

North Bellevue Community

425-452-7681 Hours: Mon.-Thurs. 8:30 am-9 pm Fri. 8:30 am-6 pm

Winter Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Billiards 8:30 am-8:30 pm	Billiards 8:30 am-8:30 pm	Billiards 8:30 am-8:30 pm	Billiards 8:30 am-8:30 pm	Billiards 8:30 am-8:30 pm	Jazzercise \$ 8 - 9 am
Ping Pong \$ 8:30 - 10 am	Ping Pong \$ 8:30 - 10 am	Ping Pong \$ 8:30 - 10 am	Ping Pong \$ 8:30 - 10 am	Ping Pong \$ 8:30 - 10 am	Tai Chi QiGong \$ 9 - 10 am
Pickleball \$ 8:30 - 10 am	Enhance Fitness \$ 9 - 10 am	Mandarin ESL Newspaper Group 9:30 - 10:30 am	Enhance Fitness \$ 9 - 10 am	Enhance Fitness \$ 9 - 10 am	
Advanced Yoga \$ 10 - 11 am	Computer Class 10 am - 12 pm \$	Tai Chi Practice 9:30 - 10:30 am	CISC Information and Assistance 9 am - 1 pm	Chorus 10:30 - 11:45 am	
Gentle Yoga by Wendy \$ 10:30 - 11:30 am	Indian Fellowship 10:30 - 11:30 am	Red Cross Knitting Group 11 am - 3 pm	Cribbage 10 am - 12 pm	Line Dance Practice \$ 11 - 12 pm	See Reverse for Upcoming Workshops and Events!
Tai Chi (Spanish) 11:15 am - 12 pm	Tap Beginning \$ 11 am - 12 pm	Chinese Chorus 10:30 - 12 pm	Pinochle 1 - 3:30 pm	Tai Chi (Spanish) 11:15am - 12 pm	
Line Dance Practice \$ 11:45 am - 1 pm	Core & Stretch \$ 12 - 1 pm	Parent/Child Drop-In Play \$ 11 am - 1:00 pm	Ikebana Class \$ 10 am - 12 pm	Zumba \$ 12 - 1 pm	
ESL/Spanish Speakers 12:30 - 2 pm	Tap Intermed. \$ 12:15 - 1:15 pm	Duplicate Bridge \$ 12:15 - 3:30 pm	ESL/Chinese Speakers 10 - 11:30 am	Duplicate Bridge \$ 12:15 - 3:30 pm	
Parent/Child Drop-In Play \$ 1 - 3 pm	Computer Class 12:30-2:30 pm \$	Mah Jongg 1 - 3 pm	Gentle Yoga by Wendy \$ 10:30 - 11:30 am	Pickleball \$ 3 - 5 pm	Register for classes and events
Ping Pong 2 - 5 pm	Sound of Swing Big Band 2 - 4 pm Second Tuesday Dance fee \$3; Rehearsal weeks are free	Ageless Actors \$ 1 - 3 pm	Parent/Child Drop-In Play \$ 12 - 3 pm	Ping Pong \$ 3 - 6 pm	
Pickleball \$ 3 - 5:00 pm	Jazzercise \$ 4:30 - 5:30pm & 5:45 - 6:15 pm	CISC Mandarin Dance \$ 1 - 3 pm	Core & Stretch \$ 1 - 2 pm	\$ = Fee Applies See brochure for details	in person at the front desk
Jazzercise \$ 6 - 7pm	Drop-In Craft Group \$ 6 - 8:30 pm	Ping Pong \$ 2 - 5 pm	Thursday Movies 2 - 4 pm		
Tai Chi Chuan Swordplay \$ 7:15 - 8:45 pm		Line Dance Class \$ 3:30 - 4:30 pm	Jazzercise \$ 4:30 - 5:30 pm & 5:45 - 6:15 pm		over the phone by calling 425-452-7681
		Jazzercise \$ 6 - 7pm	Swing 1 \$ 7 - 8 pm		
		Ikebana Class \$ 6 - 8 pm	Swing 2/Lindy Hop \$ 8 - 9 pm		online at www.myparksandrecreation.com

This information will be provided in alternate formats for individuals with disabilities upon request. Please provide two weeks advance notice for special needs requests. Assistance for the Deaf and Hard of Hearing can be provided through the 711 Telecommunications Relay Service.

