

Winter/
Spring
2012

Lewis Creek Park Visitor Center

FAMILY DISCOVERY PROGRAMS



To register for programs call 425-452-6885 or visit www.myparksandrecreation.com. Preregistration required for all programs with a **Course #**. Programs are FREE unless otherwise noted. **All children under 12 must be accompanied by a registered adult.**



Lewis Creek Story Time (1st Friday of every month) Stories and activities are geared toward children ages 3-6. **Both adult and child must register.**

Owl Moon

A little girl and her father go owling one night... will they see an owl or two? We will read the story and make an owl mask.

When: January 6, 1:30pm-2:30pm

Cost: \$2

Course #: 64085

Crawdad Creek

Explore Crawdad Creek where there are rocks filled with fossils, crawdad hiding under a stone and so much more! We will make a metamorphic frog to take home.

When: February 3, 11am-12pm

Cost: \$2

Course #: 64106

Forest Bright Forest Night

Learn what animals move about the forest in the daytime and the nighttime. We will make a forest collage to take home.

When: March 2, 1:30pm-2:30pm

Cost: \$2

Course #: 64107

The Sunset Switch

Find the signs animals leave behind during their forest travels. Then make a sundial to take home.

When: April 6, 11am-12pm

Cost: \$2

Course #: 64108

New! Lewis Creek Explorers Club Fun for the whole family! **Both adult and child must register.**

Weird Webs

We will use a ball of string to create a food web that shows the interactions between the members of the ecosystem and learn to appreciate the interconnections and interdependence within the "web of life." Parents and children will learn together. Family nature hike to follow. **Ages:** 8+

When: January 21, 1pm-1:30pm

Course #: 64060

The Life and Times of a Bald Eagle

Learn about the habits and habitat of a young bald eagle through this creative movement active learning experience. Parents and children will move together. Family nature hike to follow. **Ages:** 6+

When: February 11, 1pm-1:30pm

Course #: 64111



Basic Map and Compass

Can you read a US Geological topographic map or take a bearing with a compass to avoid getting lost? Do you know the difference between true and magnetic north? You'll learn these skills and more! **Ages:** 12+

When: April 14, 1pm-2:30pm

Course #: 64743

Coal Mining at Cougar Mountain

Presented by the Eastside Heritage Center, this program focuses on 100 years of local coal mining. In 1888 there were 21 mules and 200 men employed here! Exporting coal to San Francisco turned Seattle into a dominant seaport. Come and learn what is underneath a mountain that is older than Rainier. **Ages:** 10+

When: Thursday, January 19, 6pm-8pm

Cost: FREE

Course #: 64740



Lewis Creek Children's Movies

Baby Tales

Foal, cub, piglet, chick, polliwog, pup, or kitten. Every creature begins life the same way – as a baby. But growing up is different for each of us. These are the stories of babies across the animal kingdom and their daunting journeys into a grown-up world. Running time 60 minutes. **Ages:** 5+

When: January 7, 2pm-3pm **Course #:** 64192

Jane Goodall's When Animals Talk

When Animals Talk recounts the amazing stories of animals that have changed the lives of the people they've touched. Dr Goodall's message is that communicating with animals brings humankind closer to another world, and that such liaisons can bring about unexpected benefits to both. Running time 120 minutes. **Ages:** 10+

When: February 4, 1:30pm-3:30pm **Course #:** 64193

Beavers: The Biggest Dam Movie You Ever Saw

Take an intimate swim with BEAVERS and experience the rich aquatic habitat of one of nature's greatest engineers. This film follows the lives of a family of beavers as they grow, play and transform the world around them. Running time 70 minutes. **Ages:** 5+

When: March 3, 2pm-3pm **Course #:** 64194

Lost in the Woods

Based on the award winning children's book by the same name, the forest is abuzz over a newborn fawn. Various creatures have spotted him and all are worried that he might be lost. Despite his assurance that he's just waiting for his mother, the animals chime in with comments and offers of help. Running time 40 minutes. We will read the book together and then enjoy the movie! **Ages:** 5+

When: April 7, 2pm-3pm **Course #:** 64195

New! Leopold Education Project at Lewis Creek

Explore the **Leopold Education Project** curricula & activities, inspired by Aldo Leopold's greatest writing: A Sand County Almanac. Also available for private groups.

On Your Own

In his essay "Flambeau," Aldo Leopold tells the story of meeting two young men on a camping trip and describes how such a trip provides real world consequences and the freedom to make mistakes. The wilderness is a great place to test your creativity, ingenuity and awareness. Participants will test their abilities and demonstrate creative problem-solving skills through a series of open-ended challenges like shelter creation and wild edible identification. **Ages:** 11+

When: February 18, 1pm-2:30pm

Course #: 64741

Allies and Invaders

In his essay "Cheat Takes Over," Aldo Leopold discusses the attack of invasive cheat grass on native grass species of the Western United States and identifies the need for human intervention. In this activity, participants will identify local native plant species in Lewis Creek Park that are competing for habitat with invasive plants and work to remove the invasive competitors. In so doing, they will understand how removing invasive plant species can increase biodiversity of an area. **Ages:** 11+

When: March 17, 10am-11:30am

Course #: 64742

Wake Up Little Birdie, Wake Up!

In his essay "Great Possessions," Aldo Leopold describes what he learned by listening to birds as they awaken and begin calling from pre-dawn through sunrise. Participants will use mnemonic sounds to imitate birds songs and understand the regular, timed sequence of birds awakening as they "recreate" the dawn chorus described by Leopold. Parents and children will learn together. **Ages:** 6+

When: March 31, 10:30am-11:30am

Course #: 64145

Owl Prowl!



Discover what owl species live in the Pacific Northwest.

Then take a night hike with the Rangers to look for owls and other nocturnal wildlife in the park. Bring a flashlight or headlamp for the journey.

Ages: 6+

Cost: \$3 per registrant.

When: April 27, 7:30-9:00pm

Course #: 64147

Arbor Day/Earth Day 2011

Come join us for a day of stewardship and celebration as we help beautify Bellevue's Parks!

The event will feature free family activities, a tree planting ceremony and volunteer projects.

For general information and volunteer registration please contact Alexandra DySard at 425-452-4195.

When: April 21, 2011

Volunteer Projects, 8:30-11am

Tree Planting Ceremony, 11:30am

Family Festival at Lewis Creek Park,

11am-1pm

Where: Lewis Creek Park,
5808 Lakemont Blvd SE

