

Events, Workshops & Info

<p><u>Foot Care Clinic</u> 2nd Tuesday 2nd & 4th Wednesdays 8:30 am - 3:30 pm By Appointment</p>	<p><u>Massage Therapy</u> 1st Monday of each Month 9 am - 2 pm By Appointment</p>	<p><u>Does Your Family Know Your Wishes</u> Monday, Jan. 23rd 1-2:30 pm</p>	<p><u>Legal Clinic</u> Eastside Legal Assistance Program Second Thursday 2 - 4 pm Appt. call 425-747-7274</p>
<p><u>Tuesday Afternoon New Year's Dance</u> Tuesday, Jan 10th 2 - 4 pm Come listen to the music of Sounds of Swing Big Band!</p>	<p><u>Reflexology</u> 1st & 3rd Tuesday 8:30 am - 3:30 pm By Appointment</p>	<p><u>Sound of Swing Saturday Dance</u> Saturday, Mar. 3 7 - 11 pm Tango Lesson taught by USA Dance!</p>	<p><u>Tuesday Afternoon Sweetheart Dance</u> Tuesday, Feb. 14th 2 - 4 pm Come listen to the music of Sounds of Swing Big Band</p>
<p><u>Afternoon Parent/Child Drop-In Play Group</u> Monday 1 - 3 pm Wednesday 11 am - 1 pm Thursday 12 - 3 pm</p>	<p><u>Senior Rights Assistance</u> Estate Planning, End of Life Issues, Substitute Decision Making 4th Tues. each month 9, 10 & 11 am (by appt.)</p>	<p><u>St Patrick's Day Luncheon</u> Wed., Mar 14th 11:30 am - 2 pm</p>	<p><u>SHIBA Medicare Assistance</u> (Statewide Health Insurance Benefits Advisors) 1st & 3rd Wednesday 9, 10 & 11 am by Appt.</p>
<p><u>Senior Nutrition Lunch Program</u> Lunch served at noon Mon., Tues., Wed. & Fri. Age 60+: Sug. Donation \$3; Under 60: \$5.75</p>	<p><u>Tuesday Afternoon St Patrick's Dance</u> Tuesday, Mar. 13th 2 - 4 pm Come listen to the music of Sounds of Swing Big Band</p>	<p><u>New Classes!</u> <u>Zumba</u> Fridays 12-1 pm <u>Core & Stretch</u> Tuesdays 12-1 pm Thursdays 1-2 pm</p>	<p><u>Thursday Afternoon at the Movies</u> Each Thurs. 2 - 4 pm NBCC Media Room See the Front Desk for Monthly Movie List!</p>

Trips

Out to Lunch at Steelhead Diner, Seattle

Tuesday, January 10th
11am-2pm

Tulalip Casino

Thursday, Jan 19th
9 am - 5 pm

"West Side Story"

at Paramount Theatre
Saturday, January 14th
1 - 5 pm

Spaghetti Factory

Tuesday
Feb 7th,
11am - 2pm

NW Flower & Garden Show

Friday, Feb 10
9 am-2pm

Valentine's Argosy Cruise

Tuesday,
Feb. 14th
11am - 3pm

Snoqualmie Casino

Thursday, Feb 16
9am - 4pm

Rosalie Whyel Doll & Bellevue Art Museum

Thurs, Feb 2, 10 am - 2pm

Lunch Mamma Melina's

Tuesday, January 24th
11 am - 2 pm

NW Women's Show

Fri, March 2
10am - 2pm

"Odd Couple", Village Theatre

Thurs, Feb 23
7-11 pm

Sullivan's

Weds, Mar 7
11am - 2pm

Christmas Lights Argosy Dinner Cruise

Monday, December 19th 6 - 11 pm

North Bellevue Community Center

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