

NBCC Lunch Menu

APRIL 2011

Mon	Tue	Wed	Thu	Fri
				1 Chicken Cacciatore Pasta Zucchini & Onions Pears
4 Mexican Zucchini Spanish Rice Corn & Carrots	5 Pork Roast Baked Potato Asparagus Mixed Fruit	6 SPRING FLING LUNCHEON 11:30 - 1 pm Wear a crazy hat!!	Spring Fling Meal Baked Ham w/ Pineapple Yams, Veggie Blend Apple Sauce, Roll	8 Ivar's Clam Chowder Green Salad Bread Stick Berries w/ Whipped Topping
11 Salsa Fish Steamed Rice Vegetable Blend Corn Tortilla	12 Beef Macaroni Italian Vegetables Apricots Chocolate Pudding	13 Chinese Chicken Soup Sweet & Sour Pork Rice Mandarin Oranges	 No Lunch Served on Thursdays <u>Lunch Fees:</u> 60+: \$3 Suggested Donation Under 60: \$5.75 fee Lunch served at Noon 	15 Sloppy Joe Peas Apricots Jell-O
18 Steak Ranchero Refried Beans Red Rice, Corn Tortilla Applesauce	19 Chicken Fettuccini Vegetable Blend Bread Stick Fruit	20 Garbanzo Bean Soup Meatloaf Sandwich Peaches		22 NO LUNCH SERVED CATHOLIC COMM. SERVICES HOLIDAY
25 Spanish Chicken Salad Rice Soup Chips & Salsa	26 Teriyaki Meatballs Rice Carrots Green Salad	27 Tomato Soup Tuna Fish Sandwich Three Bean Salad Melon		29 Mac & Cheese Brussels Sprouts Fruit Cocktail Whole Wheat Roll

Reservations not required. Lunch served on a first-come, first-served basis. For information call 425-452-7681.

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.
Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.