

Lake to Lake Bike Ride

A Recreational-Adventure-Bicycle-Ride-through-Bellevue

Date: September 22, 2012

Start area open: 9:00 to 10:00 a.m.

Estimated finish time: 11:30 to 12:30 p.m.

Start/Finish: Lake Hills Community Park, 1200-164th Avenue SE
(164th Avenue SE & SE 16th Street)

Benefactor: Youth camp scholarships

Description: A non-competitive, recreational, adventure ride consisting of loops that travel through many of Bellevue's parks and bikeways on pavement, some gravel trails and dirt. The event ties together the best riding in the City. For 2012, this is a casual inaugural event that will serve as a pilot for future events. All participants must sign in/register and will be provided with a suggested route map. Markings will be on the course to help guide participants through the designated areas.

Promotion: Promotion through a variety of outlets, including: local bike shops; social media; and participants of similar events. The ride will be billed as an end of the season recreational ride on a combination of roads and trails in Bellevue.

Registration: Entry fees are is \$15.00/adult; \$10.00/ages 17 & under; \$30.00/ Family up to 3 people residing at same address,

Refreshments: Pre and Post-event coffee/tea, hot chocolate and cider, along with other snacks will be provided.

Route: The routes begin and end at Lake Hills Park. They include an approximate 8 mile, mostly flat ("Greenbelt") loop and an approximate 20 mile, more challenging ("Lake") loop with significant elevation gain.. We estimate it will take approximately 1 hour to travel the shorter route and about 2 hours to navigate the longer loop. The routes are approximately 80% on road and 20% off road. (Most good rides traverse some dirt and gravel!) All participants will need to obey the rules of the road and trail.

Equipment: A portion of the course is on unpaved surfaces, we recommend a bike that can handle some dirt and gravel, i.e. hard tail mtn bike or cyclo cross bike. The event will have a have a bike mechanic on site at the start to assist with safety checks and minor repairs. All riders must wear helmets.

Prize/Schwag: All participants will receive a custom designed bicycle hat and various freebies from local sponsors. An amazing post event raffle will occur!!

Ages: Recommended for ages 8 & up. (Greenbelt loop)

History/Inspiration: The *Stinky Spoke* ride, <http://www.stinkyspoke.org/> in Woodinville, WA and *Tour de Park* ride in Hillsboro, OR, <http://www.tourdeparks.com/route.php>

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