Mar 06-Apr 03

SCULPTURE, DRAWING, CLAY & MORE

In this class your child will spend each day creating an original piece of art work. Students will improve their drawing and painting skills, explore sculpture with paper mache and clay, and much more! The class is for anyone who loves art. Dress to get messy!

Crossroads Community Center
 \$155(R) \$130(N) Age: 4Y - 5Y
 64912 5:30-7pm Tue Mar 06-Apr 03

AFTER-SCHOOL ART

Does your child love to draw and create art? This class introduces the fundamentals of drawing, painting, 3-dimensional art, collage, and a special end-of-class project. Children are encouraged to use artistic expression and originality. Supplies included. Min 8/Max 10

Northwest Arts Center
 \$157(R) \$179(N) Age: 7Y - 11Y
 60857 4-5:30pm Tue Feb 07-Apr 03
 60858 4-5:30pm Tue Apr 24-Jun 12

MASSAGE THERAPY

Relax. Relieve aches and pains. Experience a sense of balance and well-being. Elizabeth Strauss, Licensed Massage Practitioner and Jin Shin Do (r) Acupressurist. All ages welcome. Elizabeth also has special training in massage for older adults. 30 minute session- \$35(R) \$42(N), 60 minute session - \$70(R) \$84(N). For a 30 min. session, please reserve one slot, for 60 min. session, please reserve two consecutive slots. Appointments are available the first Monday of each month.

North Bellevue Community Center

HEALTH - FOOTCARE

Chris Egan, RN will trim toe nails by appointment. This service is geared for older adults and/or diabetics who need assistance with this task. Fee is \$28 payable by cash or check the day of the appointment. Call 425-452-7681 to make an appointment.

REFLEXOLOGY

Feel better and more healthy with this unique therapy that is "more than a foot massage." 25 min \$32(R)/\$38(N) and 55 min \$63(R)/\$75(N). 1st & 3rd Tuesdays at North Bellevue Community Center (425-452-7681) Call for appointment availability.

SHAPE UP FITNESS CAMPAIGN **SHAPE UP!**

In partnership with King County EMS, we are pleased to announce a unique opportunity for anyone 50 years or better to get started in a new fitness program. North Bellevue Community Center is offering a \$10 discount for anyone who is new to our fitness programs, has not taken part in one of our fitness programs in the last 3 months, a returning student signing up for a new fitness class, or a returning student who is bringing a friend who has never taken one of our fitness programs. When you are signing up for a fitness class just look for the ShapeUp! logo and mention the discount. Classes are safe, affordable, and led by knowledgeable, certified instructors. Call 425-452-7681 more information and details.

Body & Mind

PURNA YOGA CLASSES

Focusing on correct alignment while using props to make each pose accessible, students gain flexibility, strength and coordination. Purna Yoga also helps each student feel more centered and peaceful. With 2000 hours of teacher training, your teacher has a wealth of knowledge to share with you. The All Levels classes welcome beginning and experienced students. Students should bring a yoga mat to class. A Flex Card is available for this class. To register during a session, call South Bellevue Community Center at (425)452-4240.

Min 5/Max 30

South Bellevue Community Center

\$72(R)	\$86(N)	Age: 13Y and up	
60607	9:30-10:45am	Tue	Jan 03-Feb 07
60610	7:15- 8:30pm	Tue	Jan 03-Feb 07
60613	7:15- 8:30pm	Thu	Jan 05-Feb 09
60611	7:15- 8:30pm	Tue	Feb 14-Mar 20
60614	7:15- 8:30pm	Thu	Feb 16-Mar 22
\$60(R)	\$72(N)	Age: 13Y and up	
60616	10:15-11:30am	Sun	Jan 08-Feb 12
60608	9:30-10:45am	Tue	Feb 14-Mar 20
60617	10:15-11:30am	Sun	Feb 19-Mar 18
60618	10:15-11:30am	Sun	Mar 25-Apr 29
60609	9:30-10:45am	Tue	Mar 27-Apr 24
60612	7:15- 8:30pm	Tue	Mar 27-Apr 24
60615	7:15- 8:30pm	Thu	Mar 29-Apr 26

YOGA - ADVANCED **SHAPE UP!**

Stretching and flexibility exercises for the experienced yoga student. Workout especially geared for older adults with significant yoga training. Min 6/Max 15

North Bellevue Community Center

\$13(R)	\$15(N)	Age: 50Y and up	
64724	10-11am	Mon	Jan 09-Feb 27
64725	10-11am	Mon	Mar 19-Apr 23
64726	10-11am	Mon	Apr 30-Jun 04

GENTLE YOGA BY WENDY **SHAPE UP!**

Easy yoga is adapted for seniors and others who need the gentle approach. Yoga can provide many benefits. The class will adapt to accommodate all levels of experience and ability. Min 4/Max 30

North Bellevue Community Center

\$30(R)	\$36(N)	Age: 18Y and up	
64035	10:30-11:30am	Mon	Jan 09-30
64039	10:30-11:30am	Thu	Jan 12-26
64040	10:30-11:30am	Thu	Feb 02-23
64037	10:30-11:30am	Mon	Mar 05-26
64042	10:30-11:30am	Thu	Apr 05-26
\$22.50(R)	\$27(N)	Age: 18Y and up	
64036	10:30-11:30am	Mon	Feb 06-27
\$37.50(R)	\$45(N)	Age: 18Y and up	
64038	10:30-11:30am	Mon	Apr 02-30
64041	10:30-11:30am	Thu	Mar 01-29

HATHA YOGA

A gentle approach to increase your strength and flexibility. This class is adaptable for all levels of Yoga experience. Participants will learn balancing poses, deep stretching and a calm mind and body through deep breathing exercises. Wear comfortable clothing. Bring water and yoga mat. Class is for ages 18 and above. Please do not bring children to class. Min 8/Max 20

Northwest Arts Center

\$67(R)	\$80(N)	Age: 18Y and up	
60740	3:30- 4:30pm	Tue	Jan 03-Feb 07
60741	3:30- 4:30pm	Thu	Jan 05-Feb 09
60742	3:30- 4:30pm	Tue	Feb 21-Mar 27
60743	3:30- 4:30pm	Thu	Feb 23-Mar 29
60746	3:30- 4:30pm	Tue	Apr 10-May 15
60747	3:30- 4:30pm	Thu	Apr 12-May 17
\$132(R)	\$152(N)	Age: 18Y and up	
60744	3:30- 4:30pm	Tue, Thu	Jan 03-Feb 09
60745	3:30- 4:30pm	Tue, Thu	Feb 21-Mar 29
60748	3:30- 4:30pm	Tue, Thu	Apr 10-May 17

PILATES

This instructional class focuses on breathing technique, correct form/postural alignment, strengthening 'core' muscles, increasing body awareness and improving balance and flexibility using bands, balls, and small weights. All fitness levels welcome. A Flex Card is available for this class. To register during a session call South Bellevue Community Center at (425) 452-4240. Min 5/Max 15

South Bellevue Community Center

\$77(R)	\$93(N)	Age: 13Y and up	
60579	9:30-10:30am	Fri	Jan 06-Feb 17
\$88(R)	\$105(N)	Age: 13Y and up	
60582	9:30-10:30am	Fri	Mar 02-Apr 27

STRONG AND FIT SENIORS/ADULTS

This monthly group fitness program taught by certified personal trainers, provides education on improving overall functional fitness using a variety of equipment and a varied routine while accommodating individual needs and limitations. Participants will improve strength, balance, coordination, posture, flexibility, core strength, and aerobic conditioning while participating in a fun, safe, social, and supportive atmosphere. A Flex Card is available for this class. To join this class during a session, call the South Bellevue Community Center at (425) 452-4240. Min 8/Max 16

South Bellevue Community Center

\$55(R)	\$66(N)	Age: 18Y and up	
60431	10:15-11:15am	Mon, Wed	Jan 02-30
60432	10:15-11:15am	Wed, Mon	Feb 01-29
60433	10:15-11:15am	Mon, Wed	Mar 05-28
60434	10:15-11:15am	Mon, Wed	Apr 02-30

CORE AND STRETCH **SHAPE UP!**

This class blends aspects of Yoga, Mat Pilates, and core exercises to create long, strong, and lean muscles. A great way to improve your posture, define your mid-section, improve balance, and lengthen tight muscles. Core and Stretch offers a variety of modifications for beginners and advanced exercisers- no Yoga or Pilates experience required. Min 8/Max 60

North Bellevue Community Center

\$24(R)	\$29(N)	Age: 12Y and up	
64782	1- 2pm	Thu	Jan 12-26
\$32(R)	\$38(N)	Age: 12Y and up	
64792	12- 1pm	Tue	Jan 10-31
64785	1- 2pm	Thu	Feb 02-23
64793	12- 1pm	Tue	Feb 07-28
64794	12- 1pm	Tue	Mar 06-27
64795	12- 1pm	Tue	Apr 03-24
64787	1- 2pm	Thu	Apr 05-26
\$40(R)	\$48(N)	Age: 12Y and up	
64786	1- 2pm	Thu	Mar 01-29

Active Fitness

FIT CAMP TOTAL BODY CONDITIONING

Would you like a fun, affordable and effective way to burn stubborn body fat, get stronger, build lean muscle mass, and improve your level of fitness? Our group workouts utilize dumbbells, bands, body-weight exercises, fun agility movements, and a variety of exercises to strengthen your core and more. Expect to sweat and have fun! Certified Personal Trainers will educate you, encourage you, and modify exercises to meet individual needs. A Flex Card is available for this class. To register during a session, call the South Bellevue Community Center at 425-452-4240.

Min 6/Max 20

South Bellevue Community Center

\$70(R)	\$84(N)	Age: 16Y and up	
60391	6- 7pm	Mon, Wed	Jan 02-30
60392	6- 7am	Mon, Wed	Jan 02-30
60393	6- 7am	Wed, Mon	Feb 01-29
60396	6- 7pm	Wed, Mon	Feb 01-29
60394	6- 7am	Mon, Wed	Mar 05-28
60398	6- 7pm	Mon, Wed	Mar 05-28
60395	6- 7am	Mon, Wed	Apr 02-30
60400	6- 7pm	Mon, Wed	Apr 02-30
\$35(R)	\$42(N)	Age: 16Y and up	
60409	6- 7am	Fri	Jan 06-27
60408	6- 7am	Fri	Feb 03-24
60411	6- 7am	Fri	Apr 06-27
\$44(R)	\$52.50(N)	Age: 16Y and up	
60410	6- 7am	Fri	Mar 02-30

ONE-ON-ONE PROFESSIONAL FITNESS AND WELLNESS SERVICES AT SOUTH BELLEVUE COMMUNITY CENTER

Appointments can be scheduled at the Front Desk in person or by calling 425-452-4240.

Take advantage of one of the many services at South Bellevue Community Center for health education or enhancement. Health History Questionnaire Packets must be completed prior to Personal Trainer and Fitness Testing Appointments and a Physician's Consent may be required for these services based upon age and health history. Form available on the SBCC website.

Youth ages 13-17 may participate in these services with a waiver signed and parent/guardian present. Adult need not be present after initial personal trainer appointment.

Fitness Assessments

A Fitness Assessment is a great way to find your current fitness level to use as a marker for later progress. Appointments are 45 minutes in length, conducted by Certified Personal Trainers and include: heart rate, blood pressure, body composition using calipers, muscular strength and flexibility, and aerobic endurance on a treadmill. The cost is \$30 and includes a computer print-out showing and explaining your results. A Health History Questionnaire must be completed prior to your appointment.

Body Composition Analysis

Learn what percent of your weight is body fat and what percent is lean body mass with this body fat caliper test. Body fat is "pinched" at three sites and a computer program calculates your ideal body weight based upon your lean body mass rather than your height. The cost is \$15.

Personal Training

Personal Training is revolutionizing the way people look, move and feel. It is a major part of preventative medicine and improving quality of life.

Our nationally-certified trainers will:

- Help you set up realistic goals.
- Create an individualized program set up to your specific needs, goals, and lifestyle.
- Screen for muscular imbalances and weaknesses.
- Teach you to maximize your cardio program to save you from wasting time.
- Teach you how to control portion sizes and create a healthy lifestyle change in the way you eat.
- Teach you how to properly use resistance training to achieve your goals and enhance your body's performance!

Be prepared to sweat, work hard and have fun while learning the proper way fitness can help you!

Session rates:

30 minutes - \$30 for 1 person
 45 minutes - \$42.50 for 1 person
 55 minutes - \$50 for 1 person, \$75 for 2 people, \$95 for 3 people. For a FREE 30 MINUTE CONSULTATION or questions email mike@athleticagilitynow.com or call Mike (206) 369-9388.

Youth Privileges @ the South Bellevue Community Fitness Center

SBCC welcomes 10-12yr olds to exercise in the Fitness Center. Students may use only the cardio equipment and must be accompanied by an adult. Other requirements include a doctor's note, age verification, a waiver signed by youth and adult, and attendance by both the youth and adult at a Youth Orientation. For further questions please call 425-452-4240.

SOUTH BELLEVUE COMMUNITY CENTER

a partnership for a healthy community



The Fitness Center at South Bellevue Community Center features state of the art treadmills, bikes, elliptical trainers, weight training machines and free weights. The Fitness Center is designed for adult use, as well as teens, ages 10+, with direct adult supervision, or 16+ with parent permission. Please plan on attending one of the free, drop-in one hour orientation classes before your first exercise visit. Call 425-452-4240 for Fitness Center orientation days and times. 10-12 year old youth may use the cardio equipment only. Contact South Bellevue Community Center at 425-452-4240 for policies and procedures related to use.

Included in our Fitness Center fees: Gymnasium (scheduled drop-in sports including basketball, walking, volleyball, pickleball and badminton), Fitness Center (cardio/weights), locker rooms, assistance from staff, and orientation.

Fitness Center Fees

effective January 1, 2011

Type of Admission	Adult (age 18+)		Teens (age 10-17)	
	Resident	Non-Res.	Resident	Non-Res.
Daily Drop-In	\$5.50	\$7	\$3.50	\$4
Pass Card (20 visits)	\$77	\$93	\$44	\$53
Three Month Pass	\$100	\$120	\$60	\$72
Annual Pass (at ePass rate)	\$315	\$378	\$190	\$228
ePass* (on-going monthly)	\$26	\$31	\$16	\$19

* ePass available with electronic fund transfer (EFT) from bank account or credit card only. Six-month minimum commitment required.

Household

Two adults living in the same household and all children, ages 10-20 living in the household. One additional adult @ \$13 per month. Household pass available only as an ePass (see ePass note above) or as an Annual pass at ePass rate.

	Monthly Fee	
	Resident	Non-Resident
Two Adult (no children)	\$39	\$47
Single Adult Household (with children ages 10-20)	\$34	\$41
Two Adult Household (with children ages 10-20)	\$47	\$57

HOLIDAY STUDENT SPECIAL

Stay fit and active through the holidays! Students age 18-23 are eligible for a 6-week Fitness Center pass, good from Thanksgiving week through the end of the year. Contact South Bellevue Community Center, 425-452-4240, for more information.

\$25(R) \$30(N)



Bellevue Fire Department CPR Training Programs



The Bellevue Fire Department offers citizen CPR classes that follow the American Heart Association's Heartsaver CPR curriculum. Pre-registration is required for all classes. Please call 425-452-6885 to register.

Business Group Classes for groups of 6 or more are available at your location. For more information or to schedule a group class for your business please call 425-452-7673.

BLS FOR HEALTHCARE PROVIDER

This class is for the Healthcare Provider and is offered every three months. Written exam/skills test required for course completion card. The course is 6 hours in length. Pre-requisite: current Heartsaver CPR or Heartsaver AED card required. For details please call 425-452-7673 Min 3/Max 6 Fire Station #1

\$65 Age: 18Y and up
64844 9am-3pm Wed Jan 11

INFANT CPR

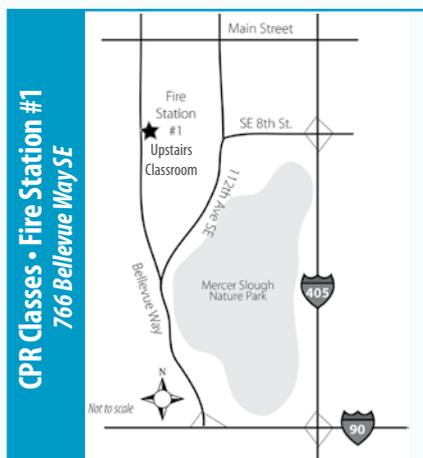
The Bellevue Fire Department offers citizen CPR classes to the community that follow the AHA's Heartsaver CPR curriculum. This hands on course teaches CPR and Choking intervention for infants from birth to 1 year of age. Participants will be required to demonstrate skills to receive a Heartsaver CPR credential. To register please call 425-452-6885. Private Business classes are also available at your location for groups of 6 or more. Please call 425-452-7673 for more information. Min 6/Max 10

Fire Station #1 Age: 14Y and up
\$35
54854 7-10pm Thu Nov 17
64865 7-10pm Thu Jan 26
64866 7-10pm Thu Mar 22

HEARTSAVER CPR AED CLASS FOR ADULTS/CHILDREN

The Bellevue Fire Department offers citizen CPR classes that follow the AHA's Heartsaver CPR AED curriculum. The Adult/Child course teaches warning signs of heart attack and stroke, CPR and Choking intervention for victims ages 1 through adult and includes the use of an Automatic External Defibrillator as part of the training. Participants will be required to demonstrate skills to receive a Heartsaver CPR credential. To register please call 425-452-6885. Private group classes are also available at your location for groups of 6 or more. Please call 425-452-7673 for more information. Min 6/Max 10

Fire Station #1		Age: 14Y and up	
\$40			
54845	7-10pm	Tue	Nov 15
64871	7-10pm	Thu	Jan 05
64872	7-10pm	Tue	Jan 17
64873	7-10pm	Thu	Feb 02
64874	7-10pm	Tue	Feb 21
64875	7-10pm	Thu	Mar 01
64876	7-10pm	Tue	Mar 20
64877	7-10pm	Thu	Apr 05
64879	7-10pm	Tue	Apr 17



jazzercise®

Jazzercise is the world's leading dance-fitness program. Millions of people of all ages and fitness levels have reaped the benefits of this comprehensive program, designed to enhance cardiovascular endurance, strength, and flexibility. Easy to follow, fun choreography includes a gentle warm up, 30 min aerobic workout, muscle toning and strength segment with hand held weights and a stretch finale. All Jazzercise classes are ongoing, participants can join anytime at the door of each class.

HIGHLAND COMMUNITY CENTER

14224 BEL-RED ROAD • 425-452-7686

Jazzercise • Jazzercise Personal Touch • Jazzercise for Teens

Sessions available weekdays, mornings and evenings. Call Phyllis @ 425-814-2134 for more information and to reserve your spot today!

NORTHWEST ARTS CENTER

9825 NE 24TH ST • 425-452-6046

Jazzercise • Jazzercise Lite • Jazzercise Personal Touch

Morning and evening sessions available throughout the week. For more information, call Pam Kalian 425-643-4911, or visit www.jazzercise.com or Lori Hollow - 206-632-3079.

NORTH BELLEVUE COMMUNITY CENTER

4063 148TH AVE NE • 425-452-7681

Jazzercise

Morning and evening sessions available throughout the week. For more information and seasonal schedule changes, call Instructor Kris Rooke @ 425-894-4111, or visit the class web page at www.jazzwithkris.com

SOUTH BELLEVUE COMMUNITY CENTER

14509 SE NEWPORT WAY • 425-452-4240

Jazzercise • Jazzercise Lite

Morning sessions available throughout the week. For more info, call Phyllis at 425-814-2134 or visit www.jazzfitness.net.

**New student specials are available!
Contact instructors directly for details.**

Registration/payment is completed directly with Jazzercise instructor at each class location.



BOOT CAMP WITH KARIE

In its fifth year, this fun and action packed boot camp class will get you in shape, tone your muscles and burn calories. This class consists of cardio drills, stair climbing, and strength and circuit training followed by Pilates based core work and Yoga stretches. Out of shape? No worries. Karie will work with you to modify exercises to meet your individual needs. Her students rave about their results! A Flex Card is available for this class. To register during a session call the South Bellevue Community Center at (425) 452-4240. M/W class 8:45am. T/TH class 9:15am. Sign up for ALL 4 classes a week and receive a 15% discount. Min 8/Max 25

South Bellevue Community Center

\$116(R) \$138(N) Age: 13Y and up
60540 8:45-9:45am Mon/Wed Jan 09-31
9:15-10:15am Tue/Thu

60537 8:45-9:45am Mon/Wed Feb 01-29
9:15-10:15am Tue/Thu

\$63(R) \$75(N) Age: 13Y and up
60541 8:45-9:45am Mon, Wed Jan 09-30
60546 9:15-10:15am Thu, Tue Feb 02-28

\$73.50(R) \$87.50(N) Age: 13Y and up
60545 9:15-10:15am Tue, Thu Jan 10-31
60542 8:45-9:45am Wed, Mon Feb 01-29

\$42(R) \$50(N) Age: 13Y and up
60549 9:15-10:15am Tue Jan 10-31
60550 9:15-10:15am Tue Feb 07-28

\$134(R) \$158(N) Age: 13Y and up
60538 8:45-9:45am Mon/Wed Mar 01-29
9:15-10:15am Tue/Thu

\$94.50(R) \$112.50(N) Age: 13Y and up
60547 9:15-10:15am Thu, Tue Mar 01-29

\$84(R) \$100(N) Age: 13Y and up
60543 8:45-9:45am Mon, Wed Mar 05-28

\$42(R) \$50(N) Age: 13Y and up
60551 9:15-10:15am Tue Mar 06-27

\$107(R) \$127.50(N) Age: 13Y and up
60539 8:45-9:45am Mon/Wed Apr 02-26
9:15-10:15am Tue/Thu

\$73.50(R) \$87.50(N) Age: 13Y and up
60544 8:45-9:45am Mon, Wed Apr 02-30

\$63(R) \$75(N) Age: 13Y and up
60548 9:15-10:15am Tue, Thu Apr 03-26

\$31.50(R) \$37.50(N) Age: 13Y and up
60552 9:15-10:15am Tue Apr 03-24

ZUMBA

Zumba is a one of a kind fitness program with easy to follow Latin rhythms designed for all fitness levels. The goal of the program is for you to love working out again and to look forward to it. This hour of calorie burning, energizing, and expressive movements brings spice back into everyone's fitness program! Min 8/Max 20

Crossroads Community Center

\$80(R) \$92(N) Age: 13Y and up
64294 9:30-10:30am Wed, Mon Jan 04-30
64295 9:30-10:30am Mon, Wed Feb 01-Feb 29
64296 9:30-10:30am Mon, Wed Mar 05-28
64297 9:30-10:30am Mon, Wed Apr 02-Apr 30

ZUMBA LATIN FITNESS DANCE

ZUMBA is a one of a kind fitness program with easy to follow Latin rhythms designed for all fitness levels. The goal of the program is for you to love working out again and to look forward to it. This hour of calorie burning, energizing, and expressive movements brings spice back into everyone's fitness program! Bring a towel and water. Sign up for a 2 day a week session and Bellevue residents only pay \$6.00 a class. A Flex Card is available for this class. To join this class after the session has started, call South Bellevue Community Center (425) 452-4240. Min 10/Max 20

South Bellevue Community Center
\$42(R) \$51(N) Age: 12Y and up
60499 6-7pm Mon Jan 09-Feb 27
60503 10-11am Mon Jan 09-Feb 27
60509 6-7pm Wed Mar 07-Apr 25
60512 10-11am Wed Mar 07-Apr 25

\$78(R) \$91(N) Age: 12Y and up
60516 10-11am Mon, Wed Jan 09-Feb 29
60519 6-7pm Mon, Wed Jan 09-Feb 29
60518 10-11am Mon, Wed Mar 05-Apr 30
60520 6-7pm Mon, Wed Mar 05-Apr 30

\$49(R) \$59.50(N) Age: 12Y and up
60508 6-7pm Wed Jan 11-Feb 29
60511 10-11am Wed Jan 11-Feb 29
60500 6-7pm Mon Mar 05-Apr 30
60504 10-11am Mon Mar 05-Apr 30



ZUMBA LATIN FITNESS DANCE ^{SHAPE UP!}

ZUMBA is a one of a kind fitness program with easy to follow Latin rhythms designed for all fitness levels. The goal of the program is for you to love working out again and to look forward to it. This hour of calorie burning, energizing, and expressive movements brings spice back into everyone's fitness program! Bring a towel and water. Min 10/Max 60

North Bellevue Community Center

\$24(R) \$29(N) Age: 12Y and up
64773 12-1pm Fri Jan 13-27

\$32(R) \$38(N) Age: 12Y and up
64778 12-1pm Fri Feb 03-24
64788 12-1pm Fri Apr 06-27

\$40(R) \$48(N) Age: 12Y and up
64777 12-1pm Fri Mar 02-30

INDOOR GROUP CYCLING

Come ride our LeMond RevMaster Classic Bikes and get a serious aerobic workout while burning approximately 600+ calories per class. Your instructor and motivating music will entertain you as you 'climb hills', 'race' along on flat terrain, and challenge your leg muscles for strength and tone. All fitness levels welcome because you control your pace. A Flex Card is available for this class. To register during a session call South Bellevue Community Center (425) 452-4240. Please arrive 10 minutes early on day one for a bike fit. Bring a bike-style water bottle & towel. Wear stiff soled shoes or SPD cycle shoes, padded shorts, and heart rate monitor if you have them. Dress in layers...you will get hot! Min 6/Max 15

South Bellevue Community Center

\$42(R) \$50.50(N) Age: 13Y and up
60445 6:15-7:15am Mon Jan 09-Feb 27
60446 7:15-8:15pm Mon Jan 09-Feb 27

\$63(R) \$75.50(N) Age: 13Y and up
60453 7:15-8:15pm Mon, Wed Jan 09-Feb 29
60454 6:15-7:15am Mon, Wed Jan 09-Feb 29
60449 6:15-7:15am Mon Mar 05-Apr 30
60450 7:15-8:15pm Mon Mar 05-Apr 30

\$56(R) \$67(N) Age: 13Y and up
60447 7:15-8:15pm Wed Jan 11-Feb 29
60448 7:15-8:15pm Wed Mar 07-Apr 25
60465 6:15-7:15am Wed Mar 07-Apr 29
60451 6:15-7:15am Wed Jan 11-Feb 29

\$76.50(R) \$92(N) Age: 13Y and up
60457 6:15-7:15am Mon, Wed Mar 05-Apr 30
60459 7:15-8:15pm Mon, Wed Mar 05-Apr 30

FREE FITNESS CLASSES AT SOUTH BELLEVUE COMMUNITY CENTER

It is Anniversary Time once again! SBCC is 6 years "young" January 2012. To celebrate, many of our instructors invite you to attend a free class the first week of the New Year, Jan 2-6. Exciting offerings include: Indoor Cycling, ZUMBA, Boot Camp with Karie, Strong & Fit for Seniors and Adults, Fit Camp Total Body Conditioning and more! Try as many as you like to find that perfect class for you. Instructors at SBCC are the best in the industry – enthusiastic, motivating, highly certified and caring. You will achieve your goals and get the results that you desire!

Call South Bellevue Community Center at 425-452-4240 for more information.



Belly Dancing

BELLY DANCE FOR BEGINNERS

Women and teens learn the joy of belly dance for fun and exercise. Zulaika teaches basic movements and isolations, simple rhythms, and basic finger cymbal patterns. This class is for the non-dancer as well as dancers of other dance forms. Min 5/Max 20

South Bellevue Community Center
 \$60(R) \$72(N) Age: 13Y and up
 60668 5:30-6:20pm Wed Jan 18-Feb 22
 60669 5:30-6:20pm Wed Mar 14-Apr 18

BELLY DANCE INTERMEDIATE

Building upon dance skills learned in Beginner class, students increase their movement vocabulary, learn additional isolations, begin to layer movements, and play finger cymbals. Basic veil work, floor work, new rhythms and basic combinations are also introduced. Bring zills and veil. Min 5/Max 20

South Bellevue Community Center
 \$72(R) \$86(N) Age: 13Y and up
 60672 7:10-8pm Wed Jan 18-Feb 22
 60673 7:10-8pm Wed Mar 14-Apr 18

BELLY DANCE PERFORMANCE SKILLS

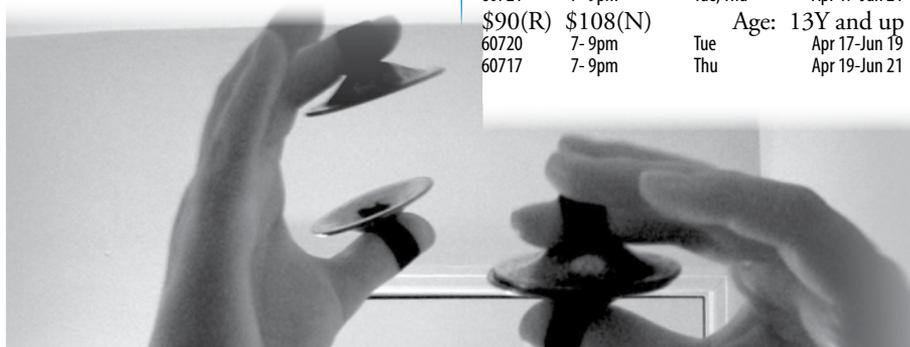
Take your dance to another level! Intermediate to Advanced students will explore topics such as musical interpretation, improvisation, entrances, choreography, different dance rhythms, drum solos, veil work, and other solo performance skills. Min 5/Max 20

South Bellevue Community Center
 \$72(R) \$86(N) Age: 13Y and up
 60674 8-8:50pm Wed Jan 18-Feb 22
 60675 8-8:50pm Wed Mar 14-Apr 18

BELLY DANCE DRILLS AND ZILLS

This is a mixed level (advanced beginners to advanced) class with a focus on playing finger cymbals with dance combinations. Some experience with finger cymbals is required. Min 5/Max 20

South Bellevue Community Center
 \$36(R) \$43(N) Age: 13Y and up
 60670 6:30-7pm Wed Jan 18-Feb 22
 60671 6:30-7pm Wed Mar 14-Apr 18



Martial Arts

BEGINNING FENCING FOR YOUTH

Students will learn the basics of fencing technique, competition, recreation, and sport, plus increase their fitness level and mental focus. Wear athletic shoes and sweatpants (no jeans). Bring a water bottle. A one-time equipment rental fee of \$35 and book fee of \$20 payable by check to instructor first day of class. Min 8/Max 20

South Bellevue Community Center
 \$115(R) \$138(N) Age: 8Y - 12Y
 60644 6:45-7:45pm Thu Jan 12-Mar 08
 60661 6:45-7:45pm Thu Mar 15-May 10

BEGINNING FENCING FOR TEENS AND ADULTS

In this introductory course, learn how to fence competitively as well as for recreation and fitness. Learn about equipment, footwork, technique, conditioning, safety, strategy, and tactics. Get a great workout for your body and mind with this invigorating Olympic sport. Wear athletic shoes and sweatpants (no jeans). Bring a water bottle. One-time equipment rental fee of \$35 and reference book fee of \$20 payable to instructor at first class. Min 8/Max 20

South Bellevue Community Center
 \$115(R) \$138(N) Age: 13Y and up
 60663 7:45-8:45pm Thu Jan 12-Mar 08
 60664 7:45-8:45pm Thu Mar 15-May 10

NAGINATA

This Japanese martial art shows both power and grace. It is characterized by the grandeur of its sweeping movements of the Naginata, a Japanese sword on the end of a six foot pole. This art is for people of all ages interested in either competitive fighting, or in the physical beauty of choreographed, practiced movements called kata. Beginners are welcome but please contact instructor before registering (425) 736-5663. Min 7/Max 15

Northwest Arts Center
 \$108(R) \$128(N) Age: 13Y and up
 60718 7-9pm Tue Jan 17-Apr 03
 60716 7-9pm Thu Jan 19-Apr 05
 \$144(R) \$172(N) Age: 13Y and up
 60719 7-9pm Tue, Thu Jan 17-Apr 05
 60721 7-9pm Tue, Thu Apr 17-Jun 21
 \$90(R) \$108(N) Age: 13Y and up
 60720 7-9pm Tue Apr 17-Jun 19
 60717 7-9pm Thu Apr 19-Jun 21

MARTIAL ARTS SELF DEFENSE/HAPKIDO BEGINNING CHILD

This co-ed course helps young people develop coordination, balance, focus, strength, self-esteem, group interaction, communication skills and discipline, while teaching personal safety/self-defense in a safe, friendly environment. In addition to lots of conditioning exercises, students will learn a basic kicks, strikes, throws, evasion and grappling. Uniform required & available at class for a fee. Association membership required for promotion testing. Min 10/Max 30

Highland Community Center
 \$46(R) \$55(N) Age: 6Y - 12Y
 64164 5-5:55pm Wed, Mon Jan 04-30
 64165 5-5:55pm Wed, Mon Feb 01-29
 64166 5-5:55pm Mon, Wed Mar 05-28
 64167 5-5:55pm Mon, Wed Apr 02-30

SELF DEFENSE/HAPKIDO INTERMEDIATE/ADVANCED

This co-ed course builds on skills introduced in the beginning class and helps young people and adults successfully face physically confronting issues. With a blend of traditional and real-world scenarios, students learn to identify, avoid and de-escalate potentially dangerous situations. While refining on skills learned from beginning class, students will start learning joint locks, pressure points (adults only) and weapons. Prerequisite: Graduation from the beginning class, or age 13 and above. Instructor permission required to attend. Min 10/Max 30

Highland Community Center
 \$46(R) \$55(N) Age: 13Y and up
 64178 5:30-6:55pm Wed, Mon Jan 04-30
 64179 5:30-6:55pm Wed, Mon Feb 01-29
 64180 5:30-6:55pm Mon, Wed Mar 05-28
 64181 5:30-6:55pm Mon, Wed Apr 02-30

TAI CHI QIGONG

A traditional Chinese combination of flowing and stretching exercises. A vital energy exercise, which balances energy, relaxes the body, and relieves stress. This course is drop-in only. \$11/day Resident & \$13/day Non-Resident. Min 10/Max 50

North Bellevue Community Center
 \$11(R) \$13(N) Age: 18Y and up
 64386 9-10am Sat Jan 14-Apr 28

TAI CHI QI - GONG PRACTICE

Bring your favorite Tai Chi Qi - Gong motions to share with each other. We will practice the 18 Tai Chi Qi-Gong movements. Min 1/Max 35

South Bellevue Community Center
 FREE Age: 60Y and up
 60823 12-1pm Wed Jan 04-Apr 25

YANG STYLE TAI CHI

Taught by 6th rank, certified instructor. To register during a session, call the South Bellevue Community Center at 425-452-4240. Min 5/Max 20
 South Bellevue Community Center
 \$60(R) \$72(N) Age: 18Y and up

Beginner

Learn the beginning movements of this Tai Chi form as taught by the founding Yang Family. Graceful, flowing, and evenly paced movements help improve balance, coordination, and flexibility. Its meditative quality revitalizes energy, calms the mind, and relaxes the body.

60596	9:15-10:15am	Sat	Jan 14-Feb 18
60597	9:15-10:15am	Sat	Mar 03-Apr 07

Intermediate/Advanced

This class practices the Yang style long form. Students who have completed the Beginner class or have previous experience are welcome to participate.

60601	10:20-11:30am	Sat	Jan 14-Feb 18
60602	10:20-11:30am	Sat	Mar 03-Apr 07

TAI CHI- WEDNESDAY PRACTICE

Tai Chi helps blood flow smoothly in the vessels and can strengthen the functions of heart & lungs. It is the best kind of exercise for the health of middle aged and seniors. Easy to learn and follow as well as helps you mildly exercise your whole body. Come join us and feel good! Min 5/Max 30

North Bellevue Community Center
 FREE Age: 18Y and up
 64719 9:30-10:30am Wed Jan 11-Apr 25



MINI KICKERS MARTIAL ARTS

This class teaches basic kicks and strikes to young children in an active, fun and positive environment. Uniforms may be purchased through instructor. Sparring equipment is an optional purchase. Min 6/Max 16

Northwest Arts Center
 \$132(R) \$151(N) Age: 4Y - 6Y
 60443 4:30- 5:15pm Mon, Wed Jan 09-Apr 04
 \$120(R) \$144(N) Age: 4Y - 6Y
 60444 4:30- 5:15pm Mon, Wed Apr 16-Jun 20

BEGINNING KENDO

Kendo is a coed martial arts sport based on Samurai traditions requiring both mental and physical discipline. Participants use a Bokken (oak sword) for weeks 1-4, at week 5 a Shinai (bamboo sword) is also required. Participants must purchase a bokken (oak sword) either before or at the first class. Beginning students should wear loose fitting clothes. Min 12/Max 25

Highland Community Center
 \$60(R) \$72(N) Age: 8Y and up
 64153 6:30- 8pm Fri Jan 06-Mar 09

INTERMEDIATE KENDO

Intermediate Kendo is a continuation of where the students progress to actual striking of live targets. Once the student has progressed in skill they will be able to move into wearing armor and engage in bouts with other students. Students remain in intermediate until they have transitioned to armor. During intermediate kendo students generally purchase uniforms which are required for advanced kendo. All students in armor are in the Advanced Class. Min 12/Max 25

Highland Community Center
 \$60(R) \$72(N) Age: 8Y and up
 64156 6:30- 8pm Fri Jan 06-Mar 09

ADVANCED KENDO

Advanced kendo is for those students who have completed beginning and intermediate kendo and are in armor (bogu). Individuals with previous experience must contact the teacher for approval to enroll in advanced kendo. Min 12/Max 60

Highland Community Center
 \$60(R) \$72(N) Age: 8Y and up
 64160 7:30- 9:30pm Fri Jan 06-Mar 09

TAEKWONDO

An ancient Korean Martial Art, Taekwondo is a system of practical techniques used for self-defense. Instruction is designed to physically emphasize kicks and punches that strengthen and condition the whole body and mentally promote confidence, patience, and respect.

Taekwondo @ Northwest Arts Center

\$187(R) \$217(N)	Age: 6Y - 12Y
60712 7- 8pm	Mon, Wed Jan 09-Apr 04
\$170(R) \$204(N)	Age: 6Y - 12Y
60714 7- 8pm	Mon, Wed Apr 16-Jun 20
\$187(R) \$217(N)	Age: 12Y and up
60713 8- 9pm	Mon, Wed Jan 09-Apr 04
\$170(R) \$204(N)	Age: 12Y and up
60715 8- 9pm	Mon, Wed Apr 16-Jun 20

Taekwondo @ South Bellevue Community Center

For the 6pm class, students must be 10 yrs old or have instructor permission. To register during a session call South Bellevue Community Center at (425) 452-4240.

\$53(R) \$63(N)	Age: 6Y and up
60357 4- 4:50pm	Tue, Thu Jan 03-31
60355 5- 5:50pm	Tue, Thu Jan 03-31
60361 4- 4:50pm	Thu, Tue Feb 02-28
60359 5- 5:50pm	Thu, Tue Feb 02-28
60362 4- 4:50pm	Thu, Tue Mar 01-29
60365 5- 5:50pm	Thu, Tue Mar 01-29
60363 4- 4:50pm	Tue, Thu Apr 03-26
60368 5- 5:50pm	Tue, Thu Apr 03-26

\$53(R) \$63(N)	Age: 10Y and up
60356 6- 6:50pm	Tue, Thu Jan 03-31
60358 6- 6:50pm	Thu, Tue Feb 02-28
60360 6- 6:50pm	Thu, Tue Mar 01-29
60366 6- 6:50pm	Tue, Thu Apr 03-26

TAI-CHI CHUAN SWORD PLAY

An Ancient Chinese method for promoting a well integrated body and mind. Using a series of stretching exercises, beginning with focusing on the natural flow of breath, we slowly work toward incorporating good posture and the 24 simplified movements of Tai-Chi. Also incorporated are the 32 simplified movements of Tai-Chi Sword-play. Min 8/Max 20

\$56(R) \$67(N) Age: 16Y and up

South Bellevue Community Center

60679 7:15- 8:45pm	Thu	Jan 05-Feb 02
60680 7:15- 8:45pm	Thu	Feb 09-Mar 08
60681 7:15- 8:45pm	Thu	Mar 15-Apr 12
60682 7:15- 8:45pm	Thu	Apr 19-May 17

North Bellevue Community Center

60676 7:15- 8:45pm	Mon	Jan 09-Feb 13
60677 7:15- 8:45pm	Mon	Feb 27-Mar 26
60678 7:15- 8:45pm	Mon	Apr 02-30

Outdoor & Natural Resources

VISITOR CENTERS

Botanical Garden Visitor Center

The 53-acre Bellevue Botanical Garden offers nature lovers one mile of trails through woodlands, ground cover, perennial, Yao, waterwise, and alpine rock gardens.

Location: 12001 Main Street, 98005

Hours: 9am - 4pm daily

Phone: 425-452-2750

Website: www.bellevuewa.gov/botanical_garden.htm

Lake Hills Greenbelt Ranger Station

Surrounded by community farms, gardens, and P-Patches, you will find interpretive displays, trails, and environmental program information.

Location: 15416 SE 16th Street, 98007

Hours: Tue - Sat, noon-4pm

Phone: 425-452-7225

Website: www.bellevuewa.gov/lake_hills_greenbelt.htm

Lewis Creek Visitor Center

This beautiful park offers ample opportunity to wander through forests, meadows and wetlands. Come inside the center and pick up trail and park maps for the area, attend a Natural Resource program, or simply enjoy the relaxing atmosphere.

Location: 5808 Lakemont Blvd., 98007

Hours: Wed-Sun, 10am-4pm
Closed Mon, Tue, & Holidays

Phone: 425-452-4195

Website: www.bellevuewa.gov/lewis_creek_park.htm

FOLLOW US ON FACEBOOK!

Become a fan of **Bellevue Parks & Community Services** on Facebook to learn about unique events, activities, and fun ways to use Bellevue's park and open space system.



Mercer Slough Environmental Education Center Visitor Center

Overlooking the 320 acre Mercer Slough Nature Park, the Visitor Center offers remarkable views of the forest canopy and swampy wetlands below. Inside, enjoy an interactive library and interpretive displays for adults and families. Park Rangers provide information and free weekly programs. Pick up trail maps, brochures and program information today.

Location: 1625 118th Ave SE, 98005

Hours: Daily, 10am-4pm

Phone: 425-452-2565

Website: www.bellevuewa.gov/mseec.htm

FAMILY DISCOVERY SERIES ART IN NATURE EXHIBITS

The ability to interpret nature through art is an extraordinary talent. From painting to printmaking to photography, these exhibits display the work of local artists inspired by nature. New artwork will be featured throughout the year.

WHEN: Daily
10am - 4pm

WHERE: Mercer Slough Environmental Education Center Visitor Center

COST: Free

MERCER SLOUGH DISCOVERY BACKPACKS

Our Discovery Backpacks provide you with all the materials and activities you'll need for launching a fun, self-guided tour through Mercer Slough Nature Park. They include binoculars, magnifying lenses, easy-to-use nature guides and more. Great for families, groups, and individuals! Backpack themes available: Birding, Wildlife, and Wetlands.

WHEN: Available Daily,
10:30am -3:30pm

WHERE: Mercer Slough Environmental Education Center -Visitor Center, 1625 118th Ave SE

COST: Suggested Donation of \$5

INFO: 425-452-2565 or
MSEEC@bellevuewa.gov

GROUP PROGRAMS AT LEWIS CREEK PARK

Looking for an engaging program for your club, school group or scout pack? Lewis Creek Park Rangers offer interpretive walks, talks and hands-on activities featuring different plants, animals, habitats, cultural and natural history. Exploring a particular chapter in your curricula? Utilize the natural resources of Lewis Creek Park's three distinct habitats - wetland, grassland and forest - and immerse your participants into their studies. For more information or to discuss program possibilities phone 425-452-4195. There is a suggested donation of \$2 per person.



Art in Nature Exhibit at Mercer Slough Environmental Education Center



LEOPOLD AT LEWIS CREEK

Aldo Leopold's Land Ethic is brought to life through the Leopold Education Project—a program whose mission is to create an ecologically literate citizenry so that each individual might develop a personal land ethic. Leopold Education Project curricula & activities are inspired by Aldo Leopold's greatest writing: *A Sand County Almanac*. Ask a Lewis Creek Park Ranger how this program can inspire your club, school group or scout pack. For more information or to discuss program possibilities phone 425-452-4195. There is a suggested donation of \$2 per person.

MERCER SLOUGH RANGER PROGRAMS

Mercer Slough Nature Park
FREE Age: 6Y and up

Animal Adaptations

Do you ever wish you had super powers? Many of the animals living in the Mercer Slough have amazing abilities that allow them to survive extreme conditions. Come find out about the special adaptations of our wetland wildlife. Children under 12 must be accompanied by an adult. No registration necessary.
64293 2:30-3pm Sun Feb 05

Beavers of Mercer Slough

Did you know you can find beavers in Mercer Slough Nature Park? Learn about nature's architect, the beaver, how they shape the habitat around them, and why Mercer Slough's beavers are unique. Children under 12 must be accompanied by an adult. No registration necessary.
64300 2:30-3pm Sun Mar 04

Bird Basics

From the tiny tropical hummingbird to the enormous emu, to the penguin that flies underwater, birds come in all shapes, colors, and sizes, and have managed to colonize every continent on earth. Learn more about what makes birds unique, and find out what kind of bird you'd like to be! Children under 12 must be accompanied by an adult. No registration necessary.
64301 2:30-3pm Sun Apr 01

NATURE SCAVENGER HUNT

Stop by the Lewis Creek Visitor Center and pick up a scavenger hunt list. Then hit the trails and discover what natural treasures can be found in your local park. The Visitor Center is open Wednesday through Sunday, 10am-4pm.

STORY TIME SERIES

Look, listen and create during an hour of stories and crafts with a park ranger on the 1st Friday of every month. Parents and children will explore together the diverse animal world with animated fiction and fun. All children must be accompanied by a registered adult. Registration is required. Min 3/Max 25
Lewis Creek Park
\$2 Age: 3Y and up

In the Snow: Who's Been Here?

Animals leave neat clues behind during their forest travels. Find the signs in the snow and join in guessing, "Who's been here?" Then make a pop-up snowflake card for the holidays.
59525 11am-12pm Fri Dec 02

Owl Moon

A little girl and her father go owling one night... will they see an owl or two? We will read the story and make an owl mask.
64085 1:30-2:30pm Fri Jan 06

Crawdad Creek

Explore Crawdad Creek where there are rocks filled with fossils, crawdad hiding under a stone, whirligig beetles and water striders, hopping frogs and so much more! We will make a metamorphic frog to see the changes that many wetland wildlife go through.
64106 11am-12pm Fri Feb 03

Forest Bright Forest Night

Learn what animals move about the forest in the daytime and the nighttime. We will make a forest collage to take home.
64107 1:30-2:30pm Fri Mar 02

The Sunset Switch

Sunset is a magical time. Come learn about the moment when daytime animals go to sleep and nighttime animals take over. Then make a sundial to take home.
64108 11am-12pm Fri Apr 06



BIRD WATCHING

Get to know our winter birds in the Lake Hills Greenbelt! Join Hugh Jennings, an avid birder since 1988, to explore our wetland waterfowl, native songbirds and woodland edge woodpeckers. Learn which birds spend their winters here and which ones you should expect to see in the spring. Please dress for the weather and if you have binoculars please feel free to bring them along! Location: Lake Hills Greenbelt Ranger Station, 15416 SE 16th Street. For information call 425-452-7225. FREE. Pre-registration is required. Min 1/Max 25 Lake Hills Greenbelt

FREE			All Ages
63338	8-9:30am	Fri	Jan 20
63339	8-9:30am	Wed	Feb 15
63340	8-9:30am	Fri	Mar 16

LEWIS CREEK EXPLORERS' CLUB

Cougar Mountain Wildlife

This talk is presented by Steve Williams, retired manager of Cougar Mountain Regional Wildland Park, and will include artifacts and mounts of some local birds and animals as well as hands-on comparison of skulls and tracks. Come and find out who lives in our woods.
FREE Age: 6Y and up
64740 6-8pm Thu Jan 19

Weird Webs

We will use a ball of string to create a food web that shows the interactions between the members of the ecosystem and learn to appreciate the interconnections and interdependence within the web of life. Parents and children will learn together.
FREE Age: 8Y and up
64060 1-1:30pm Sat Jan 11

The Life and Times of a Bald Eagle

Learn about the habits and habitat of a young bald eagle through this creative movement active learning experience. Parents and children will move together.
FREE Age: 6Y and up
64111 1-1:30pm Sat Feb 11

On Your Own

In his essay *Flambeau*, Aldo Leopold tells the story of meeting two young men on a camping trip and describes how such a trip provides real world consequences and the freedom to make mistakes. Participants will test their abilities and demonstrate creative problem-solving skills through a series of open-ended challenges. We will share lessons learned from challenge success and failures.
64741 1-2:30pm Sat Feb 18



Allies and Invaders

In his essay *Cheat Takes Over*, Aldo Leopold discusses the attack of invasive cheat grass on native grass species of the Western United States and identifies the need for human intervention. In this activity, participants will identify local native plant species that are competing for habitat with invasive plants and work to remove the invasive competitors. In so doing, they will understand how removing invasive plant species can increase biodiversity of an area.

64742 10-11:30am Sat Mar 17

Wake Up Little Birdie Wake Up

In his essay *Great Possessions*, Aldo Leopold describes what he learned by listening to birds as they awakened and begin calling from pre-dawn through sunrise. Participants will use mnemonic sounds to imitate birds songs and understand the regular, timed sequence of birds awakening as they recreate the dawn chorus described by Leopold. Parents and children will learn together.

FREE Age: 6Y and up
64145 10:30-11:30am Sat Mar 31

Basic Map and Compass

Can you read a US Geological topographic map or take a bearing with a compass to avoid getting lost? Do you know the difference between true and magnetic north? You'll learn these skills and more!

64743 1-2:30pm Sat Apr 14

Owl Prowl

Come in and learn about the mysterious animal called the owl. Then, take a night hike with the Rangers and listen for owls and other nocturnal wildlife in the park. Bring a flashlight or a headlamp for the journey, as well as sturdy shoes!

\$3 Age: 6Y and up
64147 7:30-9pm Fri Apr 27

MOVIES AT MERCER SLOUGH

Join us the last Friday of every month for fun and engaging environmental movies. Bring a comfy blanket or pillow and we'll pop the popcorn. Help reduce waste and bring your own cup or bowl. All children under 12 must be accompanied by an adult. No registration necessary. Where: Mercer Slough Environmental Education Center 1625 118th Ave SE Age: Best for ages 8+ Cost: Free! Info: 425-452-2565 or MSEEC@belleveuewa.gov Min 1/Max 30 Mercer Slough Nature Park FREE All Ages

Life in the Undergrowth

Open your eyes to the bizarre, ferocious, and surprisingly beautiful world of the invertebrates. Within this remarkable world lie not just beetles and bugs, but exotic cicadas, neon glow worms, and intricate silk-weaving spiders - not to mention a whole host of other incredible life-forms with startling behavior.

64302 5-6pm Fri Jan 27

Wolf - Legendary Outlaw

Journey around the world to witness the stunning life of wolves. Learn how the wolf became a legendary outlaw and how we understand them today. Approx. 50 min.

64303 5-6pm Fri Feb 24

Humpback Whale - Giant of the Oceans

Experience the wonder of one of the largest creatures ever to inhabit planet earth. Watch the underwater acrobatics and listen to the song of the humpback whale as you journey with them on a daring migration from the poles to the tropics. Approx. 60 mins.

64304 5-6pm Fri Mar 30

Life in Cold Blood - Sophisticated Serpents

With breathtaking footage and amazing action photography, David Attenborough guides you through the fascinating lives of snakes, showing that the cold-blooded world is as passionate, dramatic, and bizarre as any on Earth. Approx. 60 mins.

64313 5-6pm Fri Apr 27

LEWIS CREEK CHILDREN'S MOVIES

Stranger in the Woods

Based on the award winning children's book by the same name, the winter storm has ended, and the entire forest is wearing a coat of glistening white. As the animals come out of their shelter at daybreak, they discover there is something, or someone, new in the forest. Who is this stranger in the woods, and what wonderful surprises does he bring? Running time: 23 minutes. We will read the book together and then enjoy the movie! Appropriate for ages 5 and up. Registration required.

59479 2-3pm Sat Dec 18



Baby Tales

Foal, cub, piglet, chick, polliwog, pup, or kitten. Every creature begins life the same way - as a baby. But growing up is different for each of us. Turtle hatchlings make their way in the world by pure instinct. Other babies form strong bonds with their mothers, relying on them for years of devoted care and all-important training. These are the stories of babies across the animal kingdom and their daunting journeys into a grown-up world. Running time 60 minutes.

FREE Age: 5Y and up
64192 2-3pm Sat Jan 07

Jane Goodall's When Animals Talk

Just like any pet owner, Jane Goodall believes that all animals can talk it's just that we don't always understand what they're saying. When Animals Talk recounts the amazing stories of animals that have changed the lives of the people they've touched. Dr Goodall's message is that communicating with animals brings humankind closer to another world, and that such liaisons can bring about unexpected benefits to both. Running time 120 minutes.

FREE Age: 10Y and up
64193 1:30-3:30pm Sat Feb 04

Beavers: The Biggest Dam Movie You Ever Saw

Take an intimate swim with BEAVERS and experience the rich aquatic habitat of one of nature's greatest engineers. This film follows the lives of a family of beavers as they grow, play and transform the world around them. Running time 70 minutes.

FREE Age: 5Y and up
64194 2-3pm Sat Mar 03

Lost in the Woods

Based on the award winning children's book by the same name, the forest is abuzz over a newborn fawn. Various creatures have spotted him and all are worried that he might be lost. Despite his assurance that he's just waiting for his mother, the animals chime in with comments and offers of help. She returns, time passes, and the fawn grows stronger. He sees other young animals maturing, and at the end of the story, he is big enough to go exploring with his mother. Running time 40 minutes. We will read the book together and then enjoy the movie!

FREE Age: 5Y and up
64195 2-3pm Sat Apr 07



ADULT ENRICHMENT SERIES

MASTER NATURALIST TRAINING PROGRAM

Sign up now for more information about the Master Naturalist Training Program. Each winter join the City of Bellevue for an environmental training program that teaches our City's community members about the area's ecology, hydrology, geology, wildlife and cultural history. This training program is FREE, with a commitment of 100 volunteer hours spread over 2 years. For more information contact Alexandra DySard, ADySard@bellevuewa.gov or call Lewis Creek at 425-452-4195. **Applications due January 13, 2012.**

GREEN FIRE - ALDO LEOPOLD AND A LAND ETHIC FOR OUR TIME

Come celebrate Leopold's 125th Birthday as we watch the first full-length, high-definition documentary film ever made about legendary environmentalist Aldo Leopold! Green Fire highlights Leopold's extraordinary career, tracing how he shaped and influenced the modern environmental movement. Leopold remains relevant today, inspiring projects all over the country that connect people and land. Running time is 72 minutes.

Lewis Creek Park
FREE
64203 5:30-7pm Wed Age: 12Y and up Jan 11

CREATE A WILDLIFE-FRIENDLY HABITAT

Design a garden that provides the essential needs for wildlife species, such as birds, butterflies, and beneficial insects. Learn how to create diversity around your apartment or house-no residential or commercial area is too small. You can not only help wildlife thrive, but learn how to qualify your garden to become an official Certified Wildlife Habitat™ with the National Wildlife Federation (NWF) and/or Backyard Wildlife Sanctuary with the Washington Department of Fish and Wildlife (WDFW). Tour our Lake Hills Greenbelt's NWF and WDFW certified habitat sanctuary. Get ready for spring with a seminar with two of our City of Bellevue Master Naturalists. Take a native plant home to get started. FREE, donations accepted. Pre-registration is required.

Lake Hills Ranger Station
FREE
63684 1-2:30pm Sat Age: 18Y and up Mar 31
63685 1-2:30pm Sat Apr 28

LEWIS CREEK HOT TOPIC SERIES

Generate discussion and debate on current wildlife and conservation issues facing America today during Lewis Creek's new Hot Topic Series! Engage in discussions affecting your local and regional communities. Suggest topics you'd be interested in learning more about! Info: 425-452-4195. Min 10/Max 50
Lewis Creek Park

Wolves in Washington!

Have you heard? Gray wolves have returned to Washington nearly 70 years after they were extirpated from the state! Should we be excited or nervous? Where are they coming from? Where are they traveling to? What is the state doing to prepare for their presence? Explore and inquire about wolves in Washington State. Learn where you can find more resources on this important topic!

FREE
64215 1-2pm Sun Age: 12Y and up Jan 22

LEWIS CREEK FILM SERIES

Written and narrated by esteemed naturalist David Attenborough, experience the stand-out BBC nature documentary series LIFE. The series takes a global view of the specialized strategies and extreme behavior that living things have developed in order to survive; what Charles Darwin termed 'the struggle for existence.' Lewis Creek will host one episode monthly over the next year. Min 5/Max 50

Lewis Creek Park
FREE
Age: 12Y and up

Challenges of Life

An introduction to the series, showing examples of extraordinary feeding, hunting, courting and parenting behavior from across the animal kingdom and around the globe. Running time 50 minutes.

64196 2-3pm Sun Jan 15

Reptiles & Amphibians

They may seem primitive, reptiles and amphibians still thrive thanks to diverse survival strategies - Komodo dragons, pebble toads, pygmy geckos, horned lizards and more! Running time 50 minutes.

64197 2-3pm Sun Feb 12

Mammals

Intelligence, warm blood and strong family bonds have made mammals the most successful group of animals on the planet - Weddell seal, reindeer, fruit bats, polar bears and more! Running time 50 minutes.

64198 2-3pm Sun Mar 11

Fish

Fish, the most diverse group of vertebrate animals, thrive in the world's rivers, lakes and oceans. Slow-motion footage reveals the behavior of some of the fastest fish in the sea, sailfish and flying fish. Running time 50 minutes.

64199 2-3pm Sun Apr 15

LIVING WITH WILDLIFE SERIES

Did I see a bobcat or a cougar? Was that my neighbor's dog or a coyote? What do I do if I run into a bear? How do I get the deer to stop eating my rose bushes? How fortunate we are to live in a city full of wildlife! But this also leaves us with the responsibility of learning how to live with our furry and feathered neighbors. Learn about the wildlife that lives in and around Bellevue and how to live in harmony with wild animals. A different species will be discussed each month. Min 10/Max 50

Lewis Creek Park
FREE
Age: 12Y and up

Intro to Wildlife Biology

Wildlife biologists are becoming increasingly involved in the human dimensions of wildlife management. Human-wildlife conflicts are on the rise across America as growing human populations continue to encroach on wilderness territories. Learn about human-wildlife interactions in Washington and what biologists are doing to manage conflicts.

64211 1-2pm Sat Jan 28

Black Bears

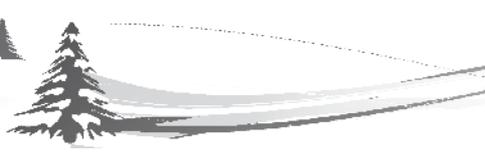
With an estimated population of 25,000 statewide, black bears are the most common source of potentially dangerous conflicts. Black bear complaints to the Washington Department of Fish and Wildlife annually average 417 statewide. They range from fleeting glimpses of bears to close encounters. Learn from wildlife biologist Dr. Brian Kertson about black bear ecology, how to prevent conflicts and what to do if you encounter a black bear.

64212 1-2pm Sat Feb 25

Cougars & Bobcats

Cougar reports annually average 293 statewide, ranging from harmless sightings to attacks on livestock or pets. But was that a cougar or a bobcat you saw in your neighborhood? Learn from wildlife biologist Dr. Brian Kertson about cougar and bobcat identification, ecology, how to prevent conflicts and what to do if you encounter a cougar or a bobcat.

64213 1-2pm Sat Mar 24



Coyotes & Wolves

There are at least 50,000 coyotes that roam Washington and urban coyote problems are growing, with the first recorded attack on humans in Washington in 2006 in Bellevue where coyotes had been deliberately fed. And wolves are back in Washington! Learn about coyote and wolf identification, ecology, how to prevent conflicts and what to do if you encounter a coyote or a wolf.

64214 1-2pm Sun Apr 29

MERCER SLOUGH GUEST LECTURE SERIES

Mercer Slough Nature Park
\$5 Age: 12Y and up

Geology From Mountains to Sound

Take a virtual trip from mountains to sound and explore the long and dynamic geologic history of the I-90 corridor. Geologist, Rob Viens will present and discuss the geologic history of the region as it is expressed in the trails and parks along the Mountains to Sound Greenbelt, including Mercer Slough, Cougar Mountain, Tiger Mountain, Mt. Si and Snoqualmie pass. Pre-registration required.

64216 7-8:30pm Fri Mar 17

Native Plants - Edible, Medicinal, and Useful

Join Barb Williams, Bellevue Botanical Garden Society school programs manager and Eastside Heritage Center volunteer, for a fun, hands-on, indoor/outdoor interpretive program about local Native Americans and their ingenious use of native plants to support survival needs. Pre-registration is required.

64217 11am-12:30pm Sat Mar 24

Noxious Weeds and Invasive Plants

Find out about new invaders that could be the next worst weeds if we don't stop them, and learn new tricks for managing familiar problem weeds. Noxious weed educator Sasha Shaw will teach about common and uncommon weeds in our area with a slide show and a live weed show and tell. WSDA license recertification credits will be available. This class is free and open to the public, but space is limited, so please register at www.MyParksAndRecreation.com or call 425-452-6885. For additional course information, contact Sasha Shaw at sasha.shaw@kingcounty.gov. Suggested donation of \$5.

FREE Age: 12Y and up
64219 6:30-8:30pm Thu Apr 05

Save the Sound - Build a Rain Garden

A rain garden is a beautiful landscape feature that filters polluted runoff from rooftops, driveways, and other hard surfaces. Rain gardens function like a miniature forest to filter pollution, reduce flooding, replenish groundwater, and provide habitat for birds and butterflies. Most of the pollution entering local rivers and streams does not come from industry. It starts in our own neighborhoods as rainwater runoff from our built environment. Learn how to design and build a rain garden to mimic natural drainage in your own yard, and protect Puget Sound. Read more at 12000raingardens.org. This class is free and open to the public, but space is limited, so please pre-register with Stacey Gianas at sg@stewardshippartners.org. Suggested donation of \$5.

FREE Age: 12Y and up
64314 6-8pm Thu Apr 12

NATURALIST BOOK CLUB SERIES

Delve into seminal writings by American naturalists with the Lewis Creek Naturalist Book Club! Discuss, analyze and reflect on the natural world. Share your love of natural history and environmental philosophy while making new friends. Info: 425-452-4195. When: Last Sunday of every month Time: 6pm - 8pm Cost: FREE - Bring copy of the book along with you! Min 5/ Max 15

Lewis Creek Park
FREE Age: 18Y and up

A Sand County Almanac by Aldo Leopold

Widely cited as one of the most influential nature books ever published, A Sand County Almanac explores the breathtaking diversity of the unspoiled American landscape at the peak of its beauty and majesty. Leopold's work is a stunning tribute to our land and a bold challenge to protect the world we love.

59336 6-8pm Sun Nov 27

Watched By Wild Animals by Enos Mills

Enos A. Mills is considered as the Father of Rocky Mountain National Park. He was a naturalist, writer, speaker, nature guide, photographer, innkeeper, & miner. Homesteading in Estes Park, Colorado, in 1885 brought him into intimate contact with the natural world. His books are all true accounts of his experiences in the wilderness.

64204 6-8pm Sun Jan 29

Desert Solitaire by Edward Abbey

Critically acclaimed author Edward Abbey vividly captures the essence of his life during three seasons as a park ranger in southeastern Utah. This is a rare view of a quest to experience nature in its purest form -- the silence, the struggle, the overwhelming beauty. But this is also the gripping, anguished cry of a man of character who challenges the growing exploitation of the wilderness by oil and mining interests, as well as by the tourist industry.

64205 6-8pm Sun Feb 26

Encounters with the Archdruid by John McPhee

The narratives in this book are of journeys made in three wildernesses - on a coastal island, in a Western mountain range, and on the Colorado River in the Grand Canyon. The four men portrayed here have different relationships to their environment, and they encounter each other on mountain trails, in forests and rapids, sometimes with reserve, sometimes with friendliness, sometimes fighting hard across a philosophical divide.

64206 6-8pm Sun Mar 25

Wolf Willow by Wallace Stegner

Wallace Stegner weaves together fiction and nonfiction, history and impressions, childhood remembrance and adult reflections in this unusual portrait of his boyhood. Set in Cypress Hills in southern Saskatchewan, where Stegner's family homesteaded from 1914 to 1920, Wolf Willow brings to life both the pioneer community and the magnificent landscape that surrounds it.

64207 6-8pm Sun Apr 29

TOURS, HIKES, WALKS, & OUTDOOR ACTIVITIES

BELLEVUE BOTANICAL GARDEN TOURS

Join docents for a free drop-in tour of the world-famous gardens. Tour lasts about one hour.

Time: Saturdays and Sundays, April through October, 2pm

Location: Bellevue Botanical Garden Visitor Center
12001 Main Street

Information: 425-451-3755

Cost: Free

Groups: Pre-register 3 weeks in advance, special times ok, available April through October.



MERCER SLOUGH NATURE WALK

Meet a Park Ranger at the Visitor Center for a free guided tour and learn about the fascinating flora, fauna, and history of the Mercer Slough Nature Park – Lake Washington’s largest remaining wetland. Please dress for weather. All ages welcome. No registration necessary.

WHEN: Weekly, every Saturday
2-3pm. (No walk December 24 and April 21.)

WHERE: Mercer Slough Environmental Education Center
Meet at the Visitor Center

COST: Free

INFO: 425-452-2565 or
MSEEC@bellevuewa.gov

LEWIS CREEK RANGER WALK

Join a Ranger in exploring the natural history of Lewis Creek Park. Look for signs of local wildlife and learn what to do when encountering animals in the wild. All ages welcome. Dress for the weather and wear sturdy shoes. No registration required.

Time: Saturdays: January 7, February 5, March 3, April 7,
10:30-11:30am

Location: Lewis Creek Visitor Center,
5808 Lakemont Blvd SE

Cost: Free!

Info: Call 425-452-4195

LOCAL AREA HIKES

Did you know Bellevue has almost 100 parks and over 80 miles of trail to explore? Get connected to your local greenbelts and neighborhood parks as rangers take you on hikes throughout the year. Please dress for the weather, bring water and wear sturdy shoes. Hikes vary in theme and length. Please see details below. Cost: Free! No registration required. Info: 425-452-4195

Local Wildlife - Coal Creek Park

January 14 10am-Noon

Distance: 5 miles

Level of Difficulty: Moderate

Meeting Place: Redtown Trailhead (Coug-
gar Mountain) on Lakemont Blvd SE.
Limited Parking.

Ecosystem Ecology - Lewis Creek to Lakemont Community Park

February 19, 10am-Noon

Distance: 5 miles

Level of difficulty: Difficult

Meeting Place: Lewis Creek Visitor Cen-
ter, 5808 Lakemont Blvd SE



Fabulous Forests - Weowna Park

March 9, 10am-Noon

Distance: 3 miles

Level of difficulty: Moderate

Meeting Place: 168th Ave SE & 19th St.

Limited Parking. Carpooling encouraged.

Basic Birding - Kelsey Creek Park

April 22, 10am-Noon

Distance: 3 miles

Level of Difficulty: Moderate

Meeting Place: Kelsey Creek Farm park-
ing lot, 410 130th Pl SE. Limited Park-
ing. Carpooling encouraged.

WINTER WILDLIFE—LOCAL AREA WALK

Saturday, February 11, 10am-11am

Coal Creek Park, meet at the Red Town
Trailhead, 7336 Lakemont Blvd SE

Have you ever wondered what wildlife live in Coal Creek during winter? Do beavers hibernate? With over 520 acres of preserved land, this natural area is the largest wildlife corridor in the Bellevue Park system. Learn all about your wild neighbors on a nature walk with a Park Ranger. Rain, shine, or snow. All ages welcome. Free, no registration required. Call 425-452-7225 for more info.

LAKE HILLS GREENBELT RANGER WALK

Saturdays, 2-3pm

Lake Hills Greenbelt Ranger Station,
15416 SE 16th St.

Do you know the story behind the Phantom at Phantom Lake? Have you ever seen an environmental restoration site? Can you spot a nurse log? Join a Park Ranger for a free guided tour of the Greenbelt. Learn the history of the park, tour community gardens, and learn about local wildlife! Fun for the family, all ages welcome. Free, no registration required. Call 425-452-7225 for more information.

MERCER SLOUGH GROUP TOURS

Looking for an engaging program for your group? Mercer Slough Park Rangers offer outdoor interpretive walks and talks. Learn about the flora, fauna, and history of Mercer Slough Nature Park, or focus on the sustainable features of our LEED Gold-certified Environmental Education Center. We schedule groups of 5-25 on a first-come first-served basis.

WHERE: Mercer Slough Environmen-
tal Education Center
1625 118th Ave SE

COST: Suggested donation of \$1 per
person

INFO: 425-452-2565 or
MSEEC@bellevuewa.gov

SNOWSHOE ADVENTURE - INTRO

Never been snowshoeing? This is the perfect opportunity for you to explore Snoqualmie Pass while learning the basics of snowshoeing. Expert staff will ensure the trip is safe and fun for everyone. Transportation, snowshoes and hot coco included! Learn new skills and meet new friends while enjoying the great outdoors. You won't find a bigger adventure on a snowy day! Min 6/Max 12

Highland Community Center

	\$35(R)	\$40(N)	Age:	7Y and up
64378	10am-4:30pm	Sat		Feb 04
64379	10am-4:30pm	Sat		Feb 18
64380	10am-4:30pm	Sat		Mar 03
64381	10am-4:30pm	Sat		Mar 17
64382	10am-4:30pm	Sat		Apr 07
64385	10am-4:30pm	Sat		Apr 21

CULTURAL HISTORY PROGRAMS

HISTORIC HOUSE TOUR

Tour this charming Spanish Eclectic style home built in 1929 by Cecilia and Frederick Winters. An Eastside Heritage Center docent will explain the early life style and industry of this Mercer Slough family who bought the land in 1917 and operated a landmark. For further information call 425-450-1049.

WHEN: Ongoing, Thursdays, Fridays,
and Saturdays, 10am-2pm

WHERE: Winters House,
2102 Bellevue Way SE

COST: FREE

AGES: All

COMMUNITY FARMS & GARDENS

Preserved within the Bellevue Park System is over fifty acres of productive farmland, demonstration gardens, and historic farm buildings. Rich peat soils have provided growers with abundant crops for over 100 years. Today, these farms and gardens continue to provide visitors the opportunity to purchase and pick fresh produce, learn about sound gardening practices, and experience Bellevue's agricultural heritage. Call 425-452-7225 for information.

2012 COMMUNITY GARDEN P-PATCH INFORMATION

The City of Bellevue offers P-Patch garden plots to the community at two locations: The Lake Hills Greenbelt Ranger Station and Crossroads Park. Each plot measures approximately 400 square feet and water is supplied on site. Returning gardeners apply in January. New gardeners please contact Laura Harper for more information and to be added to our mailing list. Seasonal and year-round p-patches offered. Information: 425-452-7225 or email LHarper@bellevuewa.gov.

MASTER GARDENER URBAN DEMONSTRATION GARDEN



A hands-on, how to educational garden. Consult with King County Master Gardeners on all aspects of gardening, including composting and soil building, shrub and tree care, vegetables and flower care. Free drop-in consultations and scheduled educational tours are available.

Location: Lake Hills Greenbelt Urban Demonstration Garden
156th Ave SE & SE 16th St
Time: Saturdays
10:30am-12pm
Info: 425-452-7225
<http://gardening.wsu.edu> or

For a full workshop schedule please visit <http://www.mgfk.org>

VOLUNTEER OPPORTUNITIES

Various ongoing environmental stewardship volunteer opportunities exist with Bellevue Parks & Community Services. Help restore your local parks, lead tours and share your knowledge with the community, or work on special projects. For a full listing please visit us on line at <http://www.bellevuewa.gov/environmental-volunteering.htm> or contact Alexandra DySard at 425-452-4195.

Here are just a few of the opportunities:

- Canoe Guide Naturalist
- Natural Resource Week Educators
- Scout Leadership Service Project
- Environmental Education Center Docent
- Eco Fridays and Stewardship Saturday Events
- Master Naturalist Training Program
- ... and much, much more!

EASTSIDE HERITAGE CENTER VOLUNTEERS

Various opportunities including Historic Winters House Host, assisting with educational outreach, collections, marketing, special events and more. Must be 18. Information: Eastside Heritage Center, 425-450-1049

BELLEVUE BOTANICAL GARDEN

Bellevue Botanical Garden BBG relies heavily on volunteers to help in many roles at the Garden. We love our volunteers! Please call 425-452-2750 for more information, job descriptions and qualifications. Opportunities are available in the following areas:

- Horticultural Assistants – Ongoing or Occasional Work Party participants
- Docents
- Living Lab Teacher Assistants
- Gift Shop
- Special events
- Newsletter Distribution
- Occasional Office Help
- Fundraising / Auction Help
- Garden d'Lights Installation and Work Parties
- Plant Records and Documentation

BELLEVUE BOTANICAL GARDEN DOCENT TRAINING

Feb. 16 – Apr. 12, weekly on Thursdays, 9 am – 12:30 pm
Learn, lead and share your gardening passion by becoming a Bellevue Botanical Garden Society Docent. The classes are informative, fun and free. For more information: call 425-451-3755 or email: bbgsoffice@bellevuebotanical.org.

Arbor Day/Earth Day

Saturday, April 21 • Lewis Creek Park



The City of Bellevue's annual Arbor Day/Earth Day Celebration will be held on Saturday, April 21, at Lewis Creek Park, 5808 Lakemont Blvd. The event will include volunteer park enhancement projects, a family festival, interactive eco-stations, a tree-planting ceremony, the grand opening of the new Lewis Creek Park expansion project, volunteer giveaways and more! Projects include native plantings, trail resurfacing and invasive species removal. Volunteers must pre-register.

For more information or to pre-register please call, Alexandra DySard at 425-452-4195.

PACIFIC SCIENCE CENTER PROGRAMS

MERCER SLOUGH ENVIRONMENTAL EDUCATION CENTER
1625 – 118th Avenue SE



The Mercer Slough Environmental Education Center is a collaboration between the City of Bellevue and Pacific Science Center. This partnership brings year-round education and interpretation about wetlands and nature for adults, youth and families.

To register for the following programs, call 206-443-2925, TDD 206-443-2887

Visit the science center on the web: www.pacificsciencecenter.org/slough

WETLAB ACADEMY

These high school programs take place in our new state-of-the-art wetlab and in the living laboratory of the 320 acre Mercer Slough Nature Park. Take your home school and high school science curriculums to a whole new level!

ENVIRONMENTAL CHEMISTRY SEMINAR

Explore the basic principles of chemistry and build the foundation necessary to excel in college level science and chemistry coursework. Taught in a classroom and laboratory setting, but includes field sampling explorations.

WATERSHED SCIENCE SEMINAR

Focus on the management, use and stewardship of watershed resources. While primarily field based, this seminar includes classroom and laboratory explorations.

WEEKEND WORKSHOPS

WetLab Science: Focus on bench chemistry as you utilize a wide variety of testing equipment to investigate local water samples. Jan 28-29.

Field Sampling and Analysis: Focus on field investigations as you gain scientific skills in terrestrial and in-stream sampling technology. Mar 10-11.

OPEN HOUSE

Find out about WetLab Academy offerings, participate in water quality testing, and tour our state-of-the-art wetlab. Thursday, Jan 5, 6:30-8:30 pm. Free for interested families!

WILD B'EARTHDAY

Celebrate your birthday with one of three themes: Animal Mania, GPS Scavenger Hunt or Insect Safari. Start with a nature hike which includes games and activities, then finish your party festivities in our classroom. The party package includes a guided hike, decorations, tablecloths, party favor, and table setting -- just bring the food and drinks! 2 ½ hr. program.

NIGHT WALKS

Great for families, scouts, and other groups! Begin your evening with a "Creatures of the Night" slideshow and skull samples. Then head out into the dark to call owls, listen for nocturnal creatures and participate in hands-on sensory activities. If you have a group of ten or more you can reserve a private Night Walk on a different Friday.

POLLIWOG PRESCHOOL

With Mercer Slough Nature Park as its playground, this new preschool program is brimming with nature-based indoor and outdoor activities including songs, puppets, nature walks, weekly themes, wild discoveries, creature investigations, and more.

PRESCHOOL EXPLORERS

Join us with your preschooler on Tuesdays as we investigate the creatures in a pond, uncover the hidden wonders of a forest, and foster your child's connection to the outdoors. Each series has a different theme with its own activities, songs, play acting, and puppets.

AFTERSCHOOL NATURE CLUB

Looking for an engaging nature experience for your child? Nature Club runs after-school throughout the school year with a variety of nature, art and science themes. Series start in Sept, Jan and Apr.

SCHOOL BREAK CAMPS

Mercer Slough offers fun, nature-oriented camp options during February and Spring breaks.

January break: Participate in a five-day Wetland Wonders camp for grades 1-2; five-day Winter Survival camp for grades 3-5; or a two-day Winter Treks: Search &

Rescue program for grades 6-8. Program details will be posted on pacificsciencecenter.org by January 1st.

Grades: 1 – 8

Times: 9 am – 4 pm (free drop off after 8 am), Feb 20-24

Spring Break: Five-day camps for grades 1-5 and a two-day Spring Treks: Geocaching program for grades 6-8. Program details will be posted on pacificsciencecenter.org by March 1st.

SCOUTS IN THE WILD

Choose from over 16 nature-related scout badge topics including birding, geology, wildlife and forestry. Your two-hour walk through the nature park will include badge-related scavenger hunts, games, and experiments. These programs are great for any group interested in exploring nature topics. See website for specific badge programs (badges not supplied).

SCHOOL PROGRAMS (PRE-K – GRADE 8)

Field Study school programs take advantage of field and laboratory science equipment and address Washington State Science Standards. For most programs, half of the program occurs in the laboratory and half outdoors in the nature park. Descriptions, pricing, group sizes and a listing of specific science standards for each program can be found at PacificScienceCenter.org.

OUTREACH PROGRAMS (GRADES K-5):

Let us bring the Slough to you! Investigate soil invertebrates, discover aquatic creatures, or investigate skulls and an owl pellet during a one hour hands-on, interactive demonstration.

TEEN VOLUNTEER OPPORTUNITIES

Volunteer during the school year or summer at the Mercer Slough Environmental Education Center. Applications for our Summer Camp Naturalist In Training Program due March 31. Visit our website or Email Mercer.Slough.Teens@pacsci.org for more information.



Kelsey Creek Living Farm

410 – 130th Pl SE • 425-452-7688
 e-mail: KelseyCreekFarm@bellevuewa.gov
 Animal viewing 9:30am-3:30pm daily.

Hiking and jogging trails, picnic areas, playground, wetlands and play fields. No entrance fee, but donations always welcome. Dogs and other pets must be on leash at all times when visiting the park. All pets are prohibited from the area surrounding the barns at Kelsey Creek Living Farm. Groups of 10+ must pre-register, please call in advance Monday through Friday, 8am-4pm at 425-452-7688.

CRITTER ADOPTIONS

The animals of Kelsey Creek Living Farm are an essential part of our community's education and enjoyment. Your support helps maintain these animals in a natural farm setting. Become a Kelsey Creek Critter Parent! Simply call for an application. Care and custody of your critter stays with Kelsey Creek Living Farm. You can adopt any of the following farm animals: pony, pig, sheep, goose, goat, duck, cow, rabbit, and chicken. Adoption levels are available, from \$15 for Best Friend to \$200 for Great Grandparent. For more information, call Kelsey Creek Living Farm at 425-452-7688.

AFTER SCHOOL VOLUNTEERS

Earn community service hours in this once-a-week after school volunteer program at Kelsey Creek Living Farm. You will assist the farm staff with the daily operations, help with the animal chore routine, and learn responsible animal care. You need a willingness to learn, and the ability to be on your feet for a physically active day. Also you must have a tolerance for being outside and working in a farm environment in close proximity to hay, vegetation and dust. Participants must be capable of understanding and following directions. Volunteers must be able to attend the 1st 2 weeks of the program and no less than a total of 5 sessions. No program when Bellevue schools are not in session. Maximum 1 day per week sign up per participant.

Min 1/Max 3

Kelsey Creek Community Park

\$5(R)	\$7(N)		Age: 12Y - 18Y
59816	3- 4:30pm	Tue	Mar 06-Apr 24
59817	3- 4:30pm	Wed	Mar 07-Apr 25
59818	3- 4:30pm	Thu	Mar 08-Apr 26
59819	3- 4:30pm	Fri	Mar 09-Apr 27

KELSEY CREEK PONY PARTNERS CLASS

Experience a pony ride both days of class. Children will learn pony safety, grooming, basic parts of a pony and enjoy a craft. Each partner must be accompanied by a parent or guardian. The program runs rain or shine. No infants or older siblings. Min 4/Max 8

Kelsey Creek Community Park

\$50(R)	\$60(N)		Age: 2Y - 5Y
59852	10-11:30am	Tue, Thu	Apr 10-12

FARM EXPLORERS

Children actively participate in animal care, barn chores, pony rides, baking and gardening throughout the school year. Curriculum is integrated with seasonal themes, arts and crafts, stories and games. Activities vary between sessions. Children must be potty trained and should bring a lunch with beverage. Snack is provided. Min 6/Max 10

Kelsey Creek Community Park

\$61(R)	\$73(N)		Age: 3Y - 6Y
53649	10am-12:30pm	Thu	Dec 01-15
53650	10am-12:30pm	Fri	Dec 02-16
59826	10am-12:30pm	Thu	Feb 02-16
59827	10am-12:30pm	Fri	Feb 03-17
\$82(R)	\$98(N)		Age: 3Y - 6Y
59824	10am-12:30pm	Thu	Jan 12-Feb 26
59825	10am-12:30pm	Fri	Jan 13-Feb 27
59828	10am-12:30pm	Thu	Mar 01-22
59829	10am-12:30pm	Fri	Mar 02-23

LITTLE FARMERS

Join Farmer Jayne in a special hands-on opportunity to experience farm life with your 2-3 year old. Children team up with a parent/adult to actively participate in animal care, barn chores, pony ride, baking and gardening throughout the school year. Curriculum is integrated with seasonal themes, arts and crafts, stories and games. Spend one-on-one time with your child in this fun and active learning class. Activities vary between sessions. Both children and adults should dress in play clothes with sturdy shoes/boots. Snack provided. Adult/child teams only. Please call regarding underage siblings. Min 6/Max 10

Kelsey Creek Community Park

\$55(R)	\$66(N)		Age: 2Y - 3Y
53666	10-11:30am	Mon	Nov 28-Dec 12
53667	10-11:30am	Tue	Nov 29-Dec 13
53668	10-11:30am	Wed	Nov 30-Dec 14
59834	10-11:30am	Mon	Jan 09-30
59835	10-11:30am	Tue	Jan 10-24
59836	10-11:30am	Wed	Jan 11-25
59837	10-11:30am	Mon	Feb 06-27
59838	10-11:30am	Tue	Feb 07-28
59839	10-11:30am	Wed	Mar 07-28

TRACTOR PULLED HAY RIDES WITH SANTA

Create a new family holiday tradition with farm-style fun for parent and child. Hop onto the tractor-pulled wagon for a festive ride around the farm. Bring your camera and take that special moment photo of your child with Santa. Adult must accompany child(ren). Min 5/Max 15

Kelsey Creek Community Park

\$5 in advance	\$6 day of event		All Ages
58803	1- 1:30pm	Wed	Dec 07
58804	1:30- 2pm	Wed	Dec 07
58805	2- 2:30pm	Wed	Dec 07
58817	2:30- 3pm	Wed	Dec 07
58820	10-10:30am	Thu	Dec 08
58822	10:30-11am	Thu	Dec 08
58824	11-11:30am	Thu	Dec 08
58825	11:30am-12pm	Thu	Dec 08



Bellevue Youth Theatre

Location: 16661 Northup Way
Phone: 425-452-7155

The Bellevue Youth Theatre is dedicated to providing opportunities for all young people in the theatre, ages 8-19, or children under 8 with a parent or guardian present at all times. Persons with disabilities, families and older adults are encouraged to participate. The focus of the theatre is to build self-esteem, teamwork and confidence while performing in a supportive environment. Children under 12 and first time participants can expect smaller roles and limited lines. For more information please call 425-452-7155

BELLEVUE YOUTH THEATRE FALL 2011 AUDITIONS

Pre-registration is not allowed. YOU MUST AUDITION TO BE IN OUR PROGRAM. There is no need to prepare anything for the audition. Participants 18 and older are required to have a current Washington State Patrol background check on file at the theatre. These are good for one year.

FREE (R)

\$89 (N)

Auditions will be held at the following place and times:

For GREASE, JR., GREASE and BEAUTY AND THE BEAST

Tuesday, January 17 &
Wednesday, January 18 from 5-6:30pm
at the Bellevue Youth Theatre

For MERRY FAIRY TALES

Thursday, January 19 from 4:30-6pm at the South Bellevue Community Center

MERRY FAIRY TALES

This is a story that has something for everyone. Come and play a classic fairy tale character or maybe a new one. Either way, you will enjoy this experience as only BYT can tell it.

Rehearsal location: South Bellevue Community Center

Rehearsal begins: Tuesday, January 31

Rehearsals: Monday through Friday, 4:30-6:30 p.m.

Performs at Bellevue Youth Theatre: March 23-April 1



FARM PARTIES

Celebrate your child's special day with a visit to the farm! Meet our goats, sheep, rabbits, pig, and ponies. Then create your own woolly sheep to take home. Party packages include one hour tour/craft time and one hour room rental. Additional children are \$5 each. Parties are limited to 30 children and/or adults. Children under 2 are no additional charge. Call the farm at 425-452-7688 or email FarmerJayne@aol.com for information and reservations.

Ages 2-11

Residents \$150 - up to 15 children
Nonresidents \$165 - up to 15 children

FARM TOURS FOR SCHOOLS AND GROUPS

Experience the farm with a tour designed specially for groups. Four different tours available. Each focuses on a particular theme ranging from pioneer life in the 1880s to springtime on the farm. Tour themes vary by season, as described below. Most tours appropriate for children ages 2 and up. Tours are available weekdays and are approximately one hour in length. \$85 for 15 or fewer people (children & adults). Additional attendees: \$5.50 per child & \$2.50 per adult. Staff are free. Additional fee for pumpkins during the October, "Fall at the Farm" tours. Call early for reservations and more information, 425-452-7688 or email Farmer Jayne at FarmerJayne@aol.com.

Kids on the Farm Group Tour

Available December to April and June to September

Explore our farm – hands on fun as you meet our goats, pig, sheep, rabbits, chickens and ponies. Learn interesting animal facts then move inside to experience the old-fashioned skill of wool carding. Children create fuzzy sheep to take home.

Springtime in the Barnyard Group Tour

Available mid-April through May

Welcome springtime with a tour of our animals, which may include chicks, goat kids, and a calf. Learn about their special care then finish up in the garden planting pumpkin seeds.

Fall at the Farm Group Tour

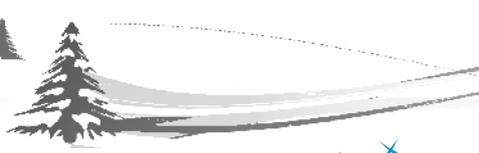
Available October only

Experience harvest season in a traditional way. Visit a pony and pig, feed the chickens and work on barn "chores" with child-sized pails and rakes. Tour the garden and pumpkin patch. Children finish up by choosing a pumpkin from our harvest-themed indoor pumpkin patch! Extra fee for pumpkins.

Pioneer Days Group Tour

Available November only

Visit our log cabin and imagine life in the 1880's. Children participate in activity stations learning to grind wheat and coffee, churn butter, hammer nails, pump water, and play dress-up, plus more living history activities. Storytelling about pioneer life with Laura Ingalls Wilder's Little House books helps children compare their life based on electricity and modern conveniences with the life of Laura and Mary. Ages 3 and up.



Performing Arts

YOUTH BALLET 1

Children will develop better coordination, grace and self-confidence as they learn the beginning movements of ballet in a supportive encouraging environment. During this class students will build strength at the barre and center floor while learning foundational movements of ballet. Each class will end with the opportunity for students to show their own creativity as they express themselves through their favorite dance movements. Min 5/Max 12

South Bellevue Community Center

\$51(R)	\$64(N)		Age: 7Y - 10Y
64285	5-6pm	Tue	Jan 03-31
64286	5-6pm	Tue	Feb 14-Mar 13
64287	5-6pm	Tue	Mar 27-Apr 24

MOVE OVER MOZART/PIANO CLASSES

A piano-learning program where children participate in musical activities and learn from each other as well as their teacher. Learn to play familiar tunes on the piano, read music, and basic music theory for a lifetime of musical enjoyment. Having a piano at home is recommended but not required. There will be a class recital. One-time \$10 materials fee payable to instructor due at first class session, and is separate from class fee. (Additional classes may be added from waitlist /as needed). Min 5/Max 6

Northwest Arts Center

Move Over Mozart / Preschool Level

\$89(R)	\$107(N)		Age: 42M - 4Y
60895	5:30-6pm	Tue	Jan 17-Mar 27
60897	4-4:30pm	Tue	Jan 17-Mar 27
60900	5:30-6pm	Tue	Apr 03-Jun 12
60902	4-4:30pm	Tue	Apr 03-Jun 12

Move Over Mozart /K-1 Grade level

\$89(R)	\$107(N)		Age: 5Y - 6Y
60896	5-5:30pm	Tue	Jan 17-Mar 27
60899	6-6:30pm	Tue	Jan 17-Mar 27
60901	5-5:30pm	Tue	Apr 03-Jun 12
60904	6-6:30pm	Tue	Apr 03-Jun 12

Move Over Mozart / 2-6 Grade Level

\$89(R)	\$107(N)		Age: 7Y - 10Y
60898	4:30-5pm	Tue	Jan 17-Mar 27
60903	4:30-5pm	Tue	Apr 03-Jun 12

DANCE EXPLOSION

Learn basic body movements while developing and enhancing balance, body coordination, concentration, and attention to detailed movements. Practice flexibility, stretching, posture, and composure. Learn exciting moves to an upbeat tempo! Choreography-packed with high energy. Crossroads Community Center

\$125(R)	\$150(N)		Age: 6Y - 9Y
64923	3:30-4:30pm	Wed	Jan 04-Apr 25
64924	4:30-5:30pm	Wed	Jan 04-Apr 25

GREASE, JR.

This is the junior version of the classic Broadway musical. This show is suitable for anyone who wants to be a part of the GREASE experience. Enjoy the music and the story that made GREASE a favorite of several generations.

Rehearsal location: Bellevue Youth Theatre

Rehearsal begins: Monday, January 30

Rehearsals: Monday through Friday, 4:30-6 p.m.

Performs at Meydenbauer Theatre: April 19-22

GREASE

This is the original GREASE musical and has some older material in it. Loyal to the music but presented in classic BYT style, this is a great show for families, young adults and teens.

Rehearsal location: Bellevue Youth Theatre

Rehearsal begins: Monday, January 30

Rehearsals: Monday through Friday, 6-8 p.m.

Performs at Meydenbauer Theatre: April 20-21

BEAUTY AND THE BEAST

This show is based the classic Beauty and the Beast tale, not the Disney musical. There will be some music and dance. This show has parts for all ages 8+.

Rehearsal location: Crossroads Community Center

Rehearsal begins: Monday, February 6

Rehearsals: Monday through Friday, 5:30-7:30 p.m.

Performs at Bellevue Youth Theatre: May 4-12

DRAMA KIDS LOWER PRIMARY

People who learn to speak out clearly and relate confidently with others will have an inside track to lifetime success. In this Drama Kids International program, kids enjoy a fun-filled environment while building ongoing confidence, self-esteem, and verbal communication skills. Kids will participate in speech training, creative movement, structured improvisations, and dialogue development. Everyone participates, and all children - from the shy to the outgoing - can develop at their own pace, with plenty of positive encouragement! Min 10/Max 25

Crossroads Community Center

\$218(R)	\$262(N)		Age: 6Y - 8Y
64022	6:30-7:30pm	Tue	Jan 03-Mar 20

JAZZ DANCE FOR KIDS

Children learn basic jazz steps that are linked together to form a choreographed piece that will have your kids dancing like the stars they are! Children increase coordination, strengthen concentration and memory, build healthy bodies and develop an amazing love of movement in a fun and confidence-building environment! Min 4/Max 10

South Bellevue Community Center

\$43(R)	\$53.50(N)		Age: 6Y - 8Y
64325	3-3:45pm	Wed	Jan 11-Feb 08
64326	3-3:45pm	Wed	Feb 22-Mar 21
64327	3-3:45pm	Wed	Apr 04-May 02

PRE-BALLET 2

Children will explore the basic elements of dance including rhythmic and spatial awareness as well as basic ballet vocabulary in a supportive encouraging environment. they will gain coordination, body awareness, and self-confidence as they express themselves through dance. Min 5/Max 12 South Bellevue Community Center

\$51(R)	\$64(N)		Age: 5Y - 6Y
64277	4-4:45pm	Tue	Jan 03-31
64278	4-4:45pm	Tue	Feb 14-Mar 13
64279	4-4:45pm	Tue	Mar 27-Apr 24



Preschool

DANCE, MOVEMENT, & MUSIC PARENT/CHILD DROP-IN

Come and play with your child. Lots of fun, riding bikes, driving cars, climbing slides and just plain running around. Children under 5. We do not charge for infants under 1 year. Parents/caregivers are responsible for set-up and clean up. Min 1/ Max 50
\$3(R) \$4(N) Age: Up to 5Y

South Bellevue Community Center	10am-12pm 9-11:30am	Mon, Wed, Fri Tue, Thu	Ongoing Ongoing
North Bellevue Community Center	11am-1pm 2-4pm	Wed Thu	Ongoing Ongoing

INDOOR PLAY PLUS

Indoor Play with added inflatable play structures.. Held the first Friday of each month from 10am-12pm, running through March 2012.
Cost: \$5(R) \$6(N) Ages: 5 and under
South Bellevue Community Center
For more information: 425-452-4240

WINTER MASQUERADE BALL

Put on your dancing shoes and join us for a Winter Masquerade Ball for families! Dress up in your party clothes and learn new dances and enjoy dancing to old tunes, make your own original masks, nibble on light goodies and beverages. Have a photograph taken to remember the evening! Dads escort you little princess and moms, your little prince! Register each child separately. Min 15/Max 30
Northwest Arts Center
\$24(R) \$28(N) Age: 3Y - 10Y
Add'l Family Member: \$13(R) \$15(N)
64578 6:30-8:30pm Fri Feb 17

BUNNY HOP BALL

Put your left foot forward, put your right foot out It's the new sensation-do the Bunny Hop-Hop! Hop! Hop!!!! Father, Mother, son and daughter, dance the night away and learn new dances! Make bunny ear hats, enjoy a light snack and beverage- have a photograph to remember all the memories!!! Dress for comfort and laughs! Register child only. Min 15/Max 30
Northwest Arts Center
\$24(R) \$28(N) Age: 3Y - 10Y
Add'l Family Member: \$13(R) \$15(N)
64579 6:30-8:30pm Fri Apr 20

DANCE - EZ JAZZ FOR LITTLE DANCERS!

Great class for first time dancers! Creative movement activities and a few basic jazz moves will have your child dancing in no time! Children boost coordination, balance, endurance, sequencing skills, memory and self-esteem in a warm and encouraging environment! Let your little star shine! Min 4/Max 10
South Bellevue Community Center
\$43(R) \$53.50(N) Age: 4Y - 5Y
64318 2- 2:45pm Wed Jan 11-Feb 02
64319 2- 2:45pm Wed Feb 22-Mar 21
64320 2- 2:45pm Wed Apr 04-May 02

DANCE - PRE BALLET & TAP 1

Children will discover the rhythm of their hands and feet while exploring tap steps and experience the gracefulness of ballet while exploring basic dance elements. They will gain coordination, body awareness, and self esteem as they express themselves through dance. Min 5/Max 12
South Bellevue Community Center
\$51(R) \$64(N) Age: 3Y - 5Y
64249 10:30-11:15am Thu Jan 05-Feb 02
64244 10:30-11:15am Fri Jan 06-Feb 03
64250 10:30-11:15am Thu Feb 16-Mar 15
64245 10:30-11:15am Fri Feb 17-Mar 16
64251 10:30-11:15am Thu Mar 29-Apr 26
64246 10:30-11:15am Fri Mar 30-Apr 27

DANCE - PRE-BALLET

Through creative movement and games to classical music children will explore the basic elements of dance including rhythmic and spatial awareness as well as basic ballet vocabulary. They will gain coordination, body awareness, and self esteem as they express themselves through dance. Min 5/ Max 12
South Bellevue Community Center
\$51(R) \$64(N) Age: 3Y - 5Y
64260 11:30am-12:15pm Fri Jan 06-Feb 03
64261 11:30am-12:15pm Fri Feb 17-Mar 16
64262 11:30am-12:15pm Fri Mar 30-Apr 27

DANCE - PRE-BALLET & TAP 2

For those who have already completed Pre-ballet 1 - try Pre-ballet/Tap 2. Dancers will continue working on rhythm, grace and coordination while exploring new ways to move and express themselves. Attire: leotard, tights, ballet and tap shoes Min 6/ Max 12
South Bellevue Community Center
\$51(R) \$64(N) Age: 4Y - 5Y
64269 12:30- 1:15pm Thu Jan 05-Feb 02
64270 12:30- 1:15pm Thu Feb 16-Mar 15
64271 12:30- 1:15pm Thu Mar 29-Apr 26

BABY BEETHOVENS

A fun and stimulating hands-on introduction to music and movement class for toddler and parent. Traditional songs, movement, and playing rhythm instruments included. Caregiver required in class. Please no siblings during class. Min 8/Max 10
Northwest Arts Center
\$85(R) \$98(N) Age: 18M - 3Y
64364 9:45-10:30am Fri Jan 20-Mar 16
64365 9:45-10:30am Fri Apr 20-Jun 15

DRAMA KIDS PRESCHOOL WORKSHOP

Drama Kids International Preschool Workshops take children on fun in-class 'field trips' to fascinating destinations where children use their imagination to act and explore. Early participation in drama develops confidence, and speaking skills, and serves as a wonderful introduction to acting and begins a life-long enjoyment of creative arts. Min 7/Max 10
Crossroads Community Center
\$109(R) \$131(N) Age: 3Y - 4Y
64024 9:30-10:15am Wed Jan 04-Feb 08
64025 9:30-10:15am Wed Feb 15-Mar 28

KINDERKIDS

Our KinderKids program is an excellent way to introduce the long-term benefits of dramatic arts participation to children attending Pre-Kindergarten Preschool or Kindergarten. Each KinderKid student is highly involved in creative drama activities that develop speaking skills, build confidence, and enhance early social skills and creative learning. Our Drama Kids Instructors make sure all students feel comfortable and recognized so they will stretch and grow in a very positive environment. New scenes and activities are held in each class. Don't miss the fun! Min 10/Max 15
Crossroads Community Center
\$218(R) \$262(N) Age: 4Y - 5Y
64023 9:30-10:30am Thu Jan 05-Mar 22

TWINKLE, TWINKLE TINY TUNES

Enjoy time spent together listening and singing together new and familiar songs. This class provided an introduction to music, movement, rhythm and play and a fun interactive environment. Dress comfortably! Child-caregiver class. Min 8/Max 10
Crossroads Community Center
\$85(R) \$98(N) Age: 15M - 3Y
64369 11:15am-12pm Tue Jan 24-Mar 20
64371 11:15am-12pm Tue Apr 17-Jun 12
\$85(R) \$98(N) Age: 12M - 24M
64914 9:45-10:30am Tue Jan 24-Mar 20
64915 9:45-10:30am Tue Apr 17-Jun 12



KINDERMUSIK

Through movement and music, Kindermusik activities help promote language development, symbolic thinking, coordination and social interaction while they awaken your child's imagination. For more information visit www.studio3music.com.
Min 6/Max 12
South Bellevue Community Center

Kindermusik Village

Cock-a-doodle-moo and Dew Drops - This class is designed to provide families a special place for learning and connecting with other parents and babies through music and movement, providing the natural learning your child is ready for from the first days of life. Materials fee of \$80 collected by instructor.
\$185(R) \$225(N) Age: 1M - 18M
63752 11:30am-12:15pm Thu Jan 26-May 17

Kindermusik - Our Time

On the Go - You and your child will be traveling into a musical world of transportation, as we focus on your child's healthy emotional development as confidence, curiosity and communication begin to take shape. Materials fee of \$80 collected by instructor. Caregiver attends with family.
\$185(R) \$225(N) Age: 17M - 42M
63753 9:30-10:15am Thu Jan 26-May 17
63754 10:30-11:15am Thu Jan 26-May 17

Kindermusik - Imagine That!

Make believe is at the core of your child's learning at this age, and in this class the creator, thinker and musician in your child come together for new musical ways to explore the world and express discoveries. Materials fee of \$80 collected by instructor.
\$185(R) \$225(N) Age: 3Y - 5Y
63755 12:30- 1:15pm Thu Jan 26-May 17

ARTS, CRAFTS, COOKING & FAMILY FUN

MARSHMALLOW MEMORIES

Spend a warm and cozy Saturday morning with you child making FUN marshmallow art, music and movement, a yummy snack and join us for a wacky wonderful marshmallow relay race! Min 6/Max 8
Northwest Arts Center
\$22(R) \$25(N) Age: 2Y - 5Y
Addt'l Family Member: \$5(R) \$6(N)
64554 10-11:30am Sat Jan 21

LUCKY LEPRECHAUNS!

Top o' the mornin' to ya! Join us for art, games, music and all things green! Don't forget to wear something green so you won't get pinched! There's a pot of 'gold' waiting for you at the end of the rainbow!
Min 6/Max 8
Northwest Arts Center
\$22(R) \$25(N) Age: 2Y - 5Y
Addt'l Family Member: \$5(R) \$6(N)
64383 10-11:30am Sat Mar 10

PEEP! PEEP!

Peep! Peep! Make cheerful chicks that peek out of decorated eggs as well as other springtime creatures. Music and an egg hunt round off our morning of FUN!
Adult/Child class. Min 6/Max 15
Northwest Arts Center
\$22(R) \$25(N) Age: 2Y - 5Y
Addt'l Family Member: \$5(R) \$6(N)
64384 10-11:30am Sat Apr 07

PEE WEE PICASSO

Caregiver and child have fun together doing delightful art projects reflecting various subjects as well as seasonal specialties. Projects made in this delightful class make for artful memories and lasting treasures. Please no siblings during class time. Caregiver required in class. Min 8/Max 10
Northwest Arts Center
\$85(R) \$98(N) Age: 2Y - 4Y
64372 9:45-10:30am Thu Jan 19-Mar 15
64373 9:45-10:30am Thu Apr 26-Jun 21

COOKING - LE PETIT CHEF

In a fun and happy environment, make yummys for your tummies. Good food is our focus and having fun is our priority! Our goal is to instill in our young chefs a lifelong appreciation for food. Recipes included. Microwave is used in the classroom to prepare some recipes. Caregiver and child class (2Y-42M). Child only class (3y-5y). Min 6/Max 6
Northwest Arts Center
\$85(R) \$98(N) Age: 2Y - 42M
64556 12-12:45pm Thu Jan 19-Mar 15
64909 12-12:45pm Thu Apr 26-Jun 21

\$85(R) \$98(N) Age: 3Y - 5Y
41910 2-2:45pm Thu Jan 19-Mar 15
64557 2-2:45pm Thu Apr 26-Jun 21



LANGUAGE

KOREAN LANGUAGE

Your child will learn Korean in a fun and happy environment. This class is offered to children and their caregivers. Using Korean songs, stories, as well as entertaining and engaging games in Korean motivates children to play and learn the language while having fun. Min 6/Max 10
Northwest Arts Center
\$110(R) \$121(N) Age: 3Y - 5Y
60937 4-4:45pm Fri Jan 13-Mar 16
60938 4-4:45pm Fri Apr 06-Jun 15

SIGN2ME BABY SIGNING

Imagine if your nine-month old could tell you that she wants water instead of milk, that she needs a diaper changed, or that she is tired. By teaching your hearing baby a few simple signs, your baby can communicate with you many months before she can speak clear words, helping to reduce frustration and building deeper bonds. This class is taught by members of the Seattle Deaf community, providing both an educational and cultural experience. This class is for mom or dad, nanny, or other adult with newborns through age two. Only one adult and one child per registration, please. Pregnant moms are welcome. Min 7/Max 15
Crossroads Community Center
\$151(R) \$181(N) Age: 6M - 2Y
64020 12- 1pm Tue Jan 10-Feb 14

KOREAN LANGUAGE

Caregiver and child learn the Korean language through interactive play, stories, songs and games. What better way to spend learning a language with your child in a fun and nurturing environment. Min 6/Max 10
Northwest Arts Center
\$99(R) \$110(N) Age: 18M - 30M
60943 9:30-10am Tue Jan 10-Mar 13
60944 9:30-10am Tue Apr 06-Jun 15
\$110(R) \$121(N) Age: 3Y - 5Y
60940 10:15-11am Tue Jan 10-Mar 13
60942 10:15-11am Tue Apr 03-Jun 05

MANDARIN CHINESE LANGUAGE

Your child will learn Mandarin Chinese in a fun and happy environment. Using songs, stories, as well as entertaining and engaging games in Mandarin motivates children to play and learn the language while having fun. Min 8/Max 10
Northwest Arts Center
\$110(R) \$121(N) Age: 3Y - 6Y
60932 12:30- 1:15pm Sat Jan 14-Mar 10
60934 10:45-11:30am Sat Jan 14-Mar 24
60935 12:30- 1:15pm Sat Apr 07-Jun 16
60936 10:45-11:30am Sat Apr 07-Jun 16

SPANISH LANGUAGE

The Little Spanish Castle provides students with learning Spanish in a fun and happy environment. This class is offered to children and their caregivers. Using Spanish songs, stories, as well as entertaining and engaging games in Spanish motivates children to play and learn the language while having fun. Visit www.littlespanishcastle.com for more information. Min 6/Max 10
 Northwest Arts Center
 \$110(R) \$132(N) Age: 3Y - 6Y
 60947 3-3:45pm Fri Jan 13-Mar 09
 60948 3-3:45pm Fri Apr 06-Jun 15

LEARNING & EXPLORING PRE-KINDERGARTEN PRESCHOOL

This program is designed as a preparation for children attending kindergarten during the next school year. This structured interactive class includes music, stories, crafts, and play time, while developing concentration and social skills. Partial scholarships are available. Min 8/Max 14
 Crossroads Community Center
 \$1736(R) \$2083(N) Age: 4Y - 5Y
 58092 9:30am-1pm Mon, Wed, Fri Sep 12-May 25

PRESCHOOL PLAYSCHOOL

This program is designed as a first school experience. This structured interactive class includes music, stories, crafts, and play time, while developing concentration and social skills. Partial scholarships are available. Min 8/Max 14
 Crossroads Community Center
 \$996(R) \$1195(N) Age: 3Y - 5Y
 58096 9:30am-12pm Tue, Thu Sep 13-May 24

NATURAL START PRESCHOOL

Natural Start Preschool offers a unique nature-based curriculum that meets the developmental needs of preschoolers while teaching them about healthy living, physical fitness, nutrition, and the importance of getting outdoors. The preschool year 2012-2013 starts the day after Labor Day - Sept 2012. For more information, visit www.naturalstartpreschool.com. Tuition is based on a ten month commitment and is divided into ten equal installments. 5-day, 3-day and 2-day options available. Materials fee collected by instructor. Registration fee of \$75. Min 8/Max 21

Ages: 3Y - 5Y
 South Bellevue Community Center
 Call 425-452-4240 for more information and open house dates.

Special Interest & Extended Learning Dance & Arts

AGELESS ACTORS - A SENIOR ACTING WORKSHOP

For those seriously interested in developing acting skills that can also be used in everyday life: sharpen memory, activate imagination, give self confidence, & learn to use voice in a variety of exciting ways. Work on scenes, improvisations and movement, and with experience, join the touring troupe. Min 5/Max 12

North Bellevue Community Center
 \$63(R) \$63(N) All Ages
 63341 1-4pm Wed Jan 18-Apr 04

TAP DANCE - BEGINNING SHAPE UP!

Learn to tap dance to new and old songs. This is a wonderful way to exercise while enjoying music. Min 10/Max 30
 North Bellevue Community Center
 \$16(R) \$20(N) Age: 18Y and up
 63865 11am-12pm Tue Jan 10-31
 63866 11am-12pm Tue Feb 07-28
 63867 11am-12pm Tue Mar 06-27
 63869 11am-12pm Tue Apr 03-24

TAP DANCE - INTERMEDIATE SHAPE UP!

Learn to tap dance to new and old songs. This is a wonderful way to exercise while enjoying music. Min 10/Max 30
 North Bellevue Community Center
 \$16(R) \$20(N) Age: 18Y and up
 63875 12:15-1:15pm Tue Jan 10-31
 63876 12:15-1:15pm Tue Feb 07-28
 63877 12:15-1:15pm Tue Mar 06-27
 63878 12:15-1:15pm Tue Apr 03-24

BEGINNING SWING / BALLROOM DANCE

Learn the basics of swing, foxtrot, cha cha, ballroom and more. You'll learn fantastic dance techniques and great moves that will amaze your friends! Partner not required. All ages welcome! Min 8/Max 20

Crossroads Community Center
 \$44(R) \$50(N) Age: 10Y and up
 60954 6-6:50pm Fri Jan 06-Feb 10
 60955 6-6:50pm Fri Feb 17-Mar 30
 \$58(R) \$66(N) Age: 10Y and up
 60956 6-6:50pm Fri Apr 06-Jun 15

SWING 1 SHAPE UP!

This is the place to start! Learn the single-time basics of the dance known by many names: the Jitterbug, East Coast Swing, and the 6-count Lindy Hop. Beginning level (no prerequisite). No partner necessary. Singles & couples welcome. Info: www.eastsideswingdance.com 425-941-9144 Min 10/Max 40

North Bellevue Community Center
 \$33(R) \$43(N) Age: 15Y and up
 64027 7-8pm Thu Jan 12-26
 \$43(R) \$53(N) Age: 15Y and up
 64028 7-8pm Thu Feb 02-23
 64030 7-8pm Thu Apr 05-26
 \$55(R) \$66(N) Age: 15Y and up
 64029 7-8pm Thu Mar 01-29

SWING 2- INTRO TO LINDY HOP SHAPE UP!

Prerequisite: Comfortable with Swing 1 material This is the class where you can really take off. This class will mix 6 and 8 count swing, triple time footwork, and Lindy Hop. Take your dancing to a new level with Chris and Allison Evan, www.eastsideswingdance.com 425-941-9144. Min 10/Max 40

North Bellevue Community Center
 \$33(R) \$43(N) Age: 15Y and up
 64031 8-9pm Thu Jan 12-26
 \$43(R) \$53(N) Age: 15Y and up
 64032 8-9pm Thu Feb 02-23
 64034 8-9pm Thu Apr 01-29
 \$55(R) \$66(N) Age: 15Y and up
 64033 8-9pm Thu Mar 05-26

LINE DANCING SHAPE UP!

Line Dancing is a great way to exercise your body and mind while meeting new friends and listening to some great music. Dances taught focus both on the beginner and returning students. Leather-soled shoes recommended. Min 15/Max 30

South Bellevue Community Center
 \$18.50(R) \$23.50(N) Age: 18Y and up
 63705 7-8:30pm Mon Jan 09-30
 63706 7-8:30pm Mon Feb 06-27
 \$24.50(R) \$30.50(N) Age: 18Y and up
 63709 2:30-4pm Wed Jan 04-25
 63710 2:30-4pm Wed Feb 01-29
 63707 2:30-4pm Wed Mar 07-28
 63711 2:30-4pm Wed Mar 07-28
 63712 2:30-4pm Wed Apr 04-25
 \$30.50(R) \$36.50(N) Age: 18Y and up
 63708 2:30-4pm Wed Apr 04-May 02

North Bellevue Community Center
 Free beginner's class prior to this class, 10:30am-11am every Friday.
 \$22(R) \$27(N) Age: 18Y and up
 Drop-In: \$7(R) \$8(N)
 64829 3:30-4:30pm Wed Jan 11-Feb 01
 64832 3:30-4:30pm Wed Feb 15-Mar 07
 64833 3:30-4:30pm Wed Mar 21-Apr 11
 64834 3:30-4:30pm Wed Apr 25-May 16



Continuing Education & Group Learning

AARP DRIVER SAFETY PROGRAM

The nation's first and largest classroom driver improvement course designed especially for motorists 50 and older. This course may qualify you for an auto insurance discount. \$12 fee payable to AARP at first class, \$14 if not an AARP member. Bring a sack lunch. Min 15/Max 24

South Bellevue Community Center
 FREE Age: 50Y and up
 64232 10am-2:30pm Tue Jan 17-24
 64233 10am-2:30pm Tue Mar 06-13

South Bellevue Community Center
 FREE Age: 65Y and up
 63342 9am-2pm Tue, Thu Feb 07-09
 63501 9am-2pm Tue, Thu Apr 03-05

BOOK DISCUSSION GROUP

Meets the second Tuesday of each month. For more information contact Sue Hipke at 425-747-6843 or Dorothy Goddard at 425-747-5543. Min 2/Max 10

North Bellevue Community Center
 FREE Age: 18Y and up
 59680 10-11:30am Tue Jan 10
 59681 10-11:30am Tue Feb 14
 59682 10-11:30am Tue Mar 13
 59683 10-11:30am Tue Mar 13
 59684 10-11:30am Tue Apr 10

SINGING - CHORUS

Come sing with the chorus. We welcome new singers at any time. No auditions and no advance notice are required. Just come as you are. We sing for our own fun and enjoyment, with piano accompaniment. Mostly, we sing popular songs from the 30's, 40's and 50's. Our six song books plus holiday music give us a large variety. The Chorus meets every Friday, 10:30am-Noon. Typically, we sing at a nursing home one time each month and occasionally have a gig elsewhere. Call for the monthly schedule. Min 2/Max 30

North Bellevue Community Center
 FREE Age: 50Y and up
 64717 10:30-11:45am Fri Jan 13-Apr 27

SPANISH LANGUAGE - BEGINNING IMMERSION CLASS

This immersion class introduces students to Spanish through basic grammar concepts, vocabulary, some writing and culture. Join this fun and interactive class by yourself or bring along a family member so you can practice at home together. Min 8/Max 10

Northwest Arts Center
 \$154(R) \$184(N) Age: 11Y and up
 60953 6-7:30pm Tue Jan 10-Mar 13
 60959 6-7:30pm Tue Apr 03-Jun 05

LIVING WELL WITH CHRONIC CONDITIONS

It's about health, it's about life. Are you an adult age 50 or older with an ongoing health condition? You'll get the support you need, find practical ways to deal with pain and fatigue, discover better nutrition and exercise choices, understand new treatment choices, and learn better ways to talk with your doctor and family about your health. Set your own goals and make a step-by-step plan to improve your health—and your life. If you have conditions such as diabetes, arthritis, high blood pressure, heart disease, chronic pain, anxiety, or depression the Living Well Workshop can help you take charge of your life. Min 6/Max 15

North Bellevue Community Center
 \$7(R) \$8(N) Age: 50Y and up
 64772 9:30am-12pm Mon Feb 27-Apr 02

YOUNG ONSET PARKINSONS

Sponsored by the American Parkinson Disease Association. For those under 60 with the disease and their families. Meets the 1st Wednesday each month 7-8:30pm. For more information, call Carin Mack 206-230-0166. Min 4/Max 25

North Bellevue Community Center
 FREE Age: 18Y and up
 64804 7-8:30pm Wed Jan 11
 64814 7-8:30pm Wed Feb 01
 64815 7-8:30pm Wed Mar 07
 64816 7-8:30pm Wed Apr 04

Games

ADULT BILLIARDS & GAMES

Drop-in program for adults at the North Bellevue Community Center. Join the fun! Activities include billiards, board games, puzzles, books, magazines, and video check-outs. No registration required. Not available on holidays. Min 1/Max 40

North Bellevue Community Center
 FREE Age: 18Y and up
 8:30am-8:30pm Mon-Thu Jan 09-Apr 26
 8:30am-6pm Fri Jan 13-Apr 27

Continuing Education & Group Learning / Games

CRIBBAGE

Come join friends for a fun game of cribbage. Min 4/Max 28
 North Bellevue Community Center
 FREE Age: 18Y and up
 10am-12pm Thu Jan 12-Apr 26

DUPLICATE BRIDGE

Group meets Wednesday and Friday afternoons from 12:15 - 3:30pm, FEE \$.50/visit, payable to Advisory Board. Contact: Ed Jesse 425-746-7435 or Arnie Rengstroff 425-746-1620. Min 8/Max 40
 North Bellevue Community Center
 \$.50 Age: 18Y and up
 12-3:30pm Wed, Fri Jan 11-Apr 27

PARTY BRIDGE TUESDAYS

Drop-In 'Party Bridge' play. Currently seeking a volunteer to coordinate this group. Meets in the Billiards Room. Bring your own foursome. Min 4/Max 28
 North Bellevue Community Center
 FREE Age: 18Y and up
 12-3pm Tue Jan 10-Apr 24

THE SOUTH BELLEVUE BRIDGE BUNCH

Just learning, a little rusty or just want a fun place to play bridge while increasing your skill level? Min 4/Max 40
 South Bellevue Community Center
 \$10(R) \$12(N) Age: 18Y and up
 1:10-3:10pm Wed Jan 04-Apr 25

MAH JONG

For more information, stop by the front desk. Min 4/Max 16
 North Bellevue Community Center
 FREE Age: 18Y and up
 1-3pm Wed Jan 11-Apr 25

PING-PONG DROP IN **SHAPE UP!**

Drop in for a lively game of ping pong (table tennis). We provide the two championship quality table tennis tables and balls, you provide your own paddle. Call for current schedule. Min 2/Max 16
 North Bellevue Community Center
 \$3(R) \$4(N) Age: 18Y and up

PINOCHLE

Pinochle is played every Thursday afternoon. If you are interested in joining a foursome, please contact Carl Wittenberg, 425-641-3118 to put your name on the interest list. New tables will be formed as enough people join. Min 4/Max 20
 North Bellevue Community Center
 FREE Age: 18Y and up
 12-3pm Thu Jan 12-Apr 26

Immigrant Services

CHINESE INFORMATION & ASSISTANCE SERVICES

Services provided in Mandarin to those 55 years of age or older. Assistance with questions and concerns regarding health insurance, housing, naturalization application, utility or medical bills, or any other issue where the language barrier is an issue. Our trained volunteer can help. Please call 206-624-5633 x 4123 for additional information and to make an appointment.

North Bellevue Community Center
FREE Age: 55Y and up
59692 8:30am-12pm Thu Jan 12-Apr 26

CISC/BALLROOM DANCE

Would you love to learn some ballroom dance moves, such as Cha-Cha, Waltz, Tango, and Rumba. This dance class is for you to exercise your body while listening to the music. Come and have some fun! Suggested donation of \$3 per class per person. Course conducted in Chinese. Offered by Chinese Information and Service Center. Min 6/Max 40

North Bellevue Community Center
FREE Age: 18Y and up
63686 1-3pm Wed Jan 11-May 09

INDIAN FELLOWSHIP

This social group is geared for older adults visiting from India. Fellowship meets every Tuesday, 10:30am-1pm. Contact CD Banerjee at 425-746-8420 for additional information. Min 2/Max 12

North Bellevue Community Center
FREE Age: 60Y and up
64649 10:30am-1pm Tue Jan 10-Apr 24

SINGING - CHINESE & ENGLISH CHORUS

Everyone can join our fun singing group! CISC Eastside members, conductor Mr. & Mrs. Wong Zheng-Feng and Ms. Hong Jia-Bing teach singing Chinese and foreign classic songs. Music helps you relax and get to know more friends. Sharing time follows singing. Min 5/Max 35

North Bellevue Community Center
FREE Age: 18Y and up
64715 10:30-11:50am Wed Jan 11-Apr 25

ESL ADVANCED FOR MANDARIN SPEAKERS

Advanced English as a second language instruction for Mandarin speakers. Min 6/Max 25

North Bellevue Community Center
FREE Age: 60Y and up
63895 10-11:30am Thu Jan 12-Apr 26

ESL FOR CHINESE SENIORS

English as a second language is offered for non-native Americans. Beginner and Intermediate. Min 6/Max 27
South Bellevue Community Center
FREE Age: 60Y and up
60826 10:30-11:50am Wed Jan 04-Apr 25

ESL FOR SPANISH SPEAKERS

Reading, writing and speaking skills for non-native English speakers. Learn the American style of handwriting, increase your understanding of common English phrases, and practice your penmanship and conversation skills in a fun and supportive setting. Min 6/Max 25

North Bellevue Community Center
FREE Age: 18Y and up
64656 12:45-1:45pm Mon, Fri Jan 09-Apr 27

ESL 111 - NEWSPAPER READING GROUP

Every week we will study an article from the local newspaper and learn new vocabulary. This class is fun and useful. Space is limited, to register call coordinator Boliver at 206-624-5633 ext.4140. Min 5/Max 24

North Bellevue Community Center
FREE Age: 65Y and up
59707 9:30-10:30am Wed Jan 11-Apr 25

Financial, Legal, & Insurance

SENIOR BUS PASS DISTRIBUTION



Metro will sell their Senior Regional Reduced Fare ORCA Card for \$3.00 to adults 65 years or older. Min 1/Max 99
North Bellevue Community Center

FREE Age: 65Y and up
64663 10:30-11:30am Tue Jan 17
64664 10:30-11:30am Tue Mar 20



LEGAL CLINIC

The Eastside Legal Assistance Program offers a legal clinic for low-income individuals at the North Bellevue Community Center on the 2nd Thursday of each month. Please call Eastside Legal Assistance at 425-747-7274 to make an appointment.
North Bellevue Community Center

SENIOR RIGHTS ASSISTANCE

Nancy Gerard, SRA volunteer is available on the 4th Tuesday of each month from 9:00am-12:00pm. She is available to assist with questions about wills, living wills, probate, estate planning, financial and health care directives, powers of attorney, guardianships and more. One hour private appointments available. Call 425-452-7681 to make an appointment.

CITY OF BELLEVUE UTILITIES DISCOUNT/REIMBURSEMENTS

The City of Bellevue Utilities Department offers Utilities rebates and reimbursements for low income seniors and disabled persons. Appointments will be made for Mondays and Wednesdays, 9am-Noon. For more information and to make an appointment, please call 425-452-5285.

INCOME TAX ASSISTANCE - THURSDAYS & FRIDAYS

Volunteers from AARP assist you in the preparation of your 2011 tax return. Bring your 2010 completed return and your 2011 paperwork and information. **Call 425-452-7681 for a 45 minute appointment** (one tax return per appointment only). Electronic Filing Only.

SHIBA

The Statewide Health Insurance Benefits Advisors (SHIBA) HelpLine provides free, unbiased information about health care access and coverage and works to help improve the lives of all Washington state residents. SHIBA HelpLine volunteers and staff assist consumers with choices and problems involving private health insurance as well as many government programs. SHIBA HelpLine volunteers also are experts in Medigap coverage, employment-related health benefits, managed care, long-term care insurance, and fraud and abuse questions. Appointments available 1st & 3rd Wednesday each month. Call 425-452-7681 to register.

DOES YOUR FAMILY KNOW YOUR WISHES?

It is important to plan ahead to make sure everyone understands what your wishes are. The class will cover how to develop your own advance directive for health care through a workbook covering living wills, durable power of attorney and value statements. Min 6/Max 20

North Bellevue Community Center
\$7(R) \$8(N) Age: 18Y and up
60657 1-2:30pm Mon Jan 23



MOVING TO A SIMPLER LIFE

This seminar is designed to help you make the move to an easier lifestyle. Over 2 meetings, you'll learn the types of services available to assist you when your home has become too much to care for, and create a strategy to either age in place, or move to a new home. Over the 2 days you'll meet estate sale/appraiser experts, a mover, Realtor(r), Elder Law attorney, financial planner, reverse mortgage specialist, seniors' bookkeeper, in-home care provider, and senior housing expert. After each seminar informal question & answer sessions will follow along with a gracious free lunch. Min 6/Max 25

North Bellevue Community Center
 FREE Age: 18Y and up
 64220 10am-1pm Tue Jan 17-24
 64222 10am-1pm Tue Mar 20-27
 South Bellevue Community Center
 FREE Age: 55Y and up
 64221 10am-1pm Tue Feb 21-28
 64223 10am-1pm Tue Apr 17-24

Computer Classes

ONE-ON-ONE WITH DORIS FORD

Need help with a particular computer software program that has you stumped? Feel more comfortable asking questions one-on-one? Need a quick skill brush-up for your new job? Gain computer skills, confidence, and comfort level with your equipment in a 2-hour one-on-one session. NEW! Bring your CPU or Laptop from home if you feel more comfortable using your own equipment, or use the computers in our lab. Min 1/Max 1

North Bellevue Community Center
 \$25(R) \$30(N) Age: 18Y and up
 63694 10am-12pm Thu Jan 26
 63696 10am-12pm Thu Mar 01
 63695 10am-12pm Thu Mar 29

INTRO TO COMPUTERS

Provides fundamentals of hardware and software, terminology, operations, keyboard, and mouse. Learn the difference between word processing, spreadsheet, and database software. Min 3/Max 6

North Bellevue Community Center
 \$37(R) \$44(N) Age: 18Y and up
 63689 12:30-2:30pm Tue Jan 17-Feb 07
 63690 10am-12pm Tue Mar 13-Apr 03

INTRO TO WORD

Learn the basics for writing and editing letters, add bold, and save and print a document. Also, learn to use the spell check feature. Min 3/Max 6

North Bellevue Community Center
 \$37(R) \$44(N) Age: 18Y and up
 63692 12:30-2:30pm Tue Mar 13-Apr 03

WINDOWS 7

Learn what is new in Windows 7. Check out the cool new features that can help simplify everyday tasks, works the way you want, use Snap to arrange and resize windows, view the new taskbar button and shake your windows. Min 3/Max 6

North Bellevue Community Center
 \$37(R) \$44(N) Age: 18Y and up
 63691 10am-12pm Tue Feb 14-Mar 06

INFORMATION ON THE INTERNET

Search for information on the internet using search engines, viewing your home town newspapers, and magazines. Learn how to download internet files, buy items over the internet, and use anti-virus programs and firewall. Min 3/Max 6

North Bellevue Community Center
 \$16(R) \$19(N) Age: 18Y and up
 63894 10am-12pm Thu Feb 09

WORKING WITH E-MAIL

Create an email or use an existing one. Learn how to add new contacts to your address book, create a group in the address book, delete old email, forward an email, attach photos and print, and save emails to a folder. Min 3/Max 6

North Bellevue Community Center
 \$16(R) \$19(N) Age: 18Y and up
 63850 10am-12pm Thu Mar 15

DOCUMENT MANAGEMENT

Learn the structure of folder and files, how to create and arrange folders and files so you can easily retrieve saved material, how to organize, save, and rename them and how to search for lost files and retrieve or delete files from the Recycle Bin. Min 3/Max 6

North Bellevue Community Center
 \$16 \$19 Age: 18Y and up
 63848 10am-12pm Thu Feb 23

RETURN TO WORK WORD

Set default margins, tabs, fonts, and font sizes. Create columns, tables, and add symbols, objects, and clip art. Learn how to mail merge, print envelopes, and create mailing labels. Build fundamental job seeking skills in Word.

North Bellevue Community Center
 \$37(R) \$44(N) Age: 18Y and up
 63687 10am-12pm Tue Jan 17-Feb 07
 63688 12:30-2:30pm Thu Feb 16-Mar 08

RETURN TO WORK EXCEL

Customize the quick access menu, work with multiple worksheets, apply absolute and relative cell references, understand and perform calculations, use a pivot table and create what if worksheets. Sharpen your math skills by building fundamental job-seeking skills in excel. Min 3/Max 6

North Bellevue Community Center
 \$37(R) \$44(N) Age: 18Y and up
 63891 12:30-2:30pm Tue Feb 14-Mar 06
 63892 12:30-2:30pm Thu Mar 15-Apr 05

FACEBOOK OVERVIEW

Facebook is ranked as the most used social network. Learn how to set your profile, control who can see your information, find friends, add a friend, block out someone, translate into another language, and write on a friend's wall. Min 3/Max 6

North Bellevue Community Center
 \$16(R) \$19(N) Age: 18Y and up
 63847 10am-12pm Thu Feb 02

GETTING TO KNOW YOUR DIGITAL CAMERA

Work with your own camera to determine which settings provide the most satisfactory results. Ownership of a digital camera with 3.2 or more megapixels essential. Learn what buttons and dials mean and how to use them. Bring your camera, extra batteries, and instruction book to class. Min 3/Max 6

North Bellevue Community Center
 \$16(R) \$19(N) Age: 18Y and up
 63693 10am-12pm Thu Jan 19

GOOGLE PICASA

Google's free download of Picasa instantly finds all pictures on your hard disk. Basic fixes of crop, remove red eye, fix contrast and color will enhance photos easily and fast. Picasa sorts all pictures by dates, or file names and prints wallet size, 4x6, 5x7 or full page photos. Min 3/Max 6

North Bellevue Community Center
 \$16(R) \$19(N) Age: 18Y and up
 63851 10am-12pm Thu Feb 16



ON-LINE GENEALOGY

Learn how to research on-line and organize what you find into meaningful groups. Follow the trail blazers of genealogy who have developed time tested ways to stay organized. Download pedigree charts and family group sheets from the internet. Take a detailed tour of excellent sites that can jumpstart your search for ancestors. Min 3/Max 6

North Bellevue Community Center
\$16(R) \$19(N) Age: 18Y and up
63849 10am-12pm Thu Apr 05

Youth, Teen, & Family

FAMILY COMPUTER LAB DROP-IN

Need to practice your typing, do your homework, write your resume, do online research, or just play a game? Come in and use the internet and teach yourself how to use a variety of computer programs. All kids under 7 need to be accompanied by an adult. All teens must still be in high school. Does not require registration. No printer access available. Min 1/Max 6

Crossroads Community Center
FREE All Ages
64671 5:30-7:45pm Tue-Fri, Mon Jan 03-Apr 30

MAGIC PRE-READING

Open the door to the wonderful world of reading! In the 'Magic Pre-Reading Program' your child will explore letters, sounds, and sight words through playful songs, games, puzzles, and activities. Per instructor's recommendation upon course completion, your child will continue in this course to improve skills or move into Magic Beginning Reading. Min 5/Max 8

Crossroads Community Center
\$170(R) \$200(N) Age: 4Y - 6Y
64008 9:15-10:15am Tue Jan 10-Mar 13

MAGIC BEGINNING READING

The 'Magic Beginning Reading Program' explores blending sounds together using phonetic rules and sight reading. Children learn to make words and sentences, subsequently learning to understand the meaning of the words in the stories and information they read. Per instructor's recommendation upon course completion, your child may continue in this course to improve skills or move into Advanced Magic Reading. Min 5/Max 8

Crossroads Community Center
\$170(R) \$200(N) Age: 5Y - 6Y
64013 12:30-1:30pm Thu Jan 12-Mar 15

MAGIC ADVANCED READING

The 'Magic Advanced Reading Program' increases comprehension and vocabulary through more practice and advanced reading games. Children develop skills to infer the real meaning behind the story and/or information they read. At the completion of the Advanced Magic Reading Program, children will have acquired the needed skills to gain knowledge through reading. Prerequisite: Able to read most words in picture books, and may be starting to read beginning or higher level chapter books. Min 5/Max 8

Crossroads Community Center
\$170(R) \$200(N) Age: 5Y - 7Y
64016 1:45-2:45pm Thu Jan 12-Mar 15

MAGIC EXPLORE MATH

Build your child's confidence and encourage a genuine interest in the magic of mathematics! Explore different mathematical concepts with lots of fun hands-on games and learning activities. Build a strong basic foundation for all future mathematical learning. Classes are taught in small groups of students. Come have some magical math fun with us! Min 5/Max 8

Crossroads Community Center
\$170(R) \$200(N) Age: 4Y - 6Y
64006 10:30-11:30am Tue Jan 10-Mar 13

ENGINEERING FUNDAMENTALS WITH LEGO

Take on real-life engineering challenges and explore concepts in physics, architecture, mechanical, and structural engineering with over 100,000 pieces of Lego material. From racecars to Battletracks, this is a hands-on and minds-on camp suitable for Lego novices to *maniacs*. Designed by engineers, the curriculum challenges both new and returning students.

Crossroads Community Center
\$197(R) \$236(N) Age: 8Y - 12Y
64939 6:15-7:45pm Thu Jan 12-Mar 15

BUILD IT!

Explore and create different themes in each class. Themes include schools; harbors, airports, train stations, space stations, carnivals, zoos, castles, homes, and much more. Preschoolers will explore their creativity and gain confidence using Legos to learn general building practices to design theme elements.

Crossroads Community Center
\$197(R) \$236(N) Age: 4Y - 5Y
64934 9:30-11am Thu Jan 12-Mar 15

ART OF ETIQUETTE- YOUNG LADIES & GENTLEMEN I

Children rarely attend classes on manners, and yet it is the key to building positive friendships and strong self-esteem. This fun, hands-on workshop teaches telephone etiquette, basic table manners, introductions, personal care, and posture. Each student receives a goodie bag to take home. Min 8/Max 16

Northwest Arts Center
\$50(R) \$60(N) Age: 6Y - 11Y
60920 9am-12pm Sat Feb 11

ART OF ETIQUETTE- YOUNG LADIES AND GENTLEMEN II

This course is a natural follow-up to Young Ladies and Gentlemen I. One of the first social settings that children encounter is being a guest. Learning how to be a gracious guest of honor, or host, are skills they will use lifelong. Boys and girls will learn about invitations, being a great guest and host, practice meeting and greeting others, polite conversation, giving and receiving gifts, basic table manners while neatly eating birthday cake, and how to create their own thank you notes. It is not necessary to have taken Young Ladies and Gentlemen I to enroll in Young Ladies and Gentlemen II. Cake will be served in this class. Min 1/Max 1

Northwest Arts Center
\$50(R) \$60(N) Age: 6Y - 11Y
60923 1-4pm Sat Feb 11

KOREAN LANGUAGE

Your child will learn Korean in a fun and happy environment. Using Korean songs, stories, as well as entertaining and engaging games in Korean motivates children to play and learn the language while having fun.

Child only class. Min 8/Max 10
Northwest Arts Center
\$144(R) \$172(N) Age: 6Y - 11Y
60945 4-5:30pm Wed Jan 11-Mar 14
60946 4-5:30pm Wed Mar 28-Jun 06

MANDARIN CHINESE

Your child will learn Mandarin Chinese in a fun and happy environment. Using songs, stories, as well as entertaining and engaging games in Mandarin motivates children to play and learn the language while having fun. Min 8/Max 10

Northwest Arts Center
\$132(R) \$144(N) Age: 6Y - 10Y
60927 1:30-3pm Sat Jan 14-Mar 10
\$135(R) \$144(N) Age: 6Y - 10Y
60928 1:30-3pm Sat Apr 07-Jun 16



BADMINTON - DROP-IN

Enjoy a little exercise, conversation and competition as you hit the birdie across the net. Min 1/Max 1
 \$3 \$4(N) Age: 18Y and up
 Highland Community Center
 10am-12pm Sun Jan 08-Mar 25
 South Bellevue Community Center
 7-8:50pm Wed Ongoing
 12:30-2:30pm Thu Ongoing

TABLE TENNIS

Are you a competitive table tennis player? If so, come join in the competitive play at Crossroads! Tables are provided. Please bring a ball and a paddle. All skill levels are welcome. Youth ages 13-17 are free. No registration required. Min 1/Max 1
 Crossroads Community Center
 \$3(R) \$4(N) Age: 18Y and up
 5:30-7:45pm Fri Jan 06-Apr 27
 9:15-11:30am Sat Jan 07-Apr 28

VOLLEYBALL - DROP-IN

Bump, set, spike and exercise too! Must be out of high school. Min 1/Max 1
 Highland Community Center
 \$3(R) \$4(N) Age: 18Y and up
 60006 3:30-5:30pm Mon Jan 09-Mar 26

NON-LEAGUE ADULT SPORTS

GOURMET BIKERS

Join other seniors, and set aside Wednesdays for a day of low-impact exercise, fun, fellowship, and lunch. We will start our rides around 10am and bike for 12-15 miles for lunch and return. We will ride on flat bike trails and low traffic roadways. As our confidence builds, we will plan trips to the tulip fields, lavender fields, and maybe even a winery trip. Riders must provide their own bicycle and helmet. Contact Judy at 425-378-0645 if you are interested.

DROP-IN SPORTS - YOUTH

DREAM HOOPS

A drop-in basketball program for youth designed by youth and teenagers committed to building self-improvement skills. Youth are invited to come play basketball and develop individual skills in an encouraging environment! For more information, please call Rudy Thomas at 425-452-4874. No registration required. Min 1/Max 1
 Crossroads Community Center
 FREE Age: 10Y - 12Y
 64670 6-7:45pm Wed Jan 04-Apr 25

SPANISH LANGUAGE

The Little Spanish Castle teaches the Spanish Language using educational learning games, themed based songs, story time and creating art and crafts projects related to the Spanish Culture. This is an intensive, yet welcoming approach to learning Spanish. This is an immersion class that integrates grammar and writing basics using a natural and fun approach to learning the language. Visit www.littlespanishcastle.com for more information Min 8/Max 10

Northwest Arts Center
 \$144(R) \$172(N) Age: 6Y - 10Y
 60950 4-5:30pm Tue Jan 10-Mar 13
 60949 4-5:30pm Fri Jan 13-Mar 16
 60952 4-5:30pm Tue Apr 03-Jun 05
 60951 4-5:30pm Fri Apr 06-Jun 15

MOVIE MAKING

The documentary class will shoot a biography of a family member's (or friend's) life. We will learn how to interview, set up shots, find supporting materials, photos, awards, other memorabilia, etc. to include in the biographical documentary. A video camera will be assigned and sent home with each child for one week to shoot. \$25 materials fee payable to the instructor the first class meeting. Min 6/Max 12

Highland Community Center
 \$155(R) \$185(N) Age: 8Y - 12Y
 64908 4-5:30pm Wed Feb 01-Mar 28

DROP-IN SPORTS - YOUTH, ADULT, & FAMILY

BASKETBALL - DROP-IN

Get great exercise and sharpen your basketball skills. Min 1/Max 1
 \$3 \$4(N) Age: 18Y and up
 Highland Community Center
 12-1pm Tue, Thu Jan 03-Mar 22

South Bellevue Community Center
 6-7:30am Mon-Fri Ongoing
 12-2pm Mon/Wed Ongoing
 10am-12pm Sun Ongoing

PICKLEBALL **SHAPE UP!**

North Bellevue Community Center
 The monthly schedule for pickleball may vary. Please call for current schedule.
 Court, ball, and net provided - players provide their own paddle. Min 2/Max 24
 \$3(R) \$4(N) Age: 18Y and up
 8:30-10am Mon Jan 09-Apr 30
 3-5pm Mon, Wed, Fri Jan 11-Apr 27

South Bellevue Community Center
 Join our pickle ball players for some good exercise and lots of fun. Easy sport to pick up if you have not played before. Min 1/Max 30
 \$3(R) \$4(N) Age: 18Y and up
 10:45am-12:45pm Tue Jan 03-Apr 24

YOUTH SPORTS/FITNESS

This basketball league is specially designed to help your child understand the team concept of basketball, enhancing their dribbling, shooting, passing and defense. The values of teamwork and strategy along with understanding the importance of sportsmanship, create an environment that promotes positive developmental assets amongst our youth.

BASKETBALL LEAGUE INFORMATION:

- Practices and League Games:** The first 2 weeks are team practice followed by 6 weeks of games. Parents will be given an information packet outlining their practice times and game schedule. Please note that practices and games are one hour in duration. You must be available for the time frame listed in each league, as practices and game times may vary throughout the season. No day of the week or time requests will be considered.
- Uniforms:** Basketball reversible jersey is included in the registration fee. Tennis shoes required.
- Volunteer Coaches Needed:** Volunteer basketball coaches are needed. Call (425) 452-4627 to receive a \$20 discount toward your registration fee for being a volunteer coach. Background check required & attendance to mandatory coaches clinic to receive discount. Basketball experience required.
- Schedules:** A team confirmation, parent packet, practice schedule, and program location, will be sent via email by January 21. Game schedules will be sent via email by January 28. Contact Heather Christoff at HChristoff@bellevuewa.gov with questions regarding schedules.
- Participants will be assigned to teams based on the following:**
 - Special request for coach.
 - Special request for ONE teammate. Additional requests for teammates will not be considered.
 - Age and gender of participant.

Please note that there are **NO GUARANTEES** regarding requests or team assignments, and all requests **must** be made before January 17 by email to hchristoff@bellevuewa.gov or by calling 425-452-4627.



MIGHTY MITES BASKETBALL LEAGUE

This co-ed 3 on 3 league is specially designed to help your child understand the team concept of basketball in an instructional setting. Emphasis on participation, fun, and skill development while enhancing their dribbling, shooting, passing, and defense will be emphasized. This 8 week league will begin with 2 weeks of team practice followed by 6 weeks of games on Mondays OR Tuesdays. Practice/games are 1 hour in duration and will be at 5:30pm OR 6:30pm depending on scheduling.

Min 4/ Max 6
 \$72(R) \$86(N) Ages: 5 - 6
 64044 Mon or Tue 5:30-7:30pm Jan 24-Mar 22

YOUTH BASKETBALL LEAGUE

This co-ed 4 on 4 instructional league is full of fun and is a great way to further develop and enhance your basic knowledge and skills in basketball! Learn to become a team player and become a better individual player. Emphasis on participation, fun, and skill development while enhancing their dribbling, shooting, passing, and defense will be emphasized. This 8 week league will begin with 2 weeks of team practice followed by 6 weeks of games on Tuesdays OR Thursdays. Practice/games are 1 hour in duration and will be at 5:30pm OR 6:30pm depending on scheduling. Min 5/ Max 7

\$72(R) \$86(N) Ages: 7 - 8
 64046 Tue or Thu 5:30-7:30pm Jan 25-Mar 30

JUNIOR BASKETBALL LEAGUE

It's time to elevate your game! This co-ed league is designed to give your child more advanced playing skills. Offensive & defensive techniques, shooting techniques, ball handling and court awareness will be emphasized. This 8 week league will begin with 2 weeks of team practice followed by 6 weeks of games on Wednesdays OR Thursdays. Practice/games are 1 hour in duration and will be at 4:30pm, 5:30pm OR 6:30pm depending on scheduling.

Min 6/ Max 8
 \$72(R) \$86(N) Ages: 9 - 11
 64046 Wed or Thu 4-8pm Jan 26-Mar 30

BIDDY SATURDAY SPORTS

Give your child the opportunity to participate in sports through 3 different programs designed to develop basic motor skills, teaching age appropriate fundamentals. You can choose from Soccer, T-ball, or Basketball, or you can sign-up for all three classes. This program is a Parent/guardian participation required program, which will offer quality bonding time with your children. Min 10/Max 25

Highland Community Center

\$40(R) \$48(N) Age: 3Y - 6Y

Basketball

64049	11-11:45am	Sat	Jan 21-Feb 11
64050	10-10:45am	Sat	Feb 18-Mar 10
64051	9-9:45am	Sat	Mar 17-Apr 07
64052	11-11:45am	Sat	Apr 14-May 12

Soccer

64061	9-9:45am	Sat	Jan 21-Feb 11
64062	11-11:45am	Sat	Feb 18-Mar 10
64063	10-10:45am	Sat	Mar 17-Apr 07
64064	9-9:45am	Sat	Apr 14-May 12

T-ball

64076	10-10:45am	Sat	Jan 21-Feb 11
64077	9-9:45am	Sat	Feb 18-Mar 10
64078	11-11:45am	Sat	Mar 17-Apr 07
64079	10-10:45am	Sat	Apr 14-May 12

I-BALL BASKETBALL CLINICS

Bellevue Parks & Community Services and i-Ball have partnered to offer Basketball Skills Clinics for kids, ages 7-14. Consistent training is the main aspect that helps to greatly accelerate learning and retention for young players. I-Ball is ran and coached by professional basketball player and former Globetrotter's Harlem All-Star, Kyle Keyes along with i-Ball staff. Players will learn all aspects of basketball development of core fundamentals along with offensive & defensive techniques, shooting techniques, ball handling and court awareness. Players of ALL skill levels are welcome and will be grouped accordingly. Min 5/Max 30

Highland Community Center

\$79(R) \$95(N) Age: 7Y - 14Y

64086	5:50-7pm	Mon	Jan 09-Feb 06
64087	5:50-7pm	Mon	Feb 13-Mar 12
64088	5:50-7pm	Mon	Mar 19-Apr 09
64089	5:50-7pm	Mon	Apr 16-May 07





INDOOR SOCCER WITH MICHAEL SMITH

Participants will learn the fun game of soccer! Soccer techniques; dribbling, passing and scoring goals will be emphasized. Children will learn to play with teammates and develop balance/coordination and listening skills. Min 6/Max 12

Highland Community Center

\$55(R)	\$66(N)		Age: 4Y - 6Y
64117	1-1:45pm	Tue	Jan 03-Feb 07
64118	2-2:45pm	Tue	Jan 03-Feb 07
64114	1-1:45pm	Wed	Jan 04-Feb 08
64119	2-2:45pm	Wed	Jan 04-Feb 08
64115	1-1:45pm	Thu	Jan 05-Feb 09
64116	2-2:45pm	Thu	Jan 05-Feb 09
64124	1-1:45pm	Tue	Mar 06-Apr 24
64125	2-2:45pm	Tue	Mar 06-Apr 24
64130	1-1:45pm	Wed	Mar 07-Apr 25
64120	2-2:45pm	Wed	Mar 07-Apr 25
64121	1-1:45pm	Thu	Mar 08-Apr 26
64122	2-2:45pm	Thu	Mar 08-Apr 26

I ROCK IT CLIMBING PROGRAM

This new 6-week program provides a supportive, fun, and safe environment for students to explore rock climbing. The focus will be on basic rock climbing and bouldering techniques by incorporating fun games and challenges, while getting fit and improving climbing skills. A fun team competition will conclude the program.

No previous experience necessary and all equipment is provided. Min 4/Max 12

South Bellevue Community Center

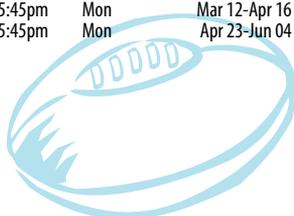
\$150(R)	\$180(N)		Age: 8Y - 11Y
59809	4-5:30pm	Tue, Thu	Jan 10-Feb 16
59810	4-5:30pm	Tue, Thu	Feb 28-Apr 05
59811	4-5:30pm	Tue, Thu	Apr 17-May 24

SEREVI FLAG RUGBY

Youth rugby is one of the fastest growing sports in the United States. Serevi Rugby and Bellevue Parks & Community Services are excited to offer Serevi Flag Rugby, a coed, non-contact sport for children, ages 7-14. Flag Rugby is a free-flowing game that allows all players to pick up the ball and run. Teamwork is a key element to success and is emphasized along with a high level of sportsmanship. Emphasis will be on safety and fun at all times, and the use of flags limits physical contact. Skill emphasis is on running, passing, ball handling catching skills and small sided games. Min 20/Max 50

Robinswood Sportsfield

\$66(R)	\$79(N)		Age: 7Y - 14Y
64109	4:30-5:45pm	Mon	Jan 23-Mar 05
64110	4:30-5:45pm	Mon	Mar 12-Apr 16
64113	4:30-5:45pm	Mon	Apr 23-Jun 04



Adult Sports Leagues



Get a team together and Play!

Looking for a way to get active and meet new people? Bellevue Parks & Community Services offers adult sports leagues tailored to a variety of ability levels. Come with your own team or join others in creating a new team by joining the "interested players list." For more information, contact Shirley Louie at 425-452-4479 or SLouie@bellevuewa.gov. Or, visit us on the Web at http://www.bellevuewa.gov/parks_adult_sports_leagues.htm.

Adult Basketball & Co-Rec Volleyball

Winter Leagues

Registration:

November 7-December 2, 2011

League Play:

Begins January 8, 2012

Ends April 5, 2012

Get fit and active! Sign ups for Spring in progress!

SBCB BADMINTON COURT RENTALS

No waiting to play or sharing the court. You may start booking first thing Monday morning prior to your Sunday rental. You may only book one hour at a time but may obtain an additional hour if one is open the day of your rental. Set-up and take down will be part of the rental responsibilities. Call 425-452-4240 for additional information.

Sundays:	12:15 – 1:15	\$10 per hour
	1:15 – 2:15	
	2:15 – 3:15	

Youth Sports/ Robinswood Tennis Center

DREAM TEAM DANCE/DRILL TEAM

Be a part of the Bellevue Parks Dance Team! Do you want to learn to dance, or improve your technique? Trying out for dance team, drill team or cheerleading? This team works on beginning-to-intermediate level spirit-style dance technique, focusing on hip-hop, precision and pom styles. Previous cheer or dance experience is recommended but not required - contact instructor with questions. Some extra costs may be incurred for this class. Min 8/Max 35

Highland Community Center

\$54(R)	\$60(N)	Age:	11Y - 18Y
60812	5-6:30pm	Thu	Jan 05-Feb 09
60813	5-6:30pm	Thu	Feb 16-Mar 29
\$68(R)	\$76(N)	Age:	11Y - 18Y
60814	5-6:30pm	Thu	Apr 05-Jun 14

CHEERLEADING - INTERMEDIATE (POWER SQUAD)

Intermediate level cheer class for those who want a more intense program without being on a competitive team. Beginning stunting and tumbling, along with advance dance are taught. Pre-requisite: A minimum of one session on Dream Team, concurrent registration on Dream Team, and instructor permission. (Some extra costs may be incurred for this class) Min 8/Max 35

Highland Community Center

\$48(R)	\$54(N)	Age:	8Y - 18Y
60806	3:30-5pm	Wed	Jan 04-Feb 08
60807	3:30-5pm	Wed	Feb 15-Mar 28
\$54(R)	\$62(N)	Age:	8Y - 18Y
60808	3:30-5pm	Wed	Apr 04-Jun 13

DREAM TEAM CHEER SQUAD

Be a part of the Bellevue Parks cheer squad! You'll learn dances, cheers, and beginning stunts. There are performance opportunities as well! Dream Team has performed at halftime for the Sonics and Seattle Storm. This is a beginning to intermediate level team. Dream Team is offered on Wed. or Fri - please choose one day. Extra costs may be incurred for this class. Contact instructor with questions. Min 8/Max 35

Highland Community Center

\$54(R)	\$60(N)	Age:	7Y - 18Y
60796	2-3:30pm	Wed	Jan 04-Feb 08
60794	4-5:30pm	Fri	Jan 06-Feb 10
60797	2-3:30pm	Wed	Feb 15-Mar 28
60795	4-5:30pm	Fri	Feb 17-Mar 30
\$68(R)	\$76(N)	Age:	7Y - 18Y
60799	2-3:30pm	Wed	Apr 04-Jun 13
60798	4-5:30pm	Fri	Apr 06-Jun 15

ROBINSWOOD TENNIS CENTER

Address: 2400 151st PL SE

Phone: 425-452-7690

Web: <http://www.bellevuewa.gov/3685.htm>

The Robinswood Tennis Center has been recognized as one of the finest facilities in the country. The facility includes: 4 indoor courts, 4 outdoor lighted courts (6 indoor, 2 outdoor - Winter months), a locker room, mini-pro shop, vending machines, and a viewing lounge. Robinswood has received national and regional recognition for its comprehensive programs and outstanding community service. In 2004, the Robinswood Tennis Center was selected as the national public facility of the year by the Professional Tennis Registry.

Contact Robinswood Tennis Center at 425-452-7690 for more information on programs and services. Remember - you can register online 24 hours a day at: www.myparksandrecreation.com

LADIES' COMPETITIVE CUP INTER-CLUB LEAGUE

Six different levels of play: Evergreen, Emerald, Classic, Rainier, Challenge, and Kingco. NTRP rating 2.5-4.5. Team tryouts are conducted in June, the season begins in September. New players who missed the try-outs should contact the Head Professional for potential roster openings.

FACILITY RENTAL

Available for rental for special events, group functions, birthday parties, and other activities. Please call for availability and fees.

MISCELLANEOUS SERVICES OFFERED

- Our pro shop offers the latest line of tennis rackets to demo or purchase: grips, tennis balls, and other miscellaneous items are also available.
- Our ball machine is available for rental. It's a great way to work on individual strokes.
- Our professional in-house racket re-stringing is available on site. Service is guaranteed in 48 hours.

VOLUNTEER AT ROBINSWOOD TENNIS CENTER

If you or someone you know is interested in volunteering at Robinswood, contact us about volunteer opportunities.



**IMPORTANT REGISTRATION
INFORMATION FOR
ROBINSWOOD TENNIS
CENTER PROGRAMS**

Registration dates for sessions at Robinswood Tennis Center:

Session 1

Residents: November 7, 2011

Non-Residents: November 16, 2011

Session 2

Residents: January 3, 2012

Non-Residents: January 12, 2012

Session 4

Residents: January 30, 2012

Non-Residents: February 8, 2012

OUTDOOR TENNIS COURTS

See page 7 for a listing of outdoor tennis courts operated by the City of Bellevue.

ADULT ACTIVITY GROUPS

The Tennis Center supports these rental groups as another opportunity for organized, casual play. For more information please contact the individual coordinator of the specific group. *These programs are not coordinated by the Tennis Center staff*

Mixed Doubles - Monday, 7:30-8:45pm

Coordinator: Eric Linger,

elinger@sherwood-investments.com

Working Women - Wednesday, 6:15-7:30pm

Coordinator: Robin Ballard, 425-564-4013, dickensball@yahoo.com

Mountaineers - Friday, 7:15-8:30pm

Coordinator: Greg Kidd, 425-828-8590, Gregory.Kidd@comcast.net

Men's Doubles - Tuesday/Thursday, 6:15-10pm. Call 425-452-7690.

TENNIS - ADAPTIVE RECREATION

The Adaptive Recreation Tennis Class is designed for individuals living with developmental disabilities. The format of the class allows participants to be introduced to basic tennis skills with the focus on participation and building self-esteem. Min 3/Max 16

Robinswood Tennis Center

Age: 14Y - 90Y

Session 1

60046 3:45-4:45pm Wed Jan 04-Feb 08 \$30

Session 2

60047 3:45-4:45pm Wed Feb 15-Mar 21 \$30

Session 4

60048 3:45-4:45pm Wed Mar 28-May 02 \$30



Adult Tennis Programs

ADULT DAY & NIGHT TENNIS PROGRAMS

Min 4/Max 8 Age: 19Y and up
Robinswood Tennis Center

Beginning

Level 1 is designed to provide basic skills needed to play tennis; including etiquette, rules, and scoring. USTA Level of 2.0

Session 1

60020	10:30-11:45am	Wed	Jan 04-Feb 08	\$96
60145	7:30- 8:45pm	Mon	Jan 02-Feb 06	\$96
60146	7:30- 8:45pm	Wed	Jan 04-Feb 08	\$96

Session 2

60021	10:30-11:45am	Wed	Feb 15-Mar 21	\$96
60147	7:30- 8:45pm	Mon	Feb 13-Mar 19	\$96
60148	7:30- 8:45pm	Wed	Feb 15-Mar 21	\$96

Session 4

60022	10:30-11:45am	Wed	Mar 28-May 02	\$96
60149	7:30- 8:45pm	Mon	Mar 26-Apr 30	\$96
60150	7:30- 8:45pm	Wed	Mar 28-May 02	\$96

Advanced Beginning

Level 2 builds on the basics, reinforcing technique, and adding advanced drills and learning how to play doubles. USTA level of 2.0-2.5

Session 1

60058	10:30-11:45am	Tue	Jan 03-Feb 07	\$96
60059	11:45am- 1pm	Wed	Jan 04-Feb 08	\$96
60117	8:45-10pm	Mon	Jan 02-Feb 06	\$96
60118	8:45-10pm	Wed	Jan 04-Feb 08	\$96

Session 2

60060	10:30-11:45am	Tue	Feb 14-Mar 20	\$96
60061	11:45am- 1pm	Wed	Feb 15-Mar 21	\$96
60119	8:45-10pm	Mon	Feb 13-Mar 19	\$96
60120	8:45-10pm	Wed	Feb 15-Mar 21	\$96

Session 4

60062	10:30-11:45am	Tue	Mar 27-May 01	\$96
60063	11:45am- 1pm	Wed	Mar 28-May 02	\$96
60121	8:45-10pm	Mon	Mar 26-Apr 30	\$96
60122	8:45-10pm	Wed	Mar 28-May 02	\$96

Intermediate

Participants already have sound fundamentals and are working on advanced technique such as spin serves, continental grip volleys, the slice backhand, basic strategies. USTA Level of 3.0-3.5

Session 1

60079	11:45am- 1pm	Mon	Jan 02-Feb 06	\$96
60080	10:30-11:45am	Thu	Jan 05-Feb 09	\$96
60171	7:30- 8:45pm	Tue	Jan 03-Feb 07	\$96
60172	7:30- 8:45pm	Thu	Jan 05-Feb 09	\$96

Session 2

60081	11:45am- 1pm	Mon	Feb 13-Mar 19	\$96
60082	10:30-11:45am	Thu	Feb 16-Mar 22	\$96
60173	7:30- 8:45pm	Tue	Feb 14-Mar 20	\$96
60174	7:30- 8:45pm	Thu	Feb 16-Mar 22	\$96

Session 4

60083	11:45am- 1pm	Mon	Mar 26-Apr 30	\$96
60084	10:30-11:45am	Thu	Mar 29-May 03	\$96
60175	7:30- 8:45pm	Tue	Mar 27-May 01	\$96
60176	7:30- 8:45pm	Thu	Mar 29-May 03	\$96

Advanced

Participants in the Advanced class will be working on more advanced drills and strategy for singles/doubles play. Should be at least 4.0 USTA Level or above.

Session 1

60101	8:45-10pm	Tue	Jan 03-Feb 07	\$96
60102	8:45-10pm	Thu	Jan 05-Feb 09	\$96

Session 2

60103	8:45-10pm	Tue	Feb 14-Mar 20	\$96
60104	8:45-10pm	Thu	Feb 16-Mar 22	\$96

Session 4

60105	8:45-10pm	Tue	Mar 27-May 01	\$96
60106	8:45-10pm	Thu	Mar 29-May 03	\$96

Advanced Doubles

Advanced Doubles drills emphasizing: working with partner, positioning, movement, and strategy. USTA Level of 3.0 or above

Session 1

60071	11:45am- 1pm	Mon	Jan 02-Feb 06	\$96
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Session 2

60072	11:45am- 1pm	Mon	Feb 13-Mar 19	\$96
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Session 4

60073	11:45am- 1pm	Mon	Mar 26-Apr 30	\$96
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LADIES RECREATIONAL EVENING LEAGUE

Participants register individually. Ability range is 3.0-3.5 NTRP. Doubles match play with weekly rotation of players. Fee covers cost of participation, court rental, tennis balls, and administration by Robinswood staff. Min 8/Max 12 Robinswood Tennis Center Age: 19Y and up

Session 1

60211	6:15- 7:30pm	Thu	Jan 05-Feb 09	\$66
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Session 2

60212	6:15- 7:30pm	Thu	Feb 16-Mar 22	\$66
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Session 4

60213	6:15- 7:30pm	Thu	Mar 29-May 03	\$66
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Youth Tennis Programs

TENNIS TEAMS

Robinswood offers four different levels of tennis teams for Bellevue youth. Teams are offered for youth who have progressed past the Saturday Youth Intermediate level. Min 16/Max 36. Robinswood Tennis Center

Age: Up to 17Y

Team 1- Players at this level should already be able to keep score, play matches against other players, execute volleys & overheads, and place serves consistently in the box.

Session 1

60298	3:45- 5pm	Tue, Thu	Jan 03-Feb 23	\$198
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Session 2

60299	3:45- 5pm	Tue, Thu	Feb 28-Apr 19	\$198
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Session 4

60300	3:45- 5pm	Tue, Thu	Apr 24-Jun 14	\$198
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Team 2 - Players at this level are still working on improving overall consistency, topspin groundstrokes, correct grips, and adding more pace and consistency on their serves. Players in this level are competing at Rookie or Challenger Level USTA tournaments.

Session 1

60311	5- 6:15pm	Tue, Thu	Jan 03-Feb 23	\$198
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Session 2

60312	5- 6:15pm	Tue, Thu	Feb 28-Apr 19	\$198
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Session 4

60313	5- 6:15pm	Tue, Thu	Apr 24-Jun 14	\$198
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Varsity - Advanced Level class is geared for High School and USTA Challenger/Champs competitors. The class is set up in a drill/match play environment where Juniors are working on more advanced strokes and strategy.

Session 1

60340	5- 6:15pm 4:45-6pm	Mon, Wed Fri	Jan 02-Feb 24	\$248
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Session 2

60341	5- 6:15pm 4:45-6pm	Mon, Wed Fri	Feb 27-Apr 20	\$248
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Session 4

60344	5- 6:15pm 4:45-6pm	Mon, Wed Fri	Apr 23-Jun 15	\$248
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Tournament - This is an Elite class for USTA Champs level players only. Participants must be ranked in the top 50 of their age group in the Pacific Northwest. Drill and Match-play environment. Highest Level of Junior Teams at Robinswood.

Session 1

60328	3:45- 5pm 3:30-4:45pm	Mon, Wed Fri	Jan 02-Feb 24	\$248
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Session 2

60329	3:45- 5pm 3:30-4:45pm	Mon, Wed Fri	Feb 27-Apr 20	\$248
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Session 4

60330	3:45- 5pm 3:30-4:45pm	Mon, Wed Fri	Apr 23-Jun 15	\$248
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WEEKDAY FLIGHTS

Competitive flight leagues in the morning and afternoon. Min 8 / Max 16 Robinswood Tennis Center Age: 19Y and up

Tennis - Weekday Flight - Level A

Level A is USTA NTRP Level 3.5 to 4.0 and Seattle Area Cup level Challenge to Kingco.

Session 1

60979	9-10:30am	Mon	Jan 09-Mar 19	\$81
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Session 2

60980	9-10:30am	Mon	Mar 26-Jun 11	\$90
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Tennis - Weekday Flight - Level B

Level B is USTA NTRP Level 3.5 and Seattle Area Cup level Rainier to Challenge.

Session 1

60983	9-10:30am	Wed	Jan 04-Mar 14	\$90
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Session 2

60984	9-10:30am	Wed	Mar 28-Jun 06	\$90
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Robinswood Tennis Center / Aging Services

Tennis - Weekday Flight - Level C

Level C is USTA NTRP Level 3.0 to 3.5 and Seattle Area Cup level Rainier to Classic.

Session 1					
60986	1-2:30pm	Mon	Jan 09-Mar 19		\$81
Session 2					
60987	1-2:30pm	Mon	Mar 26-Jun 11		\$90

Tennis - Weekday Flight - Level D

Level D is USTA NTRP Level 3.0 and Seattle Area Cup level Emerald to Classic.

Session 1					
60989	9-10:30am	Tue	Jan 03-Mar 13		\$90
Session 2					
60990	9-10:30am	Tue	Mar 27-Jun 05		\$90

Tennis - Weekday Flight - Level E

Level E is USTA NTRP Level 2.5 to 30 and Seattle Area Cup level Evergreen to Emerald.

Session 1					
60993	9-10:30am	Thu	Jan 05-Mar 15		\$90
Session 2					
60994	9-10:30am	Thu	Mar 29-Jun 07		\$90

Tennis - Weekday Flight - Level F

Level F is US Tennis Association NTRP Level 2.5 and Seattle Area Cup level Evergreen.

Session 1					
60997	1-2:30pm	Thu	Jan 05-Mar 15		\$90
Session 2					
60998	1-2:30pm	Thu	Mar 29-Jun 07		\$90

Youth Tennis Programs

SATURDAY YOUTH GROUP LESSONS

CLASS DESCRIPTIONS:

Little Lobbers: Ages 4-6. Class focuses on young children to build hand-eye coordination and develop muscle memory for basic form.

Session 1					
60283	11-11:45am	Sat	Jan 07-Feb 11		\$67.50
Session 2					
60284	11-11:45am	Sat	Feb 18-Mar 24		\$67.50
Session 4					
60285	11-11:45am	Sat	Mar 31-May 05		\$67.50

Beginning I: Ages 7-12. Class is designed for any child who has never taken lessons before or has minimal experience. Goals of the class are to introduce basic tennis techniques.

Session 1					
60256	1-2pm	Sat	Jan 07-Feb 11		\$72
Session 2					
60257	1-2pm	Sat	Feb 18-Mar 24		\$72
Session 4					
60258	1-2pm	Sat	Mar 31-May 05		\$72



IMPORTANT REGISTRATION INFORMATION FOR ROBINSWOOD TENNIS CENTER PROGRAMS

Registration dates for sessions at Robinswood Tennis Center:

Session 1
Residents: November 7, 2011
Non-Residents: November 16, 2011

Session 2
Residents: January 3, 2012
Non-Residents: January 12, 2012

Session 4
Residents: January 30, 2012
Non-Residents: February 8, 2012

Beginning II: Ages 7-12. Class is designed for students who have completed Beginning I or have had Beginning lessons in the past.

Session 1					
60266	2-3pm	Sat	Jan 07-Feb 11		\$72
Session 2					
60267	2-3pm	Sat	Feb 18-Mar 24		\$72
Session 4					
60268	2-3pm	Sat	Mar 31-May 05		\$72

Advanced Beginning I: Ages 7-12. Class is designed for students who have completed Beginning II. Goal of the class is to start to create spin on groundstrokes and hit serves into the correct box.

Session 1					
60240	3-4pm	Sat	Jan 07-Feb 11		\$72
Session 2					
60241	3-4pm	Sat	Feb 18-Mar 24		\$72
Session 4					
60242	3-4pm	Sat	Mar 31-May 05		\$72

Advanced Beginning II: Ages 7-12. Class is designed for children who have completed Advanced Beginning I.

Session 1					
60248	4-5pm	Sat	Jan 07-Feb 11		\$72
Session 2					
60249	4-5pm	Sat	Feb 18-Mar 24		\$72
Session 4					
60250	4-5pm	Sat	Mar 31-May 05		\$72

Intermediate: Ages 9-12. Class is designed for students who have completed Advanced Beginning II. Goal of the class is to be able to hit all strokes with consistency and correct technique. Highest Level of Saturday Youth Lessons.

Session 1					
60276	10-11am	Sat	Jan 07-Feb 11		\$72
Session 2					
60277	10-11am	Sat	Feb 18-Mar 24		\$72
Session 4					
60278	10-11am	Sat	Mar 31-May 05		\$72

Teen: Ages 13-18. Class is treated as an introductory course, focusing on development of proper strokes.

Session 1					
60290	5-6pm	Sat	Jan 07-Feb 11		\$72
Session 2					
60291	5-6pm	Sat	Feb 18-Mar 24		\$72
Session 4					
60292	5-6pm	Sat	Mar 31-May 05		\$72

NORTH BELLEVUE COMMUNITY CENTER, AGING SERVICES

4063 - 148th Avenue NE, 425-452-7681

Hours of operation: Monday-Thursday, 8:30am to 9pm; Friday, 8:30am-6pm. The North Bellevue Community Center offers a comprehensive array of senior services, resources, and adult programs including health and wellness, cultural and performing arts, human services, drop-in activities, socialization, information and referrals, community dining and trips. Please call or visit the City webpage for current class schedule and additional information. http://www.bellevuewa.gov/north_bellevue_community_center_programs.htm or visit www.myparksandrecreation.com.

SOUTH BELLEVUE COMMUNITY CENTER, OLDER ADULT PROGRAMS

14509 SE Newport Way • 425-452-4240

As we develop programs, we want to hear from you as to what you would like to find at South Bellevue Community Center. Give us a call at 425-452-4240, email us at sbcc@bellevuewa.gov, or better yet come visit us!

RESOURCES & INFORMATION

Available at North Bellevue Community Center, unless otherwise indicated.

CARE ADULT ABUSE PREVENTION

To report a suspicion of abuse or neglect of an older person or a person with disabilities living in a facility or their own home, call toll free 1-866-ENDHARM, or visit www.aasa.dshs.wa.gov.

SENIOR HOUSING ArchHousing.org

new resource to inform seniors, caregivers, and their families of housing choices in East King County when considering aging in place or transitioning out of the home to a new home. The new website will allow seniors to evaluate their values and needs, and discover the many housing and service options that are available locally for seniors. A hard copy handbook of the website information is available at the North Bellevue Community Center front desk.

NURSING HOME INFORMATION ONLINE

See how specific nursing homes compare to others in the community or nationally for short- and long-term stay residents. For more information call 1-800-MEDICARE or at www.medicare.gov.

CATHOLIC COMMUNITY SERVICES OF KING COUNTY

Volunteers provide services such as transportation, light housekeeping, minor home repairs, yard work, laundry, shopping assistance, and light cooking. Call 206-328-5696 or visit www.Ccsww.org.

ELDER AND ADULT DAY SERVICES

Supervised facility for activities and services full or partial day. Call 425-867-1799.

EVERGREEN CARE NETWORK

Service to help older adults remain independent. Case Management services available through Geriatric Regional Assessment Team (GRAT). Call 425-899-3200.

HEALTH**OVERLAKE HOSPITAL SENIOR CARE**

Programs and services for seniors. Call 425-688-5800 for more information.

BENEFITS CHECK UP ONLINE

A new web-based service of the National Counsel on the Aging allows you to quickly and easily determine what benefits you may qualify for, and how to claim them. Visit them on the web: www.BenefitsCheckUp.org. Medicare questions answered via the Internet at www.mymedicarematters.org.

GENERAL**AARP AREA OFFICE**

1-800-227-7457 or 206-517-2327

AARP COMMUNITY SERVICE EMPLOYMENT PROGRAM

Assistance for job seekers aged 55+ including 20hr/wk paid job training and assistance finding permanent employment. Call 206-624-6698 for details, co-sponsored by the US Dept. of Labor and the AARP Foundation.

COMPUTER HELP DESK SERVICE

KEGS (Komputer Enthusiasts of Greater Seattle) can help with your computer needs. Call Joe Mraz at 425-747-2433 for meeting and computer help information.

EASTSIDE LEGAL ASSISTANCE PROGRAM

Legal advice, at little or no cost, to low-income Eastside residents. Call 425-747-7274.

W.I.C.S.

Widowed Information & Counseling Services. Call area office 206-241-5650.

SENIOR INFORMATION & ASSISTANCE

Resources and information on all topics related to older adults. 1-888-435-3377 or 206-448-3110.

IMMIGRANT SERVICES CHINESE SERVICES

Programs and services for Chinese seniors at the North and South Bellevue Community Centers. Bilingual staff worker assists participation in social, recreational and educational activities. Information and assistance services including issues relating to retirement, senior housing, naturalization, and health insurance. Call CISC, 206-624-5633 ext. 123, for more information.

SPANISH SERVICES

Sea Mar Community Health Center co-sponsors a variety of services to Latino Seniors at the North Bellevue Community/Senior Center. Ethnic lunch for those 60 years & older every Monday (\$3 donation) followed by a dance, ESL classes, bi-lingual education, healthcare information, translation and bi-lingual assistance for integration, and transportation assistance offered. Call Sea-Mar, Clemencia Robayo, 206-764-8044 for more information.

INSURANCE/SOCIAL SECURITY SOCIAL SECURITY INFORMATION

Toll Free: 1-800-772-1213, 7am-7pm weekdays or at www.ssa.gov. Services available in English and Spanish.

MEALS/FOOD DELIVERY LUNCHES

Hot meals sponsored by Catholic Community Services available at noon on Monday, Tuesday, Wednesday & Friday each week. First come-first served. Suggested \$3 donation for 60+, fee if younger. See Special Events listing for special holiday meal events which require pre-registration. Monthly menus available.

MEALS ON WHEELS

Frozen meals are delivered to homebound seniors on Mon. Average \$3 donation. Call the Seattle office of Senior Services at 206-448-5767 for additional information.

SUPPORT GROUPS/MEETINGS**YOUNG ONSET PARKINSONS**

Sponsored by the American Parkinson Disease Association. For those under 60 with the disease and their families. Meets the 1st Wednesday each month 7-8:30pm. For more information call Carin Mack 206-230-0166.

NARFE (National Association of Retired Federal Employees)

3rd Tuesday of each month at noon. For more information, call 425-868-4502.

PROBUS

Retired & semi-retired professional/business person. 3rd Thursday of each month at 9am. For more information, call 425-861-0596.

P.O.W.S

Prisoners of Foreign Wars. 4th Tuesday of each month at noon. For more information, call Jim Keeffe 425-747-4444.

TRANSPORTATION ACCESS

Transportation to appointments, grocery shopping, and to the Center. Call 206-205-5000.

GETTING AROUND PUGET SOUND

Want to go from home to the store, the library & more? Personalized one-on-one assistance with transportation options and planning. Second Monday each month, 10am-2pm. No appointment necessary. Provided through a partnership with Hopelink.

VOLUNTEER TRANSPORTATION FOR SENIORS

Personal transportation to medical appointments. Call 206-448-5740.

VOLUNTEER OPPORTUNITIES RSVP

Retired and Senior Volunteer Program. Call 206-694-6787 for more information.

EYEGLASS DONATIONS

Eyeglasses collection at North Bellevue Community/Senior Center for recycling to low-income persons via local eyewear stores.

BELLEVUE NETWORK ON AGING

Meetings are generally held on the first Thursday each month, 8:30-10:30am at Bellevue City Hall. Meetings are open to the public. For more information, agendas, and minutes, please call 425-452-4200, or visit http://www.bellevuewa.gov/network_on_aging.htm.

SENIOR VOLUNTEERS

Volunteers play a key role in providing programs and services at North Bellevue Community Center. We depend on volunteers to provide successful programs and positive experiences for everyone who visits our facility. Annually there are over 200 volunteers who provide over 15,000 hours of community services. Please call 425-452-7681 for more information and job descriptions.

- Food Service & Kitchen Help
- Front Desk Reception
- Advisory Boards
- Class Instruction
- Crafts
- English Conversationalist/ESL Instructor
- Foot Care Assistant
- Coffee Bar/Refreshments
- Fund Raising
- Garden Assistant
- Newcomer Social Committee
- Entertainment
- "Powerful Tools for Caregivers" Instructors

SPECIAL EVENTS

SOUNDS OF SWING DANCES

The 'Sound Of Swing' will perform for your dancing pleasure. Min 10/Max 100 North Bellevue Community Center
\$3 Age: 18Y and up

New Year's Dance			
64899	2-4pm	Tue	Jan 10
Sweetheart Dance			
64900	2-4pm	Tue	Feb 14
St. Patrick's Day Dance			
64901	2-4pm	Tue	Mar 13
Spring Fling Dance			
64902	2-4pm	Tue	Apr 10

SPRING FLING DANCE

Enjoy an evening of fun and the songs of the season with 'Sounds of Swing' Band. USA Dance will be here to teach a lesson from 7:30-8:15, followed by dancing to all the big band favorites and holiday standards. Min 10/Max 200 North Bellevue Community Center
\$15 Age: 18Y - 100Y
64677 7-11pm Sat Mar 03

VOLUNTEER RECOGNITION CELEBRATION

This is a very special event to honor all the wonderful people who volunteered their time and talents for the North Bellevue Community/Senior Center in 2011. Watch for your invitation in the mail. Co-sponsored by the Bellevue Firefighters Community Support Foundation. Min 5/Max 75 North Bellevue Community Center
FREE(R) All Ages
64026 11am-1pm Wed Feb 15

SPRING FLING DANCE

Welcome Spring with 'Sounds of Swing'. USA Dance will be here to teach a lesson 7:30-8:15. Dance the night away to all the Big band favorites and the standards. Sure to be a fun night! \$15 admission fee payable at the door. Min 10/Max 200 North Bellevue Community Center
FREE(R) Age: 18Y and up
64677 7-11pm Sat Mar 03

ST. PATRICK'S DAY LUNCHEON

Join us in being 'Irish for a day'! Wear your favorite green outfit and enjoy a traditional Irish meal. We'll play some Irish music and sing some favorite Irish songs. Your 'Irish Eyes' are sure to be smiling! Co-sponsored by Catholic Community Services. \$3 suggested donation payable at the door. Min 30/Max 60 North Bellevue Community Center
FREE Age: 60Y and up
63898 11:30am-1pm Wed Mar 14

25TH ANNIVERSARY CELEBRATION LUNCHEON

Come join us for a celebration of 25 years at the North Bellevue Community Center. We will have a wonderful lunch with great entertainment, bingo, prizes and much, much, more! Min 6/Max 75 North Bellevue Community Center
FREE Age: 6Y and up
64647 11:30am-2pm Wed Apr 18





ADAPTIVE RECREATION Highland Center

14224 Bel-Red Road • 425-452-7686

It is the purpose of Bellevue's Specialized Recreation Program to provide people who have disabilities with opportunities for recreation, socialization, and learning so that they can participate more successfully in the life of our community. People living with disabilities are encouraged to participate in any of the Recreation Division Programs in which they are interested.

Volunteers are an important part of Highland Center. If you are interested in being a volunteer, please call Kim Indurkar at 425-452-6105 or email kindurkar@bellevuewa.gov for more information.

ADAPTIVE PROGRAMS

All programs are located at Highland Center unless otherwise noted.

COMMUNITY PROGRAMS OF INTEREST

All programs are at the Highland Community Center.

ALS ASSOCIATION OF WESTERN WASHINGTON

Provides support for those living with ALS, their families, loved ones, and anyone who is interested in learning about the disease.

When: 4th Thursday of each month
6:30-8:30pm

Contact: Carl Moore, 425-656-1650

ALS CAREGIVER SUPPORT GROUP

When: 2nd Saturday of each month
9:30-11:30am

Contact: Sonja Zimmer, 425-656-1650

DISABLED AMERICAN VETERANS

(Chapter 43)

When: 1st Sat. of each month,
11:30am-2:30pm

Contact: Eddie Jenson, 425-486-0595

FEAT- FAMILIES FOR EARLY AUTISM TREATMENT

Once a month play group and social activities for children with autism.

When: 2nd Sat. of each month,
9:30am-1pm

Contact: Amanda Bliggenstorfer,
425-868-6810

KING COUNTY PARENT COALITION FOR DEVELOPMENTAL DISABILITIES

Contact: Lance Morehouse,
206-829-7048
2nd Tuesday of most months.

DOWN SYNDROME COMMUNITY FOR NEW PARENTS AND TODDLERS

Contact: Anne Mullis, 206-842-9027
Call for schedule.

SPECIAL SATURDAY CLUB

Camp Fire brings you a day of songs, crafts and fun for kids with developmental disabilities. Pre-registration is required. Call the Camp Fire office at 206-461-8550 x228 for details and registration forms.

When: 1st Saturday of each month

ADDITIONAL DISABILITY RECREATION AREAS OF INTEREST

Check out these Bellevue Parks & Community Services specialized programs too!

TENNIS FOR THOSE USING WHEELCHAIRS

Robinswood Tennis Center. See the tennis section for more details.

TENNIS FOR THOSE LIVING WITH DEVELOPMENTAL DISABILITIES

Robinswood Tennis Center. See the tennis section for more details.

AQUATIC THERAPY GROUPS

Includes Multiple Sclerosis Society & lessons for those living with a disability
Bellevue Aquatic Center

SPECIAL OLYMPIC SWIM TEAM

Bellevue Aquatic Center

AQUATIC REHAB PROGRAMS

Bellevue Aquatic Center
Adaptive Actives

PROGRAMS: PHYSICAL DISABILITY EXERCISE CLASS

Build Muscles, build strength, build your social network. It all happens at Highland's exercise classes. All classes are designed only for those living with physical disabilities. No Class on Holidays. Age: 21Y and up

DROP-IN EXERCISE

Come out to Highland Community Center for drop-in exercise. Resistive machines and some hand weights available. Treadmill and nu-step also available. No instructor on-site. Age: 18Y and up

QUAD RUGBY DROP-IN

Come and join in on this wheelchair sport for some rough and tumble fun. Cost is \$3.00 (tax included) for residents and \$4 for non-residents per visit. Payable at the front office. Meets first two Saturdays of each month. Age: 18Y and up

WHEELCHAIR BASKETBALL DROP-IN

This opportunity occurs every Wednesday offering brisk exercise and friendly competition from 7-9pm. A small drop-in fee is charged per week. Bring your own chair for this challenging workout. Age: 18Y and up

EVENTS

KIWANIS DINNER

Come on out to Highland Center on the 3rd Thursday of the month and have dinner with friends! This dinner is FREE of charge and is sponsored by the KIWANIS Club of Bellevue. Dinner is served from 5pm-6pm. Limit 2 guests per participant.

HALLOWEEN HOWL

Friday, October 28 • 7-9:30pm

Start planning your costume now! Come dance the night away if you dare. Our annual costume showcase will highlight the evening. We'll have witch's brew and spooky delights for all. Must register for dance.

SEAFAIR HOLIDAY CRUISE

Sunday, December 4 • 2-5:30pm

This annual event serves individuals over the age of 16 living with developmental disabilities. Meydenbauer Yacht Club provides the ships and volunteers to join the parade along the Lake Washington Shoreline. Individuals interested in attending please register. Space is limited. Interested volunteers please contact Kim Indurkar at 425-452-7686. Meet at Meydenbauer Yacht Club, 9927 Meydenbauer Way SE; Bellevue, WA 98004.

HOLIDAY BALL

Friday, December 9 • 7-9:30pm

Get out your holiday best and plan an elegant evening or just come as you are. Bring a non-perishable food donation to be given to the Multi-Service Center food bank to help during the holiday season. For teens and adults with developmental disabilities. Must register for dance.



PROGRAMS: DEVELOPMENTAL DISABILITY

See Adaptive Recreation registration forms for details on program dates/times and to register

ADULT ADVENTURE EDUCATION

This program offers an array of educational outings to explore the things that make our community tick. A schedule will be given out at the first class. Bellevue, Mercer Island and Kirkland interlocal contract residents only. The roster is determined by lottery and all eligible interested persons must sign up before the non-Bellevue registration date to be included in the drawing.

STONEWARE CREATIONS

An introduction to beginning & intermediate hand-building and wheel throwing stoneware. Various and seasonal subject matter included as design inspirations for practical and decorative art work. Class includes supplies and firing. This is a specialized class for adults and adults with disabilities.

ADULT VOLLEYBALL

Exercise and fun rolled into one! All levels of abilities welcome, age 16 and up.

ADULT ARTS/CRAFTS

This class offers hands-on creative experience with hand-crafted results that await your artistic touch.

BINGO

Reinforce your concentration skills while trying your luck winning prizes (no Money). Not everyone will win but the anticipation will keep you on the edge of your seat.

BOWLING - ADULT

Provides a little exercise, some skill development and a whole lot of quality socializing. Held at SunVilla Lanes in Bellevue. There are two fees for this program: an administrative fee to the City of Bellevue and a check made out to AMF for the weekly two games and shoe rental. Please inquire on the first day of bowling for amount required for AMF.

ADULT BALLROOM DANCE

This is a great group activity that will enhance your physical coordination and artistic self expression. This is an adaptive recreation activity.

FULL FITNESS FUN

You will learn about nutrition, meal planning, exercise, and how to live a healthy lifestyle. This class will require commitment to do some form of exercise two times outside of class time. You will also exercise here during class two times a week. We will have a variety of exercise routines to keep you motivated. We will learn how to make good choices in restaurants that taste good. Let's get fit!

COOKING WITH EASE

Learn basic cooking techniques for a nutritious entree. Each participant will experience a taste of the evenings creation, but not a full meal, along with a copy of the recipe. Fee includes food cost.

KITCHEN KAPERS

Learn the REAL secrets of creating great and healthy dishes. Make some of the easiest but tastiest meals while having a great time! Discussions include seasonings, cooking methods, healthy meal choices etc. Recipes included. This is an adaptive program for adults and adults with disabilities.

FRIDAY NIGHT OUT

Develop a new network of friends over a little dinner and choice of a movie. You may bring a dinner or buy your dinner at the Crossroads Mall. Bring \$9.50 for the movie. Participants are responsible for their own money. The class will meet for drop-off and pick-up at the Crossroads Regal Cinema Movie Theater.

HIGHLAND PLAYERS DRAMA

Learn to perform in front of a live audience, acquire acting skills, develop voice projection, and increase your self confidence by engaging in this drama program. No Class on Holidays.

HIGHLAND HANGOUT

Your answer to a slow afternoon. Stimulating conversation, lively board games, solving puzzles or just enjoy a movie. All yours 4-days-per-week, for a 12-week period, at one low price. Bring your snacks and independence each day as both are required for this program.

MOVIE TIME

This is your opportunity to share and enjoy your favorite movies while relaxing with friends over dinner. Please no microwave dinners. Movie ratings are limited to PG13 and will be voted on by the class for viewing.

SOCIAL CLUB - ADULT

Meet new friends and have fun with different indoor activities designed to positively challenge your skills, provide socialization and relaxation from life's stress.

GLASS FUSION

Combine the elements of 'Fire and Ice' to create fabulous jewel-like art pieces. Through step-by-step instruction, learn the basics of glass art. Projects include small jewelry pieces, plates, platters, candle holders and much more. This is a specialized program for adults and adults with disabilities. Materials included.

CHEERLEADING

Be a part of a cheerleading squad and come learn new skills and work as a team. This team is part of the Eastside Dream Elite program which is the official cheerleading program of the Bellevue Parks & Community Services. This class is open to women and men with developmental disabilities, ages 16 and up. We have regular weekly performances on the Highland Center schedule and we have occasional performances outside of class time as well. Come join the fun!

AFTER-SCHOOL PROGRAMS FOR YOUTH

Four afternoons a week your child has the opportunity to unwind from school with these interactive activities. Monday you will play with food, Tuesday will be exercise while sightseeing via urban hiking trips, Thursdays are planned for peer socializing and Fridays you will get some light exercise and water play at the Bellevue Aquatic Center. All programs are for kids ages 6-18 living with developmental disabilities. (Additional fees charged for the swimming program)

BRIDGE ACADEMY

In partnership with Bellevue Parks and Community Services, Bridge of Promise offers a day program from 10am-2pm every Monday and Thursday at Bellevue's Highland Center. This program is designed for adults with developmental disabilities to engage in educational activities that offer opportunities to learn and increase personal skills. Bridge Academy includes opportunities to participate in music, art, and community activities. Instruction is always individualized to each participant's needs and goals. For further registration information, please contact program director, Jessica Schreiber, at 425-238-8535 or jessica@bridgeofpromise.org.

Participant Name: _____

Bill DDD

Caseworker Name for DDD _____

Kent / Seattle (Circle One)

ADULT Adaptive Programs at Highland Center - 425-452-7686

	Course #	Title	Rates	Days	Time	Dates
<input type="checkbox"/>	59859	Adult Adventure Ed	R \$222 N \$277	Wed	9:30a-3:00p	1/4-3/7
<input type="checkbox"/>	59903	Adult Bowling	R \$45 N \$56	Sat	9:30a-11:30a	1/7-3/10
<input type="checkbox"/>	59910	Cheerleading	R \$66 N \$83	Wed	7:00p-8:00p	1/4-3/7
<input type="checkbox"/>	59863	Adult-Crafts	R \$42 N \$53	Fri	1p-2:30p	1/6-3/9
<input type="checkbox"/>	59919	Adult Ballroom Dance	R \$42 N \$53	Tue	7:00p-8:30p	1/3-3/6
<input type="checkbox"/>	59953	Highland Players Drama	R \$53 N \$66	Mon	7:00p-8:30p	1/9-3/5
<input type="checkbox"/>	59926	Friday Night Out	R \$17 N \$21	Fri	5:30p-9:30p	1/6
<input type="checkbox"/>	59927	Friday Night Out	R \$17 N \$21	Fri	5:30p-9:30p	2/3
<input type="checkbox"/>	59928	Friday Night Out	R \$17 N \$21	Fri	5:30p-9:30p	3/2
<input type="checkbox"/>	59938	Full Fitness Fun	R \$78 N \$98	Tu/Th	5:00p-7:00p	1/3-3/8
<input type="checkbox"/>	59967	Movie time	R \$30 N \$53	Mon	5:00p-7:00p	1/9-3/5
<input type="checkbox"/>	59968	Movie time	R \$42 N \$53	Wed	5:00p-7:00p	1/4-3/7
<input type="checkbox"/>	59997	Social Club	R \$30 N \$53	Mon	7:00p-8:30p	1/9-3/5
<input type="checkbox"/>	59998	Social Club	R \$42 N \$53	Wed	7:00p-8:30p	1/4-3/7
<input type="checkbox"/>	*****	BRIDGE ACADEMY	Call 206-510-8396	M/Th	10am-2pm	See Brochure
<input type="checkbox"/>	59886	Adult Basketball	R \$62 N \$77	Tu/Th	7:00p-8:30p	1/3-3/8
<input type="checkbox"/>	59890	Kiwanis Dinner	FREE	Thurs	5:00p-6:00p	1/19
<input type="checkbox"/>	59891	Kiwanis Dinner	FREE	Thurs	5:00p-6:00p	2/16
<input type="checkbox"/>	59892	Kiwanis Dinner	FREE	Thurs	5:00p-6:00p	3/15
<input type="checkbox"/>	59893	Kiwanis Dinner	FREE	Thurs	5:00p-6:00p	4/19
<input type="checkbox"/>	59894	Kiwanis Dinner	FREE	Thurs	5:00p-6:00p	5/17
<input type="checkbox"/>	59913	Cooking with Ease	R \$74 N \$92	Thur	5:00p-7:00p	1/5-3/8
<input type="checkbox"/>	59916	Disco Fever Dance	R \$9 N \$11	Fri	7p-9:30p	2/17
<input type="checkbox"/>	59899	Bingo	R \$42 N \$53	Thurs	7:00p-8:30p	1/5-3/8
<input type="checkbox"/>	59949	Highland Hangout	R \$40 N \$50	M/T/W/TH	2:30p-5:00p	1/3-3/22

YOUTH Adaptive Programs at Highland Center - 425-452-7686

<input type="checkbox"/>	59868	Fun with Friends	R \$40 N \$72	Mon	2:30p-5:00p	1/9-3/5
<input type="checkbox"/>	59870	Youth Adventure	R \$58 N \$72	Tue	2:30p-5:00p	1/3-3/6
<input type="checkbox"/>	59871	Thursday Teen Club	R \$58 N \$72	Thurs	2:30p-5:00p	1/5-3/8
<input type="checkbox"/>	59869	Friday Swimming	R \$58 N \$72	Fri	2:30p-5:00p	1/6-3/9

ADULT Adaptive Programs at Highland Center - 425-452-7686

<input type="checkbox"/>	59978	Exercise	R \$100 N \$139	M/W/F	9:15am-10:15am	1/4-3/23
<input type="checkbox"/>	59979	Exercise	R \$100 N \$139	M/W/F	10:30am-11:30am	1/4-3/23
<input type="checkbox"/>	59980	Exercise	R \$96 N \$139	M/W	11:45-1:15pm	1/4-3/21

ADULT Adaptive Programs at Northwest Arts Center - 425-452-4106

<input type="checkbox"/>	60872	Glass Fusion	R \$180 N \$214	Th	10:00-11:30am	1/12-3/1
<input type="checkbox"/>	60873	Glass Fusion	R \$180 N \$214	Th	10:00-11:30am	3/22-5/24
<input type="checkbox"/>	60877	Stoneware Creations	R \$175 N \$204	Th	1:00-3:00pm	1/12-3/1
<input type="checkbox"/>	60878	Stoneware Creations	R \$175 N \$204	Th	1:00-3:00pm	3/22-5/24
<input type="checkbox"/>	60883	Kitchen Kapers	R \$98 N \$112	Fri	12:00-1:15pm	1/20-3/9
<input type="checkbox"/>	60884	Kitchen Kapers	R \$98 N \$112	Fri	12:00-1:15pm	3/23-5/25

**ADAPTIVE RECREATION
REGISTRATION FORM**

Please fill out and sign participant information on page 10

Check out other programs of interest at the Bellevue Aquatic Center, Robinswood Tennis Center and The Northwest Arts Center.



People living with disabilities are encouraged to participate in any of the Recreation Division programs in which they are interested.

Developmental Disabilities

Physical Disabilities

Northwest Arts Center



Reserve tee times online
www.bellevuepgc.com

5500 140th Ave NE
425-452-7250



The Bellevue Golf Course is a fun, challenging layout that is an excellent place to play for golfers of all abilities. Just over 6,000 yards, fast smooth greens, strategic bunkering and mature trees place a premium on accuracy and game management. Please contact the Pro Shop at 425-452-7250 or online at www.bellevuepgc.com for additional information.

- 18 Hole Championship Course
- Covered Driving Range with 23 hitting stations
- Full service pro shop
- Reservations taken up to two weeks in advance
- Tournament bookings
- Lessons from PGA instructors
- Full service grill
- Power carts
- Rental clubs
- Putting & chipping green
- Women's and Men's Clubs
- Banquet Room



The Crossroads Par 3 Golf Course offers a nine hole course, practice area with restricted flight range balls and a practice putting green.

The Par 3 is an excellent beginner and family course that takes about an hour to play. The holes range from 64 to 107 yards. This gives the more accomplished player an opportunity to work on their short game, while the beginner can have success learning the game in a relaxed, friendly environment. *Tee times are not necessary* unless you're planning a group outing.

The practice area has 7 hitting stations. A restricted-flight ball is used that allows use of all clubs, including drivers. Please contact the Clubhouse at 425-452-4873 for additional information regarding the course, driving range or group outings.



South Bellevue Community Center Community Room

It's not too late to reserve one of our indoor facilities for your holiday party, birthday, or wedding celebration!

Whether you are looking for a place to host an extended family gathering or a large party for up to 250 guests, Bellevue Parks & Community Services has a facility to meet your needs! From historical homes and estates to large modern community centers, you are sure to find the perfect place to host your gathering.

Up to 50 guests: Lewis Creek Visitor Center

Up to 75 guests: Historic Winters House

Up to 100-150 guests: Northwest Arts Center, Crossroads Community Center, South Bellevue Community Center, Robinswood House

Up to 200-250 guests: Highland Center, North Bellevue Community Center

For more information, visit www.bellevuewa.gov/rental_facilities.htm or call 425-452-6914.



Lewis Creek Park Phase 2 Picnic Area Construction Update

Lewis Creek Park Phase 2 development was approved as part of the 2008 Parks & Natural Areas Levy, approved by 67% of Bellevue voters. When completed, the picnic area will include a restroom, two small picnic shelters, and a paved parking lot. The project has a main restroom facility and 2 reservable picnic shelters. Construction started in June 2011, and will be completed this Spring.

Similar to the initial development, the picnic area plan includes extensive low-impact drainage techniques, including pervious paving, bio-infiltration/rain gardens, dispersion areas, soil amendments and the use of native vegetation.

If you have any questions about the development of the Lewis Creek Park Picnic area project, contact Ken Kroeger, Project Manager at 425-452-4624, or email kkroeger@bellevuewa.gov.



Construction progresses on the construction of the new picnic area at Lewis Creek Park. The picnic areas will be available for rental beginning Spring 2012. Call 425-452-6914 or email ParkRental@bellevuewa.gov to reserve one of the new picnic areas.



Workers begin pouring concrete for one of the new Ravine Experience bridge's footings. When complete, the bridge will span the ravine, allowing visitors to view plants, wildlife, and forest canopy from above.

Ravine Experience Bridge Takes Shape

The Ravine Experience will take visitors along a pedestrian trail through a second-growth forest and a steep-sided ravine in the southeast corner of the Bellevue Botanical Garden. The project entails construction of a 150-foot long, five-foot wide pedestrian suspension bridge made predominantly of steel.

The bridge will span the ravine and allow visitors close proximity and intimate views of the plants, wildlife and forest canopy into and around the ravine. The project will also add 600 feet of pedestrian trail, connecting the bridge to the existing trails within the garden.

Project Status

Construction began in August 2011 and is expected to be complete in early 2012. Work is not expected to dramatically impact the day-to-day operations of the Garden, but there may be some temporary closures of trail segments. Lake to Lake trail access is not expected to be impacted by the project.



Workers install the new light system at Bannerwood Ballfield. New lights are shown installed in the outfield and along the left field line.

Projects Increase Energy Efficiency of Ballfields & Facilities

In 2009, the City of Bellevue initiated a city-wide Resource Conservation program, which was adopted by City Council Ordinance, pledging to reduce energy consumption by 13% over a 3-year period. In the first two years of the program, the City has implemented several energy-reduction strategies to reach this goal. At City Hall, fine-tuning building controls, adjusting thermostat set-points and re-lamping with energy-efficient lighting, and an employee education program have reduced energy consumption by 9.3% in the first two years of the program.

During this time, Bellevue Parks & Community Services has implemented a number of projects to reduce energy consumption aimed at meeting this city-wide goal. Described below are a few specific projects from that effort.

ATHLETIC FIELD LIGHTING – All city-owned athletic field lighting systems, many dating back to the 1970’s, have been replaced with state-of-the-art systems. New technology not only provides higher quality lighting for the players, it reduces glare and spill light to the neighbors and uses approximately 40% less energy. New systems are in place at:

- Robinswood, Newport Hills and Wilburton Hill Park soccer fields;
- Highland and Bannerwood Park baseball fields; and
- Hidden Valley Park softball field.

INDOOR SPORTS LIGHTING – Using similar state-of-the-art technology, many of the City’s indoor sports facilities have been retrofitted with energy-efficient lighting systems. These new systems not only improve overall lighting conditions, but utilize approximately one-third less energy. These systems also include occupancy sensors that automatically turn lights off when spaces are unoccupied. New systems have been installed at:

- Crossroads & South Bellevue Community Center gymnasiums;
- Robinswood Tennis Center (left); and
- Bellevue Aquatic Center.

OTHER ENERGY EFFICIENCIES – New energy-efficient lighting systems have also been installed at many other City parks and community centers, including retrofits at North Bellevue and Highland Community Centers, Northwest Arts Center, Kelsey Creek Farm buildings and around the Downtown Park promenade. Energy savings from these systems vary from site-to-site, but range from 20% to over 50%. Natural gas consumption has also been reduced by installing energy-efficient heating systems as existing systems wear out or

become obsolete, and the annual Garden d’Lights display at the Botanical Garden has converted over half of its light displays to energy-efficient LED lights.

FUTURE PROJECTS – plans are underway to install a heat recovery system at the Bellevue Aquatic Center next year, which is projected to reduce energy consumption by up to 40%, and to complete the conversion to an all-LED Garden d’Lights display.

Primary funding for this work comes from a combination of the City’s Capital Improvement Program and grant funds including the Federal Stimulus Program and established energy conservation programs at Puget Sound Energy. Grants have offset nearly 45% of these costs. The payback schedule varies by project, but generally ranges from 3-6 years.

Through the first two years of the program, the park system has already reduced its overall energy consumption by 9%. Considering the planned energy-saving projects next year, Bellevue Parks & Community Services expects to exceed the 3-year goal of reducing energy consumption by 13%.



ROBINSWOOD TENNIS CENTER BEFORE



ROBINSWOOD TENNIS CENTER AFTER

Skate Parks

BELLEVUE INDOOR SKATEPARK

14224 Bel Red Road, 98007

The newly remodeled Bellevue Skate Park is an indoor facility featuring 3- and 6- foot mini ramps, wall rides, banks, ledges, step up gaps and a new indoor climbing wall. After a decade of skate camps, events and competitions the energy and enthusiasm that our programs generate is unmatched. We provide a sense of community and ownership to all participants regardless of age, experience or level of participation. Call 425-452-2722 for current hours, fees, events and rentals or visit www.bellevuewa.gov/bellevue_skate_park.htm

BELLEVUE SKATE PARK RENTALS

The Bellevue Skate Park is a great place for a birthday party or a secret session. From private hourly park rentals to all inclusive birthday packages, we will make your party a hit. Call 425-452-2722 or email SGonzales@bellevuewa.gov for more information.

BELLEVUE SKATE PARK LESSONS

If you are just starting out, and you want to learn how to skateboard these lessons are for you. Let us show you how to ride ramps, drop-in, ollie and have fun skating. Our experienced instructors will guide you step by step how to safely get up and begin skateboarding. You may be surprised how fast you learn from your one-on-one skate coach. Call or stop by for scheduling, information or to meet our instructors. Lessons increase self-esteem and confidence in and outside of the park. ALL AGES. COST: \$40 per hour; \$25 per 1/2 hour



Outdoor Skate Facilities

HIGHLAND OUTDOOR SKATE PLAZA

14224 Bel-Red Road, 98007. This 13,000 square foot skate park replicates some of the worlds favorite street skate spots. Instead of half pipes or bowls, it has ledges, banks, stairs, hubbas, rails, benches, Euro gaps, barriers and a pole jam. This lighted plaza is free and open to all.

LAKEMONT SKATE COURT

Lakemont Community Park, 5170 Village Park Drive, 98006
Smaller than a traditional skate park, the outdoor skate court includes a pyramid, ledges, wall-ride and other obstacles. Designed for skateboards and rollerblading.

CROSSROADS SKATEPARK

Crossroads Community Center, 16000 NE 10th Street, 98008
This state-of-the-art outdoor, free, concrete facility was built by world renowned Grindline Skate Parks. It consists of a massive bowl with depths ranging from 4' to 9.5', features an over-vertical 'clam shell,' multiple hips, escalators, tombstone, with steel and concrete coping.

Bellevue Indoor Skate Park

FALL Park Hours

Monday, Tuesday, Thursday, Friday
3-8pm

Wednesday
1-8pm

Saturday & Sunday
12 & under: 12-1:30pm
Open Session #1: 130-5pm
Open Session #2: 5-8pm

Girls Night

1st Sunday of the month, 5-8pm

Park Fees

Lessons: \$40/hr, \$25/ ½ hr

Session: \$4(R) \$5(N)

ID Card*: \$8(R) \$10(N)

10 session pass: \$35(R) \$45(NR)

Rentals: For information about our various rental packages, contact Steve at SGonzales@bellevuewa.gov or call 425-452-2722.

* To purchase an ID card, you must have a parent or guardian signature if you are under 18 years old.



Giving teens a voice and an opportunity to make things happen...

Youth Link is a youth leadership program sponsored by Bellevue Parks & Community Services and the Bellevue School District. Founded in 1990, Youth Link gives youth an active voice in the community and an opportunity to make a difference!

Current Youth Link Projects

For more information about any of these opportunities, please call 425-452-5254, unless otherwise specified, or visit www.youthlink.com.

Bellevue Youth Council

Outspoken Teen Paper

Youth Link Web Team

Kids Care Coat Drive

Teen Closet

T.R.A.C.K.S. Action Team

Community Leadership Awards

Eastside Youth Council Summit

Youth Court Action Team

Youth Involvement Conference



If you are a young person of middle or high school age or an adult who might be able to help make a youth priority a reality, call 425-452-5254.



ROCK OUT & CLIMB UP!

Parents, ask about the \$210 Rock Party Package! Schedule a birthday party that your kids will not forget.

Call 425-452-4240 for more information.

The Crag is a 33 foot tall indoor climbing wall sculpted to look and feel like Index Granite. The wall offers three top-rope climbing routes with varying degrees of difficulty and a bouldering* wall for your enjoyment. Classes, programs, camps and supervised climbing sessions for all ages and skill levels as well as birthday parties and private rentals are supervised by Mini-Mountain staff. Minimum age is 4years to climb; 18 years for the belay check test. All climbers must have a signed waiver on file.

Rock Climbing Classes— These classes cover all the basics. Participants are taught how to correctly wear a harness, tie the knots, handle the rope, use a belay device and communicate with partners effectively. At the completion of this class adults can take a belay check test to earn a belay card. Fees: \$22(R) \$27(N)

Drop-in Belayed Climbing Session – During these times there will be a trained staff member to belay all individuals who wish to climb. Fees: \$7(R) \$9(N) Age: 4Y and up.

Adult Open Climb— Adults with a valid SBCC Belay Card on file are permitted to climb and belay other adult climbers with SBCC belay cards. Bouldering is not permitted. Fees: \$6(R) \$7.50(N) Ages 18 and up.

Belay Check & Test – Individuals' belay skills are checked for accuracy. After earning a belay card, participants will be able to climb and belay other adults with SBCC belay cards during Adult Only Open Climb and drop-in climbing sessions. Fees: \$12(R) \$15(N). Age: 18Y and up.

10 Climb Punch Pass ^{Best Value!} – A punch pass good for 10 visits during regularly scheduled drop-in belayed climbing sessions. Fees: \$60(R) \$72(N) Age: 4Y and up.

Wall Rentals/Parties – Bring you friends or guests to SBCC and climb the wall for your special occasion! The wall is available to rent for private groups and parties on Thursday nights and Sundays. Fee: \$130/hour

SAVE 25% ON A 10-CLIMB PUNCH PASS WHEN PURCHASED IN CONJUNCTION WITH A CLIMBING CLASS, PROGRAM, OR CAMP!

* - Bouldering is only allowed under the supervision of Mini Mountain belay staff during drop-in belayed climbing sessions.

Schedule valid through April 30. Call South Bellevue Community Center for updated schedule.

The Crag at South Bellevue Community Center - Climbing Schedule						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open Climb 9am-3pm	Adult Open Climb 9am-3pm	Adult Open Climb 9am-3pm	Adult Open Climb 9am-3pm	Adult Open Climb 9am-7:30pm	Parent/Child Rock Climbing Class 9-10am	AVAILABLE TO RENT 10:30am-4:30pm
I Rock It Youth Program 4-5:30pm	Drop-in Climbing 3:30-5:30pm	I Rock It Youth Program 4-5:30pm	Drop-In Climbing 3:30-5:30pm	Free Drop-In Mar 17	Drop-in Climbing Session 1 10am-1pm	Adult Open Climb 10:30am-4:30pm <i>(If no rental scheduled, call first.)</i>
Drop-In Climbing 6-8:30pm	Rock Climbing Class 6-7pm Adult Open Climb 7:30-8:30pm	Drop-In Climbing 6-8:30pm Free Drop-In Feb 29	AVAILABLE TO RENT: 6-8pm Adult Open Climb 6-8:30pm <i>(If no rental scheduled, call first.)</i>		Session 2 1:30-4:30pm	
Spring break rock climbing camp April 9-13 • Mon-Wed 9am-12:30pm • Thu & Fri 9am-4pm						

ROCK CLIMBING CLASS

This class is for the beginning or intermediate climber who would like to learn all of the basics of rock climbing. You will learn how to correctly wear a harness, tie knots, handle the rope, use a belay device and communicate effectively. At the completion of this class adults can take a belay check test to earn a belay card. Pre-registration is required. Min 1/Max 4

	\$22(R)	\$27(N)		Age: 4Y and up
56140	6-7pm	Tue		Nov 15
56141	6-7pm	Tue		Nov 22
56142	6-7pm	Tue		Nov 29
56143	6-7pm	Tue		Dec 06
56144	6-7pm	Tue		Dec 13
56145	6-7pm	Tue		Dec 20
59724	6-7pm	Tue		Jan 03
59725	6-7pm	Tue		Jan 10
59726	6-7pm	Tue		Jan 17
59727	6-7pm	Tue		Jan 24
59728	6-7pm	Tue		Jan 31
59729	6-7pm	Tue		Feb 07
59730	6-7pm	Tue		Feb 14
59731	6-7pm	Tue		Feb 21
59732	6-7pm	Tue		Feb 28
59733	6-7pm	Tue		Mar 06
59734	6-7pm	Tue		Mar 13
59735	6-7pm	Tue		Mar 20
59736	6-7pm	Tue		Mar 27
59737	6-7pm	Tue		Apr 03
59738	6-7pm	Tue		Apr 10
59739	6-7pm	Tue		Apr 17
59740	6-7pm	Tue		Apr 24

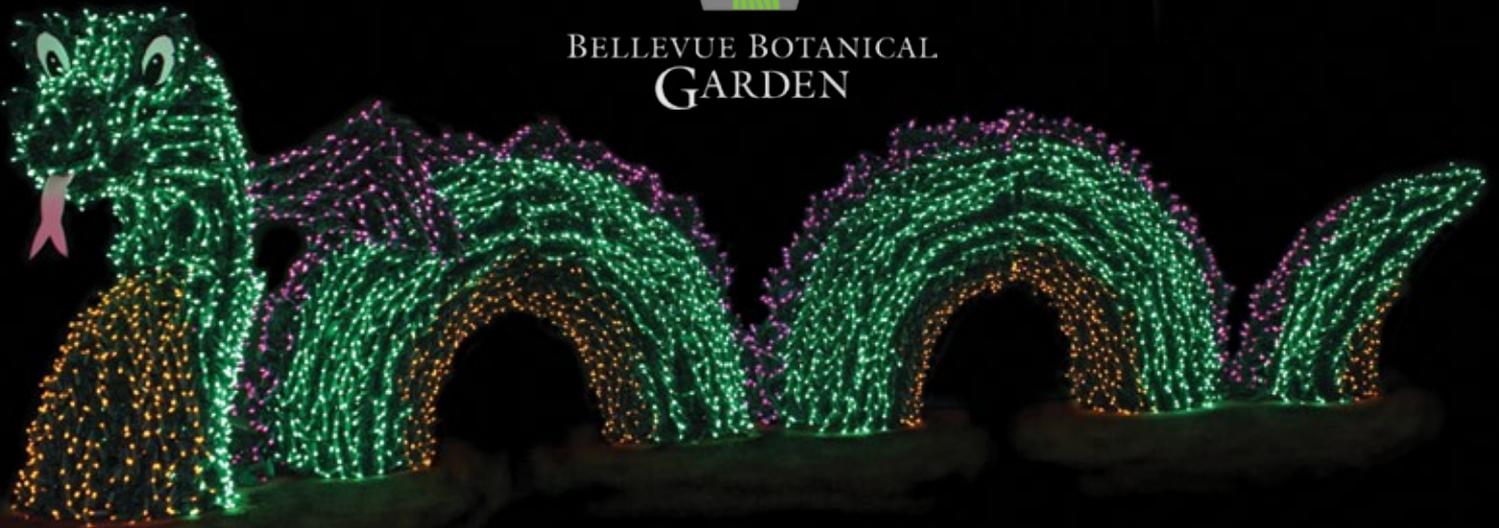
ROCK CLIMBING CLASS FOR PARENT/CHILD

This course covers the same material as Rock Climbing 101, but is ideal for parents to do with their children to take their relationship to new heights. Go Climbing! Price is for one child and one adult. Min 1/Max 4

	\$22(R)	\$27(N)		Age: 4Y and up
			Add'l child: \$11(R) \$13(N)	
56181	9-10am	Sat		Nov 19
56182	9-10am	Sat		Dec 03
56183	9-10am	Sat		Dec 10
56184	9-10am	Sat		Dec 17
59765	9-10am	Sat		Jan 07
59766	9-10am	Sat		Jan 14
59767	9-10am	Sat		Jan 21
59768	9-10am	Sat		Jan 28
59769	9-10am	Sat		Feb 04
59770	9-10am	Sat		Feb 11
59771	9-10am	Sat		Feb 18
59772	9-10am	Sat		Feb 25
59773	9-10am	Sat		Mar 03
59774	9-10am	Sat		Mar 10
59775	9-10am	Sat		Mar 17
59776	9-10am	Sat		Mar 24
59777	9-10am	Sat		Apr 07
59778	9-10am	Sat		Apr 14
59779	9-10am	Sat		Apr 21
59780	9-10am	Sat		Apr 28



BELLEVUE BOTANICAL
GARDEN



2011 GARDEN d' LIGHTS AT THE BELLEVUE BOTANICAL GARDEN

Nightly, Saturday, November 26 through Saturday, December 31, 2011 • 5-10pm

Brought to you by the Bellevue Botanical Garden Society, Garden d'Lights features over a half million lights which transform the Bellevue Botanical Garden into a blossoming winter wonderland. During the first three weeks of November, these creations are 'planted' in the Botanical Garden. Then, with the flip of a switch on November 26, this unique holiday garden blooms every evening.

Visit gardendlights.org, to:

- Purchase your ticket. Tickets are available beginning October 15. Admission is \$5 per person; children 10 and under are free.
- Get all event and parking details.
- Find out how to visit the show for FREE.

Inspired by plants found in Northwest gardens, hundreds of volunteers work year round to bundle strings of lights into three dimensional flowers, shrubs, and vines. In addition to artistic interpretation of plants, the volunteer team has created charming animal characters. Charlotte the spider remains a favorite and will be back in her web near the Ground Cover Garden. Look for the newest member of the menagerie in Yao Garden.

The Trillium shop will be open from 5:00 p.m. to 9:30 p.m., and Tuesdays and Thursdays from 12:00 p.m. to 3:00 p.m. for daylight shoppers and to purchase tickets. The shop is brimming with gift items, holiday ornaments and decor—a spectacular shop to match the spectacular garden setting.

Interested in learning the secrets of these flower creations? Register for a class at www.bellevuebotanical.org, or call the Bellevue Botanical Garden Society office at 425-451-3755. All flowers created in classes are added to the Garden d'Lights display.

CHOP SHOP

BODIES OF WORK

February 11, 2012 at 7:30pm & February 12, 2011 at 3pm
The Theatre at Meydenbauer Center

Dancer Emilee Putsche of The Stone Dance Collective. Photo by Zebra Visual

Chop Shop: Bodies of Work is an exciting contemporary dance festival featuring regional, national and international contemporary dance companies. Chop Shop is celebrating its 5th year with outstanding performances and master classes in dance technique at The Theatre at Meydenbauer Center and FREE community events at City of Bellevue Community Centers.

Featured dance companies performing this year include The Stone Dance Collective whose style reaches audiences through humor, detail and an unexpected approach to contemporary dance.

For more information visit
www.chopshopdance.org



THEATRE @ Meydenbauer



SEATTLEWEEKLY

January: Experience Dance Project

Families and kids of all ages are invited to a free Experience Dance Project program at Bellevue community centers in January. Discover what type of movement contemporary dance uses. Learn how a dance is created. Try a contemporary dance class – no experience necessary! Programs presented by Eva Stone of The Stone Dance Collective.

Attend a free Experience the Arts Project family program on:

- Wednesday, January 18, 6:30pm, at Crossroads Community Center
- Saturday, January 28, 1pm, at South Bellevue Community Center

Register for a free contemporary dance class on:

- Saturday, January 21, 1pm at Crossroads Community Center.
- Saturday, January 28, 2pm at South Bellevue Community Center

For more information or to register, call 425-452-6885.

Experience Dance Project programs are sponsored by 4Culture and the City of Bellevue.

Make a difference in your community!

These are just a few of our many volunteer opportunities available to you:

- Volunteer at a community center or facility.
- Serve on a board or commission
- Coach a youth sports team
- Volunteer at a special event
- Join the City's habitat restoration efforts.
- Plant a tree.
- Volunteer with the City's probation program.
- Volunteer at a mini City Hall.
- Become a mediator

Contact Shelly Shellabarger, Volunteer Program Coordinator, to find out how you can get involved: email volunteer@bellevuewa.gov, or call 425-452-5375.



Bellevue Parks & Community Services has a variety of volunteer opportunities. Volunteers serve on boards and commissions, lead tours, help out in the office, answer phones, serve lunches, and perform many more vital tasks throughout all of our program areas. We would love to have your help! If you are not sure what you would like to do, contact Shelly Shellabarger, the City of Bellevue's volunteer program coordinator, at 425-452-5375, or email volunteer@bellevuewa.gov.

You can also contact one of the following facilities or program areas to learn more about available opportunities.

Bellevue Botanical Garden
425-452-2750

LScott@bellevuewa.gov

Bellevue Youth Theatre
425-452-7155

BYT@bellevuewa.gov

Specialized Recreation
425-452-7686

KIndurkar@bellevuewa.gov

Special Events

425-452-4106

NWAC@bellevuewa.gov

Kelsey Creek Farm

425-452-7688

KelseyCreekFarm@bellevuewa.gov

North Bellevue Community Center

425-452-7681

NBCC@bellevuewa.gov

Robinswood Tennis Center

425-452-7690

JSoriano@bellevuewa.gov

Park Stewards/Naturalists

425-452-4195

ADySard@bellevuewa.gov

Cultural Diversity Program

425-452-7886

KHenry@bellevuewa.gov

Youth Sports

425-452-4627

HChristoff@bellevuewa.gov



Send Me More Information!

Interested in volunteering? Please give us your name, address, and phone number, and let us know what you're interested in doing. We will contact you to discuss volunteer opportunities available.

Name: _____

Address: _____

Phone (Day): _____ (Evening): _____

Email Address: _____

I am interested in: _____

All information is for City of Bellevue use only.

Please mail completed form to:

City of Bellevue
Shelly Shellabarger,
Volunteer Coordinator
PO Box 90012
Bellevue, WA 98009-9012

Save Time, Do It Online!

Save a stamp: visit the City's website at <http://www.bellevuewa.gov/volunteer.htm>, or send an email to volunteer@bellevuewa.gov.

CITY OF BELLEVUE HOME REPAIR PROGRAM

Help is available for low and moderate income Bellevue homeowners who need major home repairs to improve the health and safety of their home. For more information, call 425-452-4069.

ROOF REPAIRS

FAULTY PLUMBING

WIRING

EARTHQUAKE RETROFITTING



BELLEVUE'S HUMAN SERVICES PROGRAM

In 1986 the Bellevue City Council resolved that the city would act to ensure that the basic survival needs of Bellevue residents are met. The city serves as a planner, facilitator and funder for support systems that help people through economic and personal crisis and provide low- and moderate-income persons with opportunities to succeed.

The Human Services Division of the Parks & Community Services Department administers the Human Services Fund.

Bellevue takes one of the following three roles in human services, depending on the need:

Planner: assess and anticipate needs and develop appropriate policy and program responses.

Facilitator: convene and engage others in community problem-solving to develop and improve services.

Funder: disburse federal Community Development Block Grant and General Fund dollars to support a network of services which respond to community needs.

Bellevue's human service funding is on a two-year cycle, with second-year funding contingent on contract performance and program outcomes. For more information about funding criteria and timelines, please contact grant coordinator Joseph Adriano by e-mail at JAdriano@bellevuewa.gov, or at 425-452-6165.

HUMAN SERVICES COMMISSION

Stefanie Beighle, Chair • John Bruels, Vice-Chair
Maj. Michael Johnson, Ex-Officio
Cyrus Habib Olga Perelman
Dr. Brian Plaskon Janet Stout
Michael Yantis

Need help
but don't know
where to turn?
Dial 2-1-1
to find social services
such as...

- Caregiver & Disability Resources
- Emergency Shelter
- Food & Clothing
- Health Care & Support Groups
- Rent Assistance
- Transportation
- Volunteering

Language interpretation available

King County 
2-1-1TM
Get Connected. Get Answers.
Crisis Clinic · United Way

Also: 206.461.3200
Toll Free 800.621.4636
www.crisisclinic.org



Plan your picnic in a Bellevue park today!

Use the Bellevue Parks Online website to search Bellevue's extensive inventory of award-winning parks! Bellevue Parks Online offers an easy-to-use search tool that shows park availability at your convenience. You set the parameters that are most important to you and the search results will list all the picnic sites that best suit your needs and schedule. Simply go to

<http://parksreg.bellevuewa.gov/Facilities/FacilitiesSearchWizard.asp>

From here use:

- Facility details search to find out details about a specific park
- Facility availability search to see which parks are available on a specific date
- Advanced search to search for a park based on your specific criteria.

Once you've decided on a park, there is a link to the forms necessary to make your reservation on each facility page. Just fill out the form and fax, e-mail, or mail it in with payment. Requests for 2012 accepted from Bellevue residents starting January 17 and from everyone starting February 15.

Parks that are available to be reserved are:

Bellevue Downtown Park
Chism Beach Park
Clyde Beach Park
Crossroads Community Park
Enatai Beach Park
Hidden Valley Sports Park
Kelsey Creek Farm Park
Killarney Glen Park
Lake Hills Community Park

Lake Hills Greenbelt Garden Shelter
Lakemont Community Park
Lewis Creek Community Park
Meydenbauer Beach Park
Newcastle Beach Park
Robinswood Community Park
Spirtridge Park
Wilburton Hill Park



It's easy and convenient!

Bellevue Parks & Community Services

Attn: Park Rentals

P.O. Box 90012, Bellevue, WA 98009-9012

425-452-6914

ParkRental@bellevuewa.gov