



## How to Register

### Online Registration

Go to the event website [Bellevue5K.com](http://Bellevue5K.com), by 11:59pm on Thursday April, 22.

### Register by mail

Registration form and payment must be postmarked by Monday April 19. Use the entry form on the reverse side

### In-store Registration

Several running stores around the Puget Sound area will have registration forms available. Please check the race website for locations. In-store registration closes at noon on Wednesday April 21.

### Packet Pick-up Event

Register in person from 11am to 3pm on Saturday 4/24 at Escape Outdoors store at Bellevue Square

### Race Day Registration

At Bellevue Crossroads Park from 7am to 8:15am.

\*Registration for each race will close 15 minutes prior to the start of the race

## Registration Fees

**Early Bird Registration** \$25  
(until 3/31) for 5K Run/Walk, 13 & over

**General Registration** \$30  
(until 4/22) for 5K Run/Walk, 13 & over

**Late Registration and Onsite Registration** \$35  
(4/24 & 4/25) for 5K Run/Walk, 13 & over

**Registration for 5K Run/Walk, 12 & under** \$10

### *New this year!*

**Kids' Dash for all kids 12 & under** \$10  
Registration for Kids' Dash, 12 & under

## Event Schedule

**7:00am – 8:15am** Event Day registration and packet pick-up

**8:30am** Bellevue 5K Run Start

**8:50am** Bellevue 5K Walk Start

**8:40am** Kids' Dash Start

\*Registration for each race will close 15 minutes prior to the start of the race.

## Route

This flat, fast 3.1 mile course starts and finishes at Bellevue Crossroads Park. The route winds through surrounding East Bellevue neighborhoods before turning back to finish at the park located at NE 8th Street and 164th Avenue NE.

Please note: We reserve the right to limit the size of the field or change course, if necessary, to ensure the best interests and safety of all participants and the efficient conduct of the event.

## Additional Info

All event participants will receive a long sleeve Brooks Hi-tech event shirt!

Parking is available in several lots near the park. Look for our volunteers who will guide you to available parking spots. Carpooling is encouraged!

Stick around after your run to visit with sponsors and exhibitors in dozens of booths in Bellevue Crossroads Park.



Kindering, a not-for-profit neurodevelopmental center, has provided comprehensive therapies and special education for children with special needs and their families since 1962. Each year more than 3,000 children and their families receive crucial therapies, special education and counseling.

*Grace has been at Kindering since day one. Since starting therapy, Grace has accomplished many important developmental milestones, including holding up her head, rolling over, sitting up, and eating solid food. By the time that she graduated at age three she was beginning to take her first steps with the help of a specialized walker. Today, Grace is in the first grade and barely uses her walker anymore. In fact, she completed her first 5K all on her own last spring!*



Can't make it out to the event, but still want to support the Bellevue Breakfast Rotary Club and Kindering?  
Please visit [www.bellevue5k.com](http://www.bellevue5k.com)