

# *Domestic Violence Moral Reconciliation Therapy*

You have been court ordered or recommended to take DV MRT.

The domestic violence program is designed by Correctional Counseling, Inc. DV MRT is divided in 24 modules with each module completed in a group session. Clients complete homework for each module prior to coming to a session. In group each client presents his or her homework and the facilitator passes the client to the next module or has the client redo the homework based on objective criteria. All domestic violence MRT groups are open-ended, meaning that new clients can enter an ongoing group at any time. Each group session will usually have new clients as well as some finishing the program.

The Bellevue Probation Department is now facilitating a DV MRT program. Any court/probation department is welcome to refer their clients to this course with the understanding that this is not a Washington state-certified DV Batterer's Treatment program. MRT has been designated as an "Evidence Based Practice" by the Substance Abuse and Mental Health Services Administration and research has shown that it is effective in reducing recidivism.

After successful completion of the course, Probation Services will notify the referring court.

Where: Bellevue Probation, 1309 114th AVE SE Suite 200 Bellevue, WA 98004

When: Mondays 3:00 PM – 4:30 PM (Women's Group)

Tuesdays 3:00 PM – 4:30 PM (Men's Group)

Duration of course: 6-months MINIMUM

Cost: \$100



*Questions:*

*Email [COBProbation@bellevuewa.gov](mailto:COBProbation@bellevuewa.gov) or call 425.452.6956*