

Summer/Fall Schedule

North Bellevue Community Center

425-452-7681 Hours: M-Th; 8:30am-9:00pm, F; 8:30am-6:00pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Billiards 8:30 am-8:30 pm Ping Pong \$ 8:30 - 9:45 am & 2 - 5 pm Pickleball \$ 8:30 - 10 am & 3 - 5 pm Advanced Yoga \$ 10 - 11 am Gentle Yoga by Wendy \$ 10:30 - 11:30 am Tai Chi (Spanish) 11:15 am - 12 pm Line Dance Practice \$ 11:45am-12:45pm ESL/Spanish Speakers 12:45 - 1:45 pm Jazzercise \$ 6 - 7 pm Tai Chi Chuan Swordplay \$ 7:15 - 8:45 pm	Billiards 8:30 am-8:30 pm Ping Pong \$ 8:30 - 9:45 am Enhance Fitness \$ 9 - 10 am Gentle Fitness \$ 10 - 11 am Indian Fellowship 10:30 am - 1 pm Book Club 2nd Tuesday 10-11:30am Tap (Begin) \$ 11 am - 12 pm Tap (Intermed) \$ 12:15 - 1:15 pm Sound of Swing Big Band 2 - 4 pm (Dance 2nd Tuesday each month; \$3/Dance fee; no fee for rehearsal weeks) Jazzercise \$ 4:30 - 5:30pm Drop-In Craft Group \$ 6 - 8:30 pm	Billiards 8:30 am-8:30 pm Ping Pong \$ 8:30 - 9:45 am & 2 - 5 pm Mandarin ESL Newspaper Group 9:30 - 10:30 am Tai Chi Practice 9:30 - 10:30 am Red Cross Knitting Group 11 am - 3 pm Chinese Chorus 10:30 - 12 pm Parent/Child Drop-In Play \$ 11 am - 1:00 pm Duplicate Bridge \$ 12 - 3:30 pm Mah Jongg 1 - 3 pm Ageless Actors \$ 1 - 4 pm CISC Mandarin Dance \$ 1 - 3 pm Jazzercise \$ 6 - 7pm	Billiards 8:30 am-8:30 pm Ping Pong \$ 8:30 - 9:45 am Enhance Fitness \$ 9 - 10 am Gentle Fitness \$ 10 - 11 am CISC Information and Assistance 9 am - 1 pm Cribbage 10 am - 12 pm Pinochle 1 - 3:30 pm Drop In Painting 1-3pm Gentle Yoga by Wendy \$ 10:30 - 11:30 am Parent/Child Drop-In Play \$ 2 - 4 pm Core & Stretch \$ 1 - 2 pm Thursday Movies 2 - 4 pm Jazzercise \$ 4:30 - 5:30 pm	Billiards 8:30 am-6 pm Ping Pong \$ 8:30 - 9:45 am & 3 - 6 pm Enhance Fitness \$ 9 - 10 am Chorus 10:30 - 11:45 am Line Dance Practice \$ 11 - 12 pm Tai Chi (Spanish) 11:15am - 12 pm Duplicate Bridge \$ 12 - 3:30 pm Pickleball \$ 3 - 5 pm	Jazzercise \$ 8 - 8:55 am Tai Chi QiGong \$ 9 - 10 am <p style="text-align: center;">See Reverse for More Information!</p>  <p style="text-align: center;">Register for classes and events</p> <p style="text-align: center;">In person at the front desk</p> <p style="text-align: center;">Over the phone by calling 425-452-7681</p> <p style="text-align: center;">Online at www.myparksandrecreation.com</p> 

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Fee Applies
See
Connections Brochure
for details

This information will be provided in alternate formats for individuals with disabilities upon request. Please provide two weeks advance notice for special needs requests. Assistance for the Deaf and Hard of Hearing can be provided through the 711 Telecommunications Relay Service.

