

NBCC Lunch Program - NOVEMBER 2014

Mon	Tue	Wed	Thu	Fri
<p>Sign up at the Front Desk for the Annual Thanksgiving Luncheon Reservations are Required</p> 				<p>Lunch served at Noon</p>
<p>3 Spanish Pork Chop Rice Caesar Salad Roll Tangerine</p>	<p>4 Chicken Parmesan Angel Hair Pasta Green Beans Breadstick Lemon Bar & Juice</p>	<p>5 Tomato Soup Tuna Salad Sandwich Green Salad Melon</p>	<p>Lunch Fees: 60+; \$3.00 Suggested Donation Under 60; \$6.00</p>	<p>7 Spanish Fish Rice & Corn Mexican Coleslaw Roll Oatmeal Cookie</p>
<p>10 Salsa Fish Brown Rice Vegetables Corn Tortilla Pears Oatmeal Cookie</p>			<p>12 Cream of Mushroom Soup Chicken Salad Sandwich Mandarin Oranges Apple Crisp</p>	<p>14 Oven Fried Chicken Mashed Potatoes & Gravy Broccoli & Cauliflower Wheat Roll Peaches</p>
<p>17 Cheese Quesadilla Chicken Soup Green Salad Mandarin Orange</p>	<p>18 Spaghetti w/Broccoli & Chicken Pea Salad Breadstick Berries & Whipped Topping</p>	<p>19 TRADITIONAL TURKEY DINNER Mashed Potatoes & Gravy Cranberry Sauce Green Beans Roll Pumpkin Pie PRE-REGISTRATION REQUIRED</p>		<p>21 Beef Tips Brown Rice Spinach Corn Bread Apricots</p>
<p>24 Chipotle Meatballs Rice Broccoli Peaches</p>	<p>25 Chicken Gumbo Salad Roll Peaches</p>	<p>26 Beef Barley Soup Caesar Salad Melon Ginger Snaps</p>	 <p>28 CLOSED on 11/27 & 11/28 for the THANKSGIVING HOLIDAY</p>	

For information please call 425-452-7681. North Bellevue Community Center 4063-148th Ave NE, Bellevue, WA 98007.

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.

Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.