

# Local Area Hikes

## Lewis Creek Hikes

Lewis Creek Visitor Center, 5808 Lakemont Blvd SE, Bellevue

Join a Ranger in exploring the natural history of Lewis Creek Park. Look for signs of local wildlife and learn what to do when encountering animals in the wild. All ages welcome. Please dress for weather.

Free! No registration required. **Info:** (425) 452-4195

**When:** The first Saturday of every month from 10:30 a.m.-11:30 a.m.

**Dates:** September 1, October 6, November 3, December 1



## Lake Hills Greenbelt Ranger Walks

Lake Hills Greenbelt Ranger Station, 15416 SE 16th St.

Do you know the story behind the phantom at Phantom Lake? Can you spot a nurse log? Join a Park Ranger for a free guided tour of the Greenbelt. Learn the history of the park, tour community gardens, and discover local wildlife. All ages welcome. Please dress for weather.

Free! No registration required. **Info:** 425-452-7225

**When:** Every Saturday, 2 p.m.-3 p.m.

## Mercer Slough Nature Walk

Mercer Slough Environmental Ed. Center, 1625 118th Avenue SE

Meet a Park Ranger at the Visitor Center for a free guided tour and learn about the fascinating flora, fauna, and history of the Mercer Slough Nature Park. Please dress for weather. Free! No registration required. All ages welcome. **Info:** (425) 452-2565

**When:** Every Saturday, 2 p.m. -3 p.m.

### TO REGISTER FOR PROGRAMS AT LEWIS CREEK PARK:

Call (425) 452-6885 or visit [www.myparksandrecreation.com](http://www.myparksandrecreation.com)

Preregistration required for all programs with a **Course #**. Programs are FREE unless otherwise noted.

**Children must be accompanied by a registered adult.**

For more information or to be added to our mailing list please call (425) 452-4195 or email [LCVC@bellevuewa.gov](mailto:LCVC@bellevuewa.gov).

2012

# Lewis Creek Park Visitor Center



## Fall Brochure September-December



Open Wednesday—Sunday, 10 a.m. to 4 p.m.

### Inside:

- Owl Prowl Information
- Animal Art Details
- Naturalist Book Club
- Story Times
- Master Naturalist Training Program Details
- Local Area Hikes



5808 Lakemont Blvd SE, Bellevue, WA

Phone: (425) 452-4195

Email: [LCVC@Bellevuewa.gov](mailto:LCVC@Bellevuewa.gov)

Website: [www.bellevuewa.gov/lewis\\_creek\\_park.htm](http://www.bellevuewa.gov/lewis_creek_park.htm)



## Family Discovery Series

### Story Time at Lewis Creek (1<sup>st</sup> Friday of every month)

Stories and activities are geared toward children ages 3 and up. **Both adult and child must register. Cost: \$2 per registrant.**

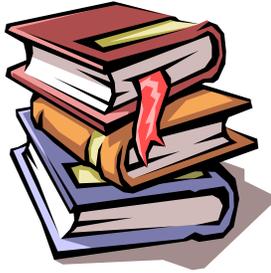
#### *The Tree*

This powerful song of an ancient Douglas fir celebrates the age-old cycle of life in the Pacific Rain Forest, revealing the interconnectedness of all things. We will make a tree that changes colors with the seasons to take home.

**When:** September 7

11 a.m.-12 p.m. **Course# 66819**

1:30 p.m.-2:30 p.m. **Course# 66820**



#### *When the Wind Stops*

Where does the wind go when it stops? It does not stop – it blows away to make the trees dance somewhere else. We will make a windsock to take home.

**When:** October 5

11 a.m.-12 p.m. **Course# 66821**

1:30 p.m.-2:30 p.m. **Course# 66822**



#### *All the Places to Love*

A moving homage to the American farm, re-creating all the glory and sweet simplicity of one family's connection to the land. We will make a family tree to take home.

**When:** November 2

11 a.m.-12 p.m. **Course# 66823**

1:30 p.m.-2:30 p.m. **Course# 66824**



#### *Voices of the Wild*

In the silence of a northern summer sunrise, a man kayaks down a winding river, past Bear, Lynx, Turtle, and other animals. Each watches with caution and curiosity as he paddles quietly past. We will make deer/reindeer antlers to take home.

**When:** December 7

11 a.m.-12 p.m. **Course# 66825**

1:30 p.m.-2:30 p.m. **Course# 66826**



## Adult Enrichment Series

### New Land, North of the Columbia

Join Eastside Heritage Center for an illustrated historical travelogue of the history of Washington Territory and State, presented by Dr. Lorraine McConaghy. Drawing from archival material ranging from maps, correspondence and public records to patent drawings, menus and paper dolls, this presentation is highly visual and deeply engaging, exploring who we were, who we are, *and* who we might become.

For more information call (425) 450-1049 or visit

[www.eastsideheritagecenter.org](http://www.eastsideheritagecenter.org). No registration required.

**When:** October 25 7 p.m. -8:30 p.m.

### Animal Art

Draw and sketch different Pacific Northwest species from a collection of wildlife mounts! There is no other way to capture the magnificence of these creatures so close up and so still. Mounts, newsprint, charcoal pencils and drawing boards provided. Challenge your artistic talents while learning about the natural history of the area you live in. **Ages:** 13+ **Cost:** \$2 Suggested donation. Registration required.

**Info:** 425-452-4195.

**When:** November 17 1 p.m. – 3 p.m.

**Course # 66837**



### Master Naturalist Training Program

This spring the City of Bellevue's Natural Resource Division is hosting the 4<sup>th</sup> annual Master Naturalist Training Program. The Master Naturalist Training Program is a FREE 11-week training program that teaches volunteers about the area's ecology, geology, native plants, wildlife, cultural history, restoration efforts and more! This is a wonderful opportunity for anyone interested in expanding their natural resource knowledge!

For more information or to be added to the application email list please call (425) 452- 4195 or email [Park\\_Stewards@bellevuewa.gov](mailto:Park_Stewards@bellevuewa.gov).

## Adult Enrichment Series

### Lewis Creek Film Series

Join us for adult/teen environmental movies.

**Ages:** 12+ **No registration required.**

**Info:** (425) 452-4195. **Cost:** Free!



#### **Plants**

Written and narrated by esteemed naturalist David Attenborough, experience the stand-out BBC nature documentary series **LIFE**. The series takes a global view of the specialized strategies and extreme behavior that living things have developed in order to survive; what Charles Darwin termed "the struggle for existence." Plants endure a daily struggle for water, nutrients and light. Running time 50 minutes.

**When:** September 16 2 p.m. – 3 p.m.

#### **Primates**

Written and narrated by esteemed naturalist David Attenborough, experience the stand-out BBC nature documentary series **LIFE**. The series takes a global view of the specialized strategies and extreme behavior that living things have developed in order to survive; what Charles Darwin termed "the struggle for existence." Intelligence, curiosity and complex societies have enabled primates to exploit many different habitats. Running time 50 minutes.

**When:** October 14 2 p.m. – 3 p.m.

#### **March of the Penguins**

Every year, thousands of emperor penguins make an astonishing journey to breed their young. They walk, marching day and night in single file 70 miles into the darkest, driest, and coldest continent on Earth. Running time 80 minutes.

**When:** November 11 2 p.m. – 3 p.m.

#### **Christmas in Yellowstone**

Celebrate the beauty and wonders of the season in one of the most extraordinary places on Earth. Here are sights that only a fraction of Yellowstone's almost three million visitors each year are privileged to see. This mesmerizing program captures winter in the wilderness in all of its splendor. Running time 52 minutes.

**When:** December 16 2 p.m. – 3 p.m.

## Family Discovery Series

### Lewis Creek Children's Movies

Kids! Join us for fun, educational nature movies at Lewis Creek! Children under 12 must be accompanied by an adult. No registration required.

**Info:** (425) 452-4195. **FREE**

#### **Fuzzy Wuzzy Bears**

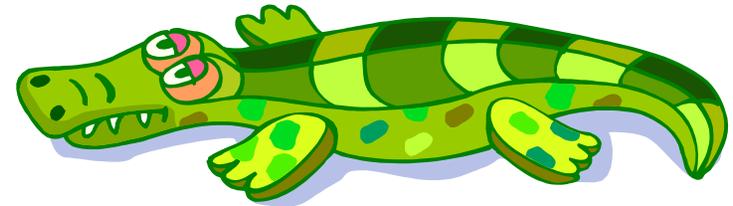
Looking for food and looking for trouble out in bear country. See grizzly bears, polar bears, black bears and more – even giant pandas and raccoons, too. All fuzzy and fun! Running time 30 mins. **Ages:** 3+

**When:** September 23 2 p.m. – 2:30 p.m.

#### **Mom of a Croc**

Join the adventures of the Kratt brothers as they meet up with cool creatures from around the world. Each episode is an adventure that also features how animals use science in their natural lives. Running time 30 mins. **Ages:** 6+

**When:** October 21 2 p.m. – 2:30 p.m.



#### **Penguins on Parade**

Emperor penguins, rock hoppers, road runners and ostriches are all birds that can't fly no matter how hard they try. Running time 30 mins.

**Ages:** 3+

**When:** November 18 2 p.m. – 2:30 p.m.

#### **Stranger in the Woods**

Based on the award winning children's book by the same name, the winter storm has ended, and the entire forest is wearing a coat of glistening white. As the animals come out of their shelter at daybreak, they discover there is something, or someone, new in the forest. Running time 23 minutes. We will read the book together and then enjoy the movie!

Crafty snack making to follow! **Ages:** 5+

**When:** December 23 2 p.m. – 3 p.m.

## Family Discovery Series

### Lewis Creek Explorers Club

Be a Lewis Creek Explorer and join a Park Ranger for some eco-fun! Fun for the whole family! **Both adult and child must register.**

**Info:** (425) 452-4195

#### Nature Bingo

Match the nature pictures and learn about different plants, animals and natural world elements. Match all of your cards and be the first to yell "Amphibians!" **Ages:** 4+ **Cost:** Free! **Pre-registration required.**

**When:** September 15 1p.m.—1:30 p.m.

**Course# 66828**

October 13 1p.m.—1:30 p.m.

**Course# 66829**

November 10 1p.m.—1:30 p.m.

**Course# 66830**

December 15 1p.m.—1:30 p.m.

**Course# 66831**

#### Owl Prowl

Join a Ranger and learn about the mysterious animal called the owl. Then, take a night hike with the Rangers and listen for owls and other nocturnal wildlife in the park. Bring a flashlight or a headlamp for the journey, as well as sturdy shoes!

**Ages:** 6+ **Cost:** \$3 **Pre-registration required.**

**When:** October 19 5:30 p.m. – 7:00 p.m.

**Course# 66827**



## Adult Enrichment Series

### Naturalist Book Club Series

Delve into seminal writings by American naturalists with the Lewis Creek Naturalist Book Club! Discuss, analyze and reflect on the natural world. Share your love of natural history and environmental philosophy while making new friends.

**Info:** (425) 452-4195. **Ages:** 15+ **Cost:** Free!



#### *What are People for?* by Wendell Berry

Wendell Berry identifies himself as both "a farmer of sorts and an artist of sorts," which he illustrates in the scope of these 22 essays. Ranging from America's insatiable consumerism and household economies to literary subjects and America's attitude toward waste, Berry gracefully navigates from one topic to the next. Despite the somber nature of these essays, Berry's voice and prose provide an underlying sense of faith and hope.

**When:** September 30 3 p.m. - 5 p.m.

#### *Crow Planet: Essential Wisdom for the Urban Wilderness* by Lyanda Haupt

There are more crows now than ever. Their abundance is both an indicator of ecological imbalance and a generous opportunity to connect with the animal world. *Crow Planet* reminds us that we do not need to head to faraway places to encounter "nature." *Crow Planet* richly weaves Haupt's own "crow stories" as well as scientific and scholarly research and the history and mythology of crows, culminating in a book that is sure to make readers see the world around them in a very different way.

**When:** October 28 3 p.m. - 5 p.m.

#### *Being Caribou: Five Months on Foot with an Arctic Herd* by Karsten Heuer

For eons, female members of the Porcupine caribou herd have made the 2,800-mile journey from their winter feeding grounds to their summer calving grounds. They once roamed borderless wilderness; now they trek from Canada, where they're protected, to the United States, where they are not. Determined to convey both the enormity of the caribou's migration and the delicacy of their habitat, Heuer and his wife spent their honeymoon following the herd. Both a rousing adventure story and a sober ecological meditation, *Being Caribou* vividly conveys this magnificent animal's world.

**When:** December 2 3 p.m. - 5 p.m.

### Group Programs at Lewis Creek Park



Are you looking for an engaging program for your club, school group or scout pack? Park Rangers offer interpretive walks, talks and activities educating groups on native plants, animals tracking, habitats, local history, and much more! Utilize the natural resources of Lewis Creek Park's three distinct habitats and immerse your participants into their studies. Suggested donation of \$2 per person.

For more information or to discuss programming possibilities please call (425) 452-4195 or email [LCVC@bellevuewa.gov](mailto:LCVC@bellevuewa.gov).