

Events, Workshops & Info

<p><u>Foot Care Clinic</u> 2nd Tuesday & 2nd & 4th Wednesday 8:30am-3:30pm <i>By Appointment Only</i></p>	<p><u>Massage Therapy</u> 1st Monday of each Month 9:00am-2:00pm <i>By Appointment Only</i></p>	<p><u>Senior Nutrition Lunch Program</u> Lunch served at Noon Mon/Tues/Wed/Fri 60+: \$3 Suggested Donation \$3; Under 60: \$5.75</p>	<p><u>Legal Clinic</u> Eastside Legal Assistance Program 2nd Thursday of each Month 2:00-4:00pm <i>For Appointment Call 425-747-7274</i></p>
<p><u>Afternoon Parent/Child Drop-In Play Group</u> Wed 11:00am-1:00pm Thur 12:00- 4:00pm</p>	<p><u>Mother's Day Luncheon</u> Wednesday, May 9th 11:30am-1:00pm <i>REGISTER by May 2nd</i></p>	<p><u>Reflexology</u> 1st & 3rd Tuesday of each month 8:30am-3:30pm <i>By Appointment Only</i></p>	<p><u>Thursday Afternoon at the Movies</u> Each Thurs. 2 - 4 pm NBCC Media Room See the Front Desk for Monthly Movie List!</p>
<p><u>25th Anniversary Celebration Luncheon</u> Help us celebrate our 25th Anniversary! Wednesday, April 18th 11:30am-2:00pm</p>	<p><u>Mother's Day Dance</u> Tuesday, May 8th 2:00-4:00pm Come listen to the music of Sounds of Swing Big Band \$3/Fee</p>	<p><u>Senior Rights Assistance</u> Estate Planning, End of Life Issues, Substitute Decision Making 4th Tuesday each month</p>	<p><u>SHIBA Medicare Assistance</u> (Statewide Health Insurance Benefits Advisors) 1st & 3rd Wednesday 9, 10 & 11 am <i>By Appointment Only</i></p>
<p><u>Father's Day Luncheon</u> Wednesday, June 13th 11:30am-1:00pm <i>REGISTER by June 6th</i></p>	<p><u>Father's Day Dance</u> Tuesday, June 12th 2:00-4:00pm Come listen to the music of Sounds of Swing Big Band \$3/Fee</p>	<p><u>NEW!</u> <u>Gentle Fitness</u> Tue & Thu 10-11 am</p>	<p><u>NEW!</u> <u>Core & Stretch</u> Thursday 1:00-2:00 pm</p>

Trips

SKAGIT CASINO
 Thursday, May 3rd
 9am-5pm

Out to Lunch at Red Lobster
 Tuesday,
 May 8th
 11am-3pm

King Tut at Pacific Science Center
 Thursday
 June 7th
 9am-3pm

Fantasy Castaway Getaway Murder Lunch Cruise Argosy
 Wednesday, May 16th, 11am-3pm

Tulalip Casino & Premium Outlets
 Tuesday
 June 19th
 9am-5pm

Out to Lunch at Stanley & Seafort's, Tacoma
 Tuesday, June 12th

Maifest at Leavenworth
 Saturday, May 12th
 9am-6pm

Red Wind Casino, Olympia
 Tuesday
 May 22nd
 9am-5pm

Out to Lunch at Wild Ginger, Seattle
 Tuesday, June 5th
 11am-2pm

"Million Dollar Quartet" at the Paramount Theatre
 Tuesday, May 15th
 6:30-10:30pm

Seattle Mariners Baseball
 Friday, June 14th, 6-11pm

North Bellevue Community Center
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 Phone 425-452-7681 Fax 425-882-1968
 www.bellevuewa.gov www.myparksandrecreation.com