

## Family Discovery Series

To register for programs call 425-452-6885 or visit [www.myparksandrecreation.com](http://www.myparksandrecreation.com). Preregistration required for all programs with a **Course #**. Programs are FREE unless otherwise noted. **All children under 12 must be accompanied by a registered adult.**



**Lewis Creek Story Time (1<sup>st</sup> Friday of every month)** Stories and activities are geared toward children ages 3-6. **Both adult and child must register.**

### Salmon Stream

Come along for the journey of the salmon. We will make a paper fish and then fish for our creations together in our make believe pond!

When: September 2, 11am-12pm

Cost: \$2

Course #: 59522

### Where Do I Sleep?

Discover the creatures that bed down in Washington's wilderness. Choose your favorite animal and turn it's picture into a puzzle.

When: October 7, 11am-12pm

Cost: \$2

Course #: 59523

### Where Would I Be In An Evergreen Tree?

You will be surprised how many different animals fit into the neighborhood of an evergreen tree!

When: November 4, 11am-12pm

Cost: \$2

Course #: 59524

### In the Snow: Who's Been Here?

Find the signs animals leave behind during their forest travels. Then make a pop-up snowflake card for the holidays.

When: December 2, 11am-12pm

Cost: \$2

Course #: 59525

**New! Lewis Creek Explorers Club** Activities are geared toward children 6Y and up. **Both adult and child must register.**

### Deer Ears

How do predators seek out prey? How does prey avoid predators? Children will role play as deer and cougars to discover how important the sense of hearing is to our wildlife neighbors.

When: September 24, 11am-12pm

Cost: FREE

Course #: 59339

### Wilderness Skills

Children will learn the essential items to take with them on a day hike, and what to do if they become separated from an adult in a wild place. They will complete a Wilderness Wildbook and use the skills they've learned as we hike through Lewis Creek Park looking for signs of wildlife.

When: October 8, 11am-12pm

Cost: \$1 to cover supplies.

Course #: 59340

### Nature Charades

Children will learn about the characteristics of living things as they choose a favorite thing found in Lewis Creek Park and then apply what they have learned in the familiar game of Charades.

When: November 12, 11am-12pm

Cost: FREE

Course #: 59341

### Owl Prowl!

Discover what owl species live in the Pacific Northwest. Then take a night hike with Lewis Creek Park Rangers to look for owls and other nocturnal wildlife in the park. Bring a flashlight or headlamp for the journey. **Ages 6Y and up. Cost: \$3 per registrant.**



When: October 28, 7:00-8:30pm

Course #: 59521

### Cattail Harvest

with the Eastside Heritage Center



Rain or shine, we will walk to the cattail marsh, learn how Native Americans harvested these interesting wetland plants and why they were so important to these resourceful people.

Ages 12Y and up.

When: September 18, 1:30pm-3pm

Course #: 59357

## Adult Enrichment Series

### New! Hot Topic Series

Generate discussion on current wildlife and conservation issues facing American today. Suggest topics you'd be interested in learning more about! Appropriate for ages 12Y and up.

### Free or Forgotten?

The domestic cat is the most popular pet in the United States. As a domesticated animal, cats have no native range and, therefore, are a non-native species in natural ecosystems. Explore the ecological impacts of free-roaming cats, discuss the pros and cons of Trap-Neuter-Release programs, and learn about the health risks feral and free-roaming cats can pose to humans and wildlife.

When: Saturday October 22, 1pm-2pm

Cost: FREE

Course #: 59342

### New! Naturalists' Book Club

Delve into seminal writings by America's naturalist forefathers! Discuss, analyze and reflect on the natural world as the frontiersmen saw it, and how you see it today. Share your love of natural history while making new friends. Don't forget to bring a copy of the book along with you! **Appropriate for ages 18Y and up.** When: Last Sunday of every month

### Walden by Henry David Thoreau

With their call for simplicity, self-honesty and harmony with nature, the writings of Henry David Thoreau are perhaps the most influential philosophical works in all American literature. In his masterpiece, *Walden*, Thoreau accounts of daily life on the shores of Walden Pond outside Concord, Massachusetts, with musings on the virtues of self-reliance and individual freedom, on society, government, and other topics.

When: September 25, 6pm-8pm Course #: 59338

### The Mountains of California by John Muir

A crucial figure in the creation of our national parks and a far-seeing prophet of environmental awareness, John Muir was a writer who evoked with the unique power and intimacy of the untrammelled landscapes of the American West. *The Mountains of California* draws on a lifetime of exploration to celebrate the high Sierra country.

When: October 30, 6pm-8pm Course #: 59337

### A Sand County Almanac by Aldo Leopold

Widely cited as one of the most influential nature books ever published, *A Sand County Almanac* explores the breathtaking diversity of the unspoiled American landscape at the peak of its beauty and majesty. Leopold's work is a stunning tribute to our land and a bold challenge to protect the world we love.

When: November 27, 6pm-8pm Course #: 59336

## Lewis Creek Film Series

### Walden – A Ballad of Thoreau

The film begins with a documentary of Thoreau's life, set in Walden Woods, followed by a full live-audience production of the Walden play – the two act, four character play is a conversation between Thoreau and Ralph Waldo Emerson set during the final two days Thoreau spent in his cabin before leaving Walden Pond. Running time is 59 minutes. **Appropriate for ages 12Y and up.**

When: September 10, 2pm-3pm Course #: 59477

### John Muir in the New World

The life and career of John Muir come to life through this inspiring and beautiful documentary set against the magnificent landscapes of the American West. The Scottish-born naturalist was one of the first nature preservationists in American history, inspiring others through his writing and his advocacy to keep the wilderness wild. Running time is 85 minutes. **Appropriate for ages 12Y and up.**

When: October 16, 2pm-3:30pm Course #: 59478

### Green Fire – Aldo Leopold and A Land Ethic for Our Time

Watch the first full-length, high-definition documentary film ever made about legendary environmentalist Aldo Leopold! Green Fire highlights Leopold's extraordinary career, tracing how he shaped and influenced the modern environmental movement. Leopold remains relevant today, inspiring projects all over the country that connect people and land. Running time is 72 minutes. **Appropriate for ages 12Y and up.** *Screening premieres have sold out across America!* Additional screenings will be scheduled if demand dictates.

When: November 20, 2pm-3:30pm Course #: 59335

### Stranger in the Woods

Based on the award winning children's book by the same name, the winter storm has ended, and the entire forest is wearing a coat of glistening white. As the animals come out of their shelter at daybreak, they discover there is something, or someone, new in the forest. Who is this stranger in the woods, and what wonderful surprises does he bring? We will read the book together and then enjoy the movie! Running time 23 minutes. **Appropriate for ages 5Y and up.**

When: December 18, 2pm-3pm Course #: 59479

